



# GAMEDAY

SEPTEMBER 8, 2023 7PM



NORMAN NORTH TIMBERWOLVES vs.  
**EDMOND SANTA FE WOLVES**



# Welcome to Edmond Santa Fe!

## STATE CHAMPIONSHIPS

BASEBALL  
2019

BOYS BASKETBALL  
2005

GIRLS BASKETBALL  
2011, 2012

CHEER  
2004

POWERLIFTING  
2014, 2015, 2016,  
2017, 2018, 2019,  
2022

BOYS SOCCER  
1996, 2009

BOYS TRACK  
1997, 2011

GIRLS TRACK  
2012  
2023 4x200 National  
Champions

VOLLEYBALL  
1993, 1994, 1995, 2004  
2013, 2017, 2018

On behalf of Edmond Santa Fe High School welcome to our varsity football contest.

This Game Day Information Guide will provide important information regarding your visit to our facilities.

Please share this guide freely with all parties venturing to our field so that everyone's visit will be a smooth and positive experience.

If you have any questions or concerns or simply need additional information, please contact our athletic office at (405) 726-7305 or by email: [andrew.rasmussen@edmondschools.net](mailto:andrew.rasmussen@edmondschools.net).

We look forward to our upcoming game(s) and wish your school good luck!

Respectfully,

Andrew Rasmussen  
Director of Athletics  
Edmond Santa Fe High School

**GoSFWolvesAthletics.com**





# Santa Fe Athletics



## OUR VISION:

No challenge is too great when we work together as a Pack. Our Pack mentality of extreme loyalty, ownership, and devotion to our school binds us together as a unit. Ultimately, Success Brings Us Together.

## MISSION OF SANTA FE ATHLETICS:

It is our mission to create an environment that encourages, motivates, and prepares student athletes to become champions in the classroom, in life, and in sport through the positive experience of competing as an athlete at Edmond Santa Fe.

## Core Values:

### WOLVES CARE!

**COURAGE** - A Wolf will lead with COURAGE to own their actions and do the right thing.

**ATTITUDE** - A Wolf will display a winning ATTITUDE in and out of sport.

**RESPECT** - A Wolf will show RESPECT for the game and all involved.

**EFFORT** - A Wolf will give relentless EFFORT in everything we do.



# Sporting Event Regulations



## HIGH SCHOOL SPORTING EVENT REGULATIONS

All Students Must  
Wear ID & Lanyard



No Bags Permitted  
(with the exception of a  
small clutch, 4 ½ x 6 ½,  
medical or diaper bags)



No Athletic Equipment  
(Football, Basketball, etc.)



Elementary And  
Middle School  
Students Must Be  
Accompanied By  
An Adult



Students  
From Other  
High Schools  
Must Be  
Accompanied  
By An Adult

Stay In Designated  
Cheering Sections



[GoSFWolvesAthletics.com](http://GoSFWolvesAthletics.com)

# Online Ticket Information



*GET YOUR*  
**TICKETS  
ONLINE**

**SCAN QR CODE**

**TO PURCHASE  
TICKETS NOW**



OR DOWNLOAD THE

**HOMETOWN FAN APP**

Available on the  
App Store

GET IT ON  
Google Play

HomeTownTix

Powered by  HOMETOWN





# Game Livestream Information

EDMOND SANTA FE ATHLETICS

THE KREF  
HIGH SCHOOL STREAMING

# LIVESTREAM

<https://krefsports.tv/edmond/sfwolves/>





# EPS Department of Athletics

**District Director of Athletics:** Mike Nunley (405) 340-2800  
mike.nunley@edmondschools.net

**Site Athletic Director:** Andrew Rasmussen (405) 726-7305  
andrew.rasmussen@edmondschools.net

**Financial Secretary:** Shelly Gregory (405) 726-7314  
shelly.gregory@edmondschools.net

**Head Athletic Trainer:** D'Anna Kyle (417) 684-0178  
720-athtrain@edmondschools.net

**Superintendent:** Dr. Angela Grunewald

**Asst. Superintendent:** Debreon Davis

**ESFHS Principal:** Jason Hayes

**Asst. Principals:** Catherine Johnston, Anton Gibson, Christy Nieves, Lisa Adams, & Stephanie Hanson





# Game Day Schedule



## GAME CLOCK

## TIME OF DAY

## EVENT

	5:30 pm	Ticket Booth & Gates Open Both teams begin field warm up (Gametime Music begins)
40:00	6:20 PM	Week 1 recap video
30:00	6:30 PM	Both teams leave the field
25:00	6:35 pm	Santa Fe Marching Band enters stadium
15:00	6:45 pm	National Anthem, Alma Mater, Fight song by Santa Fe Marching Band
7:00	6:53 pm	Captains at 50 yd line/Coin toss at mid-field
3:00	6:57 pm	Intro/Starting Lineup video
2:00	6:58 pm	Visiting team run-out
1:00	6:59 pm	Santa Fe team run-out
0:00	7:02 pm	Kick-off





# Quarter & Halftime Schedule

## BEFORE THE GAME:

Senior Night Recognition (Football players, Managers & Trainers, Cheer/POM Group)  
National Anthem, Alma Mater, Fight Song (**Santa Fe Pride Marching Band**)

## AFTER 1st QUARTER:

Teacher of the Game recognition

## HALFTIME:

19:00 Cheer Halftime performance  
16:00 Cheer Halftime performance  
13:00 Santa Fe Pride Marching Band performance  
0:00 Everyone must be off the field



## AFTER 3rd QUARTER:

Student of the Game recognition

## POST GAME:

At the conclusion of the game please exit the stadium. No one will be allowed on the field. We are asking that you don't congregate outside of the locker room.



# Santa Fe Coaches



**Kyle White** Head Coach - 9th Year

	<b>TODD BONNEWELL</b> <i>DEFENSIVE COORDINATOR</i>		<b>CADEN MACNEILL</b> <i>OFFENSIVE COORDINATOR</i>
	<b>DANIEL MALY</b> <i>ASST COACH</i>		<b>BRANDEN CARDER</b> <i>ASST COACH</i>
	<b>CHRIS ROSE</b> <i>ASST COACH</i>		<b>AUSTIN MALY</b> <i>ASST COACH</i>
	<b>CHRIS PADDLETY</b> <i>ASST COACH</i>		<b>DEMONTRE HURST</b> <i>ASST COACH</i>
	<b>WES CROSSON</b> <i>ASST COACH / HEAD 9TH GRADE</i>		<b>ERIK HOLT</b> <i>ASST COACH / ASST 9TH GRADE</i>
	<b>MASON WILKERSON</b> <i>ASST COACH / ASST 9TH GRADE</i>		





# Santa Fe Player Information

#	First	Last	YR	OFF.	DEF.	#	First	Last	YR	OFF.	DEF.
1	BERGIN	KYSAR	SR	W	DL	38	KENSLEE	MOORE	JR		DB
1	LUKE	COMPTON	SO	W		39	LAWRENCE	GATES	SO	WR	
2	KYUS	HENRY	SR	WR	DB	40	ANTONIO	CARGLE	SO		DL
2	JANTZ	OLSEN	SO	WR		41	JACK	ARREDONDO	JR	W	
3	ALEXANDER	LIMAS	JR	RB		42	BRAYDEN	WAIBEL	SR	W	
3	DEVIN	HOWARD	JR		DB	43	JUSTIN	CARLTON	SR		DL
4	DANIEL	NEWTON	JR	QB		44	DANIEL	CARLTON	JR		DL
4	MILES	CAMPBELL	JR		DB	45	WYATT	PACE	SR	W	
5	TAJ	AVERY	SR	WR		46	WYATT	CLENDENNEN	JR		LB
5	ALEX	JONES	SR		DL	48	QUINCY	HERNANDEZ	SR		DL
6	DEMARIUS	ROBINSON	JR	RB		49	DENNIS	MORRISON	SO		DL
6	JAYDEN	BROWN	SO		DB	50	BLAZE	BRUNSON	SO		LB
7	TYREN	AMOUS	SO	QB		51	GAGE	FEES	JR		LB
7	JASON	WILSON	SR		DL	53	BRADY	KELLY	SO	OL	
8	DONTE	AUSTIN	SR		DB	54	COLTON	KEEN	SO	OL	
8	BRENT	WEST	SO		DB	55	BRADEN	RICHMOND	SO	OL	
9	NATE	GEHRS	JR	WR		56	EZEKIEL	GREEN	JR	OL	
9	FRANKLIN	SHERROD	SO		DB	59	SAM	NICHOLLS	SO	OL	
10	QUASIM	KAREEM	SR	WR		60	DEVEN	THOMAS	JR	OL	
11	RAHNEL	SLAUGHTER	JR		DB	61	ANTHONY	CALDWELL	SO	OL	DL
12	NATE	VEIRS	SR	WR	K	62	ALEX	GEE	FR	OL	DL
13						63	AYDON	REBER	JR	OL	
14	MALIKI	DAVIS	SO	WR		65	TAYLOR	RESNICK	SO	OL	
15	DEVONTAE	SARTIN	SO		DB	66	JADEN	NOBLE	JR	OL	
15	MALCOLM	JACKSON	SR	QB		67	PHILLIP	QUINLAN	JR	OL	
16	MALACHI	JACKSON	SR	WR		68	JJ	MCDONALD	SO	OL	
17	TYLER	BROOKE	SR		DB	70	CADEN	MAXWELL	JR	OL	
17	BISHOP	SIMMONS	SO		DB	71	CHRIS	GUSTAFSON	SR	OL	
18	SAM	TRANT	SR	WR		72	JOSH	AISOSA	SR	OL	
18	BRIAR	HARRISON	SO		DB	73	JAYVEON	OGUNDU	JR	OL	
19	TREY	WHALEN	JR	WR		74	BRENDAN	PRATHER	SR	OL	
19	BRYSEN	KURANOFF	SO		DB	75	JALEN	COVINGTON	JR	OL	
20	KEEGAN	GONZALEZ	JR		LB	76	JAXON	HERMAN	SR	OL	
21	JACOB	SMITH	JR		DL	77	MERICK	BARNETT	SR	OL	
21	KENNETH	NEALY	SO	WR		78	XAVIER	BELL	JR	OL	
22	BJ	MADISON	SO	WR		79	NOAH	COMPTON	SR	OL	
22	ALEK	FRANK	JR		DB	80	CATCHER	KOBOLDT	JR	W	
23	ISAIAH	HAYDEN	SO	RB		81	BEAR	ROBINSON	SO	WR	
23	CAMERON	GLOVER	SO		LB	82	CADEN	RUTLEDGE	SO	WR	
24	JERRION	COLLINS	JR	RB	WR	83	AUSTIN	PITTMAN	SO	WR	
25	JOSEPH	HINTON	SR	RB		84	LANDEN	ANDERSON	SO		DL
27	DAVID	HEATH	SR	WR		85	JAE'LIN	BATTLE	SO	W	LB
27	MALACHI	MOORE	JR		DB	86	NATHANIEL	SCHADER	JR	W	
28	ETHAN	TENNYSON	JR		DB	87	CYRUS	MCDONALD	SO		DB
29	DEZ	BIZZELL	SR	WR		88	EASTON	SPITLER	SR	W	
29	BOH	FENNELL	SO		DL	89	ABRAHAM	SHOEMAKER	JR	W	LB
30	TOMMY	HAND	JR	RB	LB	90	ALDEN	MARTIN	SO		DL
31	LONDON	WILSON	SO		DL	91	BROCK	BALLESTEROS	SO		DL
32	KADE	GOLDEN	SO		LB	92	HAYDEN	VANPELT	SO		DB
33	WILLIAM	SHOEMAKER	SR		LB	93	ZECHARIAH	HUTCHESON	SO		DL
34	AVIAN	CHILES	SO		DL	94	KALE	PURVIS	SR	K	K
36	BRAYDON	BRUNO	SO		DB	95	AUSTIN	ALEXANDER	JR		DL
37	ZACHARY	WEIMER	JR		LB	96	ALEX	BRANNON	SO	K	

# Norman North Player Information



#	NAME	Grade	Height	Weight	Position	#	Name	Grade	Height	Weight	Position
0	Carver Rogers	12			OLB	51	Alex Huggins	10			LB
1	Camden Pratcher	12			DB	52	Tyler Moore	12			OLB
2	Owen Flowers	12			DB	53	Erick McMullan	11			OL
3	Elias Battle	12			DB	54					
4	Levi Chaffin	12			DB	55	Maddox Pickens	11			OL
5	Zain Prater	12			WR	56	Anthony Turner	10			DL
6	Mason James	10			WR/DB	57	Noah Mitchell	11			OL
7	Khai Threath	12			WR	58					
8	Tate Johnson	11			OLB	59	Ryland Fugate	10			OL
9	Finn Smith	12			DL	60	Conner Graham	10			OL
10	Owen Eshelman	11			QB/DB	61	Cooper Vicsek	12			OL
11	Reece Crandall	11			DB/RB	62	James Mayfield	11			OL
12	Carter Hammer	11			WR	63	Pierson Brammer	10			OL
13	Ryan Humphrey	11			WR	64	Christian Barnes	11			DL
14	Luke Freeland	12			TE	65	Landon Collier	12			OL
15	Will Lundquist	11			RB	66	Damon Atkinson	11			OL
16	Hayden Hockenbury	10			QB	67	Brady Fisher	12			OL
17	Seth Melton	10			QB	68	Jack Udy	12			DL/OL
18	Jayden Carmen	11			WR	69	Harrison Utley	12			OL
19	Jon Schuster	11			WR	70	Ryan Gilcrist	10			OL
20	Curtis Miller	12			DB	71	Kasen Lea	12			OL
21	Boaz McDonald	12			WR	72					
22	Latrell Williams	12			RB	73	Brady Bodewell	11			OL
23	Ayden Adams	12			RB	74	Martaveon Carter	11			OL
24	Jake Martin	12			LB	75	Knalug Johnson	11			DL
26	Grayson Hodge	11			WR/LB	76	Dillon Moss	10			DL
27	Joseph Hollins	12			LB	77					
28	Kane Meyer	11			LB	78					
29	Kaden McCarthey	11			RB/LB	79	Tray Bowen	10			DL
30	Matt Meyer	11			DB	80	Brayden Simpson	12			WR/P
31	Rhett Zimmerman	11			DB	81	Moses Gatewood	11			WR
32	Carson Clark	10			WR	82	Carson Shirley	12			WR
33	Trenton Leon	11			DB	83	Evan Sumler	11			WR
34	Juan Hernandez	10			DB/WR	84	Joshua Gaier	10			DB
35	Zaylen Durham	10			OLB	85	Cooper Eubanks	10			DB
36	Daniel Russell	11			RB	86	Kam Pollard	10			WR
37	RayShawn Irvin	11			DB	87	Jackson Hawkins	10			DB
38	Khyler Stuples	10			RB	88	Branden Singleton	11			TE
39	Anthony Ramirerz	10			LB	89	Zack Kenney	10			TE
40	Garrison Utley	11			TE/DL	90	Daniel McMorris	10			DL
41	Juan Lopez	10			RB	91	Landon Hinchey	11			DL
42	George Jankowski	10			WR	92	Jae Nimmo	10			WR
43	Logan Richard	11			LB	93	Alex Whaley	10			DL
44	Duante Moses	12			LB/Y	94	Leander Meuangdy	10			K
45	Carter Romine	10			OLB	95	TJ Chanthavong	11			DL
46	Austyn Broach	11			OLB	96	Xavier Horton	10			DB
47	Ethan Jones	10			DB	97					
48	Braxton Reimche	10			WR	98					
49	Cordell Wallace	10			DB	99	Isaac Morgan	12			DL
50	Max Proffitt	10			LB						

\*Denotes Duplicate Number

**Head Coach: Justin Jones**

**Assistant Coaches:** Billy Schuster (OC) Cameron Bennett (Strength/OL) Rocky Moore (QB) Caleb Collins (WR) Zach Fleming (RBs/Special Teams) Josh Owen (CO-DC/OLB) Rob Willis (Co-DC/Safeties) Taylor Geddiss (Corners)Trey Wormington (DE) Troy Thomas (LBs)

Steven Thomas (9th Grade Head Coach) Steven Belknap(AC) Jacob Cloyde (AC) Josh Norton (AC) Parker Singleton (AC) Jude Richardson (AC)

Parker Singleton (AC) Jordan Dean (AC) Kendall Hendricks (AC) Shawn Smitherman (AC)

**Trainer: Scott Bedigrew**

**Team Doctor: Dr. Brian Coleman**

**Team Filmers:**

**Team Managers: Reese Emerson (10)**













# 2023 Schedule & Results



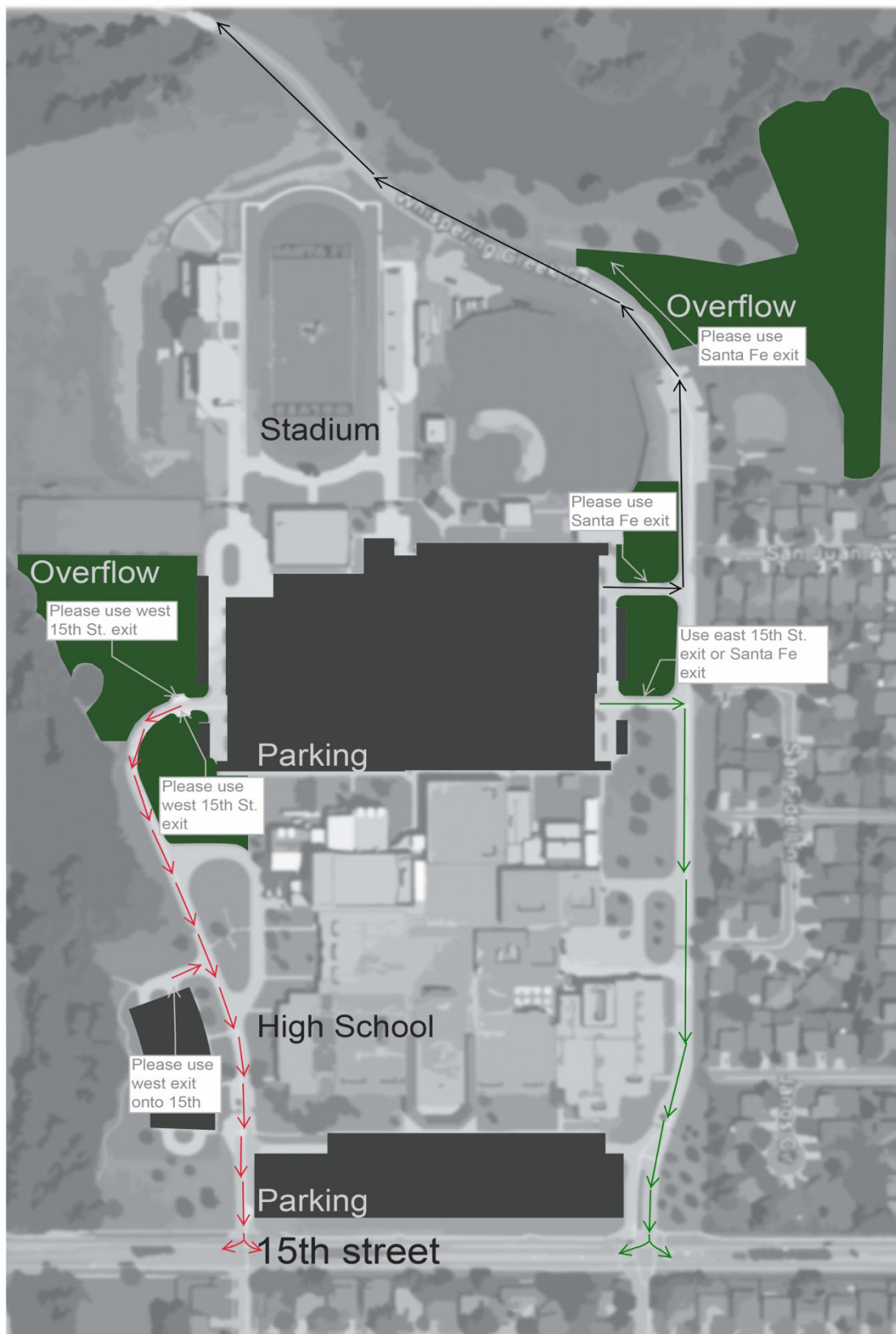
## CLASS 6A - DIVISION 1, DISTRICT 2

1 - 0 Overall; 0 - 0 District

	<b>@ JENKS</b> Friday, AUGUST 25   7:30 pm	<b>W 27 - 26</b> (non-district)
	<b>HOME vs. Choctaw</b> Friday, SEPTEMBER 2   7:00 pm	<b>Cancelled</b> (non-district)
	<b>HOME vs. Norman North</b> Friday, SEPTEMBER 8   7:00 pm	(non-district)
	<b>HOME vs. Edmond Memorial</b> Friday, SEPTEMBER 22   7:00 pm	
	<b>HOME vs. Edmond North</b> Friday, SEPTEMBER 29   7:00 pm	
	<b>@ MUSTANG</b> Friday, OCTOBER 6   7:00 pm	
	<b>@ NORMAN</b> Friday, OCTOBER 13   7:00 pm	
	<b>HOME vs. Tulsa Union</b> Thursday, OCTOBER 19   7:00 pm	
	<b>@ OWASSO</b> Friday, OCTOBER 27   7:00 pm	
	<b>HOME vs. Yukon</b> Friday, NOVEMBER 4   7:00 pm	



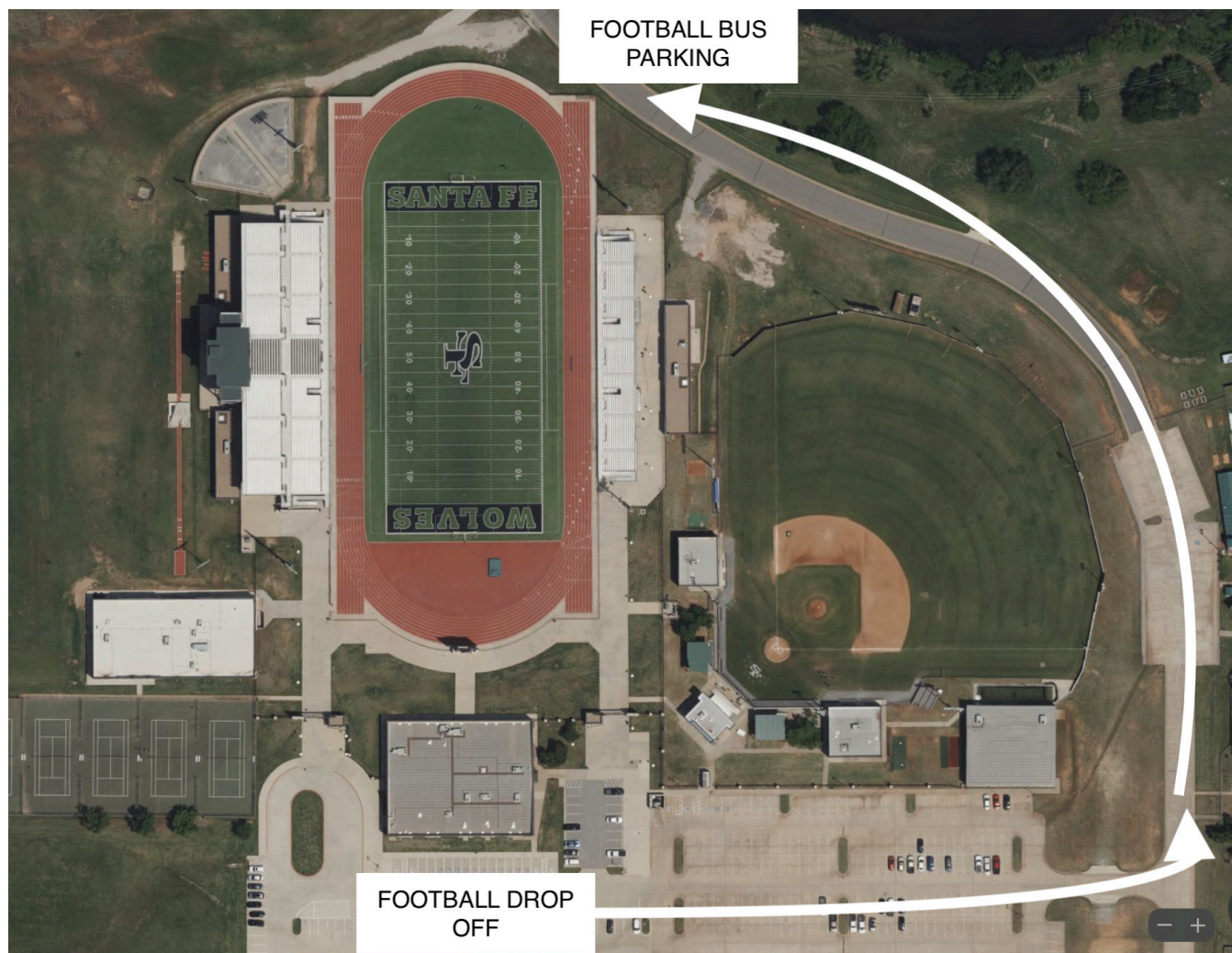
# Stadium Parking Information





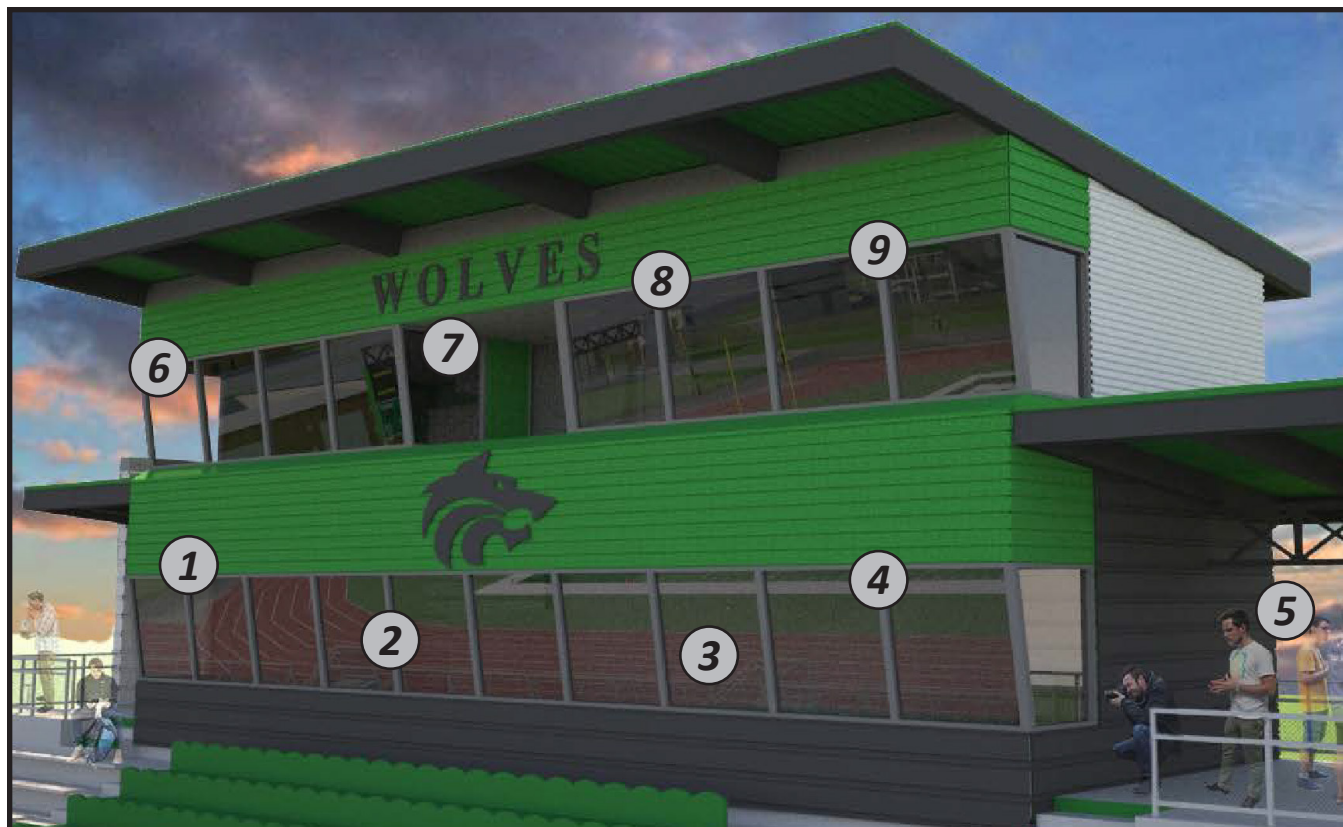


# Visiting Team Information





# Press Box Information



## 2nd Floor:

1. Media/Technology Room
2. Seating
3. Announcer / Spotters
4. Clock Operator's Station
5. Visitor Team Film Area

## 3rd Floor:

6. Home Team Coach's Room
7. Home Team Film Area
8. Radio / TV Media Room
9. Visiting Team Coach's Room





# Stadium General Information

<b>Team Nickname</b>	Wolves
<b>Team Colors</b>	Hunter Green & Gray (Hunter Green for Home Games)
<b>District</b>	Class 6A - District 2: Edmond Santa Fe, Edmond Memorial, Edmond North, Mustang, Norman, Tulsa Union, Owasso, Yukon
<b>Game Times</b>	Gates Open at 5:30 pm, Clear field at 6:35 pm, National Anthem at ~6:50 pm, Coin Toss at 6:55 pm, Kickoff at 7:00 pm
<b>Game Site</b>	Santa Fe High School 1901 West 15th Street, Edmond, OK 73013
<b>Visiting Team</b>	Dress in the South Track Fieldhouse... in the Boys Soccer Locker Room
<b>Band, POM, Cheerleaders</b>	Will be admitted free if in uniform
<b>Halftime</b>	Length will be according to OSSAA policies/guidelines
<b>ADMISSION</b>	General Admission \$8.00 Students from EPS and visiting team will only be allowed to purchase a cash ticket with a valid student ID. Otherwise, an online ticket will need to be purchased (see info on the next page). Please follow entry gate procedures and new EPS SPORTING EVENT REGULATIONS.
<b>FACULTY MEMBERS</b>	Teachers from COAC Conference schools will be admitted free with faculty pass. (A <u>faculty pass</u> does not admit family members)
<b>PASSES HONORED</b>	Oklahoma Coaches Association (OCA), OSSAA (OEA passes <u>will not</u> be honored), EPS Elite pass, EPS Digital Faculty pass, Student pass, Adult pass, Multi-sport discount pass
<b>VISITING SCHOOL</b>	Team bench located on the East Side of the stadium
<b>SEATING ARRANGEMENTS</b>	Visitors -- East side bleachers. Parking is available South of the Stadium
<b>PRESS BOX</b>	Coaching Staff and Film Crew Only
<b>VISITING FILMER</b>	Film from designated filming area located on the top level of the Press Box
<b>TV &amp; RADIO</b>	Arrangements must be made with Andy Rasmussen, site Athletic Director @ 405-726-7305. LIVESTREAM of the game is available through KREF. You can visit the following website to watch ESF Home games: <a href="https://krefsports.tv/edmond/sfwolves/">https://krefsports.tv/edmond/sfwolves/</a>

**GoSFWolvesAthletics.com**

**1901 W. 15th Street Edmond, Oklahoma 73013 405-340-2230**  
**[www.santafe.edmondschools.net](http://www.santafe.edmondschools.net)**





# Emergency Action Plan

***A SERIOUS INJURY IS ANY CONDITION WHEREBY THE ATHLETE'S LIFE MAY BE IN DANGER OR RISKS PERMANENT IMPAIRMENT. THESE INJURIES INCLUDE BUT ARE NOT LIMITED TO: CERVICAL SPINE INJURIES, HEAD INJURIES, LOSS OF LIMB, SERIOUS BLEEDING, SHOCK, SERIOUS FRACTURES, HEAT STRESS AND CARDIOVASCULAR ARREST.***

**Purpose:** To provide Edmond Santa Fe High School Athletics with an emergency action plan (EAP) in case of a serious or life-threatening condition that arises during practice or competitions. AT, coaches, and others involved in athletics must constantly be on guard for potential injuries, and although the occurrence of limb-threatening or life-threatening emergencies is not common, the potential exists. Therefore, prepared emergency responders must have planned in advance for the action to be taken in the event of such an emergency.

## **Sports Medicine Health Care Team:**

<b>Head Athletic Trainer</b> - D'Anna Kyle, M.S., LAT, ATC	(417)384-0178 (c)
<b>Landline to Athletic Training Facility</b>	(405) 340 – 2230
<b>Team Physician</b> – Dr. Chris Espinoza	(720) 273 – 7604 (c)
<b>Edmond Santa Fe Athletic Director</b> – Andy Rasmussen	(405) 202 – 0934 (c)
<b>Local Emergency Number</b>	911
<b>Closest Emergency Room</b> Mercy Hospital Oklahoma City 4300 W. Memorial Rd. Oklahoma City, OK 73120	(405) 755 - 1515
<b>Sports Emergency Clinic</b> McBride Orthopedic Hospital 9600 Broadway Ext Oklahoma City, OK 73114	(405) 486 - 2100

## **Information to be provided over the phone in case of emergency:**

1. Name and phone number you are calling from.
2. Exact location of emergency and directions (street names, buildings, landmarks, entry into buildings, specific areas, etc.)
3. Type of injury or illness.
4. Condition of patient(s) and type of aid being provided.
5. Number of people injured.
6. Other information as requested and be the last one to hang up.



# Emergency Action Plan (cont.)

## EDMOND PUBLIC SCHOOLS SEVERE WEATHER GUIDELINES

### **Lightning**

Established criteria should be discussed with officials and coaches prior to the beginning of the contest.

### **Role of athletic trainer and site admin:**

1. Lightning at 20-15 miles - The athletic trainer and school admin will monitor lightning. (Lightning App, Weather Bug)
2. When lightning is within 12 miles, the Athletic Trainer and administrator in charge should notify officials. Administrator will contact PA announcer
3. Lightning under 10 miles- Must be off field – DANGEROUS
4. After athletes have been moved to a safe location, the athletic trainer, administrators, officials, and coaches should meet to evaluate the criteria used to determine if and when play will resume for activity.
  - Home team-Football Field House
  - Visiting team-Track Field House

**DUE TO APPROACHING INCLEMENT WEATHER, PLAY WILL BE TEMPORARILY SUSPENDED. AS A PRECAUTIONARY MEASURE, WE ARE GOING TO EVACUATE THE STADIUM. AT THIS TIME WE ASK THAT YOU LEAVE THE STADIUM AND SEEK INDOOR SHELTER. THE ATHLETIC TRAINER, ADMINISTRATION, OFFICIALS, AND COACHES WILL EVALUATE THE SITUATION TO DETERMINE IF AND WHEN PLAY WILL RESUME FOR ACTIVITY.**

After athletes have been moved to a safe location, ATC, administrators, officials, and coaches should meet to evaluate the criteria used to determine if and when play will resume for activity. The following criteria will be used:

- Can the expected duration of the storm/weather be determined?
- Has the contest reached a point to which it can be declared official?
- Is the contest a playoff, district, or conference game?
- Can the contest be rescheduled?
- Are officials available for rescheduled?
- What is the travel distance for the visiting team?

### **Tornado**

Each team will go to their respected locker room. Fans will go to large and small gymnasiums in the main building. Stands will be cleared and not let back in until cleared by ATC and site AD.



# Emergency Action Plan (cont.)

## SEVERE HEAT POLICY

Water is to be available at all times with mandatory breaks during practices.

The athletic staff must watch student-athletes carefully for signs of trouble, particularly athletes who lose too much weight, overweight student-athletes, and the eager student-athletes who constantly competes at top capacity.

Athletic staff must know what to do in case of an emergency. They should be familiar with immediate first aid practices and pre-arrange procedures for obtaining medical care, including ambulance service.

The athletic staff must know both the temperature and humidity of the activity location. The greater the humidity the more difficult it is for the body to cool itself.

If any athlete is noted to have difficulties in the heat, their activity should be closely monitored or canceled because others are likely also to have difficulties.

### **Signs and Symptoms of Heat Illness:**

- Headache
- Dizziness
- Rapid pulse
- Nausea/Vomiting/Diarrhea
- Skin is flushed/cool and pale
- Disoriented/confusion
- Shallow breathing Muscle cramping
- Red, dry skin, seizures
- Loss of consciousness/Collapse
- Unusual behavior/Irritability

**Exertional Heat Exhaustion:** Defined as an elevated core body temperature between 102- 104 degrees F. This condition is not as severe as heatstroke but if left untreated it can progress to heat stroke. Initiate cooling procedure immediately. No return to activity.

**Exertional Heat Stroke:** Defined as core body temperature > 104 degrees F Delay in recognition/treatment could be fatal. **Initiate cooling and Emergency Action Plan immediately.**

EAP specifically for heat illness-Cool first, call 911 and transport second

### **Role of First Responder**

- Immediate care of injured athlete
- Retrieve Polar Pod and coolers of ice or take to nearest ice tub
- Activate Emergency Medical System (Call 911)
  - Provide name, address, phone number, number of injured persons, condition of injury, first aid treatment, specific directions and other necessary information
- Direct EMS to scene
  - Designate individual to “flag down” and direct EMS
  - Control the crowd/limit spectators around the scene





# Emergency Action Plan (cont.)

## WET BULB GLOBE TEMPERATURE (HEAT INDEX) RECOMMENDATIONS

The following precautions are recommended when using the WBGT Index:

### Wet Bulb Globe Temperature Category Work/Rest and Water Intake

08/07/15

#### Unacclimated and Acclimated Work/Rest and Water Intake Chart

Heat Risk Category		Wet Bulb Globe Temp	Light Work		Moderate Work		Heavy Work	
			Work/Rest	Water Intake (quart/hr)	Work/Rest	Water Intake (quart/hr)	Work/Rest	Water Intake (quart/hr)
No Risk	Unacclimated	78 – 79.9	50/10 min	½	40/20 min	¾	30/30 min	¾
	Acclimated	78 – 79.9	continuous	½	continuous	¾	50/10 min	¾
Low	Unacclimated	80 – 84.9	40/20 min	½	30/30 min	¾	20/40 min	1
	Acclimated	80 – 84.9	continuous	½	50/10 min	¾	40/20 min	1
Moderate	Unacclimated	85 – 87.9	30/30 min	¾	20/40 min	¾	10/50 min	1
	Acclimated	85 – 87.9	continuous	¾	40/20 min	¾	30/30 min	1
High	Unacclimated	88 – 90	20/40 min	¾	10/50 min	¾	avoid	1
	Acclimated	88 – 90	continuous	¾	30/30 min	¾	20/40 min	1
Extreme	Unacclimated	> 90	10/50 min	1	avoid	1	avoid	1
	Acclimated	> 90	50/10 min	1	20/40 min	1	10/50 min	1

Adapted from: 1) USGS Survey Manual, Management of Occupational Heat Stress, Chapter 45, Appendix A. 2) Manual of Naval Preventive Medicine, Chapter 3: Prevention of Heat and Cold Stress Injuries. 3) OSHA Technical Manual Section III: Chapter 4 Heat Stress. 4) National Weather Service Tulsa Forecast Office, Wet Bulb Globe Temperature.

Thirty (30) minutes prior to the start of activity, temperature and humidity readings should be taken at the practice/competition site.

If a reading is determined whereby activity is to be decreased (above 95 degrees Heat Index), then re-readings would be required every 30 minutes to determine if further activity should be eliminated or preventative steps taken, or if an increased level of activity can resume. Using the following scale, activity must be altered and/or eliminated based on this Heat Index as determined.



# Emergency Action Plan (cont.)

## CATASTOPHIC INJURY - CRISIS MANAGEMENT PLAN

Contact Athletic Training/Sports Medicine Personnel

- Head Athletic Trainer: Grant Schamburg, MS, LAT, ATC Cell: (580) 774 – 9333
- Athletic Director: Andy Rasmussen, (405) 202 – 0934
- Contact /Update coaching staff, on current situation(s).
- Contact family by appropriate individual (use assistance as needed).
- Coordinate media plan

**NO CONTACT WITH MEDIA from the Athletic Training Staff, Hospital Staff, Emergency Medical Personnel or Coaching Staff except through the Edmond Santa Fe Athletic Department.**

- Establish a hospital contact person.
- Meeting with athletes to discuss situation

### **NO OUTSIDE DISCUSSION OF MEETING WITH MEDIA**

- Complete documentation of events: include everyone involved with signatures.
- Collect and secure all equipment and materials involved.
- Construct a detailed timeline of events related to the incident.
- Involve appropriate counseling personnel.
- Assign athletic staff members to be with family at all times upon arrival; assist family as needed; protect from outside persons.
- Critical incident stress debriefing/counseling as necessary for individuals involved in the incident.