

Incoming 7th/8th Graders Interested in Junior High Athletics for the 2022-2023 School Year

I would first like to welcome you to Whitehouse Junior High School Athletics. We look forward to working with the incoming 7th & 8th grade girls and boys for the 2022-2023 school year. Listed below are some helpful locations and instructions that will get your athletes ready for the first day of school:

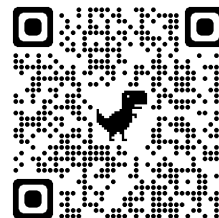
In order to be eligible to enter the Whitehouse Junior High School athletic classes, students must be participating in one or both of our fall sports. This includes basketball (girls & boys), football and volleyball (girls). Spring semester sports will include soccer and track. Both of these sports will practice and compete outside the regular school day the second semester. Tennis will be offered both school semesters during first and second period, and is considered a separate athletic class. Students who have signed up for athletics during the 2022-2023 school year, but are not playing basketball (girls & boys), football or volleyball (girls) or tennis should contact their school counselor and request a schedule change out of the athletic periods.

Paperwork:

All participants in Whitehouse Junior High Athletics (this includes tennis) are required to have mandatory paperwork on file with the athletic trainers to be eligible to try out, practice or play in any school sponsored athletic event (this includes the athletic class periods). Spring sports (soccer & track) will also be required to complete the online paperwork and preparticipation physical before participation in these sports. With the exception of the required preparticipation athletic physical, all paperwork will need to be completed and submitted online.

Online Instructions for Required Athletic Paperwork

2022-2023 School Year



Please go to whitehouseisd.rankonesport.com website. You can also access the website through a link on the Whitehouse Athletics Page. Log in using your child's Student I.D. number (the last 6 digits). Read the instructions provided on the website to fill out the online paperwork. You may also go to whjhathletics.com for instructions. These online forms along with an athletic physical are required by the UIL and WISD and must be completed before your child is allowed to participate in athletics (including the athletic period) for the 2022-2023 athletic year. If you have any questions, contact the school athletic trainers at 903-839-5590 Ext. 4783, or 903-839-5500 Ext. 5483 or Ext. 5484.

For junior high athletes, the athletic preparticipation physical examination must take place on or after April 1, 2022 in order to be accepted and valid for the 2022-2023 school year. All incoming 7th graders are required to have new physicals before participating in 7th grade athletics. Incoming 8th graders who participated in 7th grade athletics should have a valid preparticipation physical on file (check with athletic trainers). Completed athletic preparticipation physicals can be scanned and a copy sent by email to shieldss@whitehouseisd.org. It is recommended that parents/guardians keep a copy of the athlete's physical just in case it is needed.

All forms are required by the UIL and WISD each year for your son and/or daughter to participate in athletics.

Athletes entering 7th, 9th and 11th grades will need a new physical. Athletic physicals are valid for two years from the time of the medical examination.

Pre-participation physical/Medical History Forms can be downloaded from the U.I.L website under Medical Forms at <https://www.uiltexas.org/athletics/forms>. Physicals are valid (in Whitehouse ISD) for two years from the time of the medical examination.

Athletic Policy (junior high student-athletes):

It is recommended that all student-athletes and their parents and or guardians read the Whitehouse Junior High School Athletic Policy. This policy will be one of the required online forms that is to be filled out and submitted. This athletic policy can also be found on our junior high athletic website (whjhathletics.com).

Important Dates:

August 1st (Monday) - 7th grade registration (8:00 AM - 5:00 PM)

August 2nd (Tuesday) - 8th grade registration (8:00 AM - 3:00 PM)

August 18th (Thursday):

- ❖ Football parent meeting (7th & 8th grade) at 5:30 in the main junior high gym.
- ❖ Volleyball parent meeting date TBD

Important Numbers:

Whitehouse Junior High School – (903) 839-5590

Whitehouse Junior High School Fax – (903) 839-5518

Junior High Boys Athletics – (903) 839-5590 Ext. 4781

Junior High Girls Athletics – (903) 839-5590 Ext. 4782

Junior High Athletic Trainers – (903) 839-5590 Ext. 4783

Once again, we look forward to working and coaching your young athletes at Whitehouse Junior High School. Please visit our website for more information (whjhathletics.com).