

2020-2021 HPISD ATHLETICS TRY-OUT INFORMATION

ALL PROSPECTIVE ATHLETES MUST HAVE REQUIRED UIL AND HPISD FORMS COMPLETED PRIOR TO THE FIRST DAY OF TRYOUTS/OFFSEASON WORKOUTS FOR EVERY SPORT. FORMS ARE AVAILABLE IN THE ATHLETICS SECTION OF THE HPISD WEBSITE - www.hpisd.org - AND IN THE INSIDE ATHLETICS SECTION OF THE ATHLETIC WEBSITE - www.scotstillustrated.com.

| Gender | Sport | Try-out Dates | Criteria | Requirements | Competition Season | Contact | Email Address |
|--------|------------|--|---|---|-----------------------------------|----------------|--|
| Boys' | Baseball | <p>There are two tryouts for baseball. Both Tryouts for baseball is a 2 week process which occurs two weeks prior to Thanksgiving break and the first ten days of school for baseball "onlys". The first is during the first ten days of school and with baseball "onlys" or the students in the baseball class period for the fall semester. After our tryout evaluations, we will cut and have those students change their schedule going forward with the semester. They will only be able to tryout the following school year. During these two weeks with both tryouts, players from 9th grade to 12th grade will be evaluated by the baseball staff. After the ten days and Thanksgiving break, Coach Yoder will meet with every individual to talk about their skills and whether or not they made the team. They will begin with seniors down to freshman by alphabetical order. Baseball onlys will have to go through both tryouts. If they did not make team, they will change schedule for 2nd semester.</p> | <p>The evaluation process includes: Hitting (2 categories)-consistency with swing, bat exit speed, fundamentals, balance-we video each player and watch their swings and talk to each one. Does cage work transfer to the field? We use a multiple ways of obtaining quantitative data to help us make the most informed decisions. Categories include: Speed-Home to first, 40 yd. dash, 60 yd. dash, agility drill. Throwing-Velocity by position, accuracy, pop time by position, mechanics. Fielding (2 categories)- Balance, range, fundamentals, footwork, mechanics. Intangibles-where does he fit in program by position, lefty/righty switch, does he know the game and where to be, versatile player? We watch this as a staff through different drills and scrimmages. Each category is based out of 0-5 scale and there are a total of 7 categories. They will be compared to peers and evaluated on what fits our programs future.</p> | <p>You should not take this class for PE credit. Should have baseball experience whether rec or select. After school practice begins during Spring Semester; usually around late Jan.</p> | End of January - June | Travis Yoder | yodert@hpisd.org |
| Girls' | Basketball | <p>9/IV/V try-outs are the first three weeks of school. Practices begin on the second day of school. All practices consist of fundamental drills as warm-up and move on to more complex drills that are fundamentally focused. As the year progresses the drills focus on specific offensive and defensive structures all while keeping a strong fundamental base. There are no cuts made 9th-11th grade years.</p> | <p>Strong work ethic, positive/ team first attitude, determination and dedication to your team as well as being coachable are all things needed to be successful in basketball. If you can do these things every day then you will get better at the following items listed (fundamentals of the game): Ball Handling, Lay-ups, Shooting Form, Defensive Stance, Passing Form, Court Awareness, Terminology, Team Play, Communication. All of these fundamentals will be evaluated by the coaching staff during drills, competitive play and skeletal run throughs in order to determine the best position and team for each athlete. Once placed on a team, movement between teams is possible based on performance and need. If a player quits the Head Coach can decide if the player can return.</p> | <p>All girls interested in playing basketball in the 2020-2021 school year will be scheduled for 4th period athletics. 4th period is from 11:01-11:50. It is recommended that students in 4th period request 5th period lunch, this will allow the girls to participate in the full duration of the class. If girls are scheduled for a class during 5th period, they will be released at 11:40 so they may change and get ready for their next class. For multi sport athletes, please refer to "Lady Scots Try Out Basketball Information" on the HPISD.org website. Go to Departments, Athletics, Schedules, Basketball.</p> | Mid-October - March (1st weekend) | Nicole Fleming | fleminb@hpisd.org |

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| Girls' | Golf | August 4-6, 2020 | On Tuesday, EVERYONE will be required to hit range balls, chip, & putt @ Tenison Golf Park. On Wed & Thur, everyone will then be required to play 36 holes @ Tenison Highlands Golf Course. Friday will be reserved as a make-up day. These two 18 hole rounds will be broken up into 2 days. All State Tournament participants returning from the previous year are exempt from qualifying, however must play both rounds. Captains who are elected for the 2020-2021 school year are exempt from qualifying but also must play both rounds. Players are responsible for their own green fees @ Tenison Highlands. Head coach reserves the right to add any player he deems necessary. The team will consist of a MAXIMUM of 16 players. Parents are not permitted to follow their child during the qualifier. | Attend all practices/team meetings & compete in up to 8 tournaments during the school year. (Plus post-season play if qualified) | Fall: September - December Spring: January - May | St Claborn 469-338-9461 | claborm@hpsid.org |
| Boys' | Golf | 72 Hole Tryout (54 Minimum in case of inclement weather) occurs June 1- June 4 (Rain Day June 5) @ Tenison Park (Highlands Course 4 Rounds) 12: 30 PM Tee times begin and end approx. 2:00 PM. There will be a pre-tryout meeting held on Thursday, May 27 @ 6:00 PM in the HS Planetarium. | There will be an important Parent/Player meeting on Friday, May 27th at 6:00pm in the Highland Park High School Planetarium in order to go over tryout procedures. It is not a mandatory meeting, but it is highly recommended that some member of the family attend. Please contact Coach Henson at 512-507-4067 | All players who have played golf in tournament settings and are familiar with the basic etiquette and rules of the game (i.e.. Water hazard options, lateral water hazard options, cart path relief, ground under repair, lost ball options, what to do when ball hit out of bounds, etc...) Team trip August 7-10 | Fall: September - November Spring: January - May | Erik Henson 512-507-4067 | hensone@hpsid.org |
| Boys' | Gymnastics | Tryouts are Sept-Dec, One semester long. | Prospective gymnasts must show a desire to train for a competitive program 4, 5 routines on two events. Demonstrate correct trampoline jumps, flips, ability to do 5 pull ups, 50 pushups, 15 dips | Basic gymnastics skills, required. Must be in athletic period first semester. | November - April | Mark Sherman | shermam@hpsid.org |
| Girls' | Gymnastics | Tryouts will take place during the first week of the school year. Final selections will be made by Thursday, August 27, 2020. | Prospective gymnasts must show a desire to train for a competitive program. Potential Varsity and JV teams based on numbers. | Basic gymnastics skills, required. Must be in athletic period all year. Practice after school is required. | November - April | Brandi Wren | wrenb@hpsid.org |
| Boys' | Powerlifting | End of football season - end of February. No specific try-outs. | All are welcome to work out, select lifters will compete at meets. Most lifters are given the opportunity to compete in at least one meet. | Desire to Get Stronger and Work Hard | January - March | Grayson Wells | wells@hpsid.org |
| Boys' | Soccer | First three weeks of school during 1st period soccer. | Must be in fall off-season 1st period unless in fall sport. Players are expected to play club soccer outside of school. Must get a score of at least 80 on the PACER TEST for varsity consideration. Must get a score of at least 70 on the PACER TEST for junior varsity consideration. Team assignment will be based on skills, team chemistry, grades and attitude. Athletes not in 1st period fall soccer will try out at 6:45 am the Monday after Thanksgiving. Try-outs last four days. | | January - April | Sal Richie | richies@hpsid.org |
| Girls' | Soccer | First three weeks of school during 8th period soccer. Additional time if needed for multi-sport and/or injured student-athletes. | Team selection will be based on the ability of the student-athlete to perform with a high level of technical ability & tactical awareness that will enhance the mission of our program. The student-athlete must be able to function positively in a competitive environment & be open to learning for the betterment of the team & program while maintaining the standards of a Triple Impact Competitor. This requires consistent effort to make themselves better, their teammates better & the game better. Selection into the program & placement on any particular team is not guaranteed & is evaluated on a yearly basis. Once placed on a team movement between teams is possible based on performance and need. | | Late November - Early April | Stewart Brown | brownste@hpsid.org |
| Girls' | Softball | There are no cuts for softball. Team placement takes place the week after Thanksgiving. | Team selection is based on fundamentals of fielding, hitting, pitching, and base running. Players need to have a good attitude, get along well with others, and have a ready to learn attitude. Girls are encouraged to enroll in 8th period softball during Fall Semester. | After school practice beginning spring semester | Late January - Early May | Michael Pullen | pullen@hpsid.org |
| Boys' and Girls' | Swimming and Diving | No cuts in Diving. Swimming try-outs will be the 1st week of school. | All Athletes interested in Varsity Swimming Tryouts will do a set of 10 X100's freestyle, a 500 freestyle for time. All Athletes interested in Diving Tryouts must be able to complete a proscribed six-dive rotation. It is preferred that divers have a complete 11-dive rotation for competition. JV swimmer need to be able to swim the 4 competitive swim strokes | New and JV swimmers 8th period; Varsity swimmers 1st period. | September - February | Jesse Cole | colej@hpsid.org |

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| Boys' and Girls' | Tennis | <p>Please sign your name on the information sheet @ Seay Outdoor Tennis Center (4120 Glenwick) to confirm your intent to tryout. Be sure to indicate your level of qualification (Super-Champ, Champ, Non-Champ/Challenger). Write legible. Tryout attendance is mandatory on the correct days! (NO EXEMPTIONS HAVE EVER BEEN GRANTED) Challenger: Aug. 3rd (Rain Makeup 8/4th). CHAMPS: Aug. 4-8/7th (Rain Makeup 8/8). SUPERS: Aug 12-15th (Rain Makeup 8/17). Location. TBA. Players need to provide their own transportation to the tryout site. PLEASE DO NOT FORGET TO LEAVE AN E-MAIL ADDRESS ON THE SIGN UP SHEET ON THE COUNNTER OF SEAY INDOOR TENNIS CENTER, SO THAT YOU CAN BE REACHED! Try-Out Times: Play begins @ 7 am & last all day. (All categories) Tryouts will be held TBA</p> | <p>The following players are automatically on the team. They do NOT try-out: 1. All USTA super-champ qualified players grades 10-12 who were on the team last year. 2. Players who have been elected Captain for the 2019-2020 school year. All Freshmen & Transfers must try-out, including any that are super-qualified or nationally ranked. USTA champ-qualified players, as well as non-champ qualified will be eligible to tryout for the Varsity or JV team. (First consideration is for the Varsity.) All seniors will be permitted to tryout for the Varsity only. Seniors cannot play on the JV according to UIL rules. Play will be as continuous as possible-bring lunch, snacks, & drinks-there will be no organized lunch break. Format for play: 1.Non-champs & Challenger's 's no-ad scoring; round robin play; (modified 6-game sets) 2. Champs no-ad scoring; 6 game set, round robin play. 3. Super champs 8 game pro set, add scoring, round robin play. 4. Inclement weather could alter format play for all levels. Varsity practice begins 8/20 @ 2:35pm. JV practices will begin on 8/25 @ 7AM. All JV players will play in all Varsity District matches & JV tournaments; unless the coaches determine that only a certain number can participate in that event. (The option for participation belongs to the coaches, not the players.)</p> | <p>REQUIREMENTS to participate in the tryout process: 1. Physicals must be dated no earlier than May 1, 2020. Anything before will not be accepted! 2. Bring completed UIL medical forms to the coaches before tryouts start and fill out all electronic acknowledgement of rules before tryouts begin. (Signatures are required of both players & parents, on both sides of the UIL physical forms. Please be sure you have all signatures that are needed.) 3. Participation in the Tryouts must be completed to qualify for JV/Varsity teams. Go to www.hpisd.org & click on the athletics link. Then click on UIL information link. There you will find the UIL Manual for parents & students to read. Team rosters will be posted on glass doors @ HP Outdoor Tennis center @ 4 PM, Monday, Aug 17th. If player makes the Varsity/JV Team, pictures for the Team Poster will be taken sometime between Aug 17th -19th in the morning. To be included on the poster, player must be in attendance @ scheduled time. No exceptions will be made. Players must know their USTA or UTR status. If in doubt or to verify ranking status call the Texas Tennis Assoc. Any misrepresentation</p> | <p>Fall: August - early November. Spring: January - early May.</p> | <p>Dan Holden/Tylir Jimenez</p> | <p>holdend@hpisd.org jimenez@hpisd.org</p> |
| Girls' | Track and Field | <p>Monday, Nov. 30 - Friday, Dec. 4, 2020</p> | <p>Evaluation based on specific skills needed to compete in 17 UIL Track and Field events.</p> | <p>Must attend meets and practices (including practices after tryouts until the winter break).</p> | <p>Meets February - mid-May</p> | <p>Susan Bailey</p> | <p>baileys@hpisd.org</p> |
| Boys' | Track and Field | <p>Practices will begin the 3rd Monday in January. No tryouts for Freshman boys. All who attend consistently make the squad.</p> | <p>Players automatically on the team contingent on attending every practice. Boy's Track is after school only & competes in a full 9th, JV & Varsity schedule</p> | <p>Meets 8th period or after school. Must attend all practices and Meets.</p> | <p>January - May</p> | <p>Todd John</p> | <p>john@hpisd.org</p> |
| Girls' | Volleyball | <p>August 3, 2020</p> | <p>Must be present and physically participating in all sessions and have required forms completed & submitted before try-outs begin on the first day to be eligible for team selection.</p> | <p>Freshmen before school and 1st period. JV and Varsity 8th period and after school.</p> | <p>August - mid November</p> | <p>Michael Dearman</p> | <p>dearmam@hpisd.org</p> |
| Boys' | Wrestling | <p>1st six weeks of school year</p> | | <p>8th period practices begin first day of school. After school practices begin 1st week of October</p> | <p>November - February</p> | <p>Tim Marzuola</p> | <p>marzuot@hpisd.org</p> |