

## 2021-22 HPISD ATHLETICS TRY-OUT INFORMATION

**ALL PROSPECTIVE ATHLETES MUST HAVE REQUIRED UIL AND HPISD FORMS COMPLETED PRIOR TO THE FIRST DAY OF TRYOUTS/OFFSEASON WORKOUTS FOR EVERY SPORT. FORMS ARE AVAILABLE IN THE ATHLETICS SECTION OF THE HPISD WEBSITE - [www.hpisd.org](http://www.hpisd.org) - AND IN THE INSIDE ATHLETICS SECTION OF THE ATHLETIC WEBSITE - [www.scotsillustrated.com](http://www.scotsillustrated.com).**

Gender	Sport	Try-out Dates	Criteria	Requirements	Competition Season	Contact	Email Address
Boys'	Baseball	There are two tryouts for baseball. Tryouts for baseball is a 2 week process which occurs two weeks prior to Thanksgiving break and the other is in the first ten days of school for baseball "onlys". The first is during the first ten days of school and with baseball "onlys" or the students in the baseball class period for the fall semester. After our tryout evaluations, we will cut and have those students change their schedule going forward with the semester. They will only be able to tryout the following school year. During these two weeks with both tryouts, players from 9th grade to 12th grade will be evaluated by the baseball staff. After the ten days and Thanksgiving break, Coach Yoder will meet with every individual to talk about their skills and whether or not they made the team. They will begin with seniors down to freshman by alphabetical order. Baseball onlys will have to go through both tryouts. If they did not make team, they will change schedule for 2nd semester.	The evaluation process includes: Hitting (2 categories)-consistency with swing, bat exit speed, fundamentals, balance-we video each player and watch their swings and talk to each one. Does cage work transfer to the field? We use a multiple ways of obtaining quantitative data to help us make the most informed decisions. Categories include: Speed-Home to first, 40 yd. dash, 60 yd. dash, agility drill. Throwing-Velocity by position, accuracy, pop time by position, mechanics. Fielding (2 categories)-Balance, range, fundamentals, footwork, mechanics. Intangibles-where does he fit in program by position, lefty/righty switch, does he know the game and where to be, versatile player? We watch this as a staff through different drills and scrimmages. Each category is based out of 0-5 scale and there are a total of 7 categories. They will be compared to peers and evaluated on what fits our programs future.	You should not take this class for PE credit. Should have baseball experience whether rec or select. After school practice begins during Spring Semester; usually around late Jan.	End of January - June	Travis Yoder	<a href="mailto:yodert@hpisd.org">yodert@hpisd.org</a>
Girls'	Basketball	9/IV/V try-outs are the first three weeks of school, unless you are coming from CC or vball and then you will try out a later date (TBD with the Coach). Practices during the period begin on the second day of school. All practices consist of individual and team fundamental drills as warm-up and move on to more complex drills that are fundamentally focused. As the year progresses the drills focus on specific offensive and defensive concepts all while keeping a strong fundamental base. There are no cuts made in 9th-11th years as long as the athlete: remains eligible throughout the year, maintains a positive representation of the program on and off the court, does not violate the ECOC, and gives full effort on the court. All are subject to review.	A strong work ethic, positive/ team first attitude, determination and dedication to your team as well as being coachable are all things needed to be successful in basketball. If you can do these things every day then you will get better at the following items listed (fundamentals of the game): Ball Handling, right and left handed Lay-ups, Shooting Form, Defensive Stance, Passing Form, Rebounding, Court Awareness, Terminology, Team Play, Communication. All of these fundamentals will be evaluated by the coaching staff during drills, competitive play and skeletal run throughs in order to determine the best position and team for each athlete. Once placed on a team, movement between teams is possible based on performance and need. If a player quits the Head Coach can decide if the player can return.	All girls interested in playing basketball in the 2021-2022 school year will be scheduled for 4th period athletics. 4th period is from 11:01-11:50. It is recommended that students in 4th period request 5th period lunch, this will allow the girls to participate in the full duration of the class. If girls are scheduled for a class during 5th period, they will be released at 11:40 so they may change and get ready for their next class. For multi sport athletes, please refer to "Lady Scots Try Out Basketball Information" on the HPiSD.org website. Go to Departments, Athletics, Schedules, Basketball.	Mid-October - March (1st weekend)	Nicole Fleming	<a href="mailto:fleminb@hpisd.org">fleminb@hpisd.org</a>

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Boys'	Basketball	Tryouts for incoming 9th grade boys will be the first two weeks of school. Cuts will be made on Friday of the second week. 9th graders who are in a fall sport will tryout the second week of November. Final rosters for 9th grade teams will be second week of November. JV/V try-outs/teams finalized by mid-September except for those players trying out from football. Players should be in off-season in the fall unless playing another fall sport. Final team selections will be in early November. Any additional players added will be up to the discretion of the coaching staff.	Players will be evaluated during scrimmage sessions during tryouts. Players will also be evaluated for their skill level in passing, dribbling, shooting, defense & rebounding. Athletic ability, attitude, coachability, unselfishness, grades, position, & grade are also determining factors in selection.	Must be in athletic perio	November - February	David Piehier	<a href="mailto:piehled@hpisd.org">piehled@hpisd.org</a>
Girls'	Cross Country	Try-outs and practice begin July 26, 2021 at 6:30 a. m. @ Norbuck Park. Summer training sessions held in June and July.	Follow Summer Training Plan-available (sometime in late May) on Athletic Website - <a href="http://www.scotsillustrated.com">www.scotsillustrated.com</a> . Must attend all practices beginning July 26th until the first day of school. Coaches will evaluate athletes in aerobic condition, hill work, and racing speed in distances from 1 - 7 miles.	Must be in athletic period Fall Semester.	August - mid November	Susan Bailey	<a href="mailto:baileys@hpisd.org">baileys@hpisd.org</a>
Boys'	Cross Country	Summer training sessions held in June and July . First day of practice begins Monday, July 26th @ 6: 00 am. T&P Hill	Follow Summer Training Plan - available on-line	Must be in athletic period Fall Semester.	August - November	David Ripley	<a href="mailto:ripleyD@hpisd.org">ripleyD@hpisd.org</a>
Boys'	Football	Practice begins August 10, 2020. All players must report including Freshman.	Students must have participated in football the previous year and participated in off-season and spring training. If a player quits, the head coach will decide if he can return.	9th graders may sign up at the beginning of their 9th grade year. Head Coach's approval required for 10-12 grade students to enroll in football for Spring Semester of each year. HPHS 9-12 graders must have participated in football the previous year & be in good standing with the football coaches. Students who move into HPHS & participated in football the previous year at their school may enroll in football at the beginning of the semester they enroll.	Late August-December	Randy Allen	<a href="mailto:allenr@hpisd.org">allenr@hpisd.org</a>

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Girls'	Golf	August 3-5, 2021	On Tuesday, EVERYONE will be required to hit range balls, chip, & putt @ Tenison Golf Park. On Wed & Thur, everyone will then be required to play 36 holes @ Tenison Highlands Golf Course. Friday will be reserved as a make-up day. These two 18 hole rounds will be broken up into 2 days. All State Tournament participants returning from the previous year are exempt from qualifying, however must play both rounds. Captains who are elected for the 2020-2021 school year are exempt from qualifying but also must play both rounds. Players are responsible for their own green fees @ Tenison Highlands. Head coach reserves the right to add any player he deems necessary. The team will consist of a MAXIMUM of 16 players. Parents are not permitted to follow their child during the qualifier.	Attend all practices/team meetings & compete in up to 8 tournaments during the school year. (Plus post-season play if qualified)	Fall: September - December Spring: January - May	tt Claborn 469-338-9461	<a href="mailto:claborm@hpsid.org">claborm@hpsid.org</a>
Boys'	Golf	72 Hole Tryout (54 Minimum in case of inclement weather) occurs May 31 June 4(Rain Day June 5) @ Tenison Park (Highlands Course 4 Rounds) Tee times will begin around 7:30AM. There will be a pre-tryout meeting held on Thursday, May 27 at 6PM virtually.	There will be an important Parent/Player meeting on Thursday, May 27th at 6:00pm virtually in order to go over tryout procedures. It is not a mandatory meeting, but it is highly recommended that some member of the family attend. Elected Captains and returning players who played in the UIL State Championship are exempt from trying out. Please contact Coach Henson at 512-507-4067	All players who have played golf in tournament settings and are familiar with the basic etiquette and rules of the game (i.e.. Water hazard options, lateral water hazard options, cart path relief, ground under repair, lost ball options, what to do when ball hit out of bounds, etc...) Team trip TBD, most likely in August prior to school starting	Fall: September -December Spring: January - May	Erik Henson 512-507-4067	<a href="mailto:hensone@hpsid.org">hensone@hpsid.org</a>
Boys'	Gymnastics	Tryouts are Sept-Dec, One semester long.	Prospective gymnasts must show a desire to learn 4, 5 routines on two events. Demonstrate ability to do 5 pull ups, 20 pushups, 5 dips	NO SKILLS required, just desire. Must be in athletic period first semester.	November - April	Mark Sherman	<a href="mailto:shermam@hpsid.org">shermam@hpsid.org</a>
Girls'	Gymnastics	Tryouts will take place during the first week of the school year. Final selections will be made by Thursday, August 19, 2021.	Prospective gymnasts must show a desire to train for a competitive program. Varsity and JV teams based on number of participants.	Basic gymnastics skills, required. Must be in athletic period all year. Practice after school is required.	November - May	Brandi Wren	<a href="mailto:wrenb@hpsid.org">wrenb@hpsid.org</a>
Boys'	Powerlifting	End of football season - end of February. No specific try-outs.	All are welcome to work out, select lifters will compete at meets. Most lifters are given the opportunity to compete in at least one meet.	Desire to Get Stronger and Work Hard	January - March	Grayson Wells	<a href="mailto:wells@hpsid.org">wells@hpsid.org</a>

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Boys'	Soccer	First three weeks of school during 1st period soccer. Some cuts will be made in September. Student athletes in soccer class who are cut will be given the option to remain in the program in a new capacity (manager, trainer, etc) or they can request a schedule change.	<p>Players will be evaluated by HP Scots soccer coaches in the following areas:</p> <ul style="list-style-type: none"> <li>● Technical : Mastery of ball control, first touch, passing accuracy, finishing, etc.</li> <li>● Tactical : Speed of play, ability to assess the soccer situation and react appropriately and/or creatively.</li> <li>● Physical : Fitness, strength, speed, quickness.</li> <li>● Psychological : Attitude, coachability, focus, desire to compete, leadership.</li> <li>● Communication : Verbal and nonverbal.</li> </ul> <p>HP Scots Soccer is a cut sport. All players who are enrolled in the soccer class, as well as attendees to open tryouts will be considered.</p>	Must be in fall off-season 1st period unless in fall sport, no exceptions. Athletes not in 1st period fall soccer will try out at 6:45 am the Monday after Thanksgiving. Try-outs last four days.	December- April	Salvador Richie	<a href="mailto:richies@hpsid.org">richies@hpsid.org</a>
Girls'	Soccer	First three weeks of school during 8th period soccer. Additional time if needed for multi-sport and/or injured student-athletes.	Team selection will be based on the ability of the student-athlete to perform with a high level of technical ability & tactical awareness that will enhance the mission of our program. The student-athlete must be able to function positively in a competitive environment & be open to learning for the betterment of the team & program while maintaining the standards of a Triple Impact Competitor. This requires consistent effort to make themselves better, their teammates better & the game better. Selection into the program & placement on any particular team is not guaranteed & is evaluated on a yearly basis. Once placed on a team movement between teams is possible based on performance and need.		Late November - Mid April	Jackie Hlavaty	<a href="mailto:hlavatj@hpsid.org">hlatatj@hpsid.org</a>
Girls'	Softball	There are no cuts for softball. No experience needed. Team placement takes place the week after Thanksgiving.	Team selection is based on fundamentals of fielding, hitting, pitching, and base running. Players need to have a good attitude, get along well with others, and have a ready to learn attitude. Girls are encouraged to enroll in 8th period softball during Fall Semester.	After school practice beginning spring semester	Late January - Early May	Michael Pullen	<a href="mailto:pullenl@hpsid.org">pullenl@hpsid.org</a>
Boys' and Girls'	Swimming and Diving	No cuts in Diving. Swimming try-outs will be the 1st week of school.	All Athletes interested in Varsity Swimming Tryouts will do a set of 10 X100's freestyle, a 500 freestyle for time. All Athletes interested in Diving Tryouts must be able to complete a proscribed six-dive rotation. It is preferred that divers have a complete 11-dive rotation for competition. JV swimmer need to be safely and correctly be able to swim the 4 competitive swim strokes.	New and JV swimmers 8th period; Varsity swimmers 1st period.	September - February	Jesse Cole	<a href="mailto:colei@hpsid.org">colei@hpsid.org</a>

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<p>Boys' and Girls Varsity/</p>	<p>Tennis</p>	<p>Please sign your name on the information sheet @ Seay Outdoor Tennis Center (4120 Glenwick) to confirm your intent to tryout. Be sure to indicate your level of UTR (Universal Tennis Rating). Write legible. Tryout attendance is mandatory on the correct days! (NO EXEMPTIONS HAVE EVER BEEN GRANTED) UTR (Girl up to 3.99) (Boy up to 4.99) July 28th (Rain Makeup 7/29). UTR (Girl 4.0-5.79) (Boy 5.0-6.79) July 29, 30th &amp; August 2nd (Rain day August 3rd) Aug 12-15th UTR (Girls 5.8 and above) (Boy 6.8 and above) August 4-5th Players need to provide their own transportation to the tryout site. PLEASE DO NOT FORGET TO LEAVE AN E-MAIL ADDRESS ON THE SIGN UP SHEET ON THE COUNNTER OF SEAY INDOOR TENNIS CENTER, SO THAT YOU CAN BE REACHED! Try-Out Times: Play begins @ 7 am &amp; last all day. (All categories) Tryouts will be held Samuel Grand Tennis Center.</p>	<p>The following players are automatically on the team. They do NOT try-out: 1. All USTA super-champ qualified players grades 10-12 who were super-champed qaulified by December 31st, 2020. 2. Players who have been elected Captain for the 2021-22 school year. All Freshmen &amp; Transfers must try-out, including any that are UTR or nationally ranked. (First consideration is for the Varsity.) All seniors will be permitted to tryout for the Varsity only. Seniors cannot play on the JV according to UIL rules. Play will be as continuous as possible-bring lunch, snacks, &amp; drinks-there will be no organized lunch break. All JV players will play in all Varsity District matches &amp; JV tournaments; unless the coaches determine that only a certain number can participate in that event. (The option for participation belongs to the coaches, not the players.)</p>	<p>REQUIREMENTS to participate in the tryout process: 1. Physicals must be dated no earlier than May 18th, 2021. Anything before will not be accepted! 2. Bring completed UIL medical forms to the coaches before tryouts start and fill out all electronic acknowledgement of rules before tryouts begin. (Signatures are required of both players &amp; parents, on both sides of the UIL physcial forms. Please be sure you have all signatures that are needed.) 3. Participation in the Tryouts must be completed to qualify for JV/Varsity teams. Go to <a href="http://www.hpisd.org">www.hpisd.org</a> &amp; click on the athletics link. Then click on UIL information link. There you will find the UIL Manual for parents &amp; students to read. Team rosters will be posted on glass doors @ HP Outdoor Tennis center@ 4 PM, Monday, Aug 5th. If player makes the Varsity/JV Team, pictures for the Team Poster will be taken sometime before school starts. To be included on the poster, player must be in attendance @ scheduled time. No exceptions will be made. Players must know their UTR status. If in doubt or to verify UTR ranking look up <a href="http://www.universaltennisratings.com">www.universaltennisratings.com</a>. Any misrepresentation of category status will result in immediate disqualification from the entire tryout process.</p>	<p>Fall: August - early November. Spring: January - early May.</p>	<p>Dan Holden/Tylir Jimenez</p>	<p><a href="mailto:holdend@hpisd.org">holdend@hpisd.org</a> <a href="mailto:jimenet@hpisd.org">jimenet@hpisd.org</a></p>
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## 2021-22 HPISD ATHLETICS TRY-OUT INFORMATION

Girls'	Track and Field	Monday, Nov. 29 - Friday, Dec. 3, 2021	Evaluation based on specific skills needed to compete in 17 UIL Track and Field events.	Must attend meets and practices (including practices after tryouts until the winter break).	Meets late January - mid-May	Susan Bailey	<a href="mailto:baileys@hpsid.org">baileys@hpsid.org</a>
Boys'	Track and Field	Practices will begin the 3rd Monday in January. No tryouts for Freshman boys. All who attend consistently make the squad.	Men's Track does host tryouts the second week of January. Athletes must meet the set standard in order to make the squad. Boy's Track is after school only & competes in a full JV & Varsity schedule	Meets 8th period or after school. Must attend all practices and Meets.	January - May	Todd John	<a href="mailto:johnth@hpsid.org">johnth@hpsid.org</a>
Girls'	Volleyball	August 2, 2021	Must be present and physically participating in all sessions and have required forms completed & submitted before try-outs begin on the first day to be eligible for team selection.	Practices start in 8th period and after school.	August - mid November	Michael Dearman	<a href="mailto:dearmam@hpsid.org">dearmam@hpsid.org</a>
Boys'	Wrestling	1st six weeks of school year		8th period practices begin first day of school. After school practices begin 1st week of October	Normally Nov - Feb Covid 2021 - March-April	Tim Marzuola	<a href="mailto:marzuot@hpsid.org">marzuot@hpsid.org</a>