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OCTOBER 3, 2023 UNIFIED VB - 3:00 PM | 9TH GRADE - 4:00 PM JV - 5:00 PM | VARSITY - 6:00 PM

LIVESTREAM: WWW.GOSFWOLVESATHLETICS.COM/KREF-STREAMING





STATE CHAMPIONSHIPS

BASEBALL 2019

BOYS BASKETBALL 2005

GIRLS BASKETBALL 2011, 2012

> <u>CHEER</u> 2004

<u>POWERLIFTING</u> 2014, 2015, 2016, 2017, 2018, 2019, 2022

> BOYS SOCCER 1996, 2009

BOYS TRACK 1997, 2011

<u>GIRLS TRACK</u> 2012 2023 4x200m National Champions

<u>VOLLEYBALL</u> 1993, 1994, 1995, 2004 2013, 2017, 2018 On behalf of Edmond Santa Fe High School welcome to our campus!

This Game Day Information Guide will provide important information regarding your visit to our facilities.

Please share this guide freely with all parties venturing to our location so that everyone's visit will be a smooth and positive experience.

If you have any questions or concerns or simply need additional information, please contact our athletic office at (405) 726-7305 or by email: <u>andrew.rasmussen@edmondschools.net</u>.

We look forward to our upcoming game(s) and wish your school good luck!

Respectfully,

Director of Athletics Edmond Santa Fe High School

Sporting Event Regulations



EDMOND PUBLIC SCHOOLS HIGH SCHOOL SPORTING EVENT REGULATIONS

All Students Must Wear ID & Lanyard



No Bags Permitted (with the exception of a small clutch, 4 ½ x 6 ½, medical or diaper bags)



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No Athletic Equipment (Footballs, Basketballs, etc.)



Elementary And Middle School Students Must Be Accompanied By An Adult

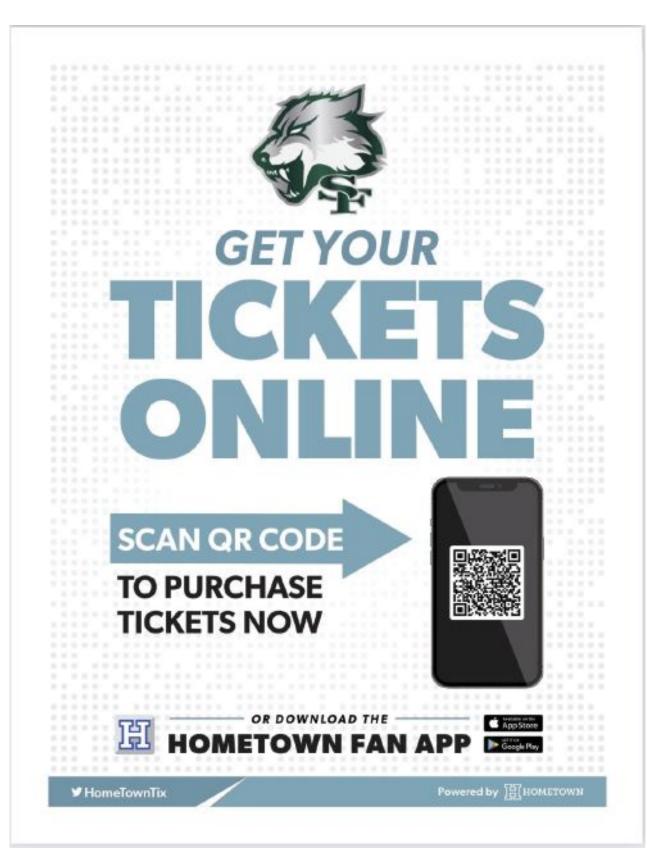


Students From Other High Schools Must Be Accompanied By An Adult Stay In Designated Cheering Sections



Online Ticket Information











Santa Fe Athletics





OUR VISION:

No challenge is too great when we work together as a Pack. Our Pack mentality of extreme loyalty, ownership, and devotion to our school binds us together as a unit. Ultimately, Success Brings Us Together.

MISSION OF SANTA FE ATHLETICS:

It is our mission to create an environment that encourages, motivates, and prepares student athletes to become champions in the classroom, in life, and in sport through the positive experience of competing as an athlete at Edmond Santa Fe.

Core Values: WOLVES CARE!

COURAGE - A Wolf will lead with COURAGE to own their actions and do the right thing.

ATTITUDE - A Wolf will display a winning ATTITUDE in and out of sport.

RESPECT - A Wolf will show RESPECT for the game and all involved.

EFFORT - A Wolf will give relentless EFFORT in everything we do.

EPS Department of Athletics



District Director of Athletics:	Mike Nunley (405) 340-2800 mike.nunley@edmondschools.net	
Site Athletic Director:	Andrew Rasmussen (405) 726-7305 andrew.rasmussen@edmondschools.net	
Financial Secretary:	Shelly Gregory (405) 726-7314 shelly.gregory@edmondschools.net	
Head Athletic Trainer:	D'Anna Kyle (417) 684-0178 720-athtrain@edmondschools.net	
Superintendent:	Dr. Angela Grunewald	
Asst. Superintendent:	Debreon Davis	
ESFHS Principal:	Jason Hayes	
Asst. Principals:	Catherine Johnston, Anton Gibson, Christy Nieve	es, Lisa Adams, & Stephanie Hanson





Game Day Schedule





TIME OF DAY	EVENT
2:30 PM	Ticket Booth & Gates Open
3:00 PM	Unified Volleyball match
4:00 PM	Scheduled time for Freshman game to begin
5:00 PM	Scheduled time for JV game to begin
6:00 PM	Scheduled time for Varsity game to begin

Santa Fe Coaching Staff







ERICKA SCHOLL Assistant Coach **RYAN FOGERTY** ASSISTANT COACH / 9TH GRADE HEAD COACH

LAUREN MCCARTY

Assistant Coach

Santa Fe Team Rosters



Player	Grade	Height	Position	#
Branson, Megan	12	5-6	Defense	1
Neuschaefer, Macyn	12	5-11	Outside Hitter	3
Edwards, Brooke	12	5-8	Defense	4
Manhalter, Jaci	12	5-8	Setter	5
Mason, Reagan	10	5-10	Setter	6
Mosier, Addy	10	5-7	Defense	7
Shuck, Darcy	9	5-8	Setter	8
Kinyanjui, Sam	9	5-8	Outside Hitter	10
Warner, Drue	11	6-0	Right Side	11
Fisher, Vanessa	11	6-1	Middle Blocker	22
Horst, Lydia	12	6-3	Middle Blocker	23
Rice, Anna	11	6-4	Outside Hitter	30
Copple, Jocelyn	12	6-4	Middle Blocker	32

VARSITY



SENIORS

CLASS OF 2024

Santa Fe Team Rosters (cont.)



Junior Varsity

Player	Grade	#
Adickas, Abbye	2025	9
Williams, Whitney	2025	13
Adriaanse, Alyssa	2026	14
Combs, Tilly	2026	15
Pfieffer, Addie	2025	16
Johnson, Sydney	2026	17
Crawford, Ava	2026	19
Griffin, Kira	2026	21
Miranda, Eden	2026	33
Hawkins, Annisah	2026	37

<u>Freshmen</u>

Player	#
Esquivel, Avery	18
Jackson, Andrea	20
Womack, Caryl	24
Muir, Madeline	25
Blackmon, Sameara	26
Madlangbayan, Leila	27
Stiglets, Eloise	29
Taylor, Hadley	31
Ylla, Berkley	34
Tabor, Emma	35
Fox, Falli	26



2023 Volleyball Schedule

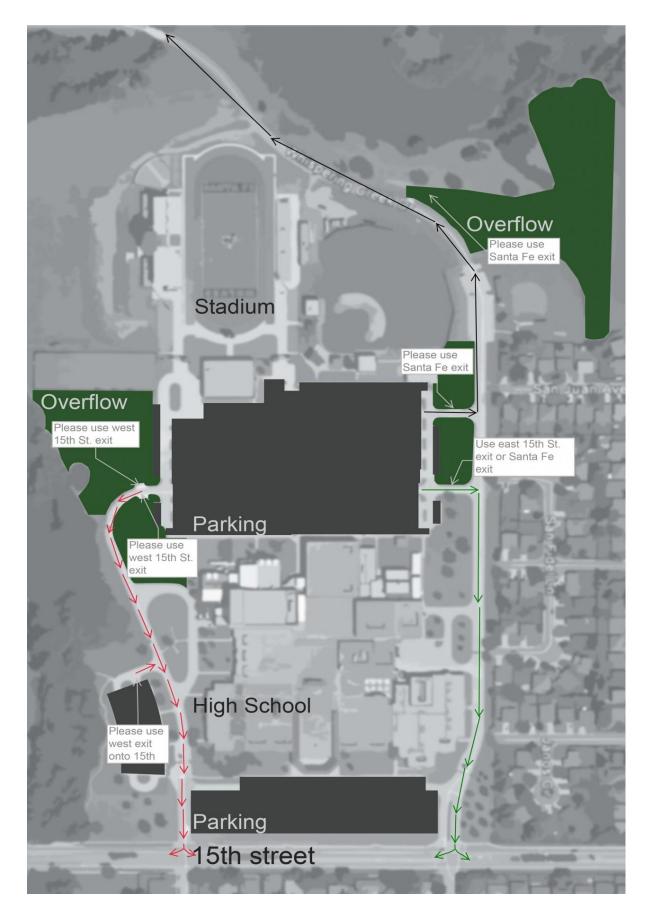


DATE	DAY	OPPONENT SITE		TIME	GRADE
Aug 11-12	Fri-Sat	Norman Tournament	Away	TBA	Var
Aug 14	Mon	McGuinness Freshman Tournament	Away	TBA	9th
Aug 18-19	Fri-Sat	Tulsa Union Tournament	Away	TBA	VAR
Aug 19	Sat	Tulsa Union Tournament	Away	TBA	JV
Aug. 22	Tue	Southmoore	Away	4.5.6:00	9.JV.V
Aug 24	Thu	Yukon	Home	4.5.6:00	9.JV.V
Aug 25	Fri	Southmoore JV Tournament	Away	TBA	JV
Aug 26	Sat	Norman North 9th Gr Tournament	Away	TBA	9th
Aug 29	Tue	Deer Creek	Home	4.5.6:00	9.JV.V
Aug 31	Thu	Stillwater	Away	4.5.6:00	9.JV.V
Sep 5	Tue	Mustang	Home	4.5.6:00	9.JV.V
Sep 8-9	Fri-Sat	Heather Harkness Invitational	Home	TBA	Var
Sep 12	Tue	Norman North	Away	4.5.6:00	9.JV.V
Sep 14	Thu	Memorial	Home	4.5.6:00	9.JV.V
Sep 16	Sat	9th Gr. Conference Tournament	Away - Moore	TBA	9th
Sep 16	Sat	JV Conference Tournament	Away - Westmoore	TBA	JV
Sep 18	Mon	Norman	Away	4.5.6:00	9.JV.V
Sep 22-23	Fri-Sat	McGuinness Varsity Tournament	Away	TBA	Var
Sep 23	Sat	Norman North JV Tournament	Away	ТВА	JV
Sep 26	Tue	Moore	Away	4.5.6:00	9.JV.V
Sep 28	Thu	Westmoore Home		4.5.6:00	9.JV.V
Sep 29	Fri	Santa Fe 9th Gr. Tournament	Home	TBA	9th
Oct 3	Tue	Piedmont	Home	4.5.6:00	9.JV.V
Oct 5	Thu	Edm North	Away	4.5.6:00	9.JV.V
Oct 10	Tue	Regionals	ТВА	TBA	Var
Oct 19 -21	Thu-Sat	OSSAA State Tournament	ТВА	TBA	Var



Visiting Team Information







School General Information

Team Nickname	Wolves
Team Colors	Hunter Green & Gray (Hunter Green for Home Games)
District	Class 6A - District 2: Edmond Santa Fe, Edmond Memorial, Edmond North, Mustang, Norman, Tulsa Union, Owasso, Yukon
Game Times	Gates Open at 3:30 pm. 9th grade 4:00 pm, JV 5:00 pm, Varsity ~6:00 pm
Game Site	Santa Fe High School, 1901 West 15th Street, Edmond, OK 73013
Visiting Team	Dress in
Band, POM, Cheerleaders	Will be admitted free if in uniform
ADMISSION	General Admission \$5.00 Students from EPS and visiting team will only be allowed to purchase a cash ticket with a valid student ID. Otherwise, an online ticket will need to be purchased (see info on the next page). Please follow entry gate procedures and new EPS SPORTING EVENT REGULATIONS.
FACULTY MEMBERS	Teachers from COAC Conference schools will be admitted free with faculty pass. (<u>A faculty pass does not admit family members</u> .)
PASSES HONORED	Oklahoma Coaches Association (OCA), OSSAA (OEA passes <u>will not</u> be honored), EPS Elite pass, EPS Digital Faculty pass, Student pass, Adult pass, Multi-sport discount pass
VISITING SCHOOL	Team bench located on the left side of the scorer's table.
SEATING ARRANGEMENTS	Visitors upper level, south side bleachers. Behind the scorer's table.
VISITING FILMER	Film from designated filming area located behind the end line.
TV & RADIO	Arrangements must be made with Andy Rasmussen, site Athletic Director @ 405-726-7305. LIVESTREAM of the game is available through KREF. You can visit the following website to watch ESF Home games: https://krefsports.tv/edmond/sfwolves/

Emergency Action Plan



A SERIOUS INJURY IS ANY CONDITION WHEREBY THE ATHLETE'S LIFE MAY BE IN DANGER OR RISKS PERMANENT IMPAIRMENT. THESE INJURIES INCLUDE BUT ARE NOT LIMITED TO: CERVICAL SPINE INJURIES, HEAD INJURIES, LOSS OF LIMB, SERIOUS BLEEDING, SHOCK, SERIOUS FRACTURES, HEAT STRESS AND CARDIOVASCULAR ARREST.

Purpose: To provide Edmond Santa Fe High School Athletics with an emergency action plan (EAP) in case of a serious or life-threatening condition that arises during practice or competitions. AT, coaches, and others involved in athletics must constantly be on guard for potential injuries, and although the occurrence of limb-threatening or life-threatening emergencies is not common, the potential exists. Therefore, prepared emergency responders must have planned in advance for the action to be taken in the event of such an emergency.

Sports Medicine Health Care Team:

Head Athletic Trainer - D'Anna Kyle, M.S., LAT, ATC	(417) 384-0178 (c)
Landline to Athletic Training Facility	(405) 340-2230
Team Physician – Dr. Chris Espinoza	(720) 273-7604 (c)
Edmond Santa Fe Athletic Director – Andy Rasmussen	(405) 202-0934 (c)
Local Emergency Number	911
Closest Emergency Room Mercy Hospital Oklahoma City 4300 W. Memorial Rd. Oklahoma City, OK 73120	(405) 755-1515
Sports Emergency Clinic McBride Orthopedic Hospital 9600 Broadway Ext Oklahoma City, OK 73114	(405) 486-2100

Information to be provided over the phone in case of emergency:

- 1. Name and phone number you are calling from.
- 2. Exact location of emergency and directions (street names, buildings, landmarks, entry into buildings, specific areas, etc.)
- 3. Type of injury or illness.
- 4. Condition of patient(s) and type of aid being provided.
- 5. Number of people injured.
- 6. Other information as requested and be the last one to hang up.

Emergency Action Plan (cont.)



EDMOND PUBLIC SCHOOLS SEVERE WEATHER GUIDELINES

Lightning

Established criteria should be discussed with officials and coaches prior to the beginning of the contest.

Role of athletic trainer and site admin:

- 1. Lightning at 20-15 miles The athletic trainer and school admin will monitor lightning. (Lightning App, Weather Bug)
- 2. When lightning is within 12 miles, the Athletic Trainer and administrator in charge should notify officials. Administrator will contact PA announcer
- 3. Lightning under 10 miles- Must be off field DANGEROUS
- 4. After athletes have been moved to a safe location, the athletic trainer, administrators, officials, and coaches should meet to evaluate the criteria used to determine if and when play will resume for activity.
 - Home team-Football Field House
 - Visiting team-Track Field House

DUE TO APPROACHING INCLEMENT WEATHER, PLAY WILL BE TEMPORARILY SUSPENDED. AS A PRECAUTIONARY MEASURE, WE ARE GOING TO EVACUATE THE STADIUM. AT THIS TIME WE ASK THAT YOU LEAVE THE STADIUM AND SEEK INDOOR SHELTER. THE ATHLETIC TRAINER, ADMINISTRATION, OFFICIALS, AND COACHES WILL EVALUATE THE SITUATION TO DETERMINE IF AND WHEN PLAY WILL RESUME FOR ACTIVITY.

After athletes have been moved to a safe location, ATC, administrators, officials, and coaches should meet to evaluate the criteria used to determine if and when play will resume for activity. The following criteria will be used:

- Can the expected duration of the storm/weather be determined?
- Has the contest reached a point to which it can be declared official?
- Is the contest a playoff, district, or conference game?
- Can the contest be rescheduled?
- Are officials available for rescheduled?
- What is the travel distance for the visiting team?

Tornado

Each team will go to their respected locker room. Fans will go to large and small gymnasiums in the main building. Stands will be cleared and not let back in until cleared by ATC and site AD.

Emergency Action Plan (cont.)



SEVERE HEAT POLICY

Water is to be available at all times with mandatory breaks during practices.

The athletic staff must watch student-athletes carefully for signs of trouble, particularly athletes who lose too much weight, overweight student-athletes, and the eager student-athletes who constantly competes at top capacity.

Athletic staff must know what to do in case of an emergency. They should be familiar with immediate first aid practices and pre-arrange procedures for obtaining medical care, including ambulance service.

The athletic staff must know both the <u>temperature and humidity</u> of the activity location. The greater the humidity the more difficult it is for the body to cool itself.

If any athlete is noted to have difficulties in the heat, their activity should be closely monitored or canceled because others are likely also to have difficulties.

Signs and Symptoms of Heat Illness:

- Headache
- Dizziness
- Rapid pulse
- Nausea/Vomiting/Diarrhea
- Skin is flushed/cool and pale
- Disoriented/confusion
- Shallow breathing Muscle cramping
- Red, dry skin, seizures
- Loss of consciousness/Collapse
- Unusual behavior/Irritability

Exertional Heat Exhaustion: Defined as an elevated core body temperature between 102- 104 degrees F. This condition is not as severe as heatstroke but if left untreated it can progress to heat stroke. Initiate cooling procedure immediately. <u>No return to activity</u>.

Exertional Heat Stroke: Defined as core body temperature > 104 degrees F Delay in recognition/treatment could be fatal. **Initiate cooling and Emergency Action Plan immediately.**

EAP specifically for heat illness-Cool first, call 911 and transport second Role of First Responder

- Immediate care of injured athlete
- Retrieve Polar Pod and coolers of ice or take to nearest ice tub
- Activate Emergency Medical System (Call 911)
 - Provide name, address, phone number, number of injured persons, condition of injury, first aid treatment, specific directions and other necessary information
- Direct EMS to scene
 - Designate individual to "flag down" and direct EMS
 - Control the crowd/limit spectators around the scene



WET BULB GLOBE TEMPERATURE (HEAT INDEX) RECOMMENDATIONS

The following precautions are recommended when using the WBGT Index:

Wet Bulb Globe Temperature Category Work/Rest and Water Intake

08/07/15

Unacclimated and Acclimated Work/Rest and Water Intake Chart

			Light Work		Moderate Work		Heavy Work	
Heat Risk Category		Wet Bulb Globe Temp	Work/Rest	Water Intake (quart/hr)	Work/Rest	Water Intake (quart/hr)	Work/Rest	Water Intake (quart/hr)
No Risk	Unacclimated	78 - 79.9	50/10 min	1/2	40/20 min	3/4	30/30 min	3/4
	Acclimated	78 - 79.9	continuous	1/2	continuous	3/4	50/10 min	3/4
Low	Unacclimated	80 - 84.9	40/20 min	1/2	30/30 min	3/4	20/40 min	1
	Acclimated	80 - 84.9	continuous	1/2	50/10 min	3/4	40/20 min	1
Moderate	Unacclimated	85 - 87.9	30/30 min	3/4	20/40 min	3/4	10/50 min	1
	Acclimated	85 - 87.9	continuous	3/4	40/20 min	3/4	30/30 min	1
High	Unacclimated	88 - 90	20/40 min	3/4	10/50 min	3/4	avoid	1
	Acclimated	88 - 90	continuous	3/4	30/30 min	3/4	20/40 min	1
Extreme	Unacclimated	> 90	10/50 min	1	avoid	1	avoid	1
	Acclimated	> 90	50/10 min	1	20/40 min	1	10/50 min	1

Adapted from: 1) USGS Survey Manual, Management of Occupational Heat Stress, Chapter 45, Appendix A. 2) Manual of Naval Preventive Medicine, Chapter 3: Prevention of Heat and Cold Stress Injuries. 3) OSHA Technical Manual Section III: Chapter 4 Heat Stress. 4) National Weather Service Tulsa Forecast Office, Wet Bulb Globe Temperature.

Thirty (30) minutes prior to the start of activity, temperature and humidity readings should be taken at the practice/competition site.

If a reading is determined whereby activity is to be decreased (above 95 degrees Heat Index), then re-readings would be required every 30 minutes to determine if further activity should be eliminated or preventative steps taken, or if an increased level of activity can resume. Using the following scale, activity must be altered and/or eliminated based on this Heat Index as determined.





CATASTROPHIC INJURY - CRISIS MANAGEMENT PLAN

Contact Athletic Training/Sports Medicine Personnel

- Head Athletic Trainer: D'Anna Kyle, MS, LAT, ATC, (405)384-0178
- Athletic Director: Andy Rasmussen, (405) 202-0934
- Contact /Update coaching staff, on current situation(s).
- Contact family by appropriate individual (use assistance as needed).
- Coordinate media plan

NO CONTACT WITH MEDIA from the Athletic Training Staff, Hospital Staff, Emergency Medical Personnel or Coaching Staff except through the Edmond Santa Fe Athletic Department.

- Establish a hospital contact person.
- Meeting with athletes to discuss situation

NO OUTSIDE DISCUSSION OF MEETING WITH MEDIA

- Complete documentation of events: include everyone involved with signatures.
- Collect and secure all equipment and materials involved.
- Construct a detailed timeline of events related to the incident.
- Involve appropriate counseling personnel.
- Assign athletic staff members to be with family at all times upon arrival; assist family as needed; protect from outside persons.
- Critical incident stress debriefing/counseling as necessary for individuals involved in the incident.