

Anderson Tennis Academy – Summer 2018

Doubles League Night

Men & Women 2.5, 3.0, 3.5, & 4.0 levels

(Advanced Beginner thru Advanced Intermediate)

Mondays 6-8pm: June 25--Aug. 13 (13 dates)

- 2 hours of doubles sets, rotating partners each set
- Players are matched up according to their level.
- Plaque awarded to Individual League Champion to the top Male and Female League Champion.
- Players receive a text invitation & must respond whether or not they are playing that week.

Cost: \$90 for All Summer Session or \$10 per time

Tennis Fit

Mon & Wed 8:30-9:30am Or Saturdays 9:00-10am

- A fun group fitness class similar to USTA's "Cardio Tennis" where the focus is more on getting your heart rate up at the same time you are hitting tennis balls and your tennis movements.
- All levels of players welcome!
- Cardio music played to motivate your spirit.
- We will use agility ladders, group drills and games to keep your body moving to attain your fitness goals.

Mon/Wed: (15 dates) Cost: \$132 or \$10 Walk-up

June 11—Aug 1 (no class July 4) OR

July 2-Aug. 22 (no class July 4)

Saturdays: June 9-July 21 (7 dates) Cost: \$65 or \$10 Walk-up

Beginner Adult Clinic

Beginning Adults or Re-start Adults

Tuesdays 5:30-6:30pm: June 12-July 24 (7 sessions)

Thursdays 5:30-6:30pm: June 14-July 26 (7 sessions)

- This is a fun, non-pressure environment.
- Learn or re-learn the correct stroke technique, footwork and tactics.
- For Beginners and Advanced Beginners
- Rained out dates will be made up in following weeks
- Tuesday time same as Tot Tennis and Red Ball Clinic (kids ages 3-7) – Great way to play same time as your child!
- Thursday time same as Orange Ball Clinic (kids ages 7-10)

Cost: \$80 for one time a week or \$150 for twice a week

Audra Anderson

Tennis Director & Head Pro

Audra Anderson has been the SIU Head Women's Tennis Coach for 10 years and the Head Men's Tennis Coach for their final season year. Anderson has been teaching tennis at all levels for 21 years. At the collegiate level she has trained NCAA nationally-ranked singles and doubles players as well as multiple conference champions and has compiled an overall collegiate coaching record of 311-137. Last summer she began the Anderson Tennis Academy which runs year round, outdoor and indoor.



Contact:

Audra Anderson 618-559-8020

CoachAudra17@gmail.com

Location for all programs:

Carbondale High School Courts

200 Marion Rushing Ln.

Carbondale, IL 62901

Intermediate Adult Clinic

3.0-4.0 Levels (Intermediate)

Wednesdays 6:00-7:30pm: June 13-August 22 (10 dates)

- Live and dead-ball drills focused on increasing your game to the next level. Learning strategy to being a high percentage player and what shot to hit when.
- Point play in doubles and singles at the end of the sessions in a fun group environment.
- Intended for players with a 3.0-4.0 NTRP level.
- Rain dates will be Aug. 29, Sept 5

Cost: \$125 Full session or \$15 Walk-up

Saluki Elite Academy

Advanced Players

(HS Varsity & JV, 4.0 + Adults, College players)

Tues & Thurs 6:30-8:30pm: June 12-July 19 (12 dates)

- 2 hour practice similar to a college team practice.
- Players must be able to rally consistently, and have tournament or match experience.
- Live drills and points, strategy, and footwork within the drills all designed to gear up your game.
- Rain dates will be July 24, 26

Cost Options: \$240 for Full Session/\$210 for 10 sessions/
\$176 for 8 sessions/ \$138 for 6 sessions

2D (Doubles Drills)

3.5/4.0 Intermediates

Fridays 9-10:30am: June 15-July 20 (6 sessions)

Cost: \$80

- 90 Minutes of tactical doubles drills
- Learn different formations and when to use them
- For the serious doubles player who wants to improve their doubles knowledge on the court
- Improve your mental toughness under pressured doubles drills.

Private Lessons

- Raluca Mita (Former SIU Women's Assistant Coach)
 - 540-629-4096
- Piotr Baranski (Former Saluki Men's Player)
 - 618-305-9879

Anderson Tennis Academy – Summer 2018

Tot Tennis & Red Ball

Ages 3-4

Ages 5-7

Tuesdays 5:30-6:15pm: June 12-July 17 (6 wks), no class July 4

- Your child's first tennis experience establishes a foundation for hand-eye coordination, basic movement, listening skills, team cooperation and athletic tennis skills.
- It's a fun-filled introduction to the great lifetime sport of tennis.
- Class is taught on a 36' Court on a junior size net and foam balls or Red Balls.
- Junior Racquets Provided
- Rain Dates will be July 24, 31

Cost: \$48

Orange Ball Junior Clinics

Ages 7-10

Tuesdays 9:30-10:30am: Jun 12 – Jul 17 (6 wks)

Thursdays 5:15-6:15pm: June 14-July 19 (6 weeks)

- Groups will work on fundamentals and technique. Fun group games will always end the classes with lots of high energy and competition.
- We will use Orange balls appropriate for the age-level.
- Thursday Orange Ball is same time as Beginner Adult Clinic!

Cost: \$60 for Once a Week / \$110 for twice a Week

Start-Up

Ages 11-17 Beginners, Levels 1-2

Mondays &/or Wednesdays 9:30-10:30am: June 11 – July 23 (6 or 12 dates) No tennis July 4.

- Groups will work on fundamentals and technique. Group games will always end the classes with lots of high energy and competition.
- A fun, non-pressure environment to learn the game of tennis.
- Rain dates will be July 25, 30

Cost: \$60 for Once a Week / \$110 for twice a Week

Tournaments:

Herrin Adult Open (June 9-10) & Herrin Junior Open (June 9)

Wooden Racquet Classic (June 16) Carbondale, IL

Saluki Adult and Junior Open (July 21-22) Carbondale, IL

Junior "Aces" Academy

Intermediate Level players Ages 9-14

Mon-Thurs (10:30am-12pm): June 11-July 19 (6 wks, skip July 4)

- Drills for intermediate players using yellow and green balls
- This is a group training environment.
- Players will learn singles and doubles tactics
- Tennis footwork is included
- Players will also be coached in point play, mental toughness, match play and group games to improve their tennis.

Cost Options: \$275 for Full Session (23 sessions)

\$234 for 18 sessions/

\$168 for 12 sessions/ \$90 for 6 sessions

Marion Tennis Camp

Players entering Grades 7-12

July 30-Aug. 1 (Monday-Wednesday) 5:30-8pm

- Kids are divided up into groups according to level to work on strokes, work on footwork, strategy, learning doubles, and competing with point play.
- Camp is run at the Marion High School Tennis Courts
- All levels welcome here.

Cost: \$90 Early Bird (By July 24) or \$105 after July 24

High School Tune-Up Camp

Players entering High School

Aug. 6-7 Mon-Tues (6-8:30pm)

- Kids are divided up into groups according to level to work on strokes, work on footwork, strategy, learning doubles, and competing with point play.
- Great camp for preparing for your high school season.
- All levels welcome here.

Cost: \$60

12 & Under Tennis Camp

Ages 5-12

July 30-Aug. 2 (M-R 9-11am)

- Kids are divided up into groups according to level to work on strokes, footwork, coordination, develop coordination, play games, and even learn to play some points/games.
- We will recognize a Camper of the Day and Camper of the Week in each group.
- This is a very popular camp, so get signed up early.

Cost: \$95 for Early Bird (by July 24) or \$115 for after July 24

Registration:

- Go to www.andersontennisacademy.com
- Go to "Junior and Adult Programs"
- Click on "Registration" button on your program
- **DEADLINE is June 7th** for all programs except Camps

John A Logan Camps

12 & Under Kids' Camp:

June 4-7 (Mon thru Thurs) 9-11am

Ages 6-12 Cost: \$115

Kids are divided up into working camp groups according to level and age.

Camp includes working on strokes, footwork, hand-eye coordination, group games and learning to play matches.

Adult Apprentice Tennis Camp:

June 4, 5, 6, 7, 11, 13, 14 6:15-7:45pm

Cost: \$110

Camp involves learning the proper strokes, then putting what you learned into practice by playing matches.

You'll learn the technique of the basic shots, positioning, tennis etiquette, basic strategy, & how to keep score.

REGISTRATION:

For the John A. Logan Camps through their Continuing Education Department.