

10:00 AM – Field Events

High Jump – Varsity Boys

Triple Jump – Varsity Girls

Long Jump – Varsity Boys

Pole Vault – Varsity Girls

Discus- Varsity Boys

Shot Put- Varsity Girls

10:30 AM- 3200 M Run – VG / VB

11:00 AM – Field Events

High Jump – Varsity Girls

Triple Jump – Varsity Boys

Long Jump – Varsity Girls

Pole Vault – Varsity Boys

Discus – Varsity Girls

Shot Put – Varsity Boys

1:00 PM – Track Opens for Relay Exchanges

1:55 PM – National Anthem

Finals 2:00 PM – 4x100 M Relay

2:15 PM – 800 M

2:30 PM – 100H/110H

2:45 PM – 100 M

3:00 PM – 4x200 M Relay

3:15 PM – 400 M

3:30 PM – 300H

3:45 PM – 200 M

4:00 PM – 1600 M

4:15 PM – 4x400 M Relay

