



2022-23 Sports Calendar



Sports	First Practice	First Contest	End of Regular Season	Contests Allowed*	Tournaments Allowed
FALL					
Volleyball Varsity/JV Jr. High/Middle	Aug. 1* Aug. 1	Aug. 18 Aug. 18	Oct. 28 Oct. 9	15 dates 12 dates	Weekends only ++ Weekends only++
Football Varsity/JV Jr. High/Middle	Aug. 1* Aug. 1	Aug. 18/22 Aug. 25	Oct. 28 Oct. 28	10 8	N/A N/A
Cross Country Varsity/JV Jr. High/Middle	Aug. 1* Aug. 1	Aug. 18 Aug. 18	Nov. 6 Oct. 16	10 8	N/A N/A
Swimming	Aug. 1*	Aug. 18	Dec. 4	8	N/A
*July 27 th if no spring evaluations					
WINTER					
Basketball Boys/Girls Varsity/JV Jr. High/ Middle	Oct. 17 Sept. 19	Nov. 3 Oct. 6	Feb. 4 Jan. 28	30 24	(counted in total games allowed)+=
Bowling Boys/Girls Varsity/JV Jr. High/ Middle	Oct. 3 Oct. 3	Oct. 20 Oct. 20	Jan. 28 Jan. 7	18 dates 12 dates	5 2
Wrestling Varsity/JV Jr. High/ Middle	Oct. 24 Oct. 17	Nov. 10 Nov. 3	Feb. 9 Feb. 5	14 dates 8 dates	Weekends/Holidays++ Weekends/Holidays ++
Indoor Track Varsity/JV Jr. High/Middle	Nov. 7 Nov. 7	Nov. 24 Nov. 24	Feb. 2 Jan. 22	5 3	N/A
SPRING					
Tennis Girls Varsity/JV Boys Varsity/JV Jr. High/Middle	Jan. 9 Jan. 9 Jan. 9	Jan. 26 Jan. 26 Jan. 26	April 16 April 16 April 8	18 dates 18 dates 10 dates	3 3 2
Soccer Varsity/JV Jr. High/Middle	Jan. 16 Jan. 16	Feb. 2 Feb. 2	May 1 April 22	18 (4A-5A, 6A) 20 (1A-3A,7A) 14	2^ 2^
Softball (throwing 1/9**) Varsity/JV Jr. High/Middle	Jan. 16/31 Jan. 16/31	Feb. 16 Feb. 16	May 5 April 26	18 games 14 games	7++ 5++
Baseball (throwing 1/9**) 1A-6A Varsity/JV 1A-6A Jr. High/ Middle 7A Varsity/JV 7A Jr. High/ Middle	Jan. 16/31 Jan. 16/31	Feb. 16 Feb. 16	April 19 April 19	28 games > 24 games> 32 games> 26 games>	(counted in total games allowed)
Golf Girls Varsity/JV Boys Varsity/JV Jr. High/Middle	Jan. 16/23 Jan. 16/23 Jan. 16/23	Feb. 16 Feb. 16 Feb. 16	May 10 May 10 April 16	14 dates 14 dates 8 dates	Only weekend tourneys included in playing dates.
Outdoor Track Varsity/JV Jr. High/Middle	Feb. 6 Feb. 6	Feb. 23 Feb. 23	April 27 April 22	10 8	n/a n/a

KEYS & EXPLANATION *=Includes only regular season contests per school. **Throwing conditioning (gloves & balls only) +=Not counted as playing dates. ++=Must be held with no loss of school time; N/A=Not applicable ^ Third soccer tournament allowed (no loss of school time) with each match counting as a regular season match. **NOTE:** In all sports, a team's season ends when the team is eliminated in the state championship program. A team's season begins the day of its first contest in that sport. > Games played during the schools spring break do not count in the total games allowed. (See Baseball section in 2019-20 Sports Book)