


Edmond Santa Fe Cheer

2019-2020

**Membership Guidelines &
General Information**



Table of Contents

Letter from Santa Fe Cheer Coaches.....	3
Clinic and Tryout Information.....	4
Tryout Score Sheet Breakdown	5
Standard of Scoring	6
Squad Member and Parent Expectations	7
Class and Scheduled Practice Rules and Game Day Conduct	8
Uniforms, Miss Policy and Social Media Policy.....	9
Santa Fe State Cheer Squad	10
Santa Fe Gameday Competition Squad.....	11
Communication Resources, Coach/Sponsor and Sideline Coaching Fees.....	12
Homecoming, Senior, Banquet Information and Actions and Consequences	13
Tentative Monthly Timeline.....	14
Estimated Costs.....	15
Required Dates for Varsity Cheer and Freshman Cheer.....	16
Application and Checklist.....	17
Santa Fe Cheer Guideline Agreement	18
Parent Permission to Participate, Important Contact Information, Consent to Medical Care	19

District Guidelines:

<http://santafe.edmondschools.net/athletics/cheer/>

Santa Fe Cheer Membership Guidelines and General Information:

<http://santafe.edmondschools.net/athletics/cheer/>

RankOne:

<https://edmondschools.rankonesport.com/New/Home.aspx>

OSSAA:

<http://ossaa.com/eligibility.aspx>

Letter from Santa Fe Cheer Coaches

Dear Cheerleading Candidate & Parent/Guardian,

Thank you for your interest in trying out for a 2019-2020 Cheerleading Squad at Edmond Santa Fe High School. We appreciate your enthusiasm and interest in our program and are so excited to see what the new school year holds. Included in this packet you will find information that will explain the try-out process, membership guidelines, and general information that all members (and parents/guardians) will need to be aware of before trying out. We take pride in our program and want the very best for all members of Varsity and Freshman Cheer.

The purpose of cheer at Edmond Santa Fe High School is to promote school spirit, support various organized activities, represent the school, and provide positive leadership in all aspects of school life. The Varsity and Freshman squads will promote and encourage student body involvement and will exemplify loyalty, cooperation, and positive attitudes. This can be a truly rewarding experience for each of you, but it also requires a tremendous time commitment. **Cheerleading truly is a year round sport!** Additionally, a squad member must be able to work well with others; as cheer is a team sport. Please be aware of this as you prepare to take on the challenges and responsibilities of becoming a member of either the Varsity or Freshman Cheer Squad.

Parents, please also understand that when your child makes Varsity or Freshman Cheer there are some responsibilities on your part as well. Not only do the girls have to work together as a team, so do the parents. This is an all around team sport and it takes the trust, commitment, and communication of all members, coaches, parents, and administrators to be successful. Once selected for Varsity or Freshman Cheer, you will be financially obligated to pay for all expenses that come your way.

Candidates wishing to try-out for a position on Varsity or Freshman Cheer and his/her parent/guardian must read through the Edmond Santa Fe Membership Guidelines attached, as well as the District Guidelines that all three Edmond High Schools follow. After reading, both student and parent signatures are required indicating that, if selected, both agree to abide by the rules and regulations governing the activities of Varsity and Freshman cheerleading at Edmond Santa Fe High School.

We are so excited for the year ahead and look forward to meeting you! Thank you so much for considering trying out for Edmond Santa Fe Cheer and GOOD LUCK to each of you!!!!

Sincerely,

Kimberly Miller (Varsity and JV Coach)
kimberly.miller@edmondschools.net

Alyssa Friesen (Freshman Coach)
alyssa.friesen@edmondschools.net

Clinic and Tryout Information

Cheer Clinic Information

- Clinic Dates: Monday April 1st - Thursday April 4th
- Clinic will be held from 3:45-5:00PM in the Cheer Room.
- Clinic will be closed at 5:00 PM; no participants may stay beyond the designated time.
- Clinic is closed to the public: only coaches, choreographers, administrators, and current senior cheer members may attend and watch.
- Required attire for clinic is: modest shorts, t-shirt, socks, and cheer shoes. Hair and bangs must be secured away from the face and no jewelry is to be worn.
- Gum chewing, cell phones and videoing of tryout routine will not be allowed.

Cheer Tryout Information

- Tryout Date: Friday April 5th
- Try-outs will begin promptly at 4:00 PM, with check-in at 3:30 PM in the Cheer Room.
- Try-outs are **closed** to the public.
- All candidates must remain at the school until all sheets are tallied, verified, and validated. Only at that time are candidates dismissed.
- Tryout results for Varsity and Freshman Cheer will be posted after results have been received, tallied and all candidates dismissed. *No later than 12:00AM*
- Results for Varsity and Freshman Cheer will be posted on our Santa Fe Cheer squads Instagram and Twitter accounts.
 - Varsity Instagram and Twitter: @SFWolvesCheer
 - Freshman Instagram and Twitter: @SFWolvesFrCheer
- Required attire for Tryouts is: 2019 Tryout Tank, black shorts, white no-show socks, and **white cheer shoes and a plain white bow**. Hair and bangs should be secured back out of the face. No jewelry is to be worn. Gum chewing will not be allowed.

Tryout Guidelines

1. All candidates and a parent/guardian must attend the **mandatory** tryout meeting.
2. Candidates may only tryout at **one** Edmond High School.
3. Candidates **must** be **academically eligible** in order to tryout.
4. The following items must be completed and turned in by **2:30 PM Thursday, March 28th**, in order to be eligible to try-out:
 - a. EPS District Guidelines Signature Page
 - b. Pages 17-19 from the Edmond Santa Fe Cheer Membership Guidelines and General Information
 - c. Rank One Online Forms (including physical)
 - d. \$40 Tryout Fee (no refunds are given should the candidate choose to not tryout or be dismissed)
5. Three certified judges will be scoring the participants.
6. Cheer tryouts will be held on a matted gym floor.
7. The use of cell phones, videoing of tryout routine, inappropriate behavior, and/or disruptions during the tryout process in the gym are strictly prohibited. Violations may result in immediate dismissal from tryouts.
8. Previous squad members are not guaranteed a spot on a squad.
9. Refer to the Edmond Public Schools District Cheer & Pom Guidelines for additional tryout guidelines and requirements.

Tryout Score Sheet Breakdown

Tumbling Skills	Performed Individually	Points Possible
Running Tumbling (on mat)	Difficulty, Execution, Timing, Precision, Body Placement, Control	10
Standing Tumbling	Difficulty, Execution, Timing, Precision, Body Placement, Control	10

Jumping Skills <i>All jumps must be connected</i>	Performed Individually	Points Possible
Pike Jump	Form, Height, Prep, Landing, Arm Placement, Flexibility, Precision	5
Front Hurdler	Form, Height, Prep, Landing, Arm Placement, Flexibility, Precision	5
Toe Touch	Form, Height, Prep, Landing, Arm Placement, Flexibility, Precision	5

Band Chant Skills	Performed in Pairs of Two-Four	Points Possible
Motion Technique	Placement, Sharpness, Execution, Timing, No Broken-Wrist	5
Timing and Rhythm	Fluid Movement, Motion Memory, Timing	10

Cheer Skills	Performed in Pairs of Two-Four	Points Possible
Motion Technique	Placement, Sharpness, Execution, Timing, No Broken-Wrist	10
Voice Projection	Loud, Strong, Word Enunciation, Energy, Enthusiasm	10
Spirit & Enthusiasm	Expression, Facial Projection, Eye Contact, Spirit, Excitement, Crowd Appeal	10
Memorization	Word Memory, Motion Memory, Recoveries	5
Jump & Standing Skill Combination	Execution, Difficulty, Timing	5

Overall Impression	Based on Entire Tryout Process	Points Possible
Overall Impression	Confidence, Appearance, Judges Impression, Entertaining	10

TOTAL POINTS POSSIBLE 100

Standard of Scoring

This is a breakdown of skills from lowest to highest in point value to give you a reference of what skills will be worth more than others. The actual point value you receive from each judge depends on your execution, technique, and poise while performing each skill.

You are encouraged to do the hardest skill that you can cleanly and accurately do best.

RUNNING TUMBLING	Max Possible Points
No Skill	0
Cartwheel, Round off	1
Round off Back Handspring(s)	2
Round Off Back Tuck	3
Round off Back Handspring Back Tuck	4
Series to a Back Tuck	5
Back Handspring Layout/Specialty pass to Back Tuck	6
Series to a Layout	7
Specialty Pass to Layout/Layout Step out	8
Full	9
Kick-Full/Specialty pass that includes a Full/Full-Step Out	10

STANDING TUMBLING	
No Skill	0
Front/Back Walkover, Poor Back handspring	1-2
Strong Back handspring(s)	3-4
Standing Back handspring(s) into a Back Tuck	5-6
Standing Tuck (including X-out, pike, tuck-tuck, tuck handspring tuck), Standing Tumbling that includes a Layout	7-8
Standing tumbling that includes a Twist	9-10

JUMPS (each jump will be performed interconnected and worth up to 5 points each totaling 15 points)	
Bent legs, Flexed toes, Poor technique, Legs below level, Poor landing, Poor arm placement	0-2
Average jumps, Pointed toes, Legs level, Landing feet slightly apart, Okay arm placement	3
Very strong/above average jumps, Pointed toes, Legs slightly hyper extended, Landing clean, Good arm placement	4
Perfection, Extremely pointed toes, Legs extremely hyper extended, Landing feet together, Perfect arm placement	5

MOTION TECHNIQUE	
Loose arms, Bad Placement, Broken wrist	0-5
Semi-Sharp arms, Average Placement	5-10
Extremely Sharp, Perfect Placement	10-15

VOICE PROJECTION	
Not yelling, Poor inflection, No expression	0-4
Talking loudly, Some inflection, Somewhat monotone	5-7
Yelling loud, Good inflection, Energetic	8-10

SPIRIT & ENTHUSIASM	
Few smiles, Lacks enthusiasm, Poor expression, Poor presentation	0-4
Strong smiles, Good enthusiasm, Good presentation	5-7
Incredible natural smiles, Exceptional enthusiasm, Very entertaining, NOT over the top	8-10

COMBINATION (Jump & Standing Skill)	
Jump to Jump	1
Jump and standing back handspring, Double or Triple toe to back handspring	2
Jump and standing back tuck	3
Double or Triple toe back tuck	4
Jump and standing full	5

Point values assigned for Timing and Rhythm, Memorization and Overall Impression are up to the judge's discretion.

Squad Member and Parent Expectations

Squad Member Expectations

1. To promote school spirit and unity, support, and encourage student body involvement at sporting events, various school activities and dressing up for school wide dress up days.
2. To provide half time entertainment at sporting events and maintain the skills that were performed at tryouts all season.
3. Demonstrate unity through uniforms, hair, socks, shoes, poms, bows being exactly the same at games and performances.
4. To increase self-esteem in its members.
5. To be a competitive team member, while exemplifying respect to all squad members and coaches, and being a teammate by always thinking of your squad before yourself.
6. To set an example for the rest of the student body by exemplifying loyalty, cooperating and positive attitudes.
7. To represent Edmond Santa Fe by acting as positive role models and demonstrating good leadership qualities at all times
8. To only wear uniform attire including but not limited to warm ups, uniforms, t-shirts, etc. to sporting events, school activities, or other events designated by coach.

Parent/Guardian Expectations

1. In order for our squads to be successful, it takes the cooperation of the parents, participants, coaches and administrators.
2. Parents are responsible for **all financial obligations** for camps, clinics, and other expenses involved in this activity during the school year.
3. Parents need to be aware of the time commitment involved in cheerleading and need to support your child and sponsor in these activities to see that he/she fulfills all responsibilities. Including being available to provide transportation to and from these events when needed.
4. Understand by the very nature of the activity, cheerleading, tumbling, and stunting carry a risk of physical injury. No matter how careful the participant and sponsor/coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. As a parent you understand these risks and will not hold Edmond Santa Fe High School or any of its personnel responsible in the case of accident or injury at the time.
5. Parents and participants need to trust and support the decisions and appreciate the time made by the sponsors, coaches and administrators to always do what's best for the team.
6. Please keep in mind that sponsors have other responsibilities and commitments outside of cheerleading and it is asked that parents and participants respect their personal and professional time. **Any questions or problems concerning the squad should be directed to the sponsors email during school hours.** The sponsors will return emails at their earliest convenience. **Contacting the sponsors cell phone is only for emergencies.** Issues should not be addressed during practices, games, or other school events. The sponsors need to fully supervise their squad while at these events.
7. There is a proper chain of command, starting with the sponsor, athletic director, assistant principal, principal and finally school board. In fairness of all parties involved, please follow the chain of command.
8. Understand that any violations to the District or Edmond Santa Fe Guidelines may lead to a temporary or permanent suspension from the squad.

Class and Scheduled Practice Rules

1. Attendance is required at all scheduled practices.
2. Any practice or choreography dates scheduled after August 1st are required for all members.
3. Practices are considered before school, during 7th hour, after school and weekends. Practice will not be planned around those who have jobs, outside activities or appointments. Members will be expected to schedule around cheer.
4. Required attire for cheer class and practice will be athletic wear. For example, modest shorts, athletic leggings, t-shirts, tank tops, socks and cheer shoes. Non-athletic wear will not be allowed. Hair and bangs need to be secured away from the face and no jewelry to be worn. Gum chewing will not be allowed.
5. Never build a stunt without a coach/sponsor present.
6. No phones are used during practice.
7. If you must miss a practice, notify your coach prior to practice.
8. When a squad member is absent from practice, it is her/his responsibility to learn what was missed prior to the next practice.

Game Day Conduct

How students, parents, and patrons perceive the squad is largely decided at games.

1. For home games, arrive on time in uniform and ready to begin cheering.
2. Uniforms, hair (bows), socks, shoes, poms are to be exactly the same at games.
3. **NO JEWELRY IS TO BE WORN AND NO BRA STRAPS SHOWING WHEN IN UNIFORM.**
4. Game day basics: no gum, eating, drinking, inappropriate motions, crazy side line dancing, foul language, leaving the line, talking etc.
5. If a cheerleader is in the wrong uniform, they will not be allowed to cheer.
6. Restroom and water breaks are accomplished before the game and during half time.
7. Remain in formation at all times. Legs shoulder length apart with hands/poms behind the back.
8. Be attentive to the game captains.
9. Be attentive to the game.
10. Be attentive to band songs, PA songs, etc.
11. Injured athletes will attend games in uniform and sit with the coach.
12. Ineligible athletes will not attend home/away games (in uniform or out of uniform), be involved in team functions, or sit on the bench/participate on the sidelines with the team. The cheerleader is expected to be home studying or getting help in the class they are failing.
13. For all out of town games, members must ride the school bus to the game.
14. For away games and other events designated by coach, all members need to be fully dressed (make-up and hair included) and ready to go prior to leaving Santa Fe.
15. Members are encouraged to ride the bus back after games. However, if a parent or guardian requests to take a cheerleader home from a game they must check in with your coach.
16. If an athletic event is cancelled or postponed, the Cheer members are to attend the rescheduled event.

Uniforms

1. School-issued uniforms are school property, but will be the responsibility of the squad member to see they are properly cared for. Any damage to or loss of the uniforms will result in the responsible member paying for a replacement.
 - a. Additional accessory items may be purchased and worn only with the coaches' approval.
 - b. No material is to be cut when doing alterations. Cost for alterations will be at members' expense.
2. Uniforms may only be worn at school, games or events designated by coach.
3. These uniforms may only be used and worn by the member they are issued to. No lending of uniform pieces will be allowed.
4. All uniforms must be returned after the end of basketball season and prior to tryouts. Any damaged or lost items must be paid for or a hold will be placed on semester grades.
 - a. If a member is dismissed from the team during the school year, an immediate financial hold for the uniforms will be placed on the account. The student has one (school) week, weekend not included (5 days from dismissal) to return the uniforms to coach.

Miss Policy

1. Miss requests must be sent by the athlete's parent/guardian by email to the coach/sponsor no later than 24 hours prior to the event.
2. If a cheerleader continuously misses events, disciplinary action will take place.
3. For all split-squad events, no misses will be accepted. If a squad member needs to miss a split event they are required to trade an event with another squad member who is not scheduled to go that night in order to ensure a minimum number of squad members at the event. Once you have secured someone to cover your event, you and that squad member must notify your coach immediately.

Social Media Policy

1. We strive to maintain dignity and integrity in and out of practice. Social networks such as Twitter, Snapchat, Facebook and Instagram are viewed by parents, young children, and often times other cheerleaders and students from across the county. It is important that you represent yourself as a positive leader on such websites. The following should not be used or seen on social networking accounts (the list include, but is not limited to):
 - a. Use of inappropriate content, profanity, alcohol, tobacco, public display of affection, inappropriate clothing, or negative comments towards the cheer & pom program, other teammates, coaches, or administration.

Santa Fe State Cheer Squad

1. This is the elite squad, which will represent Edmond Santa Fe High School at the regional and state competition.
2. Cheer is an OSSAA sanctioned sport; therefore, all members (including freshman) trying out for a spirit squad at Edmond Santa Fe High School will be trying out for a position on the State Cheer squad as well.
3. Selection of the State Cheer team will ultimately be at the discretion of the sponsor and coach(s). Factors that will determine selection include, but are not limited to, tryout scores, athletic ability/skill set, participation/attendance at practices, attitude and work ethic, fulfillment of a specific role or position based on routine choreography, etc.
4. The number of members that make the State Cheer squad will be solely based on how many participants the coaches feel are qualified and meet the requirements and expectations for the State Cheer squad.
5. State Cheer season may begin as early as April and will continue through State Competition in September. This includes summer months May, June, July and August.
6. Individuals are expected to maintain their skills throughout the State Cheer season that were performed at tryouts. A decrease in skill level (not due to injury) will place an individual's placement in the routine in jeopardy.
7. All squad members will be required to attend all practices, including injured or ineligible cheerleaders. Attendance is vital for the competitiveness of the squad. Practices may be daily, after school, in the evenings and on the weekends. If practices are missed, squad members will be required to make up practice time at the discretion of the coaches. Beginning in August through the date of the State Competition, all practices are required.
8. All squad members chosen for the State Cheer competition squad are financially obligated to pay for all fees for the competitive season.
9. If a member chooses to quit or is removed from the State Cheer competitive squad he/she will also be removed from the sideline squad, and is required to pay their financial obligations in full regardless of their decision to leave the squad.
10. Fundraising opportunities may be needed to offset the costs of the State Cheer competition squad props, including but not limited to poms, signs, flags, etc. If these needs are met, fundraising funds can be used to buy the State Cheer Regional/State Competition shirt that is worn to the competition. Lastly, if there are additional available funds these can be used to offset coaching fees; however fundraising must be organized by parents with prior communication and approval from Coach Miller and Edmond Public Schools.
11. If the following events occur before Regional and State Competition dates, no member may participate in homecoming events such as Mud Volleyball and Powder-Puff Football for risk of injury.

Santa Fe Gameday Cheer Squad

1. All members of our Varsity Squad will represent Edmond Santa Fe High School at the Gameday competition.
2. Cheer is an OSSAA sanctioned sport; therefore, Varsity members will be competing at Gameday as a squad.
3. Gameday season may begin as early as August and will continue through the Gameday Competition in November.
4. Individuals are expected to maintain their skills throughout the Gameday season that were performed at tryouts.
5. All squad members will be required to attend all practices, including injured or ineligible cheerleaders. Attendance is vital for the competitiveness of the squad. Practices may be daily, after school, in the evenings and on the weekends. If practices are missed, squad members will be required to make up practice time at the discretion of the coaches. Beginning in August through the date of the Gameday Competition, all practices are required.
6. Varsity squad members are financially obligated to pay for all fees for the Gameday competitive season.
7. If a member chooses to quit or is removed from the Gameday squad he/she will also be removed from the sideline squad, and is required to pay their financial obligations in full regardless of their decision to leave the squad.
8. Fundraising opportunities may be needed to offset the costs of the Gameday competition squad props, including but not limited to poms, signs, flags, etc. If these needs are met, fundraising funds can be used to buy the Gameday Competition shirt that is worn to the competition. Lastly, if there are additional available funds these can be used to offset coaching fees; however fundraising must be organized by parents with prior communication and approval from Coach Miller and Edmond Public Schools.
9. If the following events occur before Gameday Competition dates, no member may participate in homecoming events such as Mud Volleyball and Powder-Puff Football for risk of injury.

Communication Resources

Technology has become a necessity in today's society, and to help stay connected with our athletes and parent/guardians, we will be incorporating it through different mediums in our program. Below is a list of forms of communication we will use throughout the school year. Each athlete (and parent/guardian) will need to take the following steps in order to receive important information about Edmond Santa Fe Cheer. It is the participants and parent/guardians responsibility to stay informed about what is going on with Edmond Santa Fe Cheer. Please make sure to use all avenues available to always have the up to date news.

1. Email – Please check your email daily. We send the majority of our information to athletes and parent/guardians through email.
2. Cheer Website- santafe.edmondschools.net/athletics/cheer
3. Other necessary applications such as Remind.
 - a. This will only be used to communicate important information to the parents and athletes regarding cheer issues only. This will not be a place to complain, ask personal questions, or promote events not related to cheer. Cheerleaders are responsibly for checking the messages daily and responding when appropriate.

Coach/Sponsor Information

1. Sponsors make all final decisions. Discipline, grades, choreographers, practice times, events, etc. are the responsibility of the sponsors.
2. Responsible for schedules.
3. Responsible for grades.
4. Responsible for teaching leadership skills.
5. Responsible for working with athletes to find suitable solutions for challenges.
6. Teaching duties of the sponsor take precedence over cheerleading responsibilities.

Sideline Coaching Fees Information

1. Coaching fees include instruction for halftime routines, tumbling/stunting instruction, etc. for our Varsity and Freshmen Sideline Cheer squads.

Homecoming Information

1. Locker decorations, mums, and other expenses related to Homecoming are optional items and will not be purchased through the school activity cheer account (not including All Squad T-Shirt).

Senior Information

1. Seniors will be introduced as a spirit squad at the Football/Band senior night, not individually. Official senior night is during basketball season.
2. Senior sashes are optional and are purchased individually, and not through the school activity cheer account.
3. Purchasing of any and all other items relating to senior activities will not go through the school activity cheer account.
4. Senior parents will need to collaboratively plan and purchase food, flowers, gifts, etc. for the basketball senior night evening.

Banquet Information

1. All expenses incurred from banquet, must be funded through ticket sales and not the school activity cheer account.

Actions and Consequences

1. At school events, including cheer class, practices, and cheer related school activities; all school policies will be followed regarding student behavior and attendance.
2. Any violation to the *Edmond Public Schools District Cheer & Pom Guidelines*, *Edmond Santa Fe Student Handbook* and *Edmond Santa Fe Cheer Membership Guidelines and General Information* may be handled with any combination of the following:
 - a. Benching or suspension for a period of time, or removal from the squad to be determined by the coach/sponsor and/or administration.
 - b. Loss of points on the academic grade for the physical education credit squad members receive for being on a cheerleading squad.

Tentative Monthly Timeline

April	<ul style="list-style-type: none"> • First parent meeting following tryouts • Fittings for Camp Clothes, Warm-ups and Uniforms
May	<ul style="list-style-type: none"> • All Payments Due • Any State Cheer Competition fees due • Physicals • State Cheer Competition Practices
June	<ul style="list-style-type: none"> • Any State Cheer Competition fees due • State Competition Practices
July	<ul style="list-style-type: none"> • Any State Cheer Competition fees due • State Cheer Competition Practices
August	<ul style="list-style-type: none"> • Any State Cheer Competition fees due • State Cheer Competition Practices • Any Gameday Cheer Competition fees due • Gameday Competition Practices • Back to School Clinic • Wolf Wars • Freshman Orientation (Varsity and Freshman attend) • Squad and Individual pictures • Howdy Week Dress Up
September	<ul style="list-style-type: none"> • Any State Competition fees due • State Competition Practices • Any Gameday Cheer Competition fees due • Gameday Cheer Competition Practices • Regional and State Competition • Homecoming Dress Up • Locker Decorations for Homecoming • All Squad Events and Practices
October	<ul style="list-style-type: none"> • Any Gameday Cheer Competition fees due • Gameday Cheer Competition Practices • Little Wolves Clinic
November	<ul style="list-style-type: none"> • Any Gameday Cheer Competition fees due • Gameday Cheer Competition Practices • Gameday Competition • Football Playoffs
December	<ul style="list-style-type: none"> • Basketball and Wrestling Begins • Stunt Practices
January	<ul style="list-style-type: none"> • Basketball and Wrestling Continues • Freshman Information Night • TBD Little Wolves Clinic • Stunt Practices
February	<ul style="list-style-type: none"> • TBD Basketball/Cheer Senior Night • DWDW Dress Up Days • Mandatory Try Out Meeting
March	<ul style="list-style-type: none"> • End of Year Banquet • TBD Tryouts

Estimated Costs

Each squad member will be responsible for all costs associated with being a member of the cheerleading program at Edmond Santa Fe. Please be fully aware of all expenses that are associated with cheer.

Required items:

Item	Estimated Cost	Squad
Shoes	\$130	All
Black and Green Spanks	\$50	All
Bows	\$20.50 – Varsity \$25 – Freshman	All
Warm Ups	\$165	All
Backpack (with lettering and name)	\$65	All
Poms	\$40	Varsity
School Spirit Wear*	\$265 – Varsity \$120 -- Freshman	All
Coaching Fee for Varsity and Freshmen Sideline Cheer	\$200	All
Varsity Dues (Will be used for DWDW/All Squad/Little Wolves Clinics)	\$175	Varsity
Freshman Dues (Will be used for Little Wolves Clinics and CHOM)	\$120	Freshman
Practice Tanks and T-Shirts for State Cheer	\$60	State Cheer
State and Gameday T-Shirts	\$25 each	State Cheer and Varsity
State Practice / Choreography Fees	TBD**	State Cheer
State Bow (will be used for State and Gameday Competition)	\$22.50	State Cheer and Varsity
Gameday Practice / Choreography Fees	TBD**	Varsity
Stunt Fees and Spanks	TBD**	All

*Each varsity and freshman member will need to have a pair of black athletic leggings to wear with school spirit wear. That cost is not included in this estimate.

**More information on costs of State Cheer, Gameday Choreography, and Stunt etc. will be provided at a later date

Please recognize that as soon as your child makes cheer for the 2019-2020 school year, the above expenses will be due within 6 weeks.

Required Dates For 2019-2020 Cheer

Date	Time	Event	Location
Thursday March 28 th	2:30 PM	All Cheer Applications & Tryout Fee Due	Varsity- Room 19- Ms. Miller's Room Freshman – Mrs. Friesen
Monday April 1 st – Thursday April 4 th	3:45-5:00 PM	Cheer Clinic	Cheer Room
Friday April 5 th	4:00 PM	Cheer Tryouts	Cheer Room
Monday April 8 th	2:30 PM – Varsity 3:30 PM -- Freshman	Uniform Pass Out <u>Uniform Pass Out is for cheerleaders and coaches only.</u>	Cheer Room
Tuesday April 9 th - Thursday April 11 th	3:30-5:00 PM	State Tryouts – <u>MANDATORY FOR 2019-2020 VARSITY CHEER AND FRESHMAN CHEER SQUADS</u>	Cheer Room
Wednesday April 10 th	6:00 PM	Mandatory Parent Meeting All Team Members and Parent/Guardian are to attend. <u>1/2 total cost due (generated from estimated costs on page 14)</u>	Freshman Cafeteria
Monday April 15 th	2:30 PM – Varsity 3:30 PM – Freshman	Uniform – Warm Up Measurement <u>Uniform – Warm Up Measurement is for cheerleaders and coaches only.</u>	Cheer Room
Thursday May 16 th	All Day	<u>All Bills Due</u>	Room 19 – Ms. Miller's Room
Thursday May 16 th	6PM	Physicals at SF-\$20.00 Cash Only	Main Gym
Tuesday Aug. 6 ^h – Friday, Aug. 9 th	Varsity 1:30PM -3:30PM Freshman 3:30PM- 5:30PM	Back to School Clinic	Cheer Room
Saturday August 17 th	TBA	Wolf Wars	Santa Fe Football Stadium

The schedule above is tentative and subject to change.

Application and Checklist

(Remove from packet to turn in)

Team (circle one): VARSITY OR FRESHMAN

Name _____

Address _____

City _____ Zip _____ Home Phone _____

Student's Cell _____ Student's Email _____

Name(s) Of Parent/Guardian _____

Mom/Guardian's Cell _____ Mom/Guardian's Email _____

Dad/Guardian's Cell _____ Dad/Guardian's Email _____

School Currently Attending _____ Current Grade _____

Tank Top Size (circle one) Small Medium Large X-Large XX-Large

Guidelines, Permission Form & Fee:

- Edmond Public Schools Cheer & Pom District Guidelines Signed
- SFHS Cheer Parent Meeting Attended & Signed In
- SFHS Cheer Membership Guidelines and General Information Signed
- EPS Permission to Participate & Consent to Treat Form Signed
- \$40.00 Fee Included (Cash, Money Order, or Checks payable to SFHS Cheer)

Physical (must be able to check one):

- Existing physical should be on file at SFHS for 2018-2019 year.
Sport candidate participated in for the 2018-2019 year: _____
- Existing physical should be on file at middle school for 2018-2019 year. Candidate is responsible for getting a **copy** from your middle school to turn in with paperwork on Thursday, March 28th, 2019.
- Candidate does not have an existing physical. Candidate will need to get a physical in order to try-out according to the OSSAA's policy. OSSAA's calendar year for a physical is May 1—May 1. The candidate will have the understanding that a new physical will be needed dated May 1, 2019 or after.

Information on the Rank One website (SF/Athletic Director/Rank One link) all must be completed:

- Physical Information Form
- Concussion Acknowledgement Form
- Drug Test Consent Form
- Permission to Travel Form
- Sudden Cardiac Arrest Acknowledgment Form
- Physical / Medical History Form –Download and print- needs doctor's signature, student and parent/guardian signature.

Santa Fe Cheer Guideline Agreement

(Remove from packet to turn in)

Parent/Guardian

I hereby authorize my child, _____, to try out for cheer at Edmond Santa Fe High School. If my child is chosen for the position of cheer team member, I understand he/she is obligated to serve in that capacity for the entire school year, unless he/she leaves school or does not continue to meet the requirements of the position. I have read the guidelines and am aware of the rules and guidelines stated in the *Edmond Santa Fe Cheer Membership Guidelines and General Information Packet* & the *Edmond Public Schools District Guidelines* that must be followed throughout the year and understand that violation of any of these rules may lead to loss of points, and/or temporary or permanent suspension from the team. I understand that all forms attached must be completed by Thursday, March 28, 2019, and turned in by 2:30PM, or my child will not be allowed to try-out. I have discussed the guidelines with my child, and we will abide by these rules and regulations if chosen for a team.

Parent/Guardian's Signature

_____/_____/_____
Date

Print Parent/Guardian's Name

_____/_____/_____
Date

Candidate

I have read the entire *Edmond Santa Fe Cheer Membership Guidelines and General Information Packet* & the *Edmond Public Schools District Guidelines* and understand all rules and regulations set forth in them. I understand that if selected for an Edmond Santa Fe Cheer Team, I will be expected to abide by these rules, as well as any other rules designated by the coach or administrators. I understand that membership on the cheer team is both an honor and extremely hard work. I will make every effort to be a successful member of the team by supporting my coach, my fellow team members, and the program throughout the year. I further understand that Edmond Santa Fe Cheer team members are held to the highest standards possible, and if I am selected, I will respect and honor the privilege given to me to represent Edmond Santa Fe in the best manner possible. I have read all forms and discussed them with my parents, and we will abide by these regulations if chosen for a team.

Candidate's Signature

_____/_____/_____
Date

Print Candidate's Name

_____/_____/_____
Date



EDMOND PUBLIC SCHOOLS

Empowering all students to succeed in a changing society

Parent Permission to Participate

The parent/guardian signing below hereby grants permission for the student to participate in the School Activity. Both parent/guardian and Student have read this agreement, voluntarily sign below, and agree to be bound by the terms and conditions of this agreement.

Student's Signature

Parent/Legal Guardian's Signature
(For students under 18 years old)

(Print Student's Name)

Dated: _____

Important Contact Information

Parent Name (Print): _____

Phone Number (Home) _____ Work or Cell Phone: _____

In the event of illness or accident, if we should need to contact someone other than listed above, please contact:

Name: _____ Phone: _____

Consent to Medical Care

If your child sustains a non life-threatening injury, Oklahoma law requires that a hospital have parental consent before beginning treatment. This form allows you to give the necessary permission, even if your child is under the care of another adult. With your consent, this form can be presented at any medical office, clinic, or hospital in Oklahoma for emergency medical care.

In the event of illness or injury, Student and parent/guardian hereby consent to whatever x-ray, examination, anesthetic, medical, dental or surgical diagnosis or treatment and hospital care from a licensed physician as deemed necessary for the safety and welfare of Student. It is understood that the resulting expenses will be the responsibility of the student participant and/or parent or guardian.

(Parent or guardian signature regarding Consent to Medical Care only)