

AUGUST 30, 2021

# STAG WEEKLY



DEER PARK HIGH SCHOOL ATHLETICS NEWSLETTER

## TRAITS OF A STAG

### TENACITY

WE FACE EVERY OBSTACLE, EVERY CHALLENGE AND EVERY DAY AS A FIERCE COMPETITOR. WE ARE TENACIOUS IN EVERYTHING WE DO AND WE DO NOT BACK DOWN. WE ARE DETERMINED TO BE THE BEST WE CAN BE! WE HAVE A STRENGTH AND A PURPOSE!

## COACHES CORNER



### SEAN O'NEAL

SOCCER

#### WHY DO YOU COACH?

GROWING UP I WAS IMMERSSED IN ATHLETICS, THEN I WENT ON TO PLAY COLLEGE SOCCER AT WHITWORTH. I HAD THE URGE TO START GIVING BACK TO THE GAME. THEN MY JOURNEY STARTED AND I HAVE ENJOYED EVERY MOMENT OF THAT JOURNEY GIVING BACK AND COMMITTED TO GIVING YOUNG PLAYERS AN OPPORTUNITY TO FIND SUCCESS AND LOVE THE GAME.

#### FAVORITE HOBBY?

ANYTHING OUTDOORS, I LOVE THE SUN, LOVE SPORTS, LOVE VACATION!

#### FAVORITE QUOTE?

" TO UNCOVER YOUR TRUE POTENTIAL YOU MUST FIRST FIND YOUR OWN LIMITS AND THEN YOU HAVE TO HAVE THE COURAGE TO BLOW PAST THEM..."

#### WHAT DOES TENACITY MEAN TO YOU?

TENACITY IS A QUALITY THAT IS GENERALLY UNCOACHED, INSTANTANEOUS FORTITUDE BABY! IT IS THE GRIT AND THE GRIND, THE ABILITY TO NEVER ACCEPT DEFEAT EVEN WITHIN A TRAINING SCENARIO. TENACITY SPEAKS TO INDIVIDUAL WILLPOWER, THE INTERNAL DRIVE TO NEVER GIVE UP, TO RISE ABOVE EXPECTATIONS, TO BE THE BEST YOU EVERYDAY!

## GET INVOLVED

DEER PARK HIGH SCHOOL HAS A LOT OF SPORTS AND ACTIVITIES FOR YOU.

ITS NOT TOO LATE FOR YOU TO JOIN A SPORT.

KEEP YOUR EYES AND EARS OUT FOR EXCITING CLUBS AND ACTIVITIES TO JOIN.

ARCHERY / KEY CLUB / DECA / FFA / DRAMA  
KNOWLEDGE BOWL / LINK CREW  
WORLD LANGUAGE / YEARBOOK

## STUDENT SPOTLIGHT

### SPORTS

CROSS COUNTRY

### DAVID GERTSCH

CROSS COUNTRY  
SENIOR

#### QUOTE

IF YOU'RE NOT FIRST YOU'RE LAST!

#### MOST INFLUENTIAL PERSON

IN YOUR LIFE

MY GRANDFATHER

#### MOVIE/MUSIC

NIGHTMARE BEFORE CHRISTMAS/EVERY  
TYPE OF MUSIC

#### ACTIVITY (NON-SPORT)

WOODWORKING

#### FUTURE

ELECTRICAL ENGINEERING AND REPAIR



#### FUN FACT

I'M BASICALLY AN ORPHAN

### ALLISON FEIST

VOLLEYBALL  
SENIOR

### SPORTS

VOLLEYBALL

#### QUOTE

"COMPARE YOURSELF TO WHO YOU WERE YESTERDAY, NOT TO WHO SOMEONE ELSE IS TODAY"

#### MOST INFLUENTIAL PERSON

IN YOUR LIFE

MY PARENTS

#### MOVIE/MUSIC

FINDING NEMO & 27 DRESSES/  
NEW COUNTRY AND POP

#### ACTIVITY (NON-SPORT)

PADDLE BOARDING, GOING TO COFFEE SHOPS AND HANGING WITH FRIENDS

#### FUTURE

GOING TO COLLEGE TO STUDY EDUCATION OR KINESIOLOGY



#### FUN FACT

I AM VERY ARTISTIC AND CREATIVE. I LOVE CREATING NEW PROJECTS AND IDEAS

## UPCOMING EVENTS

SEPTEMBER 1ST

SCHOOL STARTS

SEPTEMBER 2ND

VOLLEYBALL JAMBOREE

@ CHENEY HIGH SCHOOL

SEPTEMBER 3RD

FOOTBALL VS EAST VALLEY

7:00 @ DEER PARK

CHECK OUT [WWW.DEERPARKSTAGS.COM](http://WWW.DEERPARKSTAGS.COM) FOR ALL YOU ATHLETIC NEWS AND INFORMATION

SERVE

TENACITY

ATTITUDE

GRATITUDE

SUCCESS