



SPRING 2025
Athletics Tryouts



Boys Golf

March 10th Essex County Golf Center 3:00pm – 5:00pm
March 11th Millburn Indoor Golf Club 3:00pm – 5:00pm
March 12th Essex County Golf Center 3:00pm – 5:00pm * ONLY IF NEEDED – Coach will let you know.

Girls Golf

March 17th & 19th Essex County Golf Center 3:30pm – 4:30pm

Boys Track

March 10th Outside on Track 3:00pm – 5:00pm

Girls Track

March 10th Outside on Track 3:00pm – 5:00pm

Baseball

March 10th, 11th & 12th Pitchers & Catchers ONLY - All Levels 6:00am – 7:15am New Gym
All players 3:00pm – 5:15pm Varsity & JV Baseball Fields

Softball

March 11th, 12th & 13th Miller Field 3:00pm – 5:00pm All players

Boys Volleyball

March 10th, 11th & 12th Main Gym 3:00pm – 5:00pm All levels

Girls Lacrosse

March 10th, 11th & 12th Neigel Field 3:00pm-5:00pm All levels

Boys Lacrosse

March 10th - 11th Library Field 3:00pm-5:00pm All players

Boys Tennis

March 10th Tennis Courts 3:00pm-5:00pm Varsity
Taylor Park 3:00pm-5:00pm JV

* Please note: Practices will be held at the MHS tennis courts and Taylor Park tennis courts. The coaches will assign court assignments every day for the student athletes to follow. Weather permitting.

Contact head coaches for any questions or more information regarding tryouts.