

## Girls Basketball Fall Practice Schedule

Aug 18: (Fri.) 3:30-5:30pm Gym  
Aug 21(Mon.) 5:00-6:00pm Weight room : 6:00-6:30pm Conditioning (Canceled)  
Aug 22(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30pm Weight room  
Aug 24(Thurs.) 5:00-5:30pm Conditioning : 5:30-6:30pm Weight room  
Aug 25(Friday) 3:30-5:30pm Gym  
Aug 28(Mon.) 5:00-6:00pm Weight room : 6:00-6:30pm Conditioning  
Aug 29(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30pm Weight room  
Aug 31(Thurs.) Back to School Night  
Sept 1(Fri.) 3:30-5:30pm Gym  
Sept. 5(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30pm Weight room  
Sept. 7(Thurs.) 5:00-7:00pm Gym  
Sept. 9(Sat.) 12-2pm Gym  
Sept. 11(Mon.) 5:00-6:00pm Weight room : 6:00-6:30 Conditioning  
Sept. 12(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30 Weight room  
Sept. 14(Thurs) 5:00-7:00pm Gym  
Sept. 16(Sat.) 12-2pm Gym  
Sept. 18(Mon.) 5:00-6:00pm Weight room : 6:00-6:30 Conditioning  
Sept. 19(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30 Weight room  
Sept. 21(Thurs.) 5:00-7:00pm Gym  
Sept. 23(Sat.) 12-2pm Gym  
Sept. 25(Mon.) 5:00-6:00 Weight room : 6:00-6:30pm Conditioning  
Sept. 26(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30 Weight room  
Sept. 30(Sat.)12-2pm Gym  
Oct. 2(Mon.) 5:00-6:00pm Weight room : 6:00-6:30pm Conditioning  
Oct. 3(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30pm Weight room  
Oct. 5(Thurs.) 5:00-7:00pm Gym  
Oct. 7(Sat.) 12-2pm Gym  
Oct. 9(Mon.) 5:00-6:00pm Weight room : 6:00-6:30pm Conditioning  
Oct. 10(Tues.) 5:00-5:30pm Conditioning : 5:30-6:30pm Weight room  
Oct.14(Sat.) 10am-12pm Gym