



MMS CROSS COUNTRY - SEPTEMBER

NEWSLETTER



Great Start to the Season

The MMS cross country team is off to a great start. Their hard work that began this summer is paying off. They are becoming more fit and we are seeing times starting to drop as new PRs are being set each race. Just as important, the team is building a positive, supportive environment where runners are connecting with each other, pushing one another in practice, and celebrating each other's successes.

More Than Just Running

We aim to build character this year through hard work and team culture. The athletes have begun taking ownership of their training, beginning warm-ups on their own without needing direction—a quality noted by Coach Fultz, the HS coach. They continue to encourage one another, creating a supportive environment for all.



Alex Fultz Monroe Invitational

The boys' team finished 5th overall in the team competition. Leading the way was Campbell Brooks, placing 13th, followed closely by Jackson Martin in 16th and Keagan McDonnold in 51st. Also scoring for the Middies were Aurum Scherrer and Drake Rust. On the girls side, Taitlyin Turner had a strong race, finishing 39th out of 120 runners.



Saturday Night Lights

For the girls, Taitlyin Turner placed 15th with a new PR of 15:07. She was followed by Lyla Rogers who also ran well in her first cross country meet. For the boys, Campbell Brooks and Jackson Martin finished in under 13 minutes. Drake Rust finished strong with a time of 15:40 and was followed by a great finish by Javan Snyder.



Loveland MS Invitational

On the boys' side, Drake Rust, Aurum Scherrer, and Javan Snyder all set personal bests. For the girls, in her first race, Kemper Spanel led the Middies with a 58th-place finish in 15:19, closely followed by Taitlyin Turner, who finished in 15:20. Lyla Rogers completed the team's effort, setting a new personal best with a time!

Coming soon...

Ross Invitational 9/10 - Vic Roberts Invitational 9/15 - Princeton Invitational 9/20

Personal Record (PR) = <input type="text"/>				Monroe	SNL	Loveland
Boys						
	Campbell	Brooks	7	13:06	12:54	13:15
	Jackson	Martin	7	13:19	12:59	13:14
	Keegan	McDonnold	7	15:04	-	15:21
	Drake	Rust	7	18:47	15:40	15:13
	Aurum	Scherrer	7	17:25	-	16:35
	Javan	Snyder	7	-	19:04	17.54
Girls						
	Lyla	Rogers	7	-	16:51	15:57
	Kemper	Spanel	7	-	-	15:19
	Taitlyin	Turner	8	17:10	15:07	15:20

PR Tracker

One of the most exciting parts of the season is tracking each runner's personal records, or PRs. Watching these times improve from race to race shows the hard work our athletes are putting in at practice. As the season continues, we'll keep celebrating these new PRs and the progress our runners are making, both individually and as a team.



FAST FEET
FULL HEARTS
MIDDIE STRONG

