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CAPO PEP SQUAD 2025-2026

Be a part of our team and create memorable moments with us. Build new skills and compete together. Beginners and experienced individuals are welcome.

- Parent/Athlete Info Meeting: CVHS Cougar Hall on March 25th at 6:30 pm.
- ❖ Tryout Clinic: Clinic days to learn the routines are April 14th-16th from 4-6 p.m.
- ❖ Tryouts: April 17th and begins at 4 p.m.
- 2025-2026 New Team Parent/Athlete Meeting: Cougar Hall on April 22nd at 6:30 pm.
- Uniform Fitting: Monday, April 28th from 3:00 pm to 5:00 pm in B1.
- Practices Begin May 13th, 15th, and 20th from 4-6 p.m.
- Summer Practice: July & August, exact days and times will be shared at new team meeting.
- Cheer and Song Camp: July TBD
- Practices during school year: Mondays, Tuesdays and Thursdays during 4th period.