

Gainesville High School Physicals Information 2024-2025

There will be <u>free physicals</u> for all students participating in Athletics, Cheerleading, and Band. Completed physicals must be turned in to the Athletic Trainer prior to any participation. **Everyone must get a new physical unless they received one in 2024**.

The following procedure will be how we are conducting physicals this year.

- 1. Location of physicals: Gainesville High School Indoor/ Field House
- 2. Date of physicals: May 9th, 2024 from 1pm-4:30pm
- 3. Every High School student will need to sign up for a time between 2pm-4:30pm.
 - The link has been sent in SportsYou and to all coaches
 - A QR code will be located outside the ATR, on the indoor hall doors, and outside the boys locker room.

4. In order to get a physical on May 9th:

- Must have Physical Exam Consent Form filled out, signed and turned in to Coach Becca no later than <u>May 3rd.</u>
- Must have Medical History (front of the physical) filled out, signed and turned in to Coach Becca no later than May 3rd.
- Must sign up for a time slot on Cheddar Up no later than <u>May 3rd</u>.
- **5**. If you wear prescription glasses or contacts, bring them with you to the physical.
- **6**. If you do not plan to do the school physicals, you must have your physical by the first day of school/ or practice (whichever comes first), as well as any clearances needed.

If you have any questions, please contact:

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