

Del Oro Ski & Snowboard Race Teams 2024

General Info

We race in the CNISSF league, our division is Central I. The other teams in our division are: Chico, Pleasant Valley, Sac Country Day, Quincy & Durham.

The season for us is January into early March. We, typically, have at least 6-8 league races followed by state finals. State finals this year will be held at Mammoth over 5 days (March 3 - 7) – one training and 2 race days for each discipline (skiing and snowboarding). Following State Finals is the Western Region Championships (ski only). The top 10 skiers from our state get to compete against skiers from Wyoming, Nevada, Montana & maybe more. More info on this to come later.

In order to join the Ski and Snowboard team you must register through the Del Oro office and have a physical completed. Please make this a priority.

Practice and Training

We will host a few pre-season and during season practices on campus to go over technique, rules, etc. Participation in these will be expected. We may also hold some dry land training days pre-season this year as well.

Training is not an official team event and is not mandatory in order to be a member of the team. We encourage the athletes to train with Auburn Ski Club (ASC) which is located at Boreal and our coaches join the training days as often as possible. We typically schedule team training on Saturdays and/or Sundays and encourage the entire team to train together then. There is additional training available during the week on Tuesdays and Wednesdays (twilight gates). I will send pricing info when I get it. Last seasons prices are below and should be similar if not the same this year:

10 Days - \$450 + \$245 (Boreal Pass)

Twilight Gates - \$??? (additional) – Wed/Thurs 4:00-6:30

*There are also training sessions offered for pre-high school kids. They are listed on the ASC site.

Process is to register with ASC, then go to Boreal to pay for and pick up your pass. It would be a great idea to do this prior to our first practice to avoid waiting in a potentially long line.

Also – if any of you need financial assistance for the training please see me privately and I will see what we can arrange. ASC has a certain number of scholarships and I can also reach out to some of our supporters if needed.

Races

On race days we arrive at the mountain at 8am. Course inspections open at 9am and races start at 10. There are two fees at each mountain – one for a lift ticket and one for a race fee. All of our races at ASC/Boreal our kids will be able to use their passes and so only will need to cover the race fee (typically \$20-30). This year the team

size is increasing and we will need to do some great fundraising if we expect to be able to cover all the race fees and lift tickets for all racers all season! We do expect to be able to cover these fees.

The race schedule for this season has not yet been set and I will send it once we have it. However, we can be sure that the schedule will most likely change due to weather. Too much or too little snow has played a major role in our race schedules for the past 6 seasons and we can expect that to be the case again this season.

Since Skiers and Boarders are racing on the same mountain we will also be each-others gatekeepers. Snowboarders will keep skiing and vice versa. Please follow this link [HERE](#) and review. There will be a test, several of them on this stuff!

Transportation to and from practices and races is ON YOUR OWN. Del Oro does not currently provide transportation for our teams and neither do any of our coaches. We encourage you all to ride share, but you must coordinate that on your own as well per league rules.

Gear

Each athlete needs to have their own gear. This is a winter sport, so athletes should be prepared with proper clothing including layers and waterproofing.

Helmets with solid ears and an official FIS certification are required. Our program does have some helmets and they are available to you on a first come first serve basis this season. We will attempt to provide all athletes who need a helmet with one, but this will have to be based upon a first come first serve policy due to team financial concerns. We will attempt to evaluate the feasibility of providing all who need helmets with them as soon as possible.

We may also have some gear sponsors for this season for goggles and maybe a few other items, I will update the group as this develops. We encourage you to also shop at Clarke's in Roseville for gear as they have been supporters for several years and offer discounts to racers – just ask!

Communications

Regular email updates are the primary means by which you will get info about the team and schedule. We may try to use an app this season for more direct text like communication. I will send info on this once we establish which app we will use.

Coaches

Head Coach – Matt Williams, matt@gourmetgarageloomis.com cell 530-448-6358

Assistant Coach – Jaxon Sutter

Links

Auburn Ski Club - <http://auburnskiclub.com/>

League – <http://cnissf.org/>