



Registration and Sports Clearance Information for High School Athletics



Dear Parent/Guardian:

In an effort to ensure all of our new and returning student athletes are cleared to participate in their sport prior to the first official practice, please read this letter carefully and in its entirety.

FALL SPORTS ONLINE REGISTRATION AND PHYSICAL EXAM PACKET DEADLINE

ONLINE SPORTS REGISTRATION- All students must register for EACH SPORT SEASON

FIRST TIME ATHLETES

- Create a rSchoolToday account [WAYNE HILLS LINK](#) [WAYNE VALLEY LINK](#)
- Complete all of the required information
- Click on the link for the sports season in which your child will be participating

RETURNING ATHLETES

- Log into your rSchoolsToday account [WAYNE HILLS LINK](#) [WAYNE VALLEY LINK](#)
- Click on the link for the sports season in which your child will be participating

Please note: Only one account per family is needed. Please keep a copy of your username and password for future registrations. If you are having issues with your account please contact rSchoolToday at 1-800-513-5220 for assistance.

PRE-PARTICIPATION PHYSICAL EVALUATION FORMS

PRE-PARTICIPATION PHYSICAL EVALUATION FORMS PACKET

- HISTORY FORM-** to be completed, signed, and dated by the student athlete AND the parent/guardian.
- THE ATHLETE WITH SPECIAL NEEDS: SUPPLEMENTAL HISTORY FORM-** to be completed, signed, and dated by the student athlete AND the parent/guardian.
- PHYSICAL EXAMINATION FORM-** to be completed, signed, and dated by the student athlete's healthcare provider.
 - FOOD ALLERGY AND ANAPHYLAXIS FORM-** to be completed, signed, and dated by the student athlete's healthcare provider AND parent/guardian if the student has a diagnosis of food allergies.
 - ASTHMA ACTION PLAN-** to be completed, signed, and dated by the student athlete's healthcare provider AND parent/guardian if the student has a diagnosis of asthma.
- CLEARANCE FORM-** to be completed, signed, stamped, and dated by the student athlete's healthcare provider.
- NJ DEPARTMENT OF EDUCATION HEALTH HISTORY UPDATE QUESTIONNAIRE-** to be completed, signed, and dated by the student athlete's parent/guardian if the student athlete's physical exam was completed more than 90 days prior to the first official practice date.

The Physical Exam and Clearance Form is valid for 365 days from the date of the exam. Please take note of the following official practice start dates to ensure your student athlete's physical will be valid or if a new physical exam will be needed.

Sport	First Official Practice Date	Valid Physical Exam Dates
Football and Tennis	August 12, 2024	On or After August 13, 2023
All Other Fall Sports	August 19, 2024	On or After August 20, 2023

SUBMIT ALL COMPLETED ORIGINAL PHYSICAL EXAM PACKETS TO THE HEALTH OFFICE

NO ELECTRONIC COPIES WILL BE ACCEPTED - NO EXCEPTIONS

ImPACT® CONCUSSION BASELINE TESTING

ImPACT® Concussion Baseline Testing is to be completed by ALL student athletes. The Athletic Trainers will schedule and administer the computer - based testing for all new and returning athletes. The ImPACT® testing is valid for two years.

CLEARANCE TO PARTICIPATE IN ATHLETICS

Once registration for the sport through rSchoolsToday is verified AND all Pre-Participation Physical Evaluation Forms have been reviewed and approved by the **High School Nurse(s) AND the School Physician-** a clearance letter to participate will be sent to the parent/guardian via email.

Your child will NOT be permitted to participate in official practice without clearance.