



ATHLETIC NEWSLETTER

FROM THE ATHLETIC DIRECTOR

FAITH | EXCELLENCE | DISCIPLINE

GAMES

Monday:

V Golf: @ Greensboro National Golf Club

Tuesday:

V Golf: @ Greensboro National Golf Club

Friday:

Cross-Country: State Championship @ McAlpine Creek Park

PRACTICE

Monday:

V Cheer: 3:45-5PM

Cross-Country: 3:45-5:30PM

JV/V Boys Basketball Tryouts: 3:45-5:30PM

Tuesday:

Cross-Country: 3:45-5:30PM

V Cheer Tryouts: 3:45-5PM

JV/V Boys Basketball Tryouts: 3:45-5:30PM

Wednesday:

V Cheer Tryouts: 3:45-5PM

JV/V Boys Basketball: 3:45-5PM

Thursday:

JV/V Boys Basketball: 3:45-5:30PM

Friday:

JV/V Boys Basketball: 10AM-12PM

WINTER SPORTS

TRYOUTS

Check game highlights for
detailed information on tryouts.



All fall athletic uniforms must be returned by Wednesday, 28 October. Please ensure all uniforms are washed and clean before returning them. A \$10 cleaning fee will be charged for any uniforms returned unclean.



GAME HIGHLIGHTS



MS Girls Basketball

Middle School Girls Basketball tryouts will be held November 2–3 from 5:30–7:00 PM in the Upper School Gym. Girls in grades 5–8 are eligible to try out and should plan to attend both days, ready to demonstrate their skills and teamwork.



MS Boys Basketball

Middle School Boys Basketball tryouts will be held November 2–3 from 3:45–5:00 PM in the Upper School Gym. Boys in grades 5–8 are eligible to try out and should plan to attend both days, ready to demonstrate their skills and teamwork.



Varsity Boys Basketball

JV and Varsity Boys Basketball tryouts will be held October 26–27 from 3:45–5:45 PM in the upper school gym. All interested athletes should plan to attend both days and be prepared to demonstrate their skills and work ethic.



JV Boys Basketball



Varsity Girls Basketball

Varsity Girls Basketball tryouts will be held November 2–3 from 5:30–7:00 PM in the Upper School Gym. All interested athletes should plan to attend both days and be prepared to demonstrate their skills, teamwork, and commitment to the team.



Wrestling

Wrestling tryouts will be held November 2–3 from 3:45–5:30 PM in the Upper School Gym. Tryouts are open to both boys and girls at the middle school and varsity levels. All interested athletes should plan to attend both days and be ready to demonstrate their skills and determination.



Varsity/ MS Cheer

Varsity Cheer: Varsity cheer tryouts will be held October 27–28 from 3:45–5:00 PM in Coach Ueltzen's office.

Middle School Cheer: Middle school cheer tryouts will be held November 2–3 from 3:45–5:00 PM in the Elementary Gym. All interested athletes should plan to attend both days and come ready to show their spirit and skills.



ATHLETES OF THE WEEK

Kenadie Walker

Athlete of the Week goes to Kenadie for her hard work and dedication throughout the season. During Monday's state-round match, she made several key digs and blocks, demonstrating her determination and commitment to her team.



Ohana Pham

Athlete of the Week goes to Ohana Pham for her consistent performance and dedication throughout the cross-country season. Along with continually improving her race times, Ohana demonstrates outstanding team spirit by cheering on and encouraging her fellow runners at every race.

