



2022 CMS West

Football Parent Meeting

Coaches

- John Kelder
 - Athletic Coordinator- OL/DL
 - Physical Education
- Chris Buchanan
 - WR/Safeties
 - Social Studies
- Jeffrey Nwankwo
 - Physical Education
 - RB/ILB
- Chris Narro
 - iExplore
 - TE/DL
- EJ Menner
 - QB/Corners
 - Social Studies

Parent Meeting Agenda

- Most Important Things for Coaches
- Communication
- Practice Information
- Gameday Information
- Equipment
- Parent Expectations
- Game day Meals and Extra Clothes

Most Important Things for Coaches

- Academic Success
 - 100% Passing Rate all school year
 - Coaches will support teachers
 - No Pass, No Play is a state law
 - First grade check is at the 6 week progress report
- Develop great young men
 - Discipline
 - Responsibility
 - High Character
 - Leaders on Campus

Communication

- Friday emails with information for the next week
- Parent Square
 - Please make sure you have set up your account!
 - Students also need to set up Student Square- 4th period last week
- **We want student-athletes to advocate for themselves to coaches.**
 - Issues with clothes, lockers, positions, equipment, etc. should be addressed by the student!

Practice Information- 7th Grade

- We will practice before school everyday except gamedays and the day after.
- Eat something small for breakfast! Will take athletes to Cafeteria after practice for breakfast as well. Not free, must have money in account
- We will send out the practice schedule for the following week on Fridays.
- Typically Monday/Thursday/Friday on normal week
- Drop off at 6:15am. Please do not pull into the Driveway! We have students crossing the street there.
- If late and locker room is locked, come get a coach on the field.
- Must come to practice to play in the next game.
- If missing practice must email/ send parent square.
- You can come and watch if you still cannot physically practice!

Practice Information- 8th Grade

- We will practice after-school everyday except gamedays.
- Will send out next week's practice schedule every Friday as it is subject to change based on Friday night duties.
- Typically- Monday/Wednesday/Thursday/Friday
- Off the Field at 4:30ish- Please pick up by 4:45
- Please pick up curbside, if you are the first car there, please pull down just like parent pick up in front. We DO NOT want students crossing across traffic to get into your car.
- Must come to practice to play in the next game.
- If missing practice must email.
- You can come and watch if you still cannot physically practice!

Gameday Information

- Gamedays are typically Tuesdays, some differences
- Scrimmage- September 1st for both 7th and 8th Grades at West. 8th starts at 4pm 7th Grade at 5:30pm.
- Game times- B team at 5, A team 10 minutes after B ends ~6:00
- Students must be present during the school day to participate in games.
- Students will not leave campus after school, will stay on campus.
- Will eat game day meals before we leave on the bus.
- Bus will return to West after away games.
 - Can sign your student out if you need to
 - Bring equipment to locker room first thing the next day! Especially uniforms!
 - Must stay for A team game if on B team to cheer team on,
 - Students are required to ride the team bus to all games.

Equipment

- We will provide everything except cleats for football and personal water bottle.
- All players need cleats, Tennis shoes will NOT work
- We will wash all items if needed. Students are allowed to take clothes home if they would like but must bring them everyday.
- We will wash towels everyday so athletes can have clean towels after practice.

Injuries

- Difference between sore vs hurt vs injured.
- Communicate with Coaches if something is wrong!
- If injured, please go see the Coppell ISD Trainers at CHS Fieldhouse
 - To see the trainers, let Coach Kelder know via email or parent square and he will set up an appointment. Can be before school or after school.

Extra Clothes

- \$24 a set/ \$12 each
 - Can purchase tonight in the concession stand
 - Athletes can bring money during athletics
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Athletic Cards

- Gets students FREE entry to all Coppell ISD home athletic events both HS and MS!
- Will get next Monday!
- High School Friday Night Football games, enter through the pass gate underneath the pressbox
- NO BACKPACKS at the HS Football Stadium.
- Must have student ID and Athletic Pass for entry.

Parent Expectations

- Please come to games and support our players!
 - B team games begin at 5 and A team games begin 10 minutes after, 6:00ish.
 - Students love to see parents come to Games
 - Schedule can be found at <https://www.cmswestathletics.net/>
 - Cheer for our kiddos!
 - Fans are there to yell in support for our student-athletes
 - Do NOT yell at referees, coaches, or other teams.
- We are not asking parents to volunteer for anything this year.
- All tickets are purchased online on the same website above!
- Take Photos!
 - Tag us on social media- @CMSWestSports on twitter and instagram

Parent Expectations- Cont

- Communication
 - Please communicate with your athlete! Ask them what's going on in Athletics
 - Encourage them to advocate for themselves, but also reach out to coaches if needed
- Pick Up Times
 - Please pick up on time after practices and games
 - Coaches have families that we need to get home to
 - Carpool!
 - We will send a Parent Square Message when we are heading back from away games.

Pre-Game Meals

- Optional, not mandatory
 - \$65 for the season- cash or check to CMS West.
 - Must be ordered by THIS FRIDAY! If a meal is ordered, it needs to be paid for!
 - Sandwich & Chips
 - Ham, Turkey, Italian, Veggie options available
- Will get a meal for every game except for scrimmage.
- If not getting a meal, please bring something for your son to eat with him in the morning. Please do not drop off meals in the front office for Mrs. Price to hand out!
- 7th Grade- Coach Buchanan
- 8th Grade- Coach Kelder

Questions

- Does anyone have any questions that they think the entire group would benefit from hearing.
- If it is a personal question you can ask in afterwards.