

## Tennis Handbook 2024:

### **Philosophy Statement**

WHS has a long history of academic and athletic excellence on and off the court.

We believe that through athletics, students learn many important lessons in life.

Respect for opponents and fair play, teamwork, self-discipline and control, leadership, integrity, overcoming obstacles, handling success and failure, and the joy of competing are but a few of the things taught by participation in athletics.

Tennis is an important part of the athletic program at Wenatchee High School. It is our goal and tradition to run a successful program and help build the confidence of the players which hopefully transfers to other areas of life. It is our belief that it is better to be at the top – or tend towards the top – than to be at the bottom. To that end, it is the job of the coaches to take each player where they are and move them as close as possible to their maximum potential over the course of the season.

### **Team Expectations:**

1. Be prompt to practice and matches/tournaments
2. Attend practices to play (doctor/dentist appts, sickness/injuries, shared participation in other school activities are the only exceptions)
3. Practice like you play - give 100% always
4. Be coachable
5. Be respectful of you teammates
6. Pick up after yourself at home and away facilities (this includes balls!)
7. Do not leave matches/tournaments before the rest of the team finishes. Be supportive of your team

### **Our yearly goals can be divided into three areas:**

#### **Personal Goals:**

1. To give players the tools and the opportunities to succeed.
2. To teach honesty and good sportsmanship in all situations.
3. To take on challenges and to find joy in competition.
4. To learn that hard work brings rewards.
5. To produce a state champion in singles and doubles..

#### **Team Goals:**

1. To win state
2. To win the Big 9 District Title
2. To win the “Big 9” dual match season.
3. To win Districts and to take as many players as possible to state.
4. To teach team concepts to players involved in an individual sport. Opportunities to place 1st, 2nd or 3rd as a team at Tri City Invite and Inland Empire Invite.

**Long-Term Goals:**

1. To give players the skills and attitude to continue enjoying tennis beyond high school as a lifetime sport.
2. To give qualified players the opportunity to play tennis in college. Division 1, 2 or 3

**Eligibility:**

1. Be cleared through Family ID
2. Players must be academically eligible to play as determined by the AD. (2 or more Fs prohibit from playing - work with the AD/teachers to monitor and improve grades)

All athletes must be cleared through the athletic office having completed the preceding requirements. Running Start students must work with the athletic office to submit grades.

**Attendance:**

All players will attend practice daily unless excused by the coach. Tennis adheres to school policies regarding attendance. For example, if a player missed a class (unexcused) on the day of a match, the player will be ineligible to play.

1. Players are required to attend school the day of a match, if applicable.
2. All players should be at practice on time unless otherwise excused. Communicate with your coach! The coach will determine consequences for tardiness.
3. All players are required to stay through the whole match in any dual match with another school, unless excused by the coach. Remember, you are part of a team and your teammates need your support.

**Discipline:**

**Profanity:** Profanity will not be tolerated either on the practice court or on a road trip. The player will be given one warning and then will be asked to leave practice that day. On the first warning the player will be required to sit out for 15 minutes. During a match the player will be given one warning then may have to forfeit the match.

**Equipment Abuse:** Banging the racquet on the court surface, throwing it into the net or fence (or over it), and/or slamming a ball onto the next court or over the fence will not be tolerated. The same penalty system will be employed as with profanity. It is important that you learn to control your emotions.

**Sportsmanship:** Good sportsmanship will be expected of all players. Examples will be demonstrated and talked about during practice and players will be expected to improve in this vital area. A coach-player conference will occur if any player chooses not to cooperate.

**Drug and Alcohol Abuse:** School policy will be strictly enforced.

### **Lettering:**

A player must play in at least **six** varsity matches in order to letter in tennis. Coach's decision may also permit a player to letter. A JV player may earn a varsity letter if he/she plays either singles or doubles at the No. 1 position in at least six matches. Junior varsity lettering will be at the JV coach's discretion.

### **Team Composition:**

WHS Tennis is composed of Varsity and JV teams. WHS is a no-cut program.

#### **Varsity:**

In competition, the boys and girls varsity will carry 10 boys and 10 girls. Players are chosen upon ability to be determined by coaches discretion and challenge matches. Match line-ups will be determined by the coaching staff to align with season goals. Singles and doubles players will be the coach's choice. This team meets daily from approximately 4:00-5:30. at the WRAC courts.

#### **JV Teams:**

The JV team will carry approximately 10-15 boys and 10-15 girls. There will be qualifying for varsity and JV positions each year. After teams are selected, every player will have the opportunity to move as high as their ability will allow. Older players will not be sheltered from playing younger players in any qualifying matches. JV boys and girls will meet daily from 4:00-5:30 on WRAC courts.

Players will qualify based on:

1. Technical ability (strokes, ball control, net play, use of strategy).
2. Past competitive experience in tennis (during season and off-season).
3. One-on-one challenges with other players.
4. Attitude and ability to get along with both team members and the coach--players can be removed from the team (or kept from playing) if their attitude or behavior negatively affects the team.
5. Coaches reserve the right to place qualified players on the teams without going through the qualifying process.

Qualifying will begin immediately during the first week of practice and be completed over a two-week period. Coaches will determine who can qualify for both the varsity and JV teams. Players must be available for challenges to include Saturdays or lose their opportunity to "move up".

### **Athletic Department Info:**

You can find schedules, most forms and other information by going to our athletic office website at [www.wenatcheeschools.org/whs/athletics/](http://www.wenatcheeschools.org/whs/athletics/) or feel free to call the athletic office at (509) 663-3384 between 8am. -4pm. Monday thru Friday.

### **SPORTSMANSHIP STATEMENT**

Good Sportsmanship is the attitude and behavior that exemplifies positive support for the interscholastic athletic program, as well as for the individuals who participate in the program. People involved in any facet of the Wenatchee Athletic Program are expected to demonstrate qualities that are characterized by fair play, integrity, ethical behavior and respect. Emphasizing and improving the sportsmanship of our student-athletes, coaches, parents and staff is one of our highest priorities. Each coach, student, parent and staff member has a role and responsibility to model and teach good sportsmanship while keeping in mind that athletic participation is a learning experience for the student and the programs are part of the educational process.

The Wenatchee Panther Tennis Sportsmanship Guidelines:

- Understand the rules and strategies of the contest in order to cheer at the proper times. (Don't cheer on opponent mistakes, NO parent/guardian coaching during match)
- Maintain enthusiasm and composure.
- Positively support the participants and coaches. Any questions/concerns should be addressed to Head Coach AJ, Jackie Andrewjeski
- Show respect and concern for an injured player, regardless of team.
- Respect decisions made by contest officials.
- Display pride in your program.

**WENATCHEE PANTHERS Believe SPORTSMANSHIP Is An EXPECTATION!**

**Please Let the Players Play,  
Let the Coaches Coach,  
Let the Spectators Be Positive... Be A Fan, Not A Fanatic!!!!**

Athlete Name (Please Print:) \_\_\_\_\_

# Wenatchee High School

## Tennis Checklist

1. Do not leave the practice/matches before telling your coach.
2. If a coach is talking to you (or the group), listen. Follow directions.
4. Always warm up and stretch prior to playing a match.
5. Report any injury to your coach right away.
6. Be on time and ready for practice.
7. Wear your Team Tennis T-shirt, black undershirt (if needed) and black bottoms to each match.
8. Bring: layers for weather (hot or cold), hat, sunscreen, water bottle, hair ties, non-marking tennis or fitness shoes (not running shoes), and tennis racket.
8. Use the restroom before playing your match.
9. Stay to Cheer on your teammates after your match is completed.
10. Appropriate school behavior, and compliance with school rules is expected at all times.

We acknowledge the items above and have read the Tennis Handbook.

Printed Athlete Name Athlete: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_