



Salado ISD Athletics

Dear Parent/Guardian of Salado ISD Student-Athletes:

The Salado ISD Athletic Department would like to thank you for taking part in the electronic submission of athletic participation forms. All student-athletes entering grades 7-12 are required to submit these forms electronically each year prior to participation in athletics.

The only required forms that cannot be submitted electronically are the UIL Pre-Participation Physical Evaluation-Medical History Form and Physical Examination Form. The only accepted UIL Pre-Participation form should have **2026** in the top right corner of the Medical History form.

You may print the UIL Pre-Participation Medical History and Physical Evaluation forms **PPE** or by clicking on the "Download and Print" tab in Rank One. The medical history must be filled out and signed by the student-athlete and a parent/guardian. The physical examination form must be filled out and signed by a physician. **The physical examination must be dated after May 1st of the upcoming school year.**

It is the recommendation of the Salado ISD Athletic Department that you make a copy of the physical for your files. Please submit a copy of the UIL Pre-Participation forms to the Middle School Office, High School Office, or Marcy Baker (Athletic Trainer). Please do not send in pictures of physical forms.

NOTE:

Students must have all required paperwork on file before they may begin to participate in athletic activities including practices, workouts, and athletic contests.

Rank One Website is: <https://saladoisd.rankonesport.com>

Sincerely,

Paul Baird, SISD Athletic Director
Salado High School
1880 Williams Road
Salado, TX 76571
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Questions regarding Rank One or form submission can be directed to:

Marcy Baker, Athletic Trainer
marcy.baker@saladoisd.org
Phone: 254-947-6990



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Rank One Instructions

**** You MUST have your athlete's school ID number available as it is required on each form ****

DO NOT ENTER THE LEADING "0" OF THE STUDENT'S ID NUMBER. (Example: If your student ID number is 012345, it would be correct to enter as 12345)

Parents, you must fill out each form.

Rank One Website: <https://saladoisd.rankonesport.com>

- * When you create an account you will have access to view your student's physical form and all completed forms.
- * To access the online forms hold your cursor over the "Electronic Participation Forms" tab. You will get a drop down list of the forms.
- * Click on the form name and fill out the information requested.
- * To sign the document click inside the signature box and hold your mouse down, this will allow you to create an "Electronic Signature". If you make a mistake and need to start over click on the refresh icon next to the signature box.
- * Do not use autofill when filling out the information. Please double check information in order to avoid delays with having your athlete cleared to participate in athletics.
- * Once you have filled out all the information on each page you will have the opportunity to print the document.
- * Note for physicals: Students are required to use the UIL Pre-Participation Medical History and Physical Evaluation forms 2026 provided. **NO OTHER** Physical Examination forms will be accepted. A new physical exam must be given prior to each school calendar year. Any physical administered prior to May 1, will not be valid for the upcoming school year. The form can be accessed from the Download and Print tab. You are encouraged to fill out the history portion of the form prior to printing.