

Guiding the College-Bound Athlete



The Agenda

- Eligibility Center
- Fun Facts
- Differences between Divisions
- How to Find Schools
- Definition of Terms
- Steps to Being Recruited
- Helpful Recruiting Hints
- Chances of Making it all the Way!

The Basics



Student Athletes must register with the

NCAA Eligibility Center

to be eligible to play NCAA Division I or Division II sports -Certification Account (\$90.00 for an account-**WAIVER**)

- (NCAA-9999)

(no registration is needed for Division 3- Profile Page)

The NCAA Eligibility Center certifies whether prospective college athletes are eligible to play at the D1 or D2 level.



www.eligibilitycenter.com

or

www.ncaa.org

Click on student-athlete registration

Counselor will upload documents

* Student academic record, SAT/ ACT scores, amateur status



ELIGIBILITY CENTER

GRADE

9

REGISTER

- » If you haven't yet, **register** for a free Profile Page account at **eligibilitycenter.org** for information on NCAA initial-eligibility requirements.
- » Use NCAA Research's **interactive map** to help locate NCAA schools you're interested in attending.
- » Find your high school's list of NCAA-approved core courses at **eligibilitycenter.org/courselist** to ensure you're taking the right courses, and earn the best grades possible!



PLAN

GRADE
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- » If you're being actively recruited by an NCAA school and have a Profile Page account, **transition** it to the required **certification account**.
- » Monitor the **task list** in your NCAA Eligibility Center account for next steps.
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.
- » If you fall behind academically, ask your high school counselor for help finding **approved courses** you can take.



GRADE 11

STUDY

- » Ensure your **sports participation** information is correct in your Eligibility Center account.
- » Check with your high school counselor to make sure you're on track to complete the required number of NCAA-approved **core courses** and graduate on time with your class.
- » Share your **NCAA ID** with NCAA schools recruiting you so each school can place you on its **institutional request list**.
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.



ELIGIBILITY CENTER

GRADE 12

GRADUATE

- » **Request your final amateurism certification** beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your Eligibility Center account at eligibilitycenter.org.
- » Apply and be accepted to the NCAA school you plan to attend.
- » Complete your final NCAA-approved **core courses** as you prepare for graduation.
- » After you graduate, ask your high school counselor to upload your final **official transcript** with proof of graduation to your Eligibility Center account.



There is **no registration deadline** but it is suggested you register at the beginning of your **JUNIOR** year. You must be cleared by the eligibility center before you receive athletic scholarship money or compete at the D1 or D2 level

NCAA Fun Facts

490,000 Student-athletes

19,500 Teams

1,115 NCAA Member Schools

3 Divisions



What are the differences
between Division I, II and III?





Division I



Division I schools, on average, enroll the most students, manage the largest athletics budgets, offer a wide array of academic programs and **provide the most athletics scholarships**. Most schools you will recognize

~180,000 student-athletes

358 colleges and universities

~60% of all student-athletes receive some level of athletic aid

Median Undergraduate Enrollment: ~10,000

Average Participation of Student Body in Sports is: 4%



Division I



The commitment that is required of a Division I athlete is extreme.

It will be more physically and mentally grueling than any team you have been on however, can also be incredibly rewarding if you are up for the challenge

The main focus is on winning records and job security for coaches.

% of High School Senior Boys that Participate in College Sports

Sport	%	Scholarships		Schools
		D-I	D-II	
Wrestling	2.5%	9.9	9	311
Waterpolo	2.8%	4.5	4.5	78
Basketball	2.9%	13	10	1,826
Outdoor Track	4.1%	12.6	12.6	911
Golf	4.7%	4.5	3.6	1,170
Tennis	5.1%	4.5	4.5	1,003
Soccer	5.4%	9.9	9	1,201
Cross Country	5.7%	12.6	12.6	1,223
Football	5.7%	85*	36	812

*Football D-I AA 63 Scholarships

% of High School Senior Boys that Participate in College Sports cont...

Sport	%	Scholarships		Schools
		D-I	D-II	
Baseball	5.8%	11.7	9	1,485
Volleyball	5.8%	4.5	4.5	78
Swimming	7.7%	9.9	8.1	454
Skiing	8.6%	6.3	6.3	39
Rifle	9.5%	3.6	3.6	31
Ice Hockey	10.5%	18	13.5	143
Lacrosse	13.1%	12.6	10.8	238
Gymnastics	17.0%	6.3	5.4	246
Indoor Track	33.7%	12.6	12.6	711
Fencing	45.8%	4.5	4.5	38

% of High School Senior Girls that Participate in College Sports

Sport	%	Scholarships		Schools
		D-I	D-II	
Badminton	0.3%	6	10	15
Bowling	2.3%	5	5	62
Volleyball	3.3%	12	8	1,666
Softball	4.3%	12	7.2	1,118
Outdoor Track	4.4%	18	12.6	962
Tennis	5.1%	8	6	1,194
Golf	5.5%	6	5.4	706
Water Polo	6.6%	8	8	97
Gymnastics	6.8%	12	6	85
Soccer	6.9%	12	9.9	1,364
Swimming	7.3%	14	8.1	582

% of High School Senior Girls that Participate in College Sports cont...

Sport	%	Scholarships		Schools
		D-I	D-II	
Cross Country	7.4%	18	12.6	1,309
Basketball	8.2%	15	10	1,810
Field Hockey	8.7%	12	6.3	255
Skiing	11.2%	7	6.3	42
Lacrosse	13.7%	12	9.9	268
Ice Hockey	21.6%	18	18	73
Sync Swimming	22.3%	5	5	7
Indoor Track	34.5%	18	12.6	769
Fencing	55.7%	5	4.5	44
Equestrian	172.7%	15		41
Rowing	244.1%	20	20	145



Division II



Division II provides growth opportunities through academic achievement and high-level athletics competition

~122,00 student-athletes

303 colleges and universities

62% of all student-athletes receive some level of athletics aid

Median Undergraduate Enrollment: ~2,500

Average Participation of Student Body in Sports is: 9%



Division II

ASHLAND
UNIVERSITY



Balance is the key selling point of Division II athletics. It offers a level of competition that is not far off from the Division I level, yet there is not as much pressure as the highly visible Division I

You will find very few full ride scholarships, but many partial scholarships are available at the Division II level



Division III



The Division III experience provides an integrated environment that focuses on academic success while offering competitive athletics

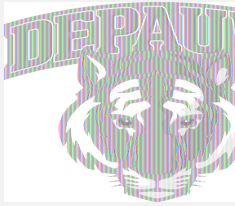
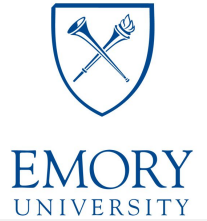
~190,000 student-athletes

437 colleges and universities

80% of all student-athletes receive some level of **academic grant or need based scholarship**

Median Undergraduate Enrollment: ~1,800

Average Participation of Student Body in Sports is:
26%



Division III



Division III athletics are great for athletes whose focus is in the classroom

They have limited practice and competition times, as well as less travel between schools

Because of time restraints, coaches will not be able to control your life as much as DI or DII coaches could

NO athletic scholarships are available

but there is money available through grants and need based aid

NAIA, Junior College, Community College, City College



There are a multitude of other options for college athletics other than NCAA

These are organizations that will allow you to play college athletics with a bit more freedom

How to Find Schools

<https://www.ncaa.org/membership-directory>

View a map of NCAA member schools (1,115)

School academic and athletic websites sorted alphabetically by official name

List of NCAA Schools and Conferences



Definition of Terms

- Quiet Period
- Dead Period
- Contact Period
- Evaluation Period
- Official Visit vs Unofficial Visit
- Verbal Commitment
- National Letter of Intent
- Name, Image, Likeness



Quiet Period

A **quiet period** occurs when a coach at an **NCAA** institution cannot have any in-person contact with a prospective student-athlete or their parents outside of the colleges campus. Coaches can't go to see any of the athlete's sporting events or their practices

Dead Period

During a **dead period** a college coach may not have face-to-face contact with college-bound student-athletes or their parents, and may not watch student-athletes compete or visit their high schools. Coaches may write and telephone student-athletes or their parents during a **dead period**

Contact Period

During a **contact period** a college coach may have face-to-face **contact** with college-bound student-athletes or their parents, watch student-athletes compete and visit their high schools, and write or telephone student-athletes or their parents

Evaluation Period

The NCAA **Evaluation Period** is a specific time of year when college coaches **are** allowed to watch an athlete compete in person or visit their school. ... The NCAA Evaluation Period is just that: a time set aside for evaluation

Official vs Non-Official Visits (no more than 5 official)

Any visit to a college campus by you and your parents paid for by the college. The college may pay all or some of the following expenses:

- Your transportation to and from the college;
- Room and meals (three per day) while you are visiting the college; and
- Reasonable entertainment expenses, including complimentary admissions to a home athletics contest.

Visits paid for by college-bound student-athletes or their parents are unofficial visits

What is a Verbal Commitment

A college-bound student-athlete's commitment to a school before he or she signs (or is able to sign) a National Letter of Intent. A college-bound student-athlete can announce a verbal commitment at any time. This "commitment" is NOT binding on either the college-bound student-athlete or the college or university. Only the signing of the National Letter of Intent accompanied by a financial aid agreement is binding on both parties.

National Letter of Intent (NLI)



- The NLI is a binding agreement between a prospective student-athlete and a NLI member institution.
- A prospective student-athlete agrees to attend the institution full-time **for one academic year** (two semesters or three quarters).
- The institution agrees to provide athletics financial aid for one academic year (two semesters or three quarters).

NLI



- NLI signed each year = 48,000
- 650+ NCAA DI and DII NLI member schools
- NLI member schools award ~3.3 billion in athletic scholarships

NLI Signing Dates Signing 2022-23 and Enrolling 2023-24

Sport (s)	Initial Signing Date	Final Signing Date
Division I Basketball (Early Period)	November 9, 2022	November 16, 2022
Division I Basketball (Regular Period)	April 12, 2023	May 17, 2023
Division I Football (Early Period)	December 21, 2022	December 23, 2022
Division I and II Football (Midyear JC Transfer)	December 21, 2022	January 15, 2023
Division I and II Football (Regular Period)	February 1, 2023	Division I: April 1, 2023 Division II: August 1, 2023
All Other Division I and II Sports	November 9, 2022	August 1, 2023

NIL

Name, Image, Likeness

NCAA college athletes will have the opportunity to benefit from their name, image and likeness

- . Governance bodies in all three divisions adopted a uniform interim policy suspending NCAA name, image and likeness rules for all incoming and current student-athletes in all sports.

NIL cont...

- The policy provides the following guidance to college athletes, recruits, their families and member schools:
- Individuals can engage in NIL activities that are consistent with the law of the state where the school is located. Colleges and universities may be a resource for state law questions.
- College athletes who attend a school in a state without an NIL law can engage in this type of activity without violating NCAA rules related to name, image and likeness.
- Individuals can use a professional services provider for NIL activities.
- Student-athletes should report NIL activities consistent with state law or school and conference requirements to their school

Steps to Being Recruited

- Take the right classes (college counseling/ advisor)
- Register with the NCAA
- Make your list(s) – cast the net wide
 - 3 lists with 4 or 5 per list
 - (1) dream schools
 - (2) realistic schools you could play for
 - (3) fallback schools

Steps to Being Recruited

- Create a video
 - Actual game footage to show real-time ability, not just a highlight reel (2-5 minutes) + 2 full game films
- Research the Schools
 - Who do you need to contact at the school
 - Do they have what you want to study (major/minor)
 - Is your position needed/ style of play
 - Talk to current players and families
 - Expense
 - Location

Steps to Being Recruited

- First Contact
 - Get yourself on your college's radar in an aggressive, but friendly way (email contacts)
 - Recruiting is athlete driven, not parent driven
 - Keep your letter/ email short and concise but include important info (GPA, test scores, classes taken, transcript)
 - A copy/ link to your recruiting video
 - Athlete should make first contact, **not the parents**
 - A recruiting resume/ bio sheet – 1 sheet
 - Stats, honors, academic data, strengths, coaches contact information, height, weight, how to contact you, social media

Student-Athlete Resume



Madden Phelps

1st Team All-City
1st Team SWOHL
Team MVP-Defense

513-309-8669

@MaddenPhelps - twitter
@maddenphelps_fieldhockey

Maddogphelps@gmail.com

Class of 2024 4.15 GPA



ABOUT ME

I am passionate about playing field hockey and serious about academics. I am a versatile defender and received All-City 1st Team, Southwest Ohio 1st team and Team MVP-defense honors on my OHSAA State Final Four team.

I first had the opportunity to play field hockey when my family moved from Cincinnati, Ohio to Fort Worth, Texas in 2018, where I attended the Fort Worth Country Day School.

While in Fort Worth, I trained with the Texas Pride Field Hockey Club before our coach helped create the Cowtown Field Hockey Club. I also had the opportunity to train with the Futures Program before training was shut down due to Covid-19. After moving back to Cincinnati, for the 2020-21 school year, I joined the Field Hockey Life Field Hockey Club.



Leadership and Recognition

Acceptance to the Ambassador Leadership Summit held at Yale University based on demonstration of outstanding scholastic merit, leadership potential and exemplary citizenship.

Education in Action - Certificate of Merit - Lone Star Leadership Academy for developing leadership skills.

Fort Worth Country Day core value recognition for demonstrating exemplary scholarship and recognition for outstanding achievement in Science and Spanish; National Junior Honor Society member.

Elected President of National Charity League (NCL); earned the NCL community service award.



Other Activities and Interests

Member of school's league championship cross country team; point guard on the varsity basketball team; catcher on the varsity softball team; member of the track and field team - 300m hurdles, 200m & 400m.

Black belt - Matsubayashi - Ryu (Shorin-Ryu) Karate; certified Skipper - 420 Sailboats



Family Profile

Mother - Allison Phelps, Sports Medicine Physician/ Drug Addiction Specialist; Dad - Brian Phelps, Education-Director of Athletics; Siblings - Meran (12), Mason (9) and Hawkins (6); Pets - 3 dogs, Big Ben (Golden Doodle), Marley (Maki-Poo), Oliver (Teacup Shih-Tzu)



References

Tara Rose - Field Hockey Varsity Coach - 513-254-2761 - trpse.t.1@ps.com

Kelli Puzo - Field Hockey Life FH Club - 240-603-5948 - kellipuzo.fh@gmail.com

Doug Keenan - Girls Varsity Basketball Coach - 513-309-2308 - douglaskenan@primecg.com

Scott Mastin - Karate Sensei - 513-263-2340 - mastindojo@gmail.com

Steps to Being Recruited

- Increase your exposure
 - Attend camps after contact has been made with coaching staff – do you pass the “eye test”?
 - Gives you a chance to be exposed to other programs
 - Take unofficial visits to schools you are interested in after a relationship has been established
 - Participate in high level tournaments where coaches tend to scout players
- * Coaches usually just do not “find” you

Steps to Being Recruited

- The Final Choice
 - Financial commitment from the school
 - Playing time probability
 - Distance from home
 - Relationship with current coaches and players
 - Academic offerings

If something happens to your athletic career or you coach moves on at this school, will you still be happy?

Recruiting Helpful Hints

- Do not overstate your stats/ GPA/ test scores
- Do not tarnish your image on social media
- Do not be obnoxious or overbearing with coaches
- Do not have mom or dad send stats/ videos/ emails
- Do not overpay for recruiting services to help you get recruited

Recruiting Materials

<http://www.ncaa.org/student-athletes/resources/recruiting-calendars/division-i-and-ii-recruiting-calendars>

	Football	Baseball	Lacrosse and Softball	Men's Ice Hockey	Men's Basketball	Women's Basketball	All Other Sports
Questionnaires, Camp Information, NCAA Materials and Nonathletic Publications	Anytime	Anytime	Anytime	Anytime	Anytime	Anytime	Anytime
Other Recruiting Materials	Beginning 9/1 of junior year	Beginning 9/1 of junior year	Beginning 9/1 of junior year	Beginning 1/1 of sophomore year	6/15 between sophomore and junior year	Beginning 9/1 of junior year	6/15 between sophomore and junior year
Electronic Correspondence	Beginning 9/1 of junior year (all forms)	Beginning 9/1 of junior year (all forms)	Beginning 9/1 of junior year (all forms)	Beginning 1/1 of sophomore year (all forms)	6/15 between sophomore and junior year (all forms)	Beginning 9/1 of junior year, except prohibited during July evaluation period (all forms)	6/15 between sophomore and junior year (all forms)

Telephone Calls

	DI Men's Basketball	DI Women's Basketball	DI Football (FBS)	Division I (Other Sports)	Division II	Division III
Sophomore				Men's Ice Hockey <ul style="list-style-type: none"> 1/1 of sophomore year 	<ul style="list-style-type: none"> June 15 immediately preceding junior year. No limit on the number of telephone calls after the first permissible date. 	<ul style="list-style-type: none"> Permissible freshman and sophomore years.
Junior	<ul style="list-style-type: none"> Unlimited beginning June 15 following sophomore year. If PSA's educational institution follows a nontraditional calendar, at institution's discretion beginning day after conclusion of sophomore year 	<ul style="list-style-type: none"> Unlimited beginning September 1, except prohibited during July evaluation period. 	<ul style="list-style-type: none"> One call during the period of April 15 through May 31. 	All other Sports <ul style="list-style-type: none"> 6/15 between sophomore and junior year. Lacrosse and Softball <ul style="list-style-type: none"> 9/1 of junior year Baseball <ul style="list-style-type: none"> 9/1 of junior year 		
Senior			<ul style="list-style-type: none"> Once per week after September 1 of the senior year. Unlimited during contact period. 			

Estimated Probability of Competing in NCAA Athletics

Student-Athletes	All Sports	Men's Basketball	Women's Basketball	Men's Soccer
HS Student-Athletes	7,400,000	538,700	433,100	411,000
NCAA Student-Athletes	460,000	18,000	16,200	23,400
% Moving from HS to NCAA	6%	3%	4%	6%
% Moving from NCAA to Pro	2%	1%	1%	2%

Thank You!

Contact Information:

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Director of Athletics

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