

MEDICAL CONSENT FORM

PARENT/GUARDIAN: I authorize the camp personnel to act for me in case of any medical emergency. I understand I am responsible for all medical fees associated with any injury that may occur. My child is physically fit to participate in any vigorous activity that might take place at Alvin ISD Sports Camps. By my signature below, I hereby release and forever discharge, and waive, any and all claims against Alvin ISD, its employees, sponsors, trustees, workers, and volunteers that relate to my election regarding and/or my child's participation in the Alvin ISD Sports Camp.

NOTE: The Shadow Creek staff reserves the right to send a camper home for disciplinary reasons without a refund.

Applications will not be accepted unless signed.

Signature of Parent/Guardian Date

Print Name of Parent/Guardian

Health Insurance Co. & #



Shadow Creek High School
Attn: Athletics
11850 Broadway
Pearland, TX 77584



Summer Squad Camp

**Strength, Speed, &
Agility Training
for all sports**

June 3—July 18

**Monday-Thursday
No Camp the week of July 4th**

**UIL No Activity Days
July 9, 10, 22, 23**

Attack-Compete-Finish

Shadow Creek HS



TRAINING PHILOSOPHY

Shadow Creek Summer SQUAD CAMP is a hands-on approach for ALVIN ISD 7th-12th grade athletes desiring to improve their athletic ability. The camp will be conducted by the SCHS coaching staff.

The training is designed to give a strong foundation in strength and conditioning. It is our commitment to improve each athlete's strength, speed, agility, and quickness.

Athletes will be divided by age and grouped by ability. Beginners will learn proper weightlifting technique. Advanced athletes will learn and perform advanced lifts. All will work on flexibility, speed and agility.

Training together with current and future teammates helps build unity and camaraderie among student-athletes. Don't miss the opportunity to get better this summer.

Participants will need to provide their own shorts, shirts, and shoes.

All participants must have a physical on file.

CAMP INFORMATION

JUNE 3—JULY 18

Session 1

Incoming 9th — 12th grade
(Male Athletes)
8am to 10am

Session II

Incoming 9th — 12th grade
(Female Athletes)
Incoming 7th — 8th grade
(Male & Female Athletes)
10am — 12pm

Sessions Monday—Thursday only.
No camp the week of July 4th

Camp Cost \$90.00

Online pay available April 1-May22

www.myschoolbucks.com

After May 22 Cash or Check payable to:

Alvin ISD Athletic Department

**Conducted at SCHS
Use Kirby Entrance**

REGISTRATION FORM

Name: _____

Phone: _____

Address: _____

City, Zip: _____

Parent/Guardian: _____

Phone: _____

Parent/Guardian: _____

Phone: _____

Sport(s): _____

Grade entering Aug. 2019 _____

T-shirt Size: (adult only)

S M L XL XXL

Camp Cost: \$ 90

Online Pay available April 1-May 22:

www.myschoolbucks.com

After May 22 Cash or Check Payable to:

Alvin ISD Athletic Dept.

Completed registration form required.
Please see back of page.

Info: Al James ajames@alvinisd.net
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