

ENTRIES REQUIREMENTS

1. One Coach from your team must be a member ATCA \$110
2. **Must have 1 adult that can run off a event along with a helper that can be a player [Click Here](#) to sign up for jobs (events will be assign to each school)**
3. \$100 per GENDER team or \$25 per athlete4. 2 entries per team (1-4A) 3 Entries per team (5-6A)
4. Clean up your area in the bleachers U of A Regulations

All bags will be check entering the building

Spikes will be allowed but checked before competing (1/4 inch pyramid spikes only)

Parking

*Buses may drop off between Tyson Track and Tyson Storage

*Buses must park in the lot across from the Baseball Stadium (other side of Razorback Road)

*Guests may NOT park in Shaver Foods or Aryshire lots...this is a private lot and vehicles will be towed at the owners expense

Meals

Raisin Canes in MLK in Fayetteville-

Caitlyn Clements mgr. 918-521-5865 (her personal cell)

Box meal deal: (prices have gone up since 2 years ago) includes 3 piece chicken meal, 2 pieces of toast, sauce, bottle of H2O for \$6.75 each

Card numbers and credit cards from schools are ok but if possible please let her know in advance that you plan on using a card. If for some reason the machine won't let her manually run the card, then someone must run by the restaurant at some point with the card and physically let them run it there.

General Information

Entry will be \$5 per person under 3 is free

T-shirts will be for sale Awards: the top 3 in each event per Division will receive medals and the overall winner and runner-up teams will receive trophies in each Division 1&2 A, 3A, 4A, 5A, 6A

1A-4A THERE WILL BE A MANDATORY COACHES MEETING AT 4:00 P.M. -- BE ON TIME!!!!

Doors open at 3:30

SCHEDULE OF EVENTS

4:30 --4x800 then 60 Hurdles & 60 Dash Finals 15 minute break

4:30 -- Field Events:Boys PV, then Girls PV

Boys & Girls LJ (TJ will follow LJ),

Boys Shot and Girls shot at the same time in the throwing area Fowler Center

Girls HJ and Boys HJ will start 30 minutes following the completion of the 60 Hurdles and 60 Dash finals.

Other running events: 1600 Run, 400 Dash, 800 Run, 200 Dash, 3200 Run, 4 x 400 Relay.

Each athletes will get their first legal jump or throw marked no finals 4 jumps/throws

Field Event Standards (subject to change with entries)

Girls

High Jump 4-4

Long Jump 12

Triple Jump 28

Pole Vault 7

Shot 28

Boys

High Jump 5-2

Long Jump 18

Triple Jump 36

Pole Vault 10

Shot 38

(Pole Vault and high jump will be adjusted for the first jump and then raised back to the open height)