

LONE OAK BUFFALOES

2023 POWERLIFTING SCHEDULE

Thurs. Jan. 12	Lone Oak	4:00pm
Wed. Jan. 25	@ Wills Point	4:00pm
Thurs. Feb. 9	@ Grand Saline	4:00pm
Fri. March 3	Girls Regional Meet @ Eustace HS	
Sat. March 11	Boys Regional Meet @ Decatur HS	
Thurs-Sat. March 15-18	Girls State Meet @ Frisco (Comerica)	
Fri. March 24	Boys State Meet @ Abilene	

Coach:	Doug Jones
Athletic Director:	Logan Turner
HS Principal:	Nate Compton
Superintendent:	Janee' Carter