



Basketball Skills Rubric



Passing:

0 = Does not demonstrate passing skills = EXAMPLE: passes cannot reach their partner and does not have enough strength behind the pass.

1 = Insufficient execution of skill = EXAMPLE: Passes are getting in the area of where their partner is but not with enough speed or accuracy.

2 = Demonstrates skill but needs improvement = EXAMPLE: Pass gets to their partner but not with enough strength.

3 = Excellent skill demonstration = EXAMPLE: Passes consistently towards their partner; excellent strength and accuracy.

Dribbling:

0 = Does not demonstrate dribbling skills = EXAMPLE: Dribbling with 2 hands, picking up the ball then dribbling again (double dribbling), cannot control the dribble.

1 = Insufficient execution of skill = EXAMPLE: Dribbling slightly controlled but inconsistent. Athlete is still double dribbling and moving at a slow pace. Also, dribbling with the wrong hand on the side of the floor they are on.

2 = Demonstrates skill but needs improvement = EXAMPLE: Dribbling is controlled but not always consistent. Dribbling with the correct hand on the correct side.

3 = Excellent skill demonstration = EXAMPLE: Dribbling is consistent, controlled and with the correct hand on the correct side of the floor. The athlete has good control with higher speed.

Shooting:

0 = Does not demonstrate shooting skills = EXAMPLE: Shooting with no form.

1 = Insufficient execution of skill = EXAMPLE: Shooting with some form but no accuracy.

2 = Demonstrates skill but needs improvement: EXAMPLE: Good form but not constantly making the shots.

3 = Excellent skill demonstration = EXAMPLE: Perfect form and accurate shooting.

Lay-ups:

0 = Does not demonstrate lay-up skills = EXAMPLE: Shooting with no lay-up form and using the wrong hand on the wrong side. Not accurately making the lay-up.

1 = Insufficient execution of skill = EXAMPLE: Shooting with little form but using the correct hand on the correct side of the floor.

2 = Demonstrates skill but needs improvement = EXAMPLE: Shooting with better form, correct hand on the correct side, and more consistent with the lay-ups made.

3 = Excellent skill demonstration = EXAMPLE: Perfect lay-up form and constantly making the lay-up.

***Behavior on-and-off of the court is also factored into the tryout process