

July 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-------------------------|---|---|---|--------|----------|
| | 1 Open Gym 3-4:45PM | 2 Open Gym 7-8:00 Weights 8-8:30 | 3 | 4 | 5 | 6 |
| 7 | 8 Open Gym 3-4:45PM | 9 Open Gym 7-8:00 Weights 8-8:30 | 10 Open Gym 7-8:00 Weights 8-8:30 | 11 Open Gym 7-8:00 Weights 8-8:30 | 12 | 13 |
| 14 | 15 | 16 Open Gym 7:00-8:00 | 17 Open Gym 7-8:00 Weights 8-8:30 | 18 Open Gym 7-8:00 Weights 8-8:30 | 19 | 20 |
| 21 | 22 | 23 Open Gym 7-8:00 Weights 8-8:30 | 24 Open Gym 7-8:00 Weights 8-8:30 | 25 | 26 | 27 |
| 28 | 29 Open Gym 3-4:45PM | 30 Open Gym 7-8:00AM | 31 Open Gym 7-8:00AM | | | |
| | | | | | | |

EVENTS

Dates to remember: