

MEET SCHEDULE

Friday – March 31st

Noon to 1:00pm Coaches Packet Pick up

<u>Field Events</u>	<u>Varsity Girls</u>	<u>JV Girls</u>	<u>Wheel Chair</u>	<u>Varsity Boys</u>	<u>JV Boys</u>
2:30	TJ-West	Shot Put		TJ-East	Discus
3:00	PV-East	HJ-North		PV-West	HJ-South
4:00			Shot Put		
4:30	Shot Put			Discus	
5:00		TJ-West			TJ-East

****Top 3 places report immediately to the awards stands**

Running Events (Running order-JVG, VG, JVB, VB)

1:15 4X100 Warm up

3:15 Track Closed

3:30 **3200m Run VG, VB FINAL EVENT**

4:00	4X100 relay	JVG, VG, JVB, VB	8 best times to finals
	100m H	JVG, VG	8 best times to finals
	110m HH	JVB, VB	8 best times to finals
	100m dash	JVG, VG, JVB, VB,	8 best times to finals
	4X200 relay	JVG, VG, JVB, VB	8 best times to finals
	400m dash	JVG, VG, JVB, VB,	8 best times to finals
	300m IH	JVG, VG, JVB, VB	8 best times to finals
	200m dash	JVG, VG, JVB, VB	8 best times to finals
	4X400 relay	JVG, VG, JVB, VB	8 best times to finals