

2023 NEA Cross Country All-League Teams

Coach of the Year: Jill Rippy - Lakeside	
MVP: Zadi Zier - Colville	MVP: Cade Spencer - Riverside
Kaylee Dennler - Medical Lake	Barrett Poulsen - Freeman
Tea Simonson - Lakeside	Malik Ortiz - Colville
Olivia Divine - Lakeside	Nakai Ornelas - Medical Lake
Jillian Owen - Lakeside	Chris Miller - Lakeside
Delilah Ceparano - Riverside	David Parker - Riverside
Eliza Fazzari - Colville	Garrett Russell - Lakeside
Ella Jones - Freeman	Hector Gomez - Medical Lake
Mya Gardner - Medical Lake	Garrett Montney - Medical Lake
Ava Mounts - Freeman	Hayden Luzier - Medical Lake
Kaitlyn Wiley - Medical Lake	Isaiah Ortiz - Colville
Avery Owen - Lakeside	Tom Smith - Lakeside
Andee Kroiss - Colville	Eli Cotton - Freeman
Ava Meusy - Lakeside	Luke Tremblay - Lakeside
	*Sam Booth - Riverside

District Champions: Lakeside boys and girls

League Champions: Lakeside boys (6-0), Lakeside girls (6-0)

State Qualifying Teams: Lakeside boys and girls, Medical Lake boys and girls

***WIAA 2.1 Ambulatory Race Qualifier**