STAG WEEKLY

DEER PARK HIGH SCHOOL ATHLETICS NEWSLETTER

ATHLETE OF THE MONTH NOMINATIONS

THESE ARE STUDENT ATHLETES WHO EMBODY THE TRAITS OF A STAG!

FOOTBALL Remi Scott, Andrew Dedico

CHEER CECELIA JOHNSON, ABBI ARLETH

CROSS COUNTRY Aaron Harris, Ripley McNab

SOCCER Carmen Kiewert, Livvy Moore

VOLLEYBALL

SPORTS RECAP

LAST WEEK IN SPORTS-

VOLLEYBALL VS FREEMAN 0-3

FOOTBALL VS CHEWELAH 35-0

SOCCER VS MEAD 3-4 IN A SHOOTOUT.

COACHES CORNER (HOMECOMING EDITION)



Ryan Jorgensen

FOOTBALL/WRESTLING

WHY DID YOU COME BACK TO DP TO COACH? I CAME BACK TO DEER PARK BECAUSE I LOVE THE COMMUNITY I GREW UP IN. SOME OF MY FAVORITE PEOPLE IN THE WORLD WERE MY COACHES WHEN I WAS AN ATHLETE HERE AND I WANTED TO GIVE

BACK. WHO INSPIRED YOU TO COACH?

My mother was the Head VolleyBall coach for over 10 years and my father was the Head Wresting coach for over 15 years. While growing up both of my parents were always coaching and the impact they had on their student athletes inspired me to want to do the same.

WHY DO YOU COACH?

I COACH BECAUSE I ENJOY HELPING PEOPLE REACH THEIR FULL POTENTIAL. I ALSO ENJOY STRENGTHENING RELATIONSHIPS WITH STUDENTS OUTSIDE OF THE CLASSROOM.

FAVORITE HIGH SCHOOL MEMORY

MY FAVORITE MEMORY WAS BRINGING HOME THE FIRST STATE TITLE FOR DEER PARK. SEEING THE AMOUNT OF WORK THAT WAS PUT INTO IT AND THEN SEEING IT PAY OF IS SOMETHING I WILL NEVER FORGET.

FAVORITE HOBBIES

READING BOOKS/COMICS, COMPETING IN ONLINE VIDEO GAMES, HANGING OUT WITH LIFELONG FRIENDS.

FAVORITE QUOTE?

"Do, or do not, There is no try!" - Yoda

ADVICE TO CURRENT ATHLETES.

PLAY AS MANY SPORTS AS YOU CAN!!! PLAYING OTHER SPORTS HELPS YOU IN WAYS YOU CAN'T MEASURE (CONFIDENCE BUILDING, LEARNING HOW TO COMPETE, BEING AROUND OTHER STUDENTS/COACHES, GETTING OUT OF YOUR COMFORT ZONE, HANDLING ADVERSITY, WORKING TOGETHER, ETC) AND IT WILL HELP YOU MORE THAN YOU THINK WHEN IT COMES TO YOUR "MAIN" SPORT. ONE DAY YOU WON'T BE ABLE TO PLAY ORGANIZED SPORTS

KIMMIE CONNER

VOLLEYBALL/TRACK AND FIELD (MS)

WHY DID YOU COME BACK TO DP TO COACH?

AFTER HAVING AN INJURY IN COLLEGE ATHLETICS, I REALLY WASN'T SURE WHERE I FIT IN, BUT I KNEW I WANTED TO BE AROUND SPORTS. MY DAD WAS JUST LEAVING HIS COACHING CAREER HERE AT DEER PARK, AND I KNEW THIS WAS MY SIGN TO DIVE IN AND MAKE A DIFFERENCE IN THE ONE OF THE SPORTS THAT BUILT ME.

WHO INSPIRED YOU TO COACH?

I HAVE BEEN BLESSED WITH MANY AMAZING COACHES IN WY ATHLETIC CAREER WHO BELIEVED IN ME, FROM YMCA, THROUGHOUT HIGH SCHOOL AND EVEN THROUGH COLLEGE. MY DAD WAS ONE OF MY FAVORITE COACHES, SEPARAT-ING HIS "FATHER" MOMENTS AND BIBING MY BIGGEST REALIST. I ALSO HAVE HAD THE PRIVLEGE TO HAVE COACH GILBERT SIT DOWN AND HAVE CONVERSA-TIONS ON LIFE, AND FATH AND GOALS. MY COLLEGE COACH WAS ONE OF THE MOST BUBBILIEST YET HARD WORKING INDIVIDUALS. ALL THESE MESHES OF COACHING STYLES MADE ME WANT TO BECOME SOMEOPE WHO CAN RELATE TO YOUNG ATHLETES.

WHY DO YOU COACH?

WANT THE ATHLETES I COACH TO BELIEVE IN THEMSELVES, AND SEE HOW MUCH THEY REALLY CAN DO. I WANT THESE ATHLETES TO DREAM BIG, AND HAVE THE MEMORIES THAT I WAS LICKY ENOUGH TO CREATE. IT'S MORE THAN SPORTS, WE TEACH OUR KIDS, IT'S BUILDING BONDS, IT IS RELATING TO LIFE EVENTS AND IT IS HELPING KIDS KNOW WHO THEY ARE AND HOW TO STRIVE FOR A BETTER 'THEM'.

FAVORITE HIGH SCHOOL MEMORY

One of MY FAVORITE MEMORIES IN HIGH SCHOOL WAS WHEN MY FRIENDS AND I TOOK A COMPUTER CLASS FROM CHRIS SNYDER, AND WE WOULD PLAY WORDS WITH FRIENDS AFTER VERY QUICKLY FINISHING OUR ASSIGNMENTS OF COURSE. BASICALLY IT WAS AN ENGLISH CLASS ON TOP OF THAT. OR THAT ONE TIME IN CHEMISTRY WITH CHAMPOUX WHERE WE REALIZED THE THEATRE ROOM HAD ITS CAMERA ON AND WE RAN DOWN AND DID SHAKESPEARE.

FAVORITE HOBBIES

LOVE HIKING THE PNW WITH MY DOG BOONE AND PLAYING REC LEAGUE VOLLEYBALL IN SPOKANE

FAVORITE QUOTE?

"FAITH ISN'T KNOWING WHAT THE FUTURE HOLDS, ITS KNOWING WHO HOLDS THE FUTURE."

ADVICE TO CURRENT ATHLETES.

DREAM BIG, HAVE BIG GOALS AND ALWAYS BE KIND BECAUSE THERE ARE PEOPLE WATCHING YOU AND THE WAY YOU PRESENT YOURSELF. ALWAYS PLAY LIKE IT'S YOUR LAST GAME BECAUSE YOU NEVER KNOW WHEN THAT MAY BE. EVERY ATHLETE THAT WALKS THROUGH OUR GYMS, OR OUR FIELDS HAS THE WORLD IN FRONT OF THEM, AND IF YOU



UPCOMING EVENTS

Sept. 27th	JV Football @ Medical Lake	6:00	Sept. 30th	Soccer vs Colville	V-4:00
SEPT. 28TH	Soccer vs Medical Lake	V-5:00	SEPT. 30TH	VOLLEYBALL VS COLVILLE	JV-5:00 V-6:30
SEPT. 28TH	VOLLEYBALL VS MEDICAL LAKE	JV-5:00 V-6:30	OCT 1ST	FOOTBALL VS NEWPORT	V-7:00
Sept. 29th	XC @ NEWPORT	4:00	OCT 2ND	XC @ Colville	9:00

SERVE TENACITY ATTITUDE GRATITUDE SUCCESS