EDMOND SANTA FE VOLLEYBALL



STATE CHAMPIONS 1993, 1994, 1995, 2004, 2013, 2017, 2018 **STATE RUNNER-UPS** 1997, 2002, 2006, 2007, 2008, 2010

Edmond Memorial vs. Edmond Santa Fe

September 14, 2023 Edmond Santa Fe High School



Welcome to Edmond Santa Fe!

STATE CHAMPIONSHIPS

BASEBALL 2019

BOYS BASKETBALL 2005

GIRLS BASKETBALL 2011, 2012

> <u>CHEER</u> 2004

POWERLIFTING 2014, 2015, 2016, 2017, 2018, 2019, 2022

> BOYS SOCCER 1996, 2009

BOYS TRACK 1997, 2011

GIRLS TRACK 2012 2023 4x200 National Champions

<u>VOLLEYBALL</u> 1993, 1994, 1995, 2004 2013, 2017, 2018 On behalf of Edmond Santa Fe High School welcome to our volleyball contests.

This Game Day Information Guide will provide important information regarding your visit to our facilities.

Please share this guide freely with all parties venturing to our field so that everyone's visit will be a smooth and positive experience.

If you have any questions or concerns or simply need additional information, please contact our athletic office at (405) 726-7305 or by email: andrew.rasmussen@edmondschools.net.

We look forward to our upcoming game(s) and wish your school good luck!

Respectfully,

Abdrew Rasmussen Director of Athletics Edmond Santa Fe High School

GoSFWolvesAthletics.com

Santa Fe Athletics





OUR VISION:

No challenge is too great when we work together as a Pack. Our Pack mentality of extreme loyalty, ownership, and devotionto our school binds us together as a unit. Ultimately, Success Brings Us Together.

MISSION OF SANTA FE ATHLETICS:

It is our mission to create an environment that encourages, motivates, and prepares student athletes to become championsin the classroom, in life, and in sport through the positive experience of competing as an athlete at Edmond Santa Fe.

Core Values: WOLVES CARE!

COURAGE - A Wolf will lead with COURAGE to own their actions and do the right thing.

ATTITUDE - A Wolf will display a winning ATTITUDE in and out of sport.

RESPECT - A Wolf will show RESPECT for the game and all involved.

EFFORT - A Wolf will give relentless EFFORT in everything we do.

Sporting Event Regulations



EDMOND PUBLIC SCHOOLS HIGH SCHOOL SPORTING EVENT REGULATIONS

All Students Must Wear ID & Lanyard



No Bags Permitted (with the exception of a small clutch, 4 ½ x 6 ½, medical or diaper bags)





No Athletic Equipment (Footballs, Basketballs, etc.)



Elementary And Middle School Students Must Be Accompanied By An Adult



Students From Other High Schools Must Be Accompanied By An Adult Stay In Designated Cheering Sections



GoSFWolvesAthletics.com

Online Ticket Information





Game Livestream Information





EPS Department of Athletics

District Director of Athletics:	Mike Nunley (405) 340-2800 mike.nunley@edmondschools.net
Site Athletic Director:	Andrew Rasmussen (405) 726-7305 andrew.rasmussen@edmondschools.net
Financial Secretary:	Shelly Gregory (405) 726-7314 shelly.gregory@edmondschools.net
Head Athletic Trainer:	D'Anna Kyle (417) 684-0178 720-athtrain@edmondschools.net
Superintendent:	Dr. Angela Grunewald
Asst. Superintendent:	Debreon Davis
ESFHS Principal:	Jason Hayes
Asst. Principals:	Catherine Johnston, Anton Gibson, Christy Nieves, Lisa Adams, & Stephanie Hanson



Santa Fe Coaches





Drew McCarty Head Coach - 1st Year

RYAN FORGERTY ASSISTANT COACH / 9TH GRADE HEAD COACH
LAUREN MCCARTY ASSISTANT COACH
ERICKA SCHOLL ASSISTANT COACH

Santa Fe Player Information



VARSITY

<u>Player</u>	<u>Grade</u>	<u>Height</u>	Position	<u>#</u>
Branson, Megan	12	5-6	Defense	1
Martin, Bella	10	5-5	Defense	2
Neuschaefer, Macyn	12	5-11	Outside Hitter	3
Edwards, Brooke	12	5-8	Defense	4
Manhalter, Jaci	12	5-8	Setter	5
Mason, Reagan	10	5-10	Setter	6
Mosier, Addy	10	5-7	Defense	7
Shuck, Darcy	9	5-8	Setter	8
Kinyanjui, Sam	9	5-8	Outside Hitter	10
Warner, Drue	11	6-0	Right Side	11
Fisher, Vanessa	11	6-1	Middle Blocker	22
Horst, Lydia	12	6-3	Middle Blocker	23
Rice, Anna	11	6-4	Outside Hitter	30
Copple, Jocelyn	12	6-4	Middle Blocker	32

JUNIOR VARSITY

FRESHMEN

<u>Player</u>	Year	Jersey	<u>Player</u>	<u>Jersey</u>
Abbye Adickas	2025	9	Avery Esquivel	18
Whitney Williams	2025	13	Andrea Jackson	20
Alyssa Adriaanse	2026	14	Caryl Womack	24
Tilly Combs	2026	15	Madeline Muir	25
Addie Pfieffer	2025	16	Sameara Blackmon	26
Sydney Johnson	2026	17	Leila Madlangbayan	27
Ava Crawford	2026	19	Eloise Stiglets	29
Kira Griffin	2026	21	Hadley Taylor	31
Eden Miranda	2026	33	Berkley Ylla	34
Annisah Hawkins	2026	37	Emma Tabor	35
			Falli Fox	36

Memorial Player Information



VARSITY

<u>Player</u>	<u>Grade</u>	<u>Height</u>	Position	<u>#</u>
Abiseid, Karis	10	5-2	Defense	1
Weaver, Maryella	10	5-9	Outside Hitter	2
Pruit, Jacy	12	5-6	Defense	3
Owen, Anniston	12	5-4	Defense	4
Ambrose, Katelyn	12	5-6	Defense	5
Lelak, Kelby	12	5-7	Defense	7
Beadles, Sybil	12	5-11	Outside Hitter	8
Hopkins, Annie	10	5-11	Middle Blocker	9
Barnes, Sydney	11	5-9	Right Side	12
Rowe, Kathrin	12	5-9	Setter	14
Hathaway, Madison	12	5-11	Setter	15
Adedeji, Lolufe	10	6-3	Middle Blocker	16
Law, Mackenzi	9	5-10	Middle Blocker	17

Head Coach:





2023 Schedule

Updated 3/8/2023

DATE	DAY	OPPONENT	SITE	TIME	GRADE
Aug 11-12	Fri-Sat	Norman Tournament	Away	TBA	Var
Aug 14	Mon	McGuinness Freshman Tournament	Away	TBA	9th
Aug 18-19	Fri-Sat	Tulsa Union Tournament	Away	TBA	VAR
Aug 19	Sat	Tulsa Union Tournament	Away	TBA	JV
Aug. 22	Tue	Southmoore	Away	4.5.6:00	9.JV.V
Aug 24	Thu	Yukon	Home	4.5.6:00	9.JV.V
Aug 25	Fri	Southmoore JV Tournament	Away	TBA	JV
Aug 26	Sat	Norman North 9th Gr Tournament	Away	TBA	9th
Aug 29	Tue	Deer Creek	Home	4.5.6:00	9.JV.V
Aug 31	Thu	Stillwater	Away	4.5.6:00	9.JV.V
Sep 5	Tue	Mustang	Home	4.5.6:00	9.JV.V
Sep 8-9	Fri-Sat	Heather Harkness Invitational	Home	TBA	Var
Sep 12	Tue	Norman North	Away	4.5.6:00	9.JV.V
Sep 14	Thu	Memorial	Home	4.5.6:00	9.JV.V
Sep 16	Sat	9th Gr. Conference Tournament	Away - Moore	TBA	9th
Sep 16	Sat	JV Conference Tournament	Away - Westmoore	TBA	JV
Sep 18	Mon	Norman	Away	4.5.6:00	9.JV.V
Sep 22-23	Fri-Sat	McGuinness Varsity Tournament	Away	TBA	Var
Sep 23	Sat	Norman North JV Tournament	Away	TBA	JV
Sep 26	Tue	Moore	Away	4.5.6:00	9.JV.V
Sep 28	Thu	Westmoore	Home	4.5.6:00	9.JV.V
Sep 29	Fri	Santa Fe 9th Gr. Tournament	Home	TBA	9th
Oct 3	Tue	Piedmont	Home	4.5.6:00	9.JV.V
Oct 5	Thu	Edm North	Away	4.5.6:00	9.JV.V
Oct 10	Tue	Regionals	ТВА	TBA	Var
Oct 19 -21	Thu-Sat	OSSAA State Tournament	ТВА	TBA	Var
Athletic Co Coaches:	Athletic Coordinato: Andy RasmussenSanta Fe:340-2230Coaches:Head:Drew McCartySanta Fe:340-2230				

Asst. Ryan Forgety, Ericka Scholl

For more player & team information, visit our website: www.gosfwolvesathletics.com

Stadium Parking Information





Gym General Information



Team Nickname	Wolves
Team Colors	Hunter Green & Gray (Hunter Green for Home Games)
Game Times	Freshmen at 4:00 pm, JV at 5:00 pm, Varsity at 6:00 pm
Game Site	Santa Fe High School 1901 West 15th Street, Edmond, OK 73013
ADMISSION	General Admission \$5.00 Students from EPS and visiting team will only be allowed to purcahase a cash ticket with a valid student ID. Otherwise, an online ticket will need to be purchased. Please follow entry gate procedures and new EPS SPORTING EVENT REGULATIONS.
FACULTY MEMBERS	Teachers from COAC Conference schools will be admitted free with faculty pass. (A <u>faculty pass does not admit family members</u>)
PASSES HONORED	Oklahoma Coaches Association (OCA), OSSAA (OEA passes <u>will not</u> be honored), EPS Elite pass, EPS Digital Faculty pass, Student pass, Adult pass, Multi-sport discount pass
VISITING SCHOOL	Team bench located on the Left Side of the scorer's table
SEATING ARRANGEMENTS	Visitors South side bleachers (behind the scorer's table) upper level of gym. Parking is available North of the Main Gym.
VISITING FILMER	Film from desginated filming area located in the visitor's section in the upper seating area of the Main Gym or along the back wall of the visiting team on the gym floor.
TV & RADIO	Arrangements must be made with Andy Rasmussen, site Athletic Director @ 405-726-7305. LIVESTREAM of the game is available through KREF. You can visit the following website to watch ESF Home games: https://krefsports.tv/edmond/sfwolves/

GoSFWolvesAthletics.com

Emergency Action Plan



A SERIOUS INJURY IS ANY CONDITION WHEREBY THE ATHLETE'S LIFE MAY BE IN DANGER OR RISKS PERMANENT IMPAIRMENT. THESE INJURIES INCLUDE BUT ARE NOT LIMITED TO: CERVICAL SPINE INJURIES, HEAD INJURIES, LOSS OF LIMB, SERIOUS BLEEDING, SHOCK, SERIOUS FRACTURES, HEAT STRESS AND CARDIOVASCULAR ARREST.

Purpose: To provide Edmond Santa Fe High School Athletics with an emergency action plan (EAP) in case of a serious or life-threatening condition that arises during practice or competitions. AT, coaches, and others involved in athletics must constantly be on guard for potential injuries, and although the occurrence of limb-threatening or life-threatening emergencies is not common, the potential exists. Therefore, prepared emergency responders must have planned in advance for the action to be taken in the event of such an emergency.

Sports Medicine Health Care Team:

Head Athletic Trainer - D'Anna Kyle, M.S., LAT, ATC	(417)384-0178 (c)
Landline to Athletic Training Facility	(405) 340 – 2230
Team Physician – Dr. Chris Espinoza	(720) 273 – 7604 (c)
Edmond Santa Fe Athletic Director – Andy Rasmussen	(405) 202 – 0934 (c)
Local Emergency Number	911
Closest Emergency Room Mercy Hospital Oklahoma City 4300 W. Memorial Rd. Oklahoma City, OK 73120	(405) 755 - 1515
Sports Emergency Clinic McBride Orthopedic Hospital 9600 Broadway Ext Oklahoma City, OK 73114	(405) 486 - 2100

Information to be provided over the phone in case of emergency:

- 1. Name and phone number you are calling from.
- 2. Exact location of emergency and directions (street names, buildings, landmarks, entry into buildings, specific areas, etc.)
- 3. Type of injury or illness.
- 4. Condition of patient(s) and type of aid being provided.
- 5. Number of people injured.
- 6. Other information as requested and be the last one to hang up.



EDMOND PUBLIC SCHOOLS SEVERE WEATHER GUIDELINES

Lightning

Established criteria should be discussed with officials and coaches prior to the beginning of the contest.

Role of athletic trainer and site admin:

- 1. Lightning at 20-15 miles The athletic trainer and school admin will monitor lightning. (Lightning App, Weather Bug)
- 2. When lightning is within 12 miles, the Athletic Trainer and administrator in charge should notify officials. Administrator will contact PA announcer
- 3. Lightning under 10 miles- Must be off field DANGEROUS
- 4. After athletes have been moved to a safe location, the athletic trainer, administrators, officials, and coaches should meet to evaluate the criteria used to determine if and when play will resume for activity.
 - Home team-Football Field House
 - Visiting team-Track Field House

DUE TO APPROACHING INCLEMENT WEATHER, PLAY WILL BE TEMPORARILY SUSPENDED. AS A PRECAUTIONARY MEASURE, WE ARE GOING TO EVACUATE THE STADIUM. AT THIS TIME WE ASK THAT YOU LEAVE THE STADIUM AND SEEK INDOOR SHELTER. THE ATHLETIC TRAINER, ADMINISTRATION, OFFICIALS, AND COACHES WILL EVALUATE THE SITUATION TO DETERMINE IF AND WHEN PLAY WILL RESUME FOR ACTIVITY.

After athletes have been moved to a safe location, ATC, administrators, officials, and coaches should meet to evaluate the criteria used to determine if and when play will resume for activity. The following criteria will be used:

- Can the expected duration of the storm/weather be determined?
- Has the contest reached a point to which it can be declared official?
- Is the contest a playoff, district, or conference game?
- Can the contest be rescheduled?
- Are officials available for rescheduled?
- What is the travel distance for the visiting team?

Tornado

Each team will go to their respected locker room. Fans will go to large and small gymnasiums in the main building. Stands will be cleared and not let back in until cleared by ATC and site AD.

SEVERE HEAT POLICY

Water is to be available at all times with mandatory breaks during practices.

The athletic staff must watch student-athletes carefully for signs of trouble, particularly athletes who lose too much weight, overweight student-athletes, and the eager student-athletes who constantly competes at top capacity.

Athletic staff must know what to do in case of an emergency. They should be familiar with immediate first aid practices and pre-arrange procedures for obtaining medical care, including ambulance service.

The athletic staff must know both the <u>temperature and humidity</u> of the activity location. The greater the humidity the more difficult it is for the body to cool itself.

If any athlete is noted to have difficulties in the heat, their activity should be closely monitored or canceled because others are likely also to have difficulties.

Signs and Symptoms of Heat Illness:

- Headache
- Dizziness
- Rapid pulse
- Nausea/Vomiting/Diarrhea
- Skin is flushed/cool and pale
- Disoriented/confusion
- Shallow breathing Muscle cramping
- Red, dry skin, seizures
- Loss of consciousness/Collapse
- Unusual behavior/Irritability

Exertional Heat Exhaustion: Defined as an elevated core body temperature between 102- 104 degrees F. This condition is not as severe as heatstroke but if left untreated it can progress to heat stroke. Initiate cooling procedure immediately. <u>No return to activity</u>.

Exertional Heat Stroke: Defined as core body temperature > 104 degrees F Delay in recognition/ treatment could be fatal. **Initiate cooling and Emergency Action Plan immediately**.

EAP specifically for heat illness-Cool first, call 911 and transport second Role of First Responder

- Immediate care of injured athlete
- Retrieve Polar Pod and coolers of ice or take to nearest ice tub
- Activate Emergency Medical System (Call 911)
 - Provide name, address, phone number, number of injured persons, condition of injury, first aid treatment, specific directions and other necessary information
- Direct EMS to scene
 - Designate individual to "flag down" and direct EMS
 - Control the crowd/limit spectators around the scene



WET BULB GLOBE TEMPERATURE (HEAT INDEX) RECOMMENDATIONS

The following precautions are recommended when using the WBGT Index:

Wet Bulb Globe Temperature Category Work/Rest and Water Intake

Light Work Moderate Work Heavy Work Heat Risk Category Wet Bulb Work/Rest Water Intake Work/Rest Water Intake Work/Rest Water Intake Globe Temp (quart/hr) (quart/hr) (quart/hr) 50/10 min 40/20 min 30/30 min No Risk Unacclimated 78 - 79.9 1/2 3⁄4 3⁄4 78 – 79.9 50/10 min Acclimated continuous 1⁄2 continuous 3⁄4 3⁄4 80 - 84.9 40/20 min 1/2 30/30 min 3⁄4 20/40 min Unacclimated Low 80 - 84.9 1/2 3⁄4 Acclimated continuous 50/10 min 40/20 min Moderate Unacclimated 85 - 87.9 30/30 min 3⁄4 20/40 min 3⁄4 10/50 min 1 Acclimated 85 - 87.9 continuous 3⁄4 40/20 min 3⁄4 30/30 min 3⁄4 3⁄4 High Unacclimated 88 - 90 20/40 min 10/50 min avoid 3⁄4 30/30 min Acclimated 88 - 90 continuous 3⁄4 20/40 min Extreme Unacclimated 10/50 min avoid avoid 1 > 90 > 90 50/10 min Acclimated 20/40 min 10/50 min

Unacclimated and Acclimated Work/Rest and Water Intake Chart

Adapted from: 1) USGS Survey Manual, Management of Occupational Heat Stress, Chapter 45, Appendix A. 2) Manual of Naval Preventive Medicine, Chapter 3: Prevention of Heat and Cold Stress Injuries. 3) OSHA Technical Manual Section III: Chapter 4 Heat Stress. 4) National Weather Service Tulsa Forecast Office, Wet Bulb Globe Temperature.

Thirty (30) minutes prior to the start of activity, temperature and humidity readings should be taken at the practice/competition site.

If a reading is determined whereby activity is to be decreased (above 95 degrees Heat Index), then re-readings would be required every 30 minutes to determine if further activity should be eliminated or preventative steps taken, or if an increased level of activity can resume. Using the following scale, activity must be altered and/or eliminated based on this Heat Index as determined.



CATASTOPHIC INJURY - CRISIS MANAGEMENT PLAN

Contact Athletic Training/Sports Medicine Personnel

- Head Athletic Trainer: Grant Schamburg, MS, LAT, ATC Cell: (580) 774 9333
- Athletic Director: Andy Rasmussen, (405) 202 0934
- Contact /Update coaching staff, on current situation(s).
- Contact family by appropriate individual (use assistance as needed).
- Coordinate media plan

NO CONTACT WITH MEDIA from the Athletic Training Staff, Hospital Staff, Emergency Medical Personnel or Coaching Staff except through the Edmond Santa Fe Athletic Department.

- Establish a hospital contact person.
- Meeting with athletes to discuss situation

NO OUTSIDE DISCUSSION OF MEETING WITH MEDIA

- Complete documentation of events: include everyone involved with signatures.
- Collect and secure all equipment and materials involved.
- Construct a detailed timeline of events related to the incident.
- Involve appropriate counseling personnel.
- Assign athletic staff members to be with family at all times upon arrival; assist family as needed; protect from outside persons.
- Critical incident stress debriefing/counseling as necessary for individuals involved in the incident.