WHS Sports & Coaches

FALL (Season begins August 26, 2024)

Cross Country Coach Roche roche.stephen@wenatcheeschools.org
Football (August 21, 2024) Coach Mitchell timitchell425@gmail.com
Girls Soccer Coach Kirkpatrick ashkirkpatrick.whs@gmail.com
Slowpitch Coach Edmonston medmonston25@gmail.com
Girls Swim & Dive Coach Kirby Kirby.kaitlin@wenatcheeschools.org
Volleyball Coach McGregor imcgregorhansen@yahoo.com
Cheer (all year) Coach Larkin larkin.sierra@wenatcheeschools.org
Dance (all year) Coach Bondo audrimbondo@gmail.com

WINTER (Season begins November 18, 2024)

Boys Basketball Coach Bessette <u>ambrosebessette@yahoo.com</u>
Girls Basketball - TBA
Girls Bowling (November 4, 2024) Coach Anders <u>jeremy@wvso.com</u>
Boys Swim & Dive Coach Pringle <u>pringle.j@wenatcheeschools.org</u>
Wrestling - TBA

SPRING (Season begins March 3, 2025)

Baseball Coach Schuyleman joshschuyleman@gmail.com
Fastpitch Coach Edmonston medmonston25@gmail.com
Boys Golf Coach Jagla jagla.d@wenatcheeshcools.org
Girls Golf Coach Merrill merrill.d@wenatcheeschools.org
Boys Soccer Coach Tronson tronson.d@wenatcheeschools.org
Tennis Coach Andrewjeski andrewjeski.j@wenatcheeschools.org
Track Coach Roche roche.stephen@wenatcheeschools.org & Coach Bullis thebull@1nwi.net

Unified Basketball & Soccer Coach Reister kreistersoccer@gmail.com

WHS Athletics: www.wenatcheepanthers.com

SUMMER Activities • 2023-2024

Incoming WSD Freshman

Did you play 8th grade sports in Middle School?
You are cleared for those sports through
July 31st with a valid sports physical.
(Example: If you played 8th grade football, you are cleared for 9th grade spring & summer football). No registration required!

Participating in a new activity this summer?

- Log into your current middle school
 Arbiter Sports account
- 2. Select EDIT/UPDATE registration
- 3. Add new sport by checking on the box
- 4. No summer payment required

First time participating in a sport for WSD? Clearance open May 20th – June 21st

- 1. Create an account on Arbiter Sports
- 2. Complete a 2023-24 WHS registration
- 3. Upload a valid sports physical
- 4. Pay a \$12 weight room fee

Current WSD 9-11th Grade

Did you play sports at WHS?

You are cleared for those sports through July 31st with a valid sports physical. (Example: If you played 9th grade football, you are cleared for 10th grade spring & summer football). No registration required!

Participating in a new activity this summer?

- 1. Log into your current WHS <u>Arbiter Sports</u> account
- 2. Select EDIT/UPDATE registration
- 3. Add new sport by checking on the box
- 4. No summer payment required

First time participating in a sport for WSD? Clearance open May 20th – June 21st

- 1. Create an account on Arbiter Sports
- 2. Complete a 2023-24 WHS registration
- 3. Upload a valid sports physical
- 4. Pay a \$12 weight room fee

PROGRAMS FOR SUMMER ACTIVITIES OPEN MAY 20th - JUNE 21st

REGISTRATION VALID ONLY THROUGH 7/31/2024

FALL Clearance • 2024-2025

ONLINE SPORTS CLEARANCE OPENS AUGUST 2nd

New school year, new registration!

- 1. Submit a new 2024-25 school year registration online with <u>Arbiter Sports</u>
- Valid Sports Physical on file (or uploaded)
- 3. Pay fees <u>online</u> or in the ASB office beginning August 7th.
 - \$32 ASB Fee
 - \$12 Sport Fee (per sport)
 - \$12 Weight Room Fee (yearly)

Office open 7:30-4 pm beginning Aug. 7th

IMPORTANT DATES:

June 21 Last Day of Summer Clearance

June 27 Office Closed for the Summer

July 31 2023-24 Clearance Expires

Aug 2 2024-25 Online Sports Clearance opens!

Aug 7 Athletic/ASB office opens!

Aug 21 Football Season Begins

Aug 26 Fall Sports Begin: Volleyball, Girls Soccer, Cross Country,

Girls Swim, Girls Slow Pitch

(509) 663-8117 ext. 6 ATHLETICS • ext. 7 ASB www.wenatcheepanthers.com

Actividades del VERANO • 2023-2024

WSD Estudiantes del Grado 8

<u>Jugasté deportes en grado 8 en la escuela entermedia?</u>

Estás aprobado para esos deportes hasta el 31 de julio con un examen físico Deportivo. (Ejemplo: si jugó fútbol americano en grado 8, está autorizado para jugar fútbol americano de primavera y verano para el grado 9). No es necesario registrarse!

Participando en un nuevo deporte este Verano?

- 1. Usa su cuenta corrient de Arbiter Sports
- 2. Seleccione EDITAR/ACTUALIZAR registro
- 3. Agregue el nuevo deporte
- 4. No se requiere pago de verano

Primera vez participando en deportes para WSD? Registro abierto el 20 de mayo a 21 de junio

- Obtena una cuenta nueva por <u>Arbiter</u> <u>Sports</u>
- 2. Completa el 2023-24 registro de WHS
- 3. Incluye su examen fisico deportivo
- 4. Pagar \$12 en la oficina de ASB

WSD Estudiantes del Grado 9-11

<u>Jugasté deportes en grado 9 en la escuela secundaria?</u>

Estás aprobado para esos deportes hasta el 31 de julio con un examen físico Deportivo. (Ejemplo: si jugó fútbol americano en grado 9, está autorizado para jugar fútbol americano de primavera y verano para el grado 10). No es necesario registrarse!

Participando en un nuevo deporte este Verano?

- 1. Usa su cuenta corrient de <u>Arbiter Sports</u>
- 2. Seleccione EDITAR/ACTUALIZAR registro
- 3. Agregue el nuevo deporte
- 4. No se requiere pago de verano

Primera vez participando en deportes para WSD? Registro abierto el 20 de mayo a 21 de junio

- Obtena una cuenta nueva por <u>Arbiter</u> <u>Sports</u>
- 2. Completa el 2023-24 registro de WHS
- 3. Incluye su examen fisico deportivo
- 4. Pagar \$12 en la oficina de ASB

PROGRAMAS DEL VERANO ABIERTO EL 20 DE MAYO - 21 DE JUNIO

REGISTRO VALIDO SOLO HASTA 31 DE JULIO 2024

Registro del Otoño (año nuevo) • 2024-2025

REGISTRO DE DEPORTES PARA EL OTONO HABREN EL 2 DE AGOSTO

Año nuevo, registro nuevo!

- Completa un registro nuevo para el 2024-25 año escolar por su cuenta de Arbiter Sports
- 2. Físico Deportivo
- Pagos en <u>linea</u> o en la oficina a partir del 7 de agosto
- \$32 ASB
- \$12 Deporte (cada deporte)
- \$12 Weight Room (anual)

Oficina abierto 7:30-4pm a partir del 7 de agosto

FECHAS IMPORTANTES:

Junio 21 Día Fínal para Registro de Verano Oficina cerrado para el Verano

Julio 31 Expira el Registro de 2023-24

Agosto 2 Se abre el 2024-25 Registro Deportivo en línea!

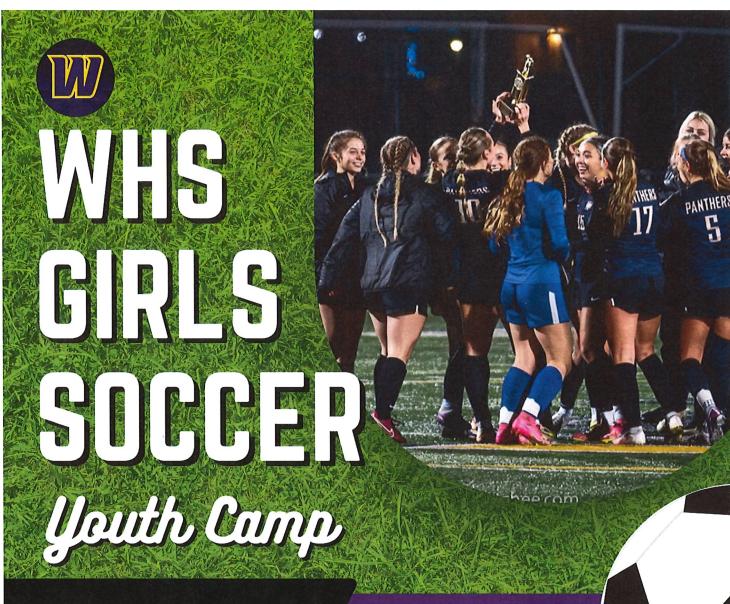
Agosto 7 Oficina Abierto!

Agosto 21 Empieza Fútbol Americano

Agosto 26Empiezan Deportivos del Otoño: Volleyball, Girls Soccer, Cross

Country, Girls Swim, Girls Slow Pitch

(509) 663-8117 ext. 6 ATLETICOS • ext. 7 ASB www.wenatcheepanthers.com



9AM-12PM AUG. 1ST 2024

INCOMING 3RD-8TH GRADE GIRLS



LOCATION

PAYMENT (

DETAILS

WHS APPLE BOWL

1005 Orondo Ave, Wenatchee, WA 98801

PAY USING THE QR CODE BELOW OR IN PERSON AT THE TIME OF CAMP

Checks payable to: WHS Girls Soccer

Campers will be organized by age group and will be coached by current WHS players and coaches. Pizza and popsicles will be provided to the athletes at the end of camp. Please make sure your child brings a water bottle and soccer ball to camp. Fill up stations will be provided.

REGISTRATION LINK:



PAYMENT LINK:



CONTACT: ASHTON KIRKPATRICK, WHS HEAD COACH
ASHKIRKPATRICK.WHS@GMAIL.COM

WHS GIRLS SOCCER SUMMER SCHEDULE

PRACTICES:

DATE	TIME	LOCATION
WEDNESDAY - MAY 29, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JUNE 5, 2024	6:30 PM - 7:30 PM	@ WHS TRACK
MONDAY – JUNE 10, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JUNE 12, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
MONDAY – JUNE 17, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JUNE 19, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
MONDAY – JUNE 24, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JUNE 26, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
MONDAY – JULY 1, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JULY 10, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
MONDAY – JULY 15, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JULY 17, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
MONDAY – JULY 22, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JULY 24, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
MONDAY - JULY 29, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL
WEDNESDAY – JULY 31, 2024	6:30 PM - 8:00 PM	@ APPLE BOWL

OTHER DATES:

	CASHMERE T	OURNAMENT:	FRIDAY-	SATURDAY,	JUNE 28-29	(VALE ELEMENTARY S	CHOOL
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- ☐ CAR WASH: SATURDAY, JULY 27TH 11:00-2:00 (ALBERTSON'S PARKING LOT)
- ☐ KIDS CAMP: THURSDAY, AUGUST 1ST 8:00-12:00 (APPLE BOWL)



WHS BOYS BASKETBALL 2024 SUMMER SEASON

✓ OPEN GYM

Starts June 4: Every Tues/Thurs, 6-8pm

✓ TOURNAMENTS:

West Valley: June 1-2

o Omak: June 8-9

o Cashmere: July 12-14

✓ SCRIMMAGES:

o Eastmont @ Wenatchee: June 6, 7pm

o Wenatchee @ Eastmont: June 20, 7pm

Additional scrimmages TBD

✓ PANTHER KIDS CAMP:

o June 18-20: 9am to 3pm

All players expected to volunteer.

✓ TEAM CAMP @ CENTRAL WASHINGTON UNIVERSITY

- o June 28-July 1
- Varsity and JV teams (10 players max. per team)
- Player fee: \$200 (Total fee is \$335 but WHS will cover \$135 per player with funds raised. (If this is a hardship, please reach out to Coach Bessette.).
- Make checks payable to: Wenatchee Youth Basketball. Mail payments to: WYB, Attn: Cory Wray, 1121 Cedar St., Wenatchee 98801
- o To register, go to: https://cwu.irisregistration.com/Form/CWUBB24B

We need to know your availability this summer! Please fill out the form using the following link **by Friday, May 24th** with your contact info and availability for tournaments, games, camps, etc.: http://bit.ly/4by4PZL

2024 Panther Football Summer Activities

Open Gym (weight room):

7:30am

June 18 – (Mon-Thurs) On days without practice

Spring Practice:

3:45-6:00pm

May 28, 29 & 30

June 4, 5, 6, 10, 12, 19, 24, 26

July 1

Team Camp:

June 17 @ CWU

6:30am - 6:00pm

No Cost

Team Camp:

July 15-18 @ WHS

\$50 Registration for WHS athletes

\$100 Registration for visiting team athletes

Contact:

Coach Mitchell

mitchell.taylor@wenatcheeschools.org

2024-25 School Year:

Arbiter Sports/(FamilyID) clearance opens on August 2nd. Every athlete will need to register for the new school year and pay full fees.

- 1. Online clearance registration
- 2. Upload current Physical
- 3. \$32 ASB fee
- 4. \$12 Sport fee
- 5. \$12 Weight Room fee

2024 WHS Athletic Summer Programs for Board Approval

Baseball

There will be no school related summer baseball activities. All of our baseball kids will be playing babe ruth or legion baseball during the summer with some of our coaches.

Bowling

 The girls will do a summer bowling program at Eastmont Lanes as well as bowling in non-school related summer bowling leagues/tournaments.

Boys Basketball

- <u>June 1st & 2nd</u> <u>Tournament in Yakima</u>. The plan is to take two teams to the tournament. All kids must be cleared in Family ID and kids will either be transported in school provided transportation or parents will transport kids. Coaches will have parents sign transportation waiver provided by Clear Risk.
- <u>June 8th & 9th Tournament in Omak</u>. The plan is to take two teams to the tournament. All kids must be cleared in Family ID and kids will either be transported in school provided transportation or parents will transport kids. Coaches will have parents sign transportation waiver provided by Clear Risk.
- <u>June 20th & 21st</u> <u>Tournament at Eastmont</u>. The plan is to take two teams to the tournament. All kids must be cleared in Family ID and kids will either be transported in school provided transportation or parents will transport kids. Coaches will have parents sign transportation waiver provided by Clear Risk.
- <u>July 12th 14th Tournament in Cashmere</u>. The plan is to take two teams to the tournament. All kids must be cleared in Family ID and kids will either be transported in school provided transportation or parents will transport kids. Coaches will have parents sign transportation waiver provided by Clear Risk.
- <u>June 28th</u> <u>July 1st</u> <u>Varsity Team Camp at CWU</u>. All kids must be cleared in Family ID and kids will either be transported in school provided transportation or parents will transport kids. Coaches will have parents sign transportation waiver provided by Clear Risk.
- <u>June 6th & June 20th Games vs Eastmont</u>. The plan is to at least a jv and varsity game. All kids must be cleared in Family ID and kids will either be transported in school provided transportation or parents will transport kids. Coaches will have parents sign transportation waiver provided by Clear Risk.
- <u>June 17th</u> 19th Youth Basketball Camp. This will be put on at WHS by the boys & girls basketball programs with the help of Eastmont Parks & Rec.
- May 28th July 31st Open Gym @ WHS. This will be held on various dates to be determined and ran my WHS coaches for incoming 9th 12th graders at Wenatchee High School. All students must be cleared through Family ID in order to participate.

Boys & Girls Golf

The kids will be encouraged to do a summer golfing program at one of the local golf courses. The coaches may organize the kids to play once or twice a week at Three Lakes.

Boys & Girls Swimming

 There are no school summer swimming activities. Those kids that want to swim will be doing club swimming.

Boys Soccer

There will be no school summer boys' soccer activities. These kids will have the opportunity to play club soccer or other local league soccer.

Cheerleading

See Attached Calendar for Summer Activities

Cross Country

- <u>June 3rd June 14th</u>. After school running practice. This will be run by WHS coaches and will be held at the WHS track. All kids cleared through Family ID to participate.
- <u>June 17th July 31st</u>. Morning running practices on Monday, Wednesday & Friday. Evening practices on Tuesday & Thursday. Practices will be held at WHS Track, WWPP & the Loop Trail near Pybus.
- <u>June 17th July 31st.</u> Organized team activities that will include hikes to Saddle Rock, Castle Rock or Sage Hills Trail.

Dance

Information to follow.

Diving

Month of July. The high school dive coaches are planning to hold two sessions of dive camps. These camps would be for potential WHS divers. They would like to hold the sessions in the WHS pool. Dates will be determined based on the availability of the pool director. Any diver that participates would have to be cleared through Family ID.

Fastpitch

There are no school summer fastpitch activities. Those kids that want to play fastpitch will be playing club or other rec programs.

Football

- Strength & Conditioning. Monday Thursday from May 30th August 11th. These sessions will be supervised by current WHS coaches. Planned time as of right now is from 7 am 9 am. Students must be cleared through Family ID to participate.
- Spring Football Practice. May 30th July 1st. This is for all kids in grades 9-12 for the 2024/25 school year.
- Summer Team Camp Hosted by WHS. July 14th 18th. Potentially using Orchard Gym, Pioneer Gym, Foothills Gym, Triangle Park, All WHS Fields, Apple Bowl, WHS Gyms, Portables at WHS, Locker Rooms and WHS Commons & Wrestling Room. This is an all-day event with a cost of \$50 per player. This is a fundraiser as well as a football preparation camp. Students must be cleared through Family ID to participate and will fill out an

- insurance/liability statement/registration form. These sessions will be run by current WHS coaches.
- Single Day Team Camp @ Central Washington Univ. This event will be on June 24th. Team is fundraising to pay for this single day camp. The plan is to raise funds to take two school buses leaving WHS at 7 am & arriving back around 5 pm.

Girls Basketball

- <u>June 17th</u> 19th Youth Basketball Camp. This will be put on at WHS by the boys & girls basketball programs with the help of Eastmont Parks & Rec.
- <u>May 28th July 31st Open Gym @ WHS</u>. This will be held on various dates to be determined and ran my WHS coaches for incoming 9th 12th graders at Wenatchee High School. All students must be cleared through Family ID in order to participate.

Girls Soccer

- Training/Fitness Combination. May 29th July 31st. This will include practices at the Apple Bowl and fitness training in the weight room/gym at WHS two to three days a week. Days and times to be determined. This will be supervised by WHS coaches. All participants will be cleared through Family ID.
- Two to three summer tournaments with sites yet to be determined. Kids will either be transported in school provided transportation or parents will transport kids. Coaches will have parents sign transportation waiver provided by Clear Risk.

Tennis

 No summer plans. Tennis kids will train and do their tennis playing at the WRAC through their summer program.

Track - Combined w/XC for Parts: More to Follow

- <u>June 3rd June 14th</u>. After school running practice. This will be run by WHS coaches and will be held at the WHS track. All kids cleared through Family ID to participate.
- <u>June 17th July 31st</u>. Morning running practices on Monday, Wednesday & Friday. Evening practices on Tuesday & Thursday. Practices will be held at WHS Track, WWPP & the Loop Trail near Pybus.
- <u>June 17th July 31st.</u> Organized team activities that will include hikes to Saddle Rock, Castle Rock or Sage Hills Trail.

Volleyball

- June $11^{th} & 13^{th}$ Panther Volleyball Camp. Camp for any students going into grades 9^{th} 12^{th} . The camp will be put on by our current volleyball coaches and will run from 4-7 pm.
- <u>June 18th & 20th Youth Volleyball Camp</u>. Camp for any students going into grades 5th 8th. This is a fundraising and promotional camp put on by the WHS volleyball program and coaching staff. The camp will run from 4 6 pm daily and costs \$50. The coaches expect up to 50 kids to attend the camp and

all campers will have to fill out an insurance/liability statement/registration form.

- May 28th July 31st Team practices. These sessions are designed for kids that will be high school students for the school year 24/25. All kids will need to be cleared through Family ID to participate. All these sessions will be run by the WHS volleyball staff.
- <u>July 19th & 20th</u> Volleyball Tournament. The high school team will be putting on a tournament at WHS as a fundraiser. WHS kids will be playing in the tournament that will be ran by the WHS coaches.

Wrestling

More information to follow.

2024 WHS Athletic Summer Programs for Board Approval

Color Guard

 Practices at WHS on the dates below. Kids will be cleared in Family ID and prectices will be supervised by coaches.

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June 19<sup>th</sup> – 21<sup>st</sup> from 5 – 8 pm
July 10<sup>th</sup> – 12<sup>th</sup> from 3 – 8 pm
July 25<sup>th</sup> – 27<sup>th</sup> from 3 – 8 pm
August 8<sup>th</sup> – 10<sup>th</sup> from 3 to 8 pm
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Boys Wrestling

The coaches plan on taking a group of WHS wrestlers to the Oregon State Wrestling Team Camp. The camp is from June $27^{\text{th}} - 30^{\text{th}}$ on the campus of Oregon State University in Corvallis. All students will need to be cleared through Family ID. The coaches will drive school vans to Corvallis. The cost of camp and the vans will be paid for by the kids, fundraising and donations.

Girls Wrestling

The coaches plan on taking a group of WHS girls' wrestlers to the Chelan for the Alivia White Chelan Ladies Wrestling Camp on June 21st. All students will need to be cleared through Family ID. The coaches will drive school vans to Chelan and the cost of camp and the vans will be paid for by the kids, fundraising and donations.