

PANTHER FOOTBALL

SAVE THE DATES

SPRING FOOTBALL

for incoming 9th -12th grade:

May 30, 31, June 1,5,6,7,8,12,13

(must be cleared)

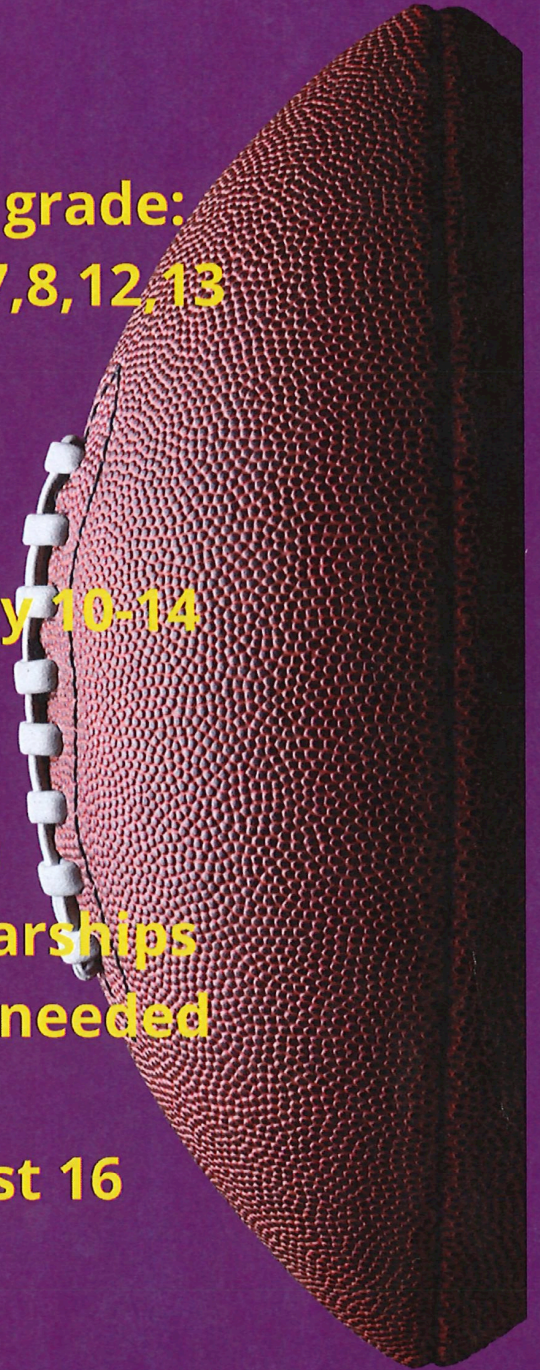
SUMMER PRACTICE: July 10-14

TEAM CAMP: July 16-20

\$50/WHS Player, scholarships
available, parent help needed

SEASON BEGINS: August 16

QUESTIONS? CONTACT COACH DEVEREAUX
509-669-3389
DEVEREAUX.S@WENATCHEESCHOOLS.ORG



WENATCHEE HIGH SCHOOL
VOLLEYBALL

FUTURE PANTHER CAMP



Join us to develop your volleyball skills & learn what its like to be a WHS Panther!

DATES: JUNE 7TH & 8TH @ 4-7PM

@ WENATCHEE HIGH SCHOOL MAIN GYM

GRADES: NEXT SCHOOL YEAR 6TH, 7TH, & 8TH

REGISTRATION IS \$75
INCLUDES CAMP SHIRT

SPOTS ARE LIMITED!

REGISTER ASAP @

[HTTPS://WA-WENATCHEE-](https://wa-wenatchee-)

[LITE.INTOUCHRECEIPTING.COM/WHSVOLLEYBALL](https://wa-wenatchee-lite.intouchrecepting.com/whsvolleyball)

PAYMENT ONLINE IS REQUIRED TO HOLD SPOT

PLEASE EMAIL COACH MCGREGOR IS ANY QUESTIONS:
JMCGREGORHANSEN@YAHOO.COM

WHS PANTHER VOLLEYBALL CAMP 2023



WHO : ALL NEXT SCHOOL YEAR'S 9TH-12TH GRADERS WHO
PLAN ON TRYING OUT FOR WHS VOLLEYBALL IN THE
FALL

WHEN : JUNE 13TH-15TH FROM 4-7PM

WHERE : WENATCHEE HIGH MAIN GYM

COST : COST FOR CAMP IS \$30 & WILL INCLUDE CAMP
TSHIRT

Meet the Coaches :

- COACH MCGREGOR- WHS HEAD VOLLEYBALL COACH
- COACH SANCHEZ- WHS JV COACH
- COACH ERVIN- WHS C TEAM COACH
- COACH SHEEHAN- WHS D TEAM COACH

**NOTE: COACHING STAFF WILL BE PICKING 2 TEAMS AT
CAMP TO ATTEND THE CWU VOLLEYBALL TOURNEY ON
JUNE 17TH & 18TH**

TO REGISTER/PAY PLEASE have parents email Coach McGregor
at jmcgregorhansen@yahoo.com with player name, next year's
grade, parent email, and parent phone number. Coach will then
send the registration form. Please submit the registration form
WITH payment to the athletic office prior to camp dates.

WENATCHEE HIGH SCHOOL VOLLEYBALL

PANTHER CAMP

JUNE 13TH-15TH 2023



NAME: _____

PARENT NAME: _____

PARENT EMAIL: _____

PARENT PHONE #: _____ GRADE NEXT FALL: _____

T SHIRT SIZE (circle one): S M L XL XXL

PAYMENT REQUIRED AT:

**PLEASE BRING THIS REGISTRATION FORM FILLED OUT WITH
PAYMENT (\$30) TO THE ATHLETICS OFFICE PRIOR TO CAMP DATES**

Release for Medical Treatment. I approve of my child's attendance at the Wenatchee Panther Volleyball Camp and certify that she is in good health and able to participate in the camp's activities. I authorize the camp staff to attend to any health problem or injury my child may incur while attending camp. I hereby release and hold harmless the Wenatchee Volleyball Panther Camp, Wenatchee High School District and any representative thereof from any and all liability that may arise from my child's participation in the camp. I acknowledge that I am responsible for any and all medical expenses due to my child's injury or illness.

Parent/ Guardian Signature: _____

Date: _____

RON STONE

SUMMER YOUTH BASKETBALL CAMPS

JUNE 19 - 21

Grades 1 & 2

10:00am - 11:30am

Grades 3 & 4

11:30am - 1:00pm

Grades 5 & 6

1:00pm - 2:30pm

Grades 7 & 8

2:30pm - 4:00pm

- Boys & Girls 1st - 8th Grade
- Age appropriate drills
- Proper Footwork
- Defensive Techniques
- Shooting

\$45

**includes a
ball**

REGISTER AT:

eastmontparks.recdesk.com

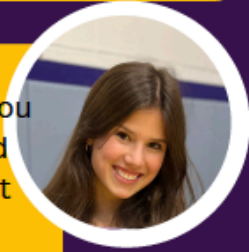
509.884.8015

**CAMP WILL BE HELD AT
WENATCHEE HIGH SCHOOL
AND COACHED BY WHS
VARSITY COACHES**

WHY JOIN XC?



Jason Newman
"It's a great way to make connections that will last throughout high school and further."



Kirsten Jarmin
"XC not only helps you grow physically and mentally tough, but creates deep friendships and lifelong community."



Grant Hirsch
"XC isn't only a great way to get in shape, but also an opportunity become involved in a community."

WENATCHEEPANTHERS.COM

FOLLOW US ON

REMIND

TEXT @runfastwhs to 81010

INSTAGRAM

@wenatcheexc

TWITTER

@wenatcheexc

WEBSITE

wenatcheepanthers.com



WENATCHEE XC

SUMMER RUNNING JOIN US!!

- June 17th–July 31st
- Morning running practices: Monday, Wednesday & Friday
- Evening running practices: Tuesday & Thursday
- Will meet at WHS Track, Walla Walla Park & Loop Trail near Pybus
- ALL are welcome and encouraged to attend!

