

Lady Scots TF Practice Schedule

Jan. 20th-24th

*Monday, Jan. 20th - Holiday. You will do the practice on your own.

*Tuesday, Jan. 21st - The plan is to practice @ Germany Park @ 3:05-5:35. However, this could change due to the weather. Everyone will need to roll with the punches as the weather is uncontrollable. We may have to go to the indoor for practice, so we could practice as late as 5:30 p.m.-6:30 p.m.

*Wednesday, Jan. 22nd - Practice 3:05 p.m.-5:35 p.m. @ Germany Park.

- Juniors - Come pick up your equipment @ the stadium. A-L - 5:45 p.m.-6:15 p.m. and M-W - 6:15 p.m.-6:45 p.m.

*Thursday, Jan. 23rd - Practice 3:05 p.m. - 5:35 p.m. @ Germany Park.

- This will be a pre-meet day, so we will have a team meeting at Germany Park. We will have our normal hurdle, pole vault, and discus workout.

*Friday, Jan. 24th - Intrasquad Meet - 3:35 p.m.-6:30 p.m.

- Be @ Germany Park by 3:05 p.m.
- If you have an 8th period class, you will stay in class until 3:35 p.m. Please be @ Germany Park by 3:55 p.m.
- Invite your parents to come and cheer you on.

*Monday, Jan. 27th

- Sophomores - Come pick up your equipment @ the stadium. A-L - 5:45 p.m.-6:15 p.m. and M-W - 6:15 p.m.-6:45 p.m.

*Wednesday, Jan. 29th

- Freshmen - Come pick up your equipment @ the stadium. A-L - 5:45 p.m.-6:15 p.m. and M-W - 6:15 p.m.-6:45 p.m.

CHASING EVERY SECOND