



# 2024-2025 FALL ATHLETICS REGISTRATION



**First Day of Fall Sports Begins:**

**Football & Girls Tennis – August 12, 2024**

**All Other Sports – August 19, 2024**

**Online Registration for Fall sports opens **June 10, 2024****

- website: <https://www.millburnathletics.com/>
- Go to **Athletic Forms** across the top bar and click on **Online Registration**.

**Physical Forms must be submitted to the Athletic Office by **July 25, 2024 for Football and Girls Tennis** and **August 1, 2024 for all other sports.****

- This guarantees the athlete will be cleared to play on the first day of tryouts.
- All physicals handed in after July 25<sup>th</sup> (football & Girls Tennis) and August 1<sup>st</sup> (all other sports) are not guaranteed to be cleared in time for tryouts.
- **You can drop off the forms anytime during the school day from 8:00am – 3:00pm and once summer begins starting July 8<sup>th</sup> you can drop off on Monday – Thursdays from 8:00am – 12:00pm.**

**Tryouts** – There is a 2-3 day tryout period beginning on the first day of practice. You can find all tryout times and locations on our website.

**Pre-season meetings** - are held prior to the season starting with the head coach discussing all important information. Make sure you are on the coaches contact list.

**Team Requirements** – all athletes must contact their coach for team related requirements before the season.

## **Impact Concussion Test**

- **All sports – TBD.** This will be virtual and all athletes will receive an email with a link and time for their test. There will be no makeups.

**Mandatory for sports: Football, Field Hockey, Boys & Girls Soccer, Girls Volleyball.**

- Optional for sports: Boys & Girls Cross Country, Girls Tennis.
- If an athlete misses it, they are responsible to schedule an appointment with the Morahan Center at Saint Barnabas Medical Center to have the test administered and will be charged a fee from St Barnabas.
- The concussion test is valid for 2 years. (example: If you took it as a freshman, you need to retake it as a junior).

## **Optional EKG test**

- If you would like to take an optional EKG test, please schedule an appointment with the Morahan Center at Saint Barnabas Medical Center. The cost is \$35 per athlete.

**MANDATORY EMERGENCY CARD** - is required for the athlete to play. It needs to be filled out and returned to the coach by the 2<sup>nd</sup> day of practice.

# **INSTRUCTIONS**

## **TO SIGN UP FOR A SPORT**

### **Part 1 – ONLINE REGISTRATION**

- **Registration opens for Fall Sports on June 10, 2024.**
- Register at <https://www.millburnathletics.com/>
- Go to **Athletic Forms** across the top bar and click on **Online Registration**.
- Click the **MILLBURN ATHLETICS ICON** (center of page) to begin registration
- Create a **NEW** account or **LOG IN** to previous account if athlete was registered in previous season.
  - o You need to complete all 5 steps of online registration.
  - o You need to check/acknowledge and digitally sign all the forms under Step 5 to complete and submit your registration.
  - o These forms are required by the NJSIAA to participate in all high school sports.
  - o You must click **SUBMIT** at the very end to complete your registration.
  - o Step by step visual instructions are available in the following pages and can be found on the website.

### **Part 2 – PHYSICAL FORMS**

- **Physicals Deadline for Fall Sports is July 25, 2024 for Football and Girls Tennis and August 1, 2024 for all other fall sports.**
- This guarantees the athlete will be cleared to play on the first day of tryouts.
- All physicals handed in after the deadlines are not guaranteed to be cleared in time for tryouts.
  - o **You can drop off the forms anytime during the school day from 8:00am – 3:00pm and once summer begins starting July 8<sup>th</sup> you can drop off on Monday – Thursdays from 8:00am – 12:00pm.**
  - o INCOMPLETE PHYSICALS WILL NOT BE ACCEPTED.
- Download physical forms from <https://www.millburnathletics.com/> under Athletic Forms tab.
  - o **Pre-Participation Physical Evaluation and History Form**
    - This is a 4 page form. All pages need to be signed.  
Pages 1 & 2 need to be filled out and signed by a parent/guardian of the athlete.  
Pages 3 & 4 need to be filled out and signed by the athlete's doctor.
    - Physicals are valid for 1 year from the physical date.
  - o **Health History Update Questionnaire**
    - This is a 1 page form and is required to be filled out and signed by a parent/guardian if the athletes date of physical is over 90 days old from the start of the season.

**Any questions, please call us at 973-564-7130 Ext. 10010 or email [charla.macaluso@millburn.org](mailto:charla.macaluso@millburn.org)**