



Fruita Monument High School Baseball 2019



Work Day: Saturday, February 16 (9:00 AM)

Preseason Camp: Tuesday-Thursday, February 19-21: 3:10-5:00 PM
Saturday February 23: 10:00 AM to Noon
\$30 for all 4 days

10th to 12th Tryouts: Monday, February 25 (3:10 PM – 5:30 PM) – Wednesday, February 27

9th Grade Tryouts: Monday, February 25 (3:15 PM – 5:30 PM) – Thursday, February 28

***** FMHS Athletic Department is recommending that registration is complete by February 15.*****

***** Go to wearefruita.com to register.*****

Expectations:

1. Be respectful of others.
 2. Be honest.
 3. Have a positive attitude.
 4. You are responsible for your grades.
 5. Be a team player.
 6. Always give your very best effort.
-

Wear gray baseball pants, Wildcat hat, and royal blue shirt for practice. Until the weather gets warmer, you will need to wear long sleeves. For cold weather, bring a jacket or sweatshirt.

Missing practice: Practice is an important component for individual growth as well as the overall development of our team. Players are expected to notify coaches prior to the practice that will be missed with the reason for the absence. Illness, family emergencies, and educational opportunities will be justifiable reasons for players to miss practice. Other situations will be evaluated by the coaching staff and after a meeting with the coach, player, and parent(s) of the player if available, the coaching staff will determine if the missed practice is excused or unexcused. Players that miss a single practice for an unexcused reason will not be allowed to start in the next game. Players that miss more than one consecutive practice will have to participate in one practice for each two practices missed before the player will be allowed to participate again in a game. Please note that because we play games over spring break, we will have practices over that time period.

Criteria to earn a varsity letter (one of the following must apply):

- Play in 1/3 of the varsity innings
- 5 varsity pitching appearances
- Winning pitcher in a varsity game
- Play in a state playoff game
- Senior that completes the season
- Contribute significantly to the success of the varsity's season (Discretion of coaching staff)

Wear royal blue sleeves or royal blue undershirt underneath jersey for games.

Cleats: Royal Blue or have royal blue in the shoe

Hitathon: JV and Varsity on Monday, March 4, 9th Grade Team on March 6

Hats are \$25.