



**LONE OAK BUFFALOES**  
**2022 CROSS COUNTRY SCHEDULE**

<b>Day</b>	<b>Date</b>	<b>Location</b>	<b>Teams</b>
<b>Saturday</b>	<b>8/20</b>	<b>Greenville Sports Park</b>	<b>HS/JH</b>
<b>Saturday</b>	<b>8/27</b>	<b>Kaufman Sports Complex</b>	<b>HS/JH</b>
<b>Thursday</b>	<b>9/1</b>	<b>North Hopkins High School</b>	<b>HS/JH</b>
<b>Thursday</b>	<b>9/15</b>	<b>Miller Grove High School</b>	<b>HS/JH</b>
<b>Saturday</b>	<b>9/24</b>	<b>Lone Oak High School</b>	<b>HS/JH</b>
<b>Saturday</b>	<b>10/1</b>	<b>University of Texas at Tyler</b>	<b>HS/JH</b>
<b>Saturday</b>	<b>10/8</b>	<b>District @ Lone Oak</b>	<b>HS/JH</b>
<b>Tuesday</b>	<b>10/25</b>	<b>Regionals @ Lynn Creek Park - Grand Prairie</b>	<b>HS Only</b>
<b>Friday</b>	<b>11/4</b>	<b>State @ Old Settler's Park - Round Rock</b>	<b>HS Only</b>

**Boys Head Coach - Matt Wingo**  
**Girls Head Coach - Ryan Ocheskey**  
**Athletic Director - Logan Turner**

**HS Principal - Nate Compton**  
**JH Principal - Shannon Wilhite**  
**Superintendent - Janee Carter**