



# LINCOLN JUNIOR HIGH

## Leopard Athletics Info for 25-26 School Year

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We will hold an all-sports general information meeting for incoming students on Tuesday, February 25th at 6:00 pm in the LJHS Theater.

\* A current physical is required prior to tryouts.

\* Physicals and all paperwork will be collected via DragonFly.

You can use the DragonFly Max app and enter school code CQ98K4 or use this [link](#) to create an account and upload your physical. Information about DragonFly is on the back of this sheet.

[Athletic Physical Form](#) (LINK) or (QR Code)



\* All tryouts are closed to the public.

\* All tryout sports will require students to contact the coach listed below before tryouts to get a number to serve as identification during the tryout process. We will also have all athletes trying out wear a white shirt, black shorts, and appropriate shoes for their sport.

\* These tryout dates are for students who currently attend Lincoln or are **currently enrolled** 6th graders zoned for Lincoln in 25-26. Students who are moving to LJHS may not participate in any tryout or practice until they are enrolled at LJHS full time. If transferring in summer of 2025, you cannot participate until the school year is completed at your current school / district.

\* Please complete our [2025-2026 LJHS Athletics Interest Form](#) (LINK) or (QR Code)

This will provide your name and contact information to the coach of each sport you are interested in.



# LINCOLN JUNIOR HIGH



## Leopard Athletics Info for 25-26 School Year

### Football

Head Coach: Josh Schluterman [jschluterman@bentonvillek12.org](mailto:jschluterman@bentonvillek12.org)

No tryouts. Spring practices will begin after track season.

8th grade (current 7th): 5-6 dates after school in April/May.

7th grade (current 6th): 3-4 dates after school in May.

Parent meeting - General Athletics Spring Info Feb. 25, 6:00..  
- Pre-season meeting last week of July.

Calendar - <http://bit.ly/LJHSFBCal>

Remind - We will use Remind to communicate all spring info.  
<https://www.remind.com/join/ljhsfb25> or text @ljhsfb25 to 81010.

### Basketball - Boys

Head Coach: Danilo Sandoval [dsandoval@bentonvillek12.org](mailto:dsandoval@bentonvillek12.org)

Assistant Coach: Max Hippensteel [mhippensteel@bentonvillek12.org](mailto:mhippensteel@bentonvillek12.org)

Email Coach Sandoval to get on the basketball tryout list

Parent Meeting - Tuesday, February 25th, 6:00 pm

7th grade Tryouts (current 6th grade)

April 2nd & 3rd (4:00 - 6:00 pm)

2nd Round of tryouts April 9th & 10th (4:00-6:00 pm)

8th grade Tryouts (current 7th grade) - TBD (After Track)

### Basketball - Girls

Head Coach: Renae Nelson [rnelson@bentonvillek12.org](mailto:rnelson@bentonvillek12.org)

Assistant Coach: Casey Hicklin [chicklin@bentonvillek12.org](mailto:chicklin@bentonvillek12.org)

Email Coach Hicklin to get on girls' basketball tryout list  
and to get your tryout number.

7th grade tryouts (current 6th grade) and 8th grade tryouts  
(current 7th grade) will be held April 21, 22, and 24 from  
4:00pm-6:00pm. If you are a current 7th grader and have to  
miss one date due to a track meet please contact us through  
email.

Informational Meeting for athletes who make the 7th or 8th  
Grade team will be held May 1, 2024 5:45pm-6:45pm

### Track

Boys Coach: T.B.D.

Girls Coach: Michelle Deitering Hill [mdeiteringhill@bentonvillek12.org](mailto:mdeiteringhill@bentonvillek12.org)

Track practices begin in December. We do not practice after  
school. There will be practices a couple of mornings a week  
from 6:30-8:00 am, during RTI, the athletic periods, and some  
weekends.

### Cheer

Cheer Coach: Sarah Wilson

[sawilson@bentonvillek12.org](mailto:sawilson@bentonvillek12.org)

Mandatory informational meeting for  
parents/students on  
Tuesday, February 18th (5:30 pm) at LJHS Theater

Cheer Tryouts: Week of March 31-April 4 @ BHS

### Dance

Dance Coach: Sophie Bodishbaugh

[sbodishbaugh@bentonvillek12.org](mailto:sbodishbaugh@bentonvillek12.org)

Mandatory informational meeting for  
parents/students on  
Tuesday, February 18th (5:30 pm) at LJHS Theater  
Dance Tryouts: April 3 and 4

### Volleyball

Coach: Michelle Deitering-Hill

[mdeiteringhill@bentonvillek12.org](mailto:mdeiteringhill@bentonvillek12.org)

Assistant Coach: Casey Hicklin

[chicklin@bentonvillek12.org](mailto:chicklin@bentonvillek12.org)

Informational Tryout Meeting

April 28th at 6pm @Main Gym

7th grade Tryouts (current 6th grade)

April 29th (4:30-6:30pm) @HLM

8th grade Tryouts (current 7th grade)

May 1st (1:20 - 3:35pm) @HLM

Move-Ins - By Appointment Only

2025 REMIND APP @ljhsvb25

### Cross Country

Head Coach: Trista McGinley

[tmcginley@bentonvillek12.org](mailto:tmcginley@bentonvillek12.org)



Tryout Dates (Timed Mile)

Please attend only one tryout date.

Monday, May 12th, 5:30 pm @LJHS HLM

Tuesday, May 13th, 5:30 pm @LJHS HLM

Parent Meeting: Tuesday, May 20th, 5:30 @LJHS  
Please sign up prior to tryout..

### ALL SPORTS GENERAL INFO

- Parent meeting Tues, Feb 25, 6:00. LJHS Theater.
- Must be currently enrolled / zoned for Lincoln.
- Must have current physical in DragonFly.
- AAA Statewide Dead Period - June 22 - July 5.

# GET STARTED WITH DRAGONFLY



DragonFly makes sports and activities more organized with easy-to-use digital forms, health records and team communication tools.



## PARENTS & STUDENTS

- 1 Download the DragonFly MAX app from the App Store or Google Play.
- 2 Tap 'Get Started' and 'Sign Up for Free' then follow the prompts to create your Parent account with your own email address.  
*Note: please do not create an account with your child's name or contact information - you will get the chance to add your child soon!*
- 3 Verify your account with the verification ID sent to your email address.
- 4 Tap 'Connect to your school' to select 'Parent' as your role and search for your child's school.
- 5 After selecting your child's school, tap 'Join' to request access. An administrator at your school will approve your request.
- 6 Tap 'Set up your children' and follow the prompts to add your kid(s) and fill out their participation forms.



## ATHLETIC DIRECTORS, COACHES & SCHOOL ADMINISTRATORS

- 1 Visit [dragonflymax.com](http://dragonflymax.com) and click the 'Log In/Sign Up' button.
- 2 Click 'Sign Up for Free' to create your account with your school email address.
- 3 Verify your account with the verification ID sent to your email address.
- 4 Click the 'Get Started' button to select your role and search for your school.
- 5 After selecting your school, tap 'Join' to request access. You will see a list of administrators at your school who can approve your request. If you're the first person to request access to your school, a member of the DragonFly team will verify your role and approve your request.

### PREFER TO DO THIS ON YOUR COMPUTER?

Visit [dragonflymax.com](http://dragonflymax.com) and click 'Log In/Sign Up' to get started.