



West Geauga Athletics Emergency Action Plan

# ANNUAL REVIEW



30

30

# INTRODUCTION



As we all know, emergency situations can arise at any time during athletic events. This means everyone involved in the execution of practices, scrimmages, games, matches, etc. must be prepared and understand their role in the event of a life-threatening emergency.

Today, we will review the following components of our Emergency Action Plan:

- Who might be involved in an emergency situation and what their role should be
- When to call 911 (and who else needs to be notified that this has happened)
- What to do after activating EMS
- Emergency Communications
- What to do after the situation has been controlled

30

40

50

40

30

# WHEN TO CALL 9-1-1 (Examples)



YES

- Loss of consciousness
- Impairment of airway, breathing, or circulation
- Neurovascular compromise
- Uncontrolled bleeding
- Heat stroke



NO

- Cuts and bruises
- Sprains and strains
- Cold and flu
- Food poisoning

IF YOU ARE EVER UNSURE, CALL ANYWAY.

30

40

50

40

30

# CHAIN OF COMMAND -- ATC PRESENT

01 TEAM PHYSICIAN

02 ATHLETIC TRAINER

03 HEAD COACH

Note: When EMS arrives, the EMTs will assume lead. They will complete an assessment and determine appropriate actions regarding initial management and transportation.

04 ASSISTANT COACH

05 SCHOOL RESOURCE OFFICER



30

40

50

40

30



# CHAIN OF COMMAND -- NO ATC PRESENT

01 ATHLETIC DIRECTOR

02 HEAD COACH

03 ASSISTANT COACH

Note: When EMS arrives, the EMTs will assume lead. They will complete an assessment and determine appropriate actions regarding initial management and transportation.

04 SCHOOL RESOURCE OFFICER



30

40

50

40

30

# EMERGENCY TEAM AND THEIR ROLES

01

## ESTABLISH SCENE SAFETY AND IMMEDIATE CARE

Most qualified individual on the medical team (the first individual in the chain of command).

02

## ACTIVATION OF EMS/9-1-1

Designated when EMS is not already present for an event. TIME IS CRITICAL. This may be done by anyone.



"The emergency team may consist of...ATCs, coaches, managers, student aides, and even bystanders. This will vary depending on different factors such as team size, venue, personnel present, etc." WGHS EAP Page 7

03

## EQUIPMENT RETRIEVAL

This person needs to be familiar with types and locations of specific equipment.

04

## DIRECTION OF EMS

This person will direct EMS to the scene. The should have keys to locked gates/doors. This person should also call the athlete's parents if they aren't present.

30

40

50

40

30

# EMERGENCY EQUIPMENT LOCATIONS



01

## AEDs

Outside main gym, with AT, and in stadium shed weather permitting.

02

## COLD TUBS

Stored in stadium shed.

03

## SPINE BOARDS

Provided by EMS upon arrival.  
C-Collar kept at Gymnastics.

04

## FIRST AID KITS

Each team given first aid kit prior to beginning of season.

05

## INHALERS

In team first aid kit, individually labelled IF PROVIDED BY ATHLETE.

06

## EPI-PENS

In team first aid kit if provided by athlete. In athletic training room if provided by school.

\*\*\*Medications, inhalers, and AEDs should not be kept in extreme temperatures for extended periods of time.\*\*\*

30

40

50

40

30



## A red Milwaukee PACKOUT storage box is positioned on a grassy field. The box features the Milwaukee logo and 'PACKOUT' text. In the background, there are stadium bleachers and a blue water bottle.

A collection of outdoor gear laid out on a green lawn. The items include a blue and white striped towel, a red and grey bag, a black bag, a black LifePak, a yellow and black DeWalt toolbox, a blue pump, and a black bag with a yellow handle.

## Splint Bag

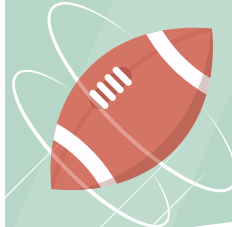


# ACTIVATING EMERGENCY MEDICAL SERVICES



- **Call 9-1-1**
- **Provide Information**
  - Name, address, callback number
  - Nature of emergency
  - Number of victims
  - Condition of victims
  - First aid rendered
  - **SPECIFIC DIRECTIONS**
    - See pocket cards or location-specific pages
  - Other info requested by dispatch

**BE THE LAST TO HANG UP**



30

40

50

40

30



# AFTER YOU HANG UP WITH 9-1-1



There additional calls that need to be made in the following order:

- Athlete's parent(s) if not present
- Athletic Trainer if not present
- Athletic Director if not present

If the Athletic Trainer is present, they will contact the AD and other school administrators as needed.

30

40

50

40

30

# AFTER THE EMERGENCY HAS BEEN CONTROLLED



Medical documentation will be done by AT if present, but the school district may need additional incident reports.

## DOCUMENTATION



## DEBRIEFING

The AT, AD, Coaches, and one uninvolved school employee (ideally the Principal) will meet to discuss the efficacy of the EAP activation.

30

40

50

40

30

# STAFF ANNUAL REVIEW

Please note: Emergency Telephone Numbers as we have them in August are available on Pg 11 of the EAP.



## EMAIL

Coaches will be emailed an updated copy of the EAP every year.

01

## PRESENTATION

This presentation will be sent out every year to include updates.

02

## COPY

A physical copy of the EAP will be available in the AT's office.

03



30

40

50

40

30

# REVIEW



## GENERAL PLAN OF ACTION

In the event of a medical emergency, the most medically qualified person on site will lead.

1. Is the scene safe?
2. Check consciousness, assess ABCs
  - a. If LOC, absent ABCs or other life threatening situation, instruct someone to call 9-1-1 and watch them do it.
  - b. Check pocket card in first aid kit for specific instructions to give dispatch
3. Provide care.
  - a. Perform CPR, administer first aid
    - i. If bleeding is present, instruct another person to assist in blood control
4. Send someone for AED
5. Send someone to meet EMS
6. Send someone to control the crowd
7. CALL THE ATHLETE'S PARENTS
8. IF THE ATHLETE'S PARENTS ARE NOT PRESENT, A COACH MUST ESCORT TO THE ER.
9. Contact AT and AD after the situation has been controlled
10. Documentation
11. Debriefing

30

40

50

40

30