



High School Baseline Testing Event

Attention all Freshman and Junior class parent(s)/athletes that participate in any of the following sports: Football, Soccer, Volleyball, Wrestling, Basketball, Lacrosse, Baseball, Softball, Flag Football, and/or Rugby

The Cleveland Clinic is committed to the health and well-being of all athletes. As the sports-medicine provider to your school, Cleveland Clinic will be hosting a FREE concussion baseline testing event on your school's campus.

The Cleveland Clinic uses well-accepted computerized tests combined with a physical evaluation to diagnose a concussion. An important part of these computerized tests is having a baseline to compare function following an injury. We use two types of baseline testing at Cleveland Clinic:

C3 Application

An iPad based application that combines many of the available mental and physical concussion tests into one succinct tool. The information collected will be electronically stored so clinicians can access all of these results along the recovery process.

ImPACT Sports Concussion Program

ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) is a 20–30 minute computer test developed to help sports-medicine clinicians evaluate multiple aspects of neurocognitive functioning following concussion. It should be taken by the athlete in the Freshmen and Junior academic years in healthy athletes and annually for any athlete with a history of concussion.

On Thursday, June 4th the Cleveland Clinic team will be performing BOTH C3 Application and ImPACT baseline testing. This is a **ONE TIME** event and make up testing for the C3 Application will not be required. If you cannot make it to this event, options for completing the ImPACT test should be arranged through your high school Athletic Trainer.

Please enter through the Performing Arts Entrance at your team's designated time:

Football & Flag FB	9:00 am
Soccer & Volleyball	10:00 am
Baseball, Softball, & Lacrosse	11:00 am
Wrestling, Basketball & Rugby	12:00 pm