



Pre-Participation Athletic Exams for 2024-2025 for Rutherford County Athletes

Tennessee Orthopaedic Alliance along with Ascension Saint Thomas and Results Physiotherapy will be offering free pre-participation exams for prospective Rutherford County middle and high school student athletes on Saturday, May 4, 2024. To make this day go as smoothly as possible, please note the following:

- **Exams will be at TOA, 1800 Medical Center Parkway, in Murfreesboro, not at each individual school.**
- **Please have the correct form and all parent/guardian signatures filled out at the time of arrival.** Athletes without completed and signed forms will not be eligible to receive an exam. Printers will not be available the day of physicals.
- **This will be the only opportunity for athletes to receive these exams – no make-up will be done.**
- Athletes should dress in shorts/t-shirts to allow physicians to evaluate extremities as needed.
- Parents are welcome to accompany their children throughout the entire process.
- Exams will be complimentary.
- Please note that some medical problems detected during physical exam may require clearance from the athlete's physician. Parents may wish to schedule a physical evaluation for their physician.
- **Each student is responsible for delivery of forms to their coaches – copies will not be available.**

Please adhere to the scheduled times for your school listed below.

7:45AM - Smyrna High, Siegel High, Riverdale High, Siegel Middle, Smyrna Middle, Rockvale Middle, Rockvale High, Christiana Middle, Whitworth-Buchanan

8:30AM - Oakland High, Blackman High, MTCS, Oakland Middle, Blackman Middle, Lancaster Christian, Thurman Francis, Eagleville, Rocky fork Middle

9:15AM - Oakland High, Blackman High, MTCS, Oakland Middle, Blackman Middle, Lancaster Christian, Thurman Francis, Eagleville, Rocky fork Middle

