

Brock ISD

Athletic Handbook



Brock Independent School District has established itself as having an extremely competitive, highly recognized and well-respected athletic department. This reputation for excellence takes the diligent efforts of coaches, student athletes, parents, community supporters, and administration.

Brock ISD offers a wide range of athletic programs for secondary students. Programs vary by grade level but include baseball, basketball, cheer, cross country, football, golf, powerlifting, softball, track and field, tennis and volleyball.

The mission and goals of the Brock ISD athletics program is to help provide our student athletes the ability to develop an appreciation for academics, attitude, integrity, work ethic and personal accountability.

This handbook is designed to provide for a successful experience for student athletes and the efficient operation of the Brock Independent School District Athletic Program. The athletic handbook is designed to co-exist with the BISD Student Handbook, and the BISD Student Code of Conduct. Student-athletes in grades 7-12 are accountable and responsible to the rules and requirements contained within this handbook.

It should be noted that different sports might have additional rules and regulations that go beyond what is listed in this athletic handbook. These rules may be in addition to this athletic handbook, but they shall not alter the rules of this handbook.

Eligibility for initial and continuing participation in many of these activities is governed by state law and the rules of the University Interscholastic League (UIL)—a statewide association overseeing interdistrict competition. If a student is involved in an academic, athletic, or music activity governed by UIL, the student and parent are expected to know and follow all rules of the UIL organization. [See <http://www.uil texas.org> for additional information.] The following requirements apply to all extracurricular activities:

UIL ATHLETIC CODE FOR COACHES

The code for athletic sponsors includes the principles and purposes of high school athletics as listed in the Constitution and Contest Rules Section 1201 (b). Each coach in the BISD must follow the letter, as well as the spirit of these rules. It is through demonstrating the expectations that student-athletes best learn, and it is the policy of BISD that all coaches demonstrate the highest standards regarding this code. Each coach is responsible for:

1. Being aware of, understanding, and following all rules governing the competition for which the coach is responsible.
2. The coach must inform their immediate supervisor, the next school day after a contest if a player or coach is ejected from that contest or in football, if one is given two 15-yard unsportsmanlike penalties during one contest, knowing that such conduct will receive an automatic penalty.
3. Treating athletes based on what is best for the education, general welfare, and health of the student.
4. Displaying professional loyalty to other coaches.
5. Adhering to in-season and out-of-season practice regulations.
6. Adhering to policies that do not force athletes to specialize or restrict them from participation in other sports.
7. Abstaining from any practice that would bring financial gain to the coach by using a student's participation or BISD facilities in a camp, clinic, league, or other non-school athletic event, not approved by BISD administration.
8. Avoiding any coaching practice that would endanger the welfare or safety of any player.
9. Emphasizing the academic progress of all participants by a regular, documented check of their academic standing, both in season and out of season.
10. Avoiding any actions that encourage, condone, or tolerate the use of performance enhancing drugs by any student athlete.

Emergency Action Plan

Brock ISD Athletics

In case of an emergency, personnel responsibilities, locations of emergency equipment, and other emergency information such as 911 call instructions, addresses/directions to the venue, and a chain of command with important phone numbers have been listed here

Table of Contents

Personnel Involved in Development

Introduction

Emergency Personnel

Activating EMS/Emergency Communication

Medical/Emergency Transportation

- Post EAP Activation Procedure

Staff Education/Conclusion

Chain of Command/Emergency Contact Info

EAP Diagram

Emergency Equipment Locations

Management of Specific Conditions

- Asthma
- Severe Allergies/Anaphylaxis
- Diabetes
- Heat Illnesses

Cold Weather Policy

General Plan of Action

- Verification of Acknowledgement

Personnel Involved in Development

The following individuals were involved with the creation of this Emergency Action Plan:

- **Greg Connors LAT**
Head Athletic Trainer
(325) 315-8411
- **Tara Morano MSAT, LAT, ATC**
Assistant Athletic Trainer
(512) 748-3591
- **Chad Massey**
Athletic Director
(817) 597-5572

Introduction

Emergency situations may arise at any time during athletic events. Immediate action must be taken in order to provide the best possible care to the student athlete. The development and implementation of an emergency action plan will help ensure that the best care will be provided.

As emergencies may occur at any time and during any activity, all school activities personnel must be prepared. Athletic organizations have a duty to develop an emergency action plan that may be implemented immediately when necessary and provide appropriate standards of emergency care to all sports participants. This preparation involves formulation of an emergency action plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine and planning. Through careful preparticipation examinations/physical screenings, adequate medical coverage, safe practice and training techniques and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team should enable each emergency situation to be managed appropriately and efficiently.

Components of an Emergency Action Plan

1. Emergency Personnel
2. Emergency Communication
3. Emergency Equipment
4. Roles of First Responder
5. Venue Directions

Emergency Personnel

The first responder in an emergency situation during an athletic practice or competition is typically a member of the sports medicine staff, such as a certified athletic trainer. However, the first responder may also be a coach or another member of the school district.

Certification in cardiopulmonary resuscitation (CPR), first aid, automated external defibrillator (AED), and emergency action plan review is required for all athletics personnel associated with practices, competitions, skills instruction, and strength and conditioning. **All coaches are required to have CPR, First Aid, and AED certifications.**

The emergency team may consist of physicians, emergency medical technicians, certified athletic trainers, athletic training student aides, coaches, managers, and possibly even bystanders. Roles of these individuals will vary depending on different factors such as team size, athletic venue, personnel present, etc.

The four basic roles within the emergency team are:

- Establish scene safety/immediate care of athlete
 - This should be provided by the most qualified individual on the medical team (first individual in chain of command)
- Activation of EMS
 - This may be necessary in situations where emergency transportation is not already present at the sporting event. Time is the most critical factor and this may be done by anyone on the team.
- Equipment Retrieval
 - May be done by anyone on the emergency team who is familiar with the types of locations of the specific equipment needed.
- Direction of EMS to Scene
 - One of the members of the team should be in charge of meeting the emergency personnel as they arrive at the site. This person should have keys to locked gates/doors.

Activating EMS

- Call **9-1-1** & provide the following information.
 - Name/Call Back Number
 - Nature of Emergency
 - Number/Condition of Athletes Involved
 - Treatment being rendered
 - Specific directions needed to locate emergency scene
 - Other information requested by the dispatcher.
 - **DO NOT HANG UP FIRST**

Emergency Communication

Communication is the key to a quick, efficient emergency response. There is a pre-established phone tree to ensure all relevant parties are notified. Access to a working telephone line or other device, either fixed or mobile, should be assured. There should also be back-up communication in effect in case there is a failure of the primary communication.

Medical/Emergency Transportation

Any emergency situation where there is suspected C-Spine injury, impairment of airway, breathing, or circulation (ABCs) or there is a neurovascular compromise should be considered a “load and go” situation and emphasis is placed on rapid evaluation, treatment, and proper transportation. Any emergency personnel who experiences doubt in their mind regarding the severity of the situation should consider a “load and go” situation and transport the individual.

Discretion can be made by qualified personnel regarding transportation situations in certain instances not to be considered “life threatening” due to the proximity of the hospital to certain athletic venues.

Post EAP Activation Procedures

Documentation and debriefing should be done by involved personnel and the athletic trainer in order to determine if any modification or adjustments to the Emergency Action Plan needs to be made.

Staff Education

1. Each season, every new coach will need to review the Emergency Action Plan (EAP). If any changes are made, every coach will be asked to review the EAP again.
2. A copy of the relevant EAP will be located in each of the athletic training rooms.

Conclusion

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on the training and preparation of healthcare providers. It is prudent to invest athletic department ownership in the emergency action plan by involving athletic administration, coaches, as well as sports medicine personnel. The emergency action plan should be reviewed at least once a year by/with all athletic personnel. And local emergency response teams. Through development and implementation of the emergency action plan, Brock ISD helps ensure that all athletes will have the best possible patient centered care that can be provided when an emergency situation does arise.

Chain of Command

The athletic training staff should always act as primary care-givers at the site of injury or accident (when on-site) and manage the situation according to the following rank:

1. Athletic Trainer
2. Head Coach
3. Assistant Coach
4. Athletic Director/Administrator

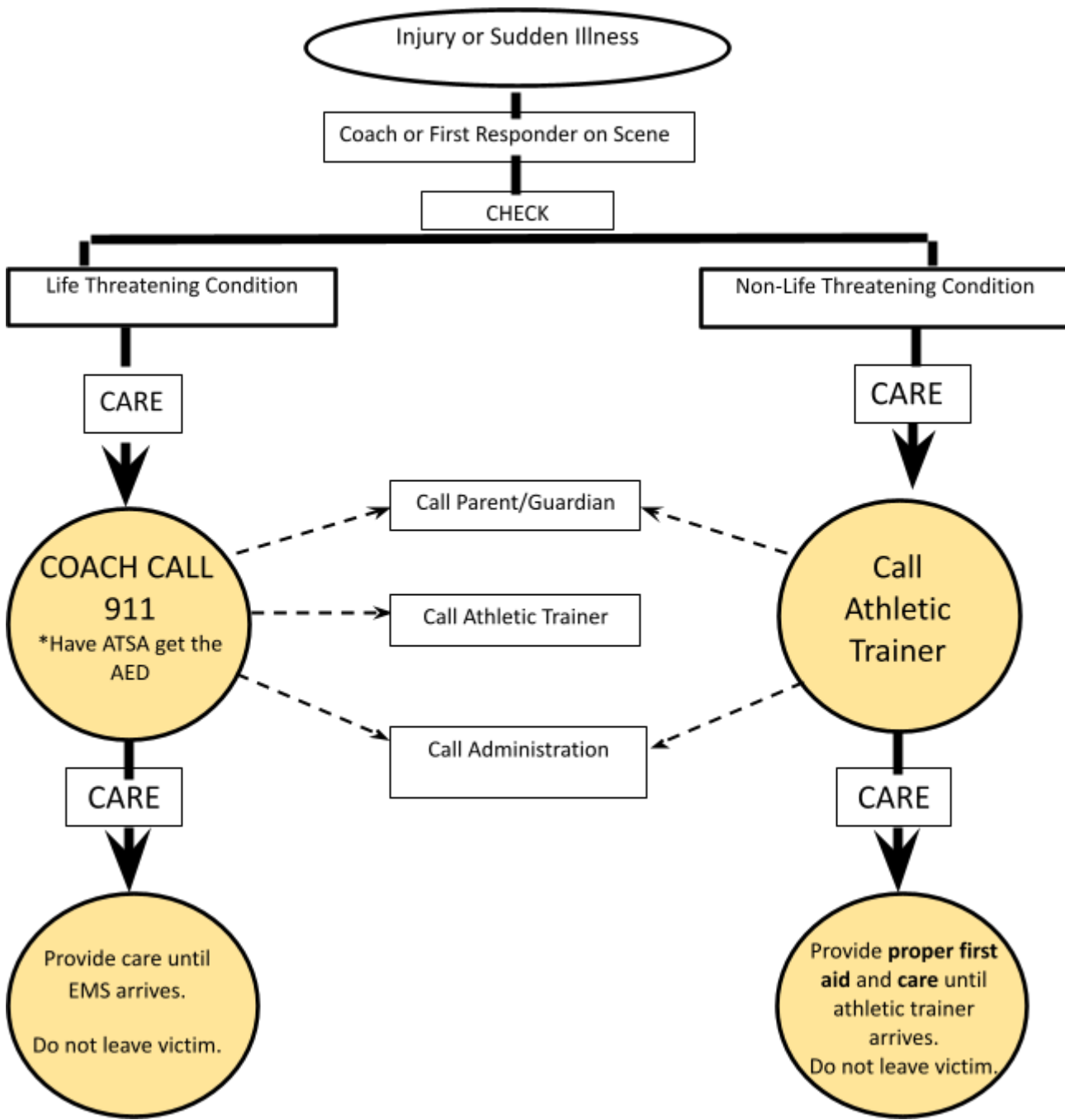
Athletic Training Student Aides can assist but should not provide care

Emergency Contact Information

Off Campus Contacts	Phone Number
Emergency	9-1-1
Brock Fire Department	(817) 341-7368
Parker County Police Department	(817) 594-8845

On Campus Contacts	Phone Number
Greg Connors - Head Athletic Trainer	(325) 315-8411
Tara Morano - Assistant Athletic Trainer	(512) 748-3591
Chad Massey - Athletic Director	(817) 597-5572
Melissa Burden - District Nurse	(817) 851-6791
Andy Hudson - Junior High Principal	(817) 304-6293
Eric Sams - High School Principal	(817) 629-5145
Dee Ann Mills - Superintendent	(817) 597-8158

EAP Diagram - Athletic Trainer Not Present



Emergency Equipment:

Athletic training kit, AED, splint bag, crutches, Biohazard/First Aid Kit on site for events covered by Athletic Trainer

Emergency Equipment Locations

1. AED
 - a. Portable AEDs will be stored in each ATR. Will be located with Athletic Trainer for all covered events (sidelines)
 - b. High school: east end of the fieldhouse, in gym (lobby side), concession stand of baseball/softball
 - c. Junior high: outside of new gym facing track
 - d. Athletic Trainer's personal cell phone when covering events
 - e. Coaches' personal cell phones
 - f. Athletic Training Student Aides will carry personal phones
2. Splints
 - a. Splint bags will be stored in ATR but kept on the sideline for all covered events.
3. Spine boards/Cervical Collar
 - a. Will be provided by EMS upon arrival
4. Biohazard Materials
 - a. Red bags – located in ATR
 - b. Disposal Bin – in ATR

Management of Specific Conditions- Asthma

- Student athletes with asthma need to be identified and noted prior to the season.
 - Level of severity, type of asthma, triggers and independence in management also need to be noted
- Each student athlete with asthma is responsible for bringing their inhaler with them to all practices/games (not doing so may result in not being allowed to participate).
- Nebulizers may be required for students with uncontrolled asthma in the event they do not have an inhaler.
- Each student must leave an inhaler with Athletic Trainer/coaches available during practices and games (not left in a personal bag). Must be labeled with a name.
- Proper education and instruction on medication and management may be necessary
 - Inform students necessity to take inhaler 15-20 minutes prior to the physical activity
- Certain environmental conditions in which there is a high level of allergens in the air may be cause for practice to be moved inside in an attempt to prevent asthmatic episodes (discretion of athletic trainer)

-----**IN THE EVENT OF AN ASTHMATIC EPISODE**-----

1. Use pulse oximeter to determine level of oxygen saturation
 - Anything below 95% should be considered abnormal
 - Anything below 90% should be considered an emergency
2. Administer authorized medication as directed and inform parents
3. Monitor student athlete
4. Return to activity is at discretion of athletic trainer
5. SEEK EMERGENCY MEDICAL CARE IF STUDENT:
 - No improvement or decline after initial treatment (15-20mins)
 - Trouble talking
 - Lips/fingernails turn gray/blue

Management of Specific Conditions- Severe Allergies /Anaphylaxis

- Student athletes with severe allergies need to be identified and noted prior to season
 - Management, triggers, medications used need to be also noted
- EpiPen
 - Each student who has an epi pen is responsible for bringing their epi pen with them to all practices/games
 - Epi pen must be left with Athletic Trainer (labeled with name) during practices and games (not left in personal bag).
 - Athletic trainer may be given a backup Epi pen by the parent or child to keep as a backup in the med kit/ATR
- If a child has **ANY** of these severe symptoms after eating the food or having a sting, give epinephrine.
 - Shortness of breath, wheezing, or coughing
 - Skin color is pale or has a bluish color
 - Weak pulse
 - Fainting or dizziness
 - Tight or hoarse throat
 - Trouble breathing or swallowing
 - Swelling of lips or tongue that bother breathing
 - Many hives or redness over body
- Any student athlete that experiences some form of anaphylaxis, Epi pen should be administered, followed by the steps listed below
 1. Inject epinephrine right away! Note the time when epinephrine was given.
 2. Call 911.
 - Ask for an ambulance with epinephrine.
 - Tell the rescue squad when epinephrine was given.
 3. Stay with child and:
 - Call parents
 - Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.
 - Keep child lying on back or side
 4. Give other medicine, if prescribed. Do not use other medicine in place of epinephrine.

Anaphylaxis is a potentially life-threatening, severe allergic reaction. If in doubt, give epinephrine.

Management of Specific Conditions- Diabetes

- ID all student athletes with diabetes and determine level of independence in management.
 - Ensure that there is a proper personalized care plan in place by parents or athletic trainers including ways to monitor blood glucose (BG), insulin guidelines, treatment guidelines and emergency contact information.

Hypoglycemia

- Any diabetic athlete who displays signs/symptoms of hypoglycemia will be evaluated and treated accordingly.
 - Symptoms are: tachycardia (fast heart rate), sweating, palpitations, hunger, nervousness, headache, trembling, or dizziness
 - Athletes found to be suffering from mild hypoglycemia (athlete is conscious and able to swallow) will be given glucose tablets and have BG checked.
 - Coaches/AT staff should administer any of the following when mild hypoglycemia is suspected: glucose tablets, apple juice, raisins, honey
- EMS will be activated for those suffering from severe hypoglycemia (unconscious).

Hyperglycemia

- Any diabetic athlete who displays signs/symptoms of hyperglycemia without ketosis will be evaluated and treated accordingly.
 - Symptoms are: nausea, dehydration, reduced cognitive performance, sluggishness, fatigue
 - An athlete who has a fasting blood glucose level of 300 mg/dL without ketones can continue to exercise with frequent reassessment of blood glucose levels.
- A diabetic athlete who displays signs/symptoms of hyperglycemia with ketoacidosis (Kussmaul breathing- abnormally deep and rapid breathing, **breath that has a fruity odor**, unusual fatigue, sleepiness, loss of appetite, increased thirst and frequent urination, as well as previously listed symptoms) will be evaluated and treated accordingly.
 - Remove from activity until further testing can be done.

Any diabetic athletes who are pulled out of activity should demonstrate a normal blood glucose level and be evaluated by an athletic trainer before being permitted to return to play.

General Plan of Action

1. The most medically qualified person will lead.
2. Check the scene – is it safe to help?
3. Is the athlete breathing? Conscious? Pulse?
 - **NO:** instruct someone to call 911 – LOOK PERSON DIRECTLY IN EYES and make sure they understand.
4. Perform emergency CPR/First Aid
 - If severe bleeding – instruct individual to assist with bleeding control
5. Instruct separate coach/bystander to get AED and control crowd
 - Head Coach will stay with athletic trainer to assist
 - Assistant coaches/coordinators will be in charge of crowd control and anything else needed
6. Contact the Athletic Trainer if they are not on scene.
7. Contact parents
8. Contact administrator
9. Instruct someone to meet the ambulance and direct to incident site
10. Assist with care as necessary.
11. Document event/debrief

Emergency Action Procedures - Field Sports

Activate the EAP:

- Suspected spine injury
- Open/abnormal fracture
- Difficulty/absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Brock ISD Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Procedures:

- 1) Check the scene
 - a) Is it safe for you to help?
 - b) What happened?
 - c) How many victims are there?
 - d) Can bystanders help?
- 2) Instruct coach/bystander to call 911
 - Provide the following information
 - Name/Call Back Number
 - Nature of Emergency
 - Number/Condition of Athletes Involved
 - Treatment being rendered
 - Specific directions needed to locate emergency scene
 - Other information requested by the dispatcher. **DO NOT HANG UP FIRST**
- 3) Perform emergency CPR/First Aid
 - a) Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If an Athletic Trainer is present, he/she will stay with the athlete and provide immediate care.
 - ii. If an Athletic Trainer is not present, most qualified coaches (training/certifications) will stay with the athlete and provide immediate care.
 - b) **Instruct coach/athletic training student aide/bystander to GET AED!!**
- 4) Designate coach or administrator to control crowd
- 5) Contact the Athletic Trainer if not present on scene
- 6) Designated someone to meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
- 7) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment
- 8) Document event and debrief

Emergency Action Procedures - High School Gym Sports

Brock High School is located at 400 Eagle Spirit Lane Brock, Weatherford, TX 76087

Activate the EAP:

- Suspected spine injury
- Open/Abnormal fracture
- Difficulty/absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Brock ISD Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Procedures:

- 9) Check the scene
 - a) Is it safe for you to help?
 - b) What happened?
 - c) How many victims are there?
 - d) Can bystanders help?
- 10) Instruct coach/bystander to call 911
 - Provide the following information
 - Name/Call Back Number
 - Nature of Emergency
 - Number/Condition of Athletes Involved
 - Treatment being rendered
 - Specific directions needed to locate emergency scene
 - Give the address listed above, park in front of the high school and enter through the main doors. There will be someone to meet them at the front door. Go through the lobby and into the gym.
 - Other information requested by the dispatcher. **DO NOT HANG UP FIRST**
- 11) Perform emergency CPR/First Aid
 - a) Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If an athletic trainer is present, he/she will stay with the athlete and provide immediate care.
 - ii. If an athletic trainer is not present, most qualified coaches (training/certifications) will stay with the athlete and provide immediate care.
 - b) **Instruct coach/athletic training student aide/bystander to GET AED!!**
- 12) Designate coach or administrator to control crowd
- 13) Contact the Athletic Trainer if not present on scene
- 14) Designated someone to meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
- 15) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment
- 16) Document event and debrief

Brock ISD Cold Weather Guidelines

Cold weather is defined as any temperature that can negatively affect the body's regulatory system. These do not have to be freezing temperatures. The following temperature guidelines have been established for Brock ISD Athletic Department practices and games.

Cold Weather Caution: When temperature or wind chill (which is lower than actual temperature) is from **40° F - 30° F**

- No modification of practice, but a warning will be given to coaches and athletes
- Coaches and Athletic Trainers emphasizing the importance of following UIL Cold Weather Illness

Recommendations.

- Watching those "high risk" athletes

Cold Weather Warning: When temperature or wind chill is from **30° F - 20° F**, there may be a modified outside participation of 45 minutes.

- warm-up to be started indoors (stretching, etc.) to not take away from 45 min.
- a practice that keeps individuals moving, try to avoid working up a big sweat in the first 20 minutes then having them be doing nothing.
- Wearing a hat that covers the ears, and some sort of gloves to cover the hands are required. - Keeping a very close eye on those "high risk" athletes
- If available, a cool-down indoors.

Cold Weather Termination: When temperature or wind chill reaches **19° F** and below, there may be a termination of outside practices and games.

UIL Cold Weather Illness Information

Hypothermia: Hypothermia is a decrease in core body temperature.

1. **Mild Hypothermia** - shivering, cold sensation, goose bumps, numb hands.
2. **Moderate Hypothermia** - intense shivering, muscle incoordination, slow and labored movements, mild confusion, difficulty speaking, signs of depression, withdrawn.
3. **Severe Hypothermia** - shivering stops, exposed skin is bluish and puffy, inability to walk, poor muscle coordination, muscle rigidity, decrease in pulse and respiration rate, unconsciousness. Management:

- o Remove athlete from cold environments.
- o Remove wet clothing and replace with dry clothing and/or blankets.
- o Refer all moderate cases to the emergency room once safe to transport.
- o Treat severe hypothermia as a medical emergency! Wrap the athlete in an insulated blanket and seek emergency medical care immediately.

FROSTBITE. Thermal injury to the skin caused by cold exposure.

1. Frostnip - skin appears white and waxy or gray and mottled; possible numbness and pain.
2. Superficial Frostbite - skin appears white, mottled or gray; feels hard or rubbery but deeper tissue is soft, insensitive to touch.
3. Deep Frostbite - skin is white and has a wooden feel, numbness and anesthesia.
Management:

- Do not rub the area.
- Gently rewarm the area by blowing warm air onto the area, placing the area against a warm body part, or placing the affected area into warm (101 - 108 degrees F) water for several minutes.
- If not absolutely certain that the tissue will stay warm after rewarming, do not rewarm it.
- If a person is also suffering from hypothermia, the first concern is core rewarming.

Prevention: The best method of management is prevention.

- Dress in layers.
- Cover the head to prevent excessive heat loss from the head and neck.
- Stay dry by wearing a wicking fabric next to the body and a breathable, water repellent outer layer.
- Stay adequately hydrated.
- Eat regular meals.
- Educate participants, coaches, officials and administrators in recognition of cold-related illnesses.
- Consider cancellation of athletic events if weather conditions warrant.

Brock ISD Hot Weather Guidelines

High temperatures put student athletes at increased risk of heat illness. There are several types of heat illness. They range in severity, from heat cramps and heat exhaustion, which are common but not severe, to heat stroke, which can be deadly. Although heat illnesses can be fatal, death is preventable if they're quickly recognized and properly treated.

When players are practicing or competing, coaches should follow the following steps to help prevent heat-related illnesses:

- Allow 10-14 days for adjusting to warmer climate/temperatures
- Reduce intensity and/or length of training with high temperatures and/or humidity
- Schedule practice during cooler times of day
- Schedule and enforce frequent drink breaks and rest periods
- Remove pads and practice in T-shirts and shorts

AT A DRY BULB TEMPERATURE READING OF 99 OR LESS WITH A HEAT INDEX OF 105 OR LESS:

- Normal practice conditions with usual breaks, unlimited access to water.

AT A DRY BULB TEMPERATURE READING OF 100 - 102 OR A HEAT INDEX OF 106 - 110:

- Athletes will continue to be given unlimited access to water and more frequent breaks.
- Cross country must stay on campus and limit run length.
- High school football practice no outdoor conditioning.
- **All outside workouts for indoor sports suspended.**
- **All outside workouts for Junior High Athletics Suspended.** Practice may be moved inside or resumed later in the evening when dry bulb and heat index reach allowable levels.

AT A DRY BULB TEMPERATURE READING OF 103 - 105 OR A HEAT INDEX OF 111-115:

- Shorter periods of activity with unlimited access to water and additional frequent breaks
- High school football practice should take place without shoulder pads and no conditioning

AT A DRY BULB TEMPERATURE READING OF 106 OR A HEAT INDEX OF 116 AND GREATER:

- **All outdoor workouts suspended.** Practice may be moved inside or resumed later in the evening when dry bulb and heat index reach allowable levels.

Management of Specific Conditions- Heat Illnesses

Heat Cramps: Painful spasms usually in the muscles of legs and abdomen, accompanied by heavy sweating.

- **Management:** Firm pressure on cramping muscles or gentle massage to relieve spasms. Give sips of water. If nausea occurs, discontinue water.

Heat Exhaustion: Symptoms range in severity from mild heat cramps to heat exhaustion to potentially life-threatening heatstroke. Heat exhaustion can begin suddenly, usually after working or playing in the heat, perspiring heavily or being dehydrated.

- Heat exhaustion signs and symptoms include:
 - Faintness or dizziness.
 - Nausea or vomiting.
 - Heavy sweating is often accompanied by cold, clammy skin.
 - Weak, rapid pulse.
 - Pale or flushed face.
 - Muscle cramps.
 - Headache.
 - Weakness or fatigue
- Management:
 - Move the person out of the heat and into a shady air-conditioned place.
 - Lay the person down and elevate the legs and feet slightly.
 - Remove tight or heavy clothing.
 - Give fluids
 - Cool the person by spraying or sponging with cool water and fanning.
 - Monitor the person carefully

Heat stroke (or sunstroke): Heat stroke is a severe medical emergency. Summon emergency medical assistance or get the victim to a hospital immediately. Delay can be fatal!

- Heat stroke symptoms include
 - High body temperature:
 - A body temperature of 104° F or higher is the main sign of heatstroke.
 - Nausea and vomiting
 - Flushed skin
 - Rapid/shallow breathing
 - Altered mental state/behavior:
 - Alteration in sweating: skin can be hot, dry or moist.
- Management:
 - Take immediate action to cool the person while waiting for emergency treatment. Get the person into shade or indoors. Remove excess clothing. Cool the person with whatever means available—cold tub, ice, cool shower, wet towels. (Cooling places are a person’s head, neck, armpit, and groin). Cooling should be done until the person’s core temperature is 102° F or less OR after 10-15 minutes of cooling.

Modification of Athletic Activities-

The decision to modify and/or terminate a Brock ISD athletic activity in the event of excessive heat

and/or poor air quality should be made by a member of the BISD Sports Medicine Department in consultation with the Team Physician and the head coach or his/her designee.

Brock ISD Lightning Safety Information

Please make sure that each coach has the Perry Weather App installed and working if there is ever a possibility of storms.

Some information to always follow:

If a lightning detection occurs from 8-10 miles on our detector we WILL vacate all fields. This is NOT optional or a judgment call. This is a mandate. We will always air on the side of caution.

All coaches, trainers, officials or administrators can make the call to vacate the fields but if one field vacates, due to lightning, all fields/courts will need to vacate. If this occurs during a contest we will need to have an announcement made to the crowd (below) that they will need to vacate the area.

If we do have a situation with lightning then we will need to take all athletes and place them in safe areas.

- Brock Fieldhouse
- Locker Rooms
- Inside the school

Safe areas for parents and fans will be provided by Brock ISD will be the Brock High School Gym and cafeteria area. Although most will shelter in their cars we will provide a safe area.

*Please note that under awnings, dugouts or any outside area is not considered a safe area. We will not use these as safe areas for our student athletes.

Public Address Announcement to be made:

Hazardous lightning has been monitored in the immediate area and this sporting event has been temporarily suspended. All team members have been advised to seek shelter in a safe

location. This suspension will last a minimum of 30 minutes. All spectators are advised to leave the stadium bleachers. Stadium seating is an unsafe location during a lightning storm. Your health is at risk by remaining in the bleachers during this lightning storm. Please seek safe shelter.

Please don't hesitate to let me know if you have any questions. Below is information from the UIL website. Please read through this information.

UIL Lightning Safety Information

<https://www.uil texas.org/health/info/lightning-safety>

Lightning may be the most frequently encountered severe storm hazard endangering physically active people each year. Millions of lightning flashes strike the ground annually in the United States, causing nearly 100 deaths and 400 injuries. Three quarters of all lightning casualties occur between May and September, and nearly four fifths occur between 10:00 am and 7:00 pm, which coincides with the hours for most athletic events.

Postpone or suspend activity if a thunderstorm appears imminent before or during an activity or contest (irrespective of whether lightning is seen or thunder heard) until the hazard has passed. Signs of imminent thunderstorm activity are darkening clouds, high winds, and thunder or lightning activity

Recommendations for Lightning Safety

Establish a chain of command that identifies who is to make the call to remove individuals from the field.

Name a designated weather watcher (A person who actively looks for the signs of threatening weather and notifies the chain of command if severe weather becomes dangerous).

Have a means of monitoring local weather forecasts and warnings.

Designate a safe shelter for each venue. See examples below.

When thunder is heard within 30 seconds of a visible lightning strike, or a cloud-to-ground lightning bolt is seen, the thunderstorm is close enough to strike your location with lightning. Suspend play for **thirty minutes** and take shelter immediately..

Once activities have been suspended, wait at least thirty minutes following the last sound of thunder or lightning flash prior to resuming an activity or returning outdoors.

Avoid being the highest point in an open field, in contact with, or proximity to the highest point, as well as being on the open water.

Do not take shelter under or near trees, flagpoles, or light poles.

Assume that lightning safe position (crouched on the ground weight on the balls of the feet, feet together, head lowered, and ears covered) for individuals who feel their hair stand on end, skin tingle, or hear "crackling" noises. Do not lie flat on the ground.

Observe the following basic first aid procedures in managing victims of a lightning strike:

Activate local EMS

Lightning victims do not "carry a charge" and are safe to touch.

If necessary, move the victim with care to a safer location.

Evaluate airway, breathing, and circulation, and begin CPR if necessary.

Evaluate and treat for hypothermia, shock, fractures, and/or burns.

All individuals have the right to leave an athletic site in order to seek a safe structure if the person feels in danger of impending lightning activity, without fear of repercussions or penalty from anyone.

Definitions

Safe Shelter:

A safe location is any substantial, frequently inhabited building.

The building should have four solid walls (not a dug out), electrical and telephone wiring, as well as plumbing, all of which aid in grounding a structure.

The secondary choice for a safer location from the lightning hazard is a fully enclosed vehicle with a metal roof and the windows completely closed. It is important to not touch any part of the metal

framework of the vehicle while inside it during ongoing thunderstorms.

It is not safe to shower, bathe, or talk on landline phones while inside of a safe shelter during thunderstorms (cell phones are ok).

Brock ISD Personnel

Parents entrust their most valued possessions, their children, to our care. It is imperative that each coach accepts this responsibility for the overall development of the child and recognizes that it is crucial that the coaching staff support and nurture the student athlete through the adherence to the policies and procedures outlined in this handbook.

RESPONSIBILITY TO THE ATHLETE:

- Building character and self-esteem in student athletes.
- Stressing the importance of excellence in the classroom.
- Demonstrating a high level of competence in the knowledge and teaching of all sports hired to coach.
- Instilling an overall camaraderie among other coaches and loyalty to BISD.
- Stressing self-discipline and sacrifice for a common goal.
- Setting high standards.
- Developing confident, independent thinkers promoting sportsmanship, fair play, and good citizenship
- Coaches are responsible for the student athletes, including managers and trainers, until a parental approved ride arrives to pick up the student. Never leave an athlete(s) to wait alone. Coaches, as a general rule, should not provide transportation for the student athlete except on the bus to and from scheduled athletic activities. Coaches should make every attempt to know with whom the parent will allow the athlete to ride home. At all practices and games, the coaches should be the first to arrive and the last to leave.

Officials

Officials are to be respected by coaches, players and fans at all times..

Responsibility to Professionalism:

Coaches are expected to dress in a professional manner during contests. Refraining from tobacco use, drinking, and using profanity while athletes are under the coach's supervision. Acting in a professional and sportsmanlike manner at all times. The coach must never jeopardize the safety or welfare of athletes for any reason.

Student Athlete Participation

Any student meeting the BISD and UIL residential and eligibility requirements may compete for a position on any athletic team. Any team placement, position placement, style of play and/or playing time is the sole discretion of the coach.

Athletic Department Student/Athlete Assumption of Risk Statement

An Important Safety Statement for student athletes during participation in the UIL athletic program is of utmost concern. We attempt to provide all student athletes with a safe practice and playing environment. Our coaching staff is carefully selected to ensure competence in conducting their sport. We provide high quality protective equipment and include proper facilities maintenance as an important aspect in injury prevention. Despite these efforts, injuries do occur. Athletic competition by its very nature creates various situations where injuries cannot be avoided. As an athletic participant, there is always the possibility that you may sustain an injury. The injury sustained could range from a minor contusion to a severe spinal cord injury resulting in quadriplegia or death. Participation in athletic competition provides the individual with a positive educational experience that can add to the individual's development. The participant and participant's parents must realize, however, that there is a potential for serious injury.

Dual Participation: Club/Select Teams

All athletes participating in BISD Athletics make a commitment to the team, their teammates and their school. Each program demands the dedication of time and energy of the athlete. Part of this commitment is to be a student first and strive for academic excellence. Another integral part of that commitment is to place the BISD Athletic team above participation in non school related activities.

The participation in Club sports and/or Select teams is at the discretion of the athlete and his/her parents. This is an avenue in which athletes can further their skills and enhance their playing ability as well as increase their exposure to college coaches. Although these are avenues in which an athlete can increase their skill level, club sports and select team participation should never interfere or replace athletic competition at the school level. An athlete should not miss practice, games, or meets in a school athletic event to participate in a club sport or select team. Absences from school athletic events for these reasons will result in consequences at the discretion of the head coach.

Athletic Eligibility

It is the responsibility of the head coach to check athletic grades and ensure all students who participate in contests are eligible under UIL and TEA guidelines. All athletes must meet the UIL guidelines to be eligible to compete. There are standards of residence, credits towards graduation, age guidelines, and schedule requirements to be eligible for varsity competition. All athletes must meet the “no pass, no play” expectations of the UIL. Each athlete must pass all classes each six weeks to maintain academic eligibility unless specified by the UIL or TEA. A student that fails a class will be ineligible for three weeks. At the three week grade check that athlete must be passing all classes to regain eligibility. Ineligible athletes are required to attend all practices during their period of ineligibility. Failure to do so may result in the athlete being dismissed from the Athletic Program. Any athlete who continuously fails classes may be removed from the athletic program. The athletes at Brock ISD are students first and are expected to pass all of their classes each six weeks. Coaches will work with both teachers and athletes to accommodate the need for athletes to attend tutorial sessions as scheduled by their teachers. The athlete is solely responsible for his/her grades.

Locker Rooms

The locker room is a restricted area solely for the use of the members of an athletic team and the coaches responsible for that team. No one else is permitted inside of the locker room.

No horseplay of any kind is allowed in the locker room. No cell phone use of any kind is allowed unless granted permission by the supervising coach.

Sportsmanship – Athletes/Parents/Spectators

Remember that you are at the contest to support and cheer for your team, not to intimidate or ridicule the other team or its fans. Remember that school athletics are a learning experience for students and that mistakes are sometimes made.

Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, just as you would praise a student working in the classroom. A ticket is a privilege to observe the contest, not a license to verbally assault others or be generally obnoxious. Learn the rules of the game, so that you may understand and appreciate why certain situations take place. Show respect for the opposing players, coaches, spectators and support groups. Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the student-athlete and admire their willingness to participate in full view of the public. Recognize and show appreciation for an outstanding play by either team. Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, during, and after the game on or near the site of the event (i.e. tailgating). Use only cheers that support and uplift the teams involved. Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.

Parents and spectators should be aware that the school can (and should) remove them from the premises and can prohibit them from attending future contests due to undesirable behaviors. Game officials can ask that school administrators have unruly fans removed from a contest facility. There is no such thing as a “right” to attend interscholastic athletics. Interscholastic athletics are considered a “privilege” and the spectator who avails themselves of it is expected to conduct him or herself accordingly. Keep in mind that you are a guest of the school, and that while winning is certainly an admirable goal; it is hollow if it comes at the expense of morals, ethics, and just plain common sense. The school is responsible for the behavior of their spectators. The school district can be and will be punished for actions of patrons in violation of UIL standards and rules.

Assault on a Sports Official (Athlete, Coach, Spectator)

BISD has a zero tolerance with the assault (verbal or physical) of a sports official, by player, coach, or spectator. School administration will conduct an investigation that could lead to a permanent ban.

Communication: Athletic Complaints/Concerns Process and Guidelines

Our goals are to facilitate communication between player and coach, then coach and parent/student and to address concerns in a collaborative, effective manner. If you are a student or parent who has a concern or complaint about a sport, coach or coaching style, please follow the prescribed process listed below.

1. Coaches cannot address a problem unless they know that a problem exists. Most of the time, problems stem from miscommunication or misinterpretation of an issue. Therefore, we ask that your child talk first with the coach and address the problem directly. If the outcome of that meeting is not satisfactory, we ask that the parent and student meet together with the coach.
2. The BISD Athletic Department is here to work alongside parents to encourage an enjoyable experience for the student-athlete in BISD Athletics. We will do whatever it takes in working with parents to achieve that goal. When an issue or conflict arises, please give due diligence to the department communication protocol.
3. Remember the “24 hour” rule: Please wait 24 hours before approaching a coach either in person, by phone or through email. This allows all involved a “cooling down” period and also provides some time for reflection.

All concerns or issues shall be addressed in this order:

1. Athlete/Coach
2. Athlete/Parent or Guardian/Coach
3. Athlete/Parent or Guardian/Coach/Athletic Director

Profanity

Use of profanity is not allowed. All offenses will result in disciplinary action.

Social Media

All student athletes are expected to use social media responsibly. How you conduct yourself online and in social media is a direct reflection on the athletic programs and BISD. Students who post inappropriate messages and or pictures will be asked to remove the post and will receive consequences that may include game suspensions and possible school discipline. Subsequent inappropriate posts will include additional consequences up to and possibly including, dismissal from the team and BISD athletic program.

Theft

Theft from other players, students, school, etc. will not be tolerated. An athlete caught stealing may result in consequences including but not limited to a potential loss of athletic privileges.

Hazing/Fighting/Bullying

Hazing, fighting, bullying or any physical or mental harm to another student may result in consequences including but not limited to a potential loss of athletic privileges.

Disciplinary Action Process

In the event a student-athlete violates athletic policies, the disciplinary action will include one or more of the following: extra conditioning, game suspension, dismissal from the team or removal from the athletic program. BISD reserves the right to remove any student immediately if the student exhibits behavior that threatens the safety and well being of the other athletes, coaches or team.

Suspension, Dismissal or Removal of Student Athletes:

No student-athlete may be suspended, dismissed or removed from a team or the athletic program before properly notifying the Athletic Director and the parents of the recommended action.

Dress and Grooming

Students who participate in extracurricular activities shall comply with the District's policy on student dress and grooming as well as the coach or sponsor's specific requirements for the activity.

Drug/Alcohol/Nicotine Use

No illegal drug, alcohol, or nicotine use will be permitted. Disciplinary actions will be in accordance with the BISD Co-Curricular Drug, Alcohol and Nicotine Contract. BISD requires that all participants in athletics for grades 7-12 undergo random drug testing in accordance with the BISD Random Student Drug Testing Policy.

Brock ISD Athletic Drug, Alcohol, Nicotine Testing Policy Violation Consequences

*All Drug, Alcohol, Nicotine Testing Violations and Consequences shall be cumulative through the student's enrollment in junior high school and shall begin anew for high school.

*Brock ISD will not be responsible for any cost incurred by the parent of the student athlete for drug, alcohol, nicotine education, counseling or residential treatment under this program.

Drugs Eligible for Testing

Alcohol
Nicotine
Amphetamines
Barbiturates
Benzodiazepines
Cocaine
Marijuana
MDMA
Methadone
Opiates
PCP
Propoxyphene

1st Violation Drugs, Alcohol

Consequences:

- Meeting conducted by the district designee(s) with the student athlete and parent/guardian.
- Suspension for 15 school days of the competitive sport season as defined by the schedule of competitive events. If the student athlete's sport is in a competitive season and the time of the suspension is not completed then the student athlete's suspension will: (A) be carried over into the student athlete's next competitive sport season or (B) be completed the following school year of the competitive sport season.
- The student athlete shall complete drugs/alcohol counseling course approved by the District at the parent's expense within 15 school days. If the student athlete fails to show proof of participation and completion of a drugs/alcohol counseling program within 15 school days he or she shall not be allowed to participate in athletics until the program is complete.
- The student shall participate in each random drug, alcohol, nicotine test for one calendar year.

1st Violation Nicotine Consequences:

- Meeting conducted by the district designee(s) with the student athlete and parent/guardian.
- The student athlete shall be suspended for 5 school day of competitive sports season as defined by the schedule of competitive events. If the student athlete's sport is in competitive season and the time of the suspension is not completed then the student athlete's suspension will: (A) be carried over into the student athlete's next competitive sport season or (B) be completed the following school year of the competitive sport season. The student shall complete a nicotine counseling course approved by the District at the parent's expense within 5 school days. If the student athlete fails to show proof of participation and completion of a nicotine counseling course within 5 school days he or she shall not be allowed to participate in athletics until the program is complete.
- The student athlete shall participate in each random drug, alcohol, nicotine test for one calendar year.

2nd Violation Drugs, Alcohol Consequences:

- Meeting conducted by the district designee(s) with the student athlete and parent/guardian.
- Suspension from competitive sports for 45 school days. If the student athlete's sport is in competitive season and the time of the suspension is not completed then the student athlete's suspension will: (A) be carried over into the student athlete's next competitive sport season or (B) be completed the following school year of the competitive sport season.
- The student athlete shall complete 5 drugs/alcohol counseling sessions approved by the District at the parent's expense within 45 school days. If the student athlete fails to show proof of participation and completion of a drugs/alcohol counseling program within 45 school days he or she shall not be allowed to participate in athletics until the program is complete.
- The student shall participate in each random drug, alcohol, nicotine test for one calendar year.

2nd Violation Nicotine Consequences:

- Meeting conducted by the district designee(s) with the student athlete and parent/guardian.
- Suspension for 10 school days of the competitive sport season as defined by the schedule of competitive events. If the student athlete's sport is in competitive season and the time of the suspension is not completed then the student athlete's suspension will: (A) be carried over into the student athlete's next competitive sport season or (B) be completed the following school year of the competitive sport season.
- The student athlete shall complete 3 nicotine counseling sessions approved by the District at the parent's expense within 10 school days. If the student athlete fails to show proof of participation and completion of a nicotine counseling program within 10 school days he or she shall not be allowed to participate in athletics until the program is complete.
- The student shall participate in each random drug, alcohol, nicotine test for one calendar year.

3rd Violation Drugs, Alcohol Consequences:

- Meeting conducted by the district designee(s) with the student athlete and parent/guardian.
- Suspension from participation of competitive sports for the remainder of the student athlete's enrollment at the District.

3rd Violation Nicotine Consequences:

- Meeting conducted by the district designee(s) with the student athlete and parent/guardian.
- Suspension for 15 school days of the competitive sport season as defined by the schedule of competitive events. If the student athlete's sport is in competitive season and the time of the suspension

is not completed then the student athlete's suspension will: (A) be carried over into the student athlete's next competitive sport season or (B) be completed the following school year of the competitive sport season.

- The student athlete shall complete 5 nicotine counseling sessions approved by the District at the parent's expense within 15 school days. If the student athlete fails to show proof of participation and completion of a nicotine counseling program within 15 school days he or she shall not be allowed to participate in athletics until the program is complete.
- The student shall participate in each random drug, alcohol, nicotine test for one calendar year.

4th Violation Nicotine Consequences:

- Meeting conducted by the district designee(s) with the student athlete and parent/guardian.
- Suspension for 30 school days of the competitive sport season as defined by the schedule of competitive events. If the student athlete's sport is in competitive season and the time of the suspension is not completed then the student athlete's suspension will: (A) be carried over into the student athlete's next competitive sport season or (B) be completed the following school year of the competitive sport season.
- The student athlete shall complete 5 nicotine counseling sessions approved by the District at the parent's expense within 30 school days. If the student athlete fails to show proof of participation and completion of a nicotine counseling program within 30 school days he or she shall not be allowed to participate in athletics until the program is complete.
- The student shall participate in each random drug, alcohol, nicotine test for one calendar year.

5th Violation Nicotine Consequences:

- Meeting conducted by the district designee(s) with the student and parent/guardian.
- Suspension from participation of competitive sports for the remainder of the student athlete's enrollment at the District.

*Drug and Alcohol Violations occurring on campus, on school property or at a school function will result in consequences outlined within the Brock ISD Student Code of Conduct. *Please note any and all violations and consequences under this policy are not in lieu of or a substitute for District policies governing drug, alcohol, or nicotine violations. All students/guardians should read and acknowledge the violations and consequences for drug, alcohol, and nicotine use located in Board Policy FNF(LOCAL). Any consequences assessed pursuant to the Brock ISD Athletic Drug, Alcohol, Nicotine Testing Policy shall run independently, not concurrently.

BROCK INDEPENDENT SCHOOL DISTRICT FACILITY USE PROCEDURES PROCEDURES

- 1) Secure a Facility Use Application and complete.
- 2) Contact the administrator in charge of scheduling the desired location. Determine that the facility is available on the date and time desired and the use for which you are applying is suitable. Have the administrator sign the Facility Use Form approving availability of the facility.
- 3) Return the completed form to the administrator's office. The form will then receive final approval and the appropriate fees will be determined. A copy of the form will then be returned to the renting party and another filed by the campus office.
- 4) A deposit of \$50.00 will be required along with payment of the fees prior to the use of the facility.
- 5) Any contact necessary for needed equipment, arranging entrance and exit to the facility, etc. will be coordinated with the administrator of the facility being used.
- 6) UIL activities and playoff game fees will be determined and approved by the Superintendent or designee. Rates will be set to cover all employee costs, facility costs and facility rental fees. All other matters will be determined and agreed upon by visiting school districts and the Superintendent or designee, as needed.

REGULATIONS

- 1) No tobacco, alcohol or drug use in any facilities or premises.
- 2) No food/drink except by permission and in designated areas.
- 3) No fireworks or explosives on premises.
- 4) Use of buildings is limited to areas designated on the original application.
- 5) School activities pre-empt any other requested use of facilities.
- 6) User will be responsible for all damages to the facility caused by users.

BROCK INDEPENDENT SCHOOL DISTRICT
FACILITY USE APPLICATION

Building or area requested: _____
Start Date: _____ End Date: _____ Start Time: _____
End Time: _____ Set-up time needed: _____ Total hours: _____

Recurring Reservations

Day	Start	End	Day	Start	End
Monday	_____	_____	Friday	_____	_____
Tuesday	_____	_____	Saturday	_____	_____
Wednesday	_____	_____	Sunday	_____	_____
Thursday	_____	_____			

Note: Maximum length of recurring rentals is 3 months. Must renew each time rental period expires.

MUST COMPLETE EACH TIME NEEDED

Organization Name: _____
Person Responsible: _____
Address: _____
Phone: _____ Email: _____ Purpose: _____
(Describe fully the use and activities to be conducted):

ARE YOU CHARGING ADMISSION FOR YOUR FUNCTION?

YES _____ NO _____

If yes, use of funds:

Any other necessary information:

I AGREE TO BE RESPONSIBLE FOR ANY DAMAGE(S) THAT MAY RESULT FROM USE OF THIS BUILDING/AREA AND TO PAY THE FEES AS CALCULATED ON THIS APPLICATION.

Signature _____

Date _____

Administrator's Signature _____

Date _____

Facility Supervisor's Signature _____

Date _____

Approved _____ Not Approved _____

BROCK INDEPENDENT SCHOOL DISTRICT FACILITY USE GUIDELINES When determining fees for the use of a Brock ISD facility, the factors under consideration will be:

- 1) Hourly fee for utilities (facility use fee)
- 2) Cost for Brock ISD employees
- 3) Type of group using facility
- 4) Kitchen use When any one of these services is required, that cost must be built in to the total cost for facility use.

50% discounts or waiver of fees will be considered when activities benefit Brock ISD students such as: Scouts – Campfire – 4H – Lions Club – Kiwanis – Sporting Activities Government Units, i.e. City, County, and Volunteer Fire Departments

FACILITY USE FEE CHART

High School

Cafetorium \$60.00 per hour
Game Gym \$75.00 per hour
Practice Gym \$60.00 per hour
Lecture Hall \$50.00 per hour
Classrooms \$25.00 per hour
Field Lights \$25.00 per hour

Junior High

Gym \$60.00 per hour
Classrooms \$20.00 per hour
Cafetorium \$50.00 per hour
Field Lights \$25.00 per hour

Elementary/Intermediate

Gym \$40.00 per hour
Cafetorium \$50.00 per hour
Classrooms \$20.00 per hour

Required fees are to be paid to the District with all other fees, not directly to the employee:

The above form and required fee must be returned before the building is used. Please return payment to:

Brock Independent School District
410 Eagle Spirit Lane Brock, Texas 76087
Attention: Chad Massey

ORGANIZATION FUNDRAISERS IN BROCK ISD CAFETERIA

A Brock ISD cafeteria employee is required to be on duty if the cafeteria kitchen facility is used. This staff member is not being paid to work to raise funds, but simply to oversee operation of equipment and ensure safety and health guidelines are met on behalf of the district. The purpose of staff member's presence is to ASSIST sponsors and volunteers. If a district organization is using the kitchen facilities, then the sponsor must create an activity account PO for payment to the BISD employee at the rate of \$15 per hour. Cash or check may not be paid to the staff member; they will need to be paid through the BISD payroll system. Sponsor is responsible for instructing fundraising volunteers of the need for cooperation with the cafeteria employee. The cafeteria employee will guide fundraising staff in operation of equipment, locating utensils, keeping tea decanter filled, cleaning and restoring the kitchen to complete operational status. The cafeteria employee will remain in the food service area during the entire time for which he/she is being paid

Supplemental Insurance

Brock ISD offers supplemental insurance for our Brock ISD students and student athletes. Please see the following link on our Brock ISD website for further information.

https://www.brockisd.net/243887_2



Brock ISD

Facility Usage Fee Schedule

410 Eagle Spirit Ln. Brock, TX 76087

Phone: (817) 596-7425 Fax: (817) 594-2509

Email: chad.massey@brockisd.net Cell: (817) 597-5572



Sport: _____	Home: _____	Vis: _____
Date: _____	Day: _____	Time: _____
Prices: _____	Passes Accepted: _____	

<u>Schedule of Charges</u>			
Quantit	Description	Charges / Game	Totals
1	Field or Gym or Other Facility - <i>Per</i> <i>Day Charge Only</i>	\$300.00	\$300.00
1	Gate Keepers	\$40.00	\$40.00
0	Score Keepers	\$40.00	\$0.00
1	Clock / Scoreboard Operators	\$40.00	\$40.00
1	Announcers	\$40.00	\$40.00
1	Game Administrators	\$100.00	\$100.00
3	Security (hourly)	\$35.00	\$105.00
3	Custodial / Grounds Keepers (hourly)	\$15.00	\$45.00
	UIL Payments		TBA
1	Office Administration Fee	\$75.00	\$75.00
	Sub-Total		\$745.00

A complete game report will be prepared and sent to both participating schools following the event. After all expenses have been paid, Brock ISD will split bill the teams or send revenue checks to the participating schools.

Facility Regulations

- 1) No tobacco or alcohol use in any facilities or premises.
- 2) No food/drink except by permission and in designated areas.
- 3) No weapons of any type on premises.
- 4) Use of building is limited to areas designated on this contract.
- 5) Respective school districts will be responsible for all damages to facility caused by users.

To ensure reservation of facilities, representatives from both schools must sign this agreement and email it or fax it to Brock ISD. The participating teams are responsible for the arrangement and scheduling of officials, as well as programs, rosters and team lineups.

School: _____	Date: _____
Address: _____	City, State, Zip _____
Phone: _____	Email of Business Office : _____
Name: _____	Signature: _____

Required Annual Forms

All students in athletics shall have the required UIL report forms on file in the athletic training room prior to participation in their sport. This will be completed through *Rank One* and the BISD Training Staff. Participation includes any practice, before, during or after school, both in-season and out-of-season.

I understand that participation in athletics is a privilege and higher standards are expected from all student athletes as it pertains to grades, behavior in and out of school, attendance, work ethic and commitment. Any behavior that is deemed unbecoming of an athlete will be subject to consequences by the coach of the sport. I, _____ will be held accountable for all my actions.

Student/Athlete Signature: _____

Date _____

Parent Signature: _____

Date _____

This Document of acknowledgement is signed by all athletes annually with all the traditional UIL paperwork and can be accepted by electronically signing within the *Rank One* system.