

# LONE OAK BUFFALOES

## 2024 POWERLIFTING SCHEDULE

<b>Thurs, Jan 11</b>	<b>@ Winona</b>	<b>4pm</b>
<b>Thurs. Feb. 8</b>	<b>@ Quitman</b>	<b>TBA (PM)</b>
<b>Thurs. Feb 15</b>	<b>@ Winona (*LCQ - Girls)</b>	<b>4pm</b>
<b>Sat. March 2</b>	<b>Girls Regional Meet @ Commerce HS</b>	
<b>Fri. March 8</b>	<b>Boys Regional Meet @ Decatur HS</b>	
<b>Wed.-Sat. March 13-16</b>	<b>Girls State @ Frisco (Comerica Ctr.)</b>	
<b>Thurs.-Sat. March 21-23</b>	<b>Boys State @ Abilene (Taylor Co. Expo Ctr.)</b>	

<b>Head Coach:</b>	<b>Doug Jones</b>
<b>Assistant Coach:</b>	<b>Travis Willoughby</b>
<b>Athletic Director:</b>	<b>Logan Turner</b>
<b>HS Principal:</b>	<b>Steve Morrow</b>
<b>Assistant Principal:</b>	<b>Elizabeth Hyatt</b>
<b>Superintendent:</b>	<b>Janee' Carter</b>