

2023-24 WMS Girls Basketball Parent Meeting

Introduction of Coaches:

- Coach Robertson - 8th Grade krobertson@csisd.org
- Coach Sobodas - 7th Grade ksobodas@csisd.org
- Coach Twiss - 8th Assistant ltwiss@csisd.org
- Coach Williamson - 7th Assistant swilliamson@csisd.org
- GA - Coach Erin D

Practice & Schedule Expectations:

8th grade:

- Before school practices: 6:45-7:45 AM.
- Athletes should arrive BEFORE 6:45 AM, so they can be dressed and ready to warm-up when practice starts.
- Athletes should bring basketball shoes, and water to every practice.
**Cups or water bottles without straws (closed lid).*

7th grade:

- After school practice until 4:45 PM. *Gym will stay open until 5 PM for Skill Development with Coaches.
- Athletes should not leave early unless previously discussed with Coach Sobodas via email or Schoology.
- Athletes should bring basketball shoes, and water to every practice.
Cups or water bottles without straws (closed lid).
- Athletes need to be picked up by 5:15 PM.

Game Day:

Home Games:

- A team is expected to be in the stands watching B team - homework can be done in stands. *No phones allowed during the games.*
- B team must stay for A team game unless previously discussed with Coach Robertson or Coach Sobodas ahead of game day.
- A and B team are expected to help put up equipment/clean before going to find family.

Away Games:

- Athletes will travel to all games via the school bus with their teammates.
- A team is expected to be in the stands watching B team - homework can be done in stands. *No phones allowed during the games.*
- Athletes can be checked out, and taken home with a parent after the A team game. B team players must stay and watch A teams game unless previously discussed with Coach Robertson or Coach Sobodas.

Equipment & Uniforms:

- Coaches will wash all practice and game uniforms. For away games, athletes will be issued a drawstring bag to put dirty clothes in when they get home. They will bring it to the coaches office the next morning for us to wash. For home games, athletes will change before leaving the school.
- Shoes - Color and kind does not matter.
- Game Socks - Black or white long socks
- Undershirts/Leg Sleeves- We have some to issue if the athlete needs them. If you purchase some, please buy BLACK!

Absences:

Excused Absence

- An excused absence is one that is related to a school sponsored activity, personal illness that results in missing school, or family emergency such as a funeral. Coaches should be notified in advance of absence via email or Schoology message.
- Make-up conditioning should be made up before/after practice and before the next scheduled game.
 - 5 horses
 - Can impact play time if they aren't able to execute plays and positions in games.
 - If the player misses a game, the player will not start, and playing time will be at the coach's discretion.

Unexcused Absence

- An unexcused absence is one related to activities that are not school sponsored or preventable. Coaches should be notified in advance of absence via email or Schoology message.
- Make-up conditioning should be made up before/after practice and before the next scheduled game.
 - 10 horses
 - Can impact play time if they aren't able to execute plays and positions in games.
 - If they miss a game, the player will not start, and playing time will be at coaches discretion.

Communication & Guidelines:

- **REQUIRED: Remind Messages: text @e26hh2 to 81010**
- Email or Schoology Message is the best way to get a hold of us. Send us an email, and we will respond as soon as possible.
- No Pass = No play, attend tutorials around practice times.
- Missed practices/games = make-up missed conditioning, could impact starting roles, play time, etc.

The 24-Hour Rule:

- Parents/guardians are not allowed to confront a coach, team or league official to discuss any "negative" game or practice situation with the coaching and management staff until at least 24 hours has passed from the completion of the game or practice.

Injuries:

- We can get you in touch with our WMS Athletic Trainer, Coach Stoots. Her email is kstoots@csisd.org.

Lastly:

Order Jersey Mikes, T-Shirt orders, Game Schedule, Practice Calendar go to <http://wmswarhawks.org>

M&M Apparel Gear webstore:

<https://m-mapparel.chipply.com/warhawkgirlsbball-fall23/>

