



LINCOLN JUNIOR HIGH

Leopard Athletics Info for 24-25 School Year

* A current physical is required prior to tryouts.

* Physicals and all paperwork will be collected via DragonFly. You can use the DragonFly Max app and enter school code CQ98K4 or use this [link](#) to create an account and upload your physical. Information about DragonFly is on the back of this sheet.

[Athletic Physical Form](#) (LINK) or (QR Code)



* All tryouts are closed to the public.

* All tryout sports will require students to contact the coach listed below before tryouts to get a number to serve as identification during the tryout process. We will also have all athletes trying out wear a white shirt, black shorts, and appropriate shoes for their sport.

* Please complete our [2024-2025 LJHS Athletics Interest Form](#) (LINK) or (QR Code)

This will provide your name and contact information to the coach of each sport you are interested in.



LINCOLN JUNIOR HIGH



Leopard Athletics Info for 24-25 School Year

Football

Head Coach: Josh Schluterman
jschluterman@bentonvillek12.org

No tryouts. Spring practices will begin after track season.
8th grade (current 7th): 5-6 dates after school in April/May.
7th grade (current 6th): 3-4 dates after school in May.

Parent meeting - Monday, April 8th, 6:00 pm

Calendar - <http://bit.ly/LJHSFBCal> Band App →
2024 Band App - <https://band.us/n/aca306H0U2E81>



Basketball - Boys

Head Coach: Danilo Sandoval dsandoval@bentonvillek12.org

7th grade Tryouts (current 6th grade)
March 12th & 13th (4:00 - 6:00 pm)
2nd Round of tryouts March 27th & 28th (4:00-6:00 pm)

8th grade Tryouts (current 7th grade) -TBD (Fill the interest form out, you will be contacted regarding the dates. After April 15th.)

Basketball - Girls

Head Coach: Renae Nelson rnelson@bentonvillek12.org
Assistant Coach: Casey Hicklin chicklin@bentonvillek12.org
Email Coach Hicklin to get on girls' basketball tryout list and to get your number needed for tryout dates

Informational Meeting for athletes who make the 7th or 8th Grade team will be held May 2, 2024 5:45pm-6:45pm

7th grade tryouts (current 6th grade) and 8th grade tryouts (current 7th grade) will be held April 8, 10, and 11 from 4:00pm-6:00pm. If you are a current 7th grader and have to miss one date due to a track meet please contact us through email.

Track

Boys Coach: James Wilson
jameswilson@bentonvillek12.org
Girls Coach: Michelle Deitering Hill
mdeiteringhill@bentonvillek12.org

Track practices begin in December. We do not practice after school. There will be practices a couple of mornings a week from 6:30-8:00 am, during RTI, the athletic periods, and some weekends.

Cheer

Cheer Coach: Sarah Jones
sajones@bentonvillek12.org

Mandatory informational meeting for parents/students on Monday, February 19th (5:30 pm) at LJHS

Cheer Tryouts: Week of March 25-29

Dance

Dance Coach: Wende Willbanks
wwillbanks@bentonvillek12.org
7th grade: Sophie Bodishbaugh
sbodishbaugh@bentonvillek12.org

Mandatory informational meeting for parents/students on Monday, February 19th at 5:30 pm @ LJHS

Dance Tryouts: March 29th and 30th

Volleyball

Coach: Michelle Deitering-Hill
mdeiteringhill@bentonvillek12.org
Assistant Coach: Ashley Williams
aswilliams@bentonvillek12.org



2024 Band App

Informational Tryout Meeting

April 22nd at 6pm @Main Gym
7th grade Tryouts (current 6th grade)
April 23rd (4:30-6:30pm) @HLM
8th grade Tryouts (current 7th grade)
April 23rd (1:20 - 3:35pm) @HLM

Mandatory Parent Meeting

April 25th at 6pm @LJHS Learning Center
Move-Ins - By Appointment Only
2024 Band App

<https://band.us/n/ada20fJ0T3m4v>

Tryout Google Form

[2024-2025 LJHS Athletics Interest Form](#)

Cross Country

Head Coach: Trista McGinley
tmcginley@bentonvillek12.org



Tryout Dates (Timed Mile)

Please attend only one tryout date.

Monday, May 6th, 5:30 pm @LJHS HLM
Tuesday, May 14th, 5:30 pm @LJHS HLM

Parent Meeting: Tuesday, May 21st, 5:30 @LJHS
Please sign up prior to tryout..

GET STARTED WITH DRAGONFLY



DragonFly makes sports and activities more organized with easy-to-use digital forms, health records and team communication tools.



PARENTS & STUDENTS

- 1 Download the DragonFly MAX app from the App Store or Google Play.
- 2 Tap 'Get Started' and 'Sign Up for Free' then follow the prompts to create your Parent account with your own email address.
Note: please do not create an account with your child's name or contact information - you will get the chance to add your child soon!
- 3 Verify your account with the verification ID sent to your email address.
- 4 Tap 'Connect to your school' to select 'Parent' as your role and search for your child's school.
- 5 After selecting your child's school, tap 'Join' to request access. An administrator at your school will approve your request.
- 6 Tap 'Set up your children' and follow the prompts to add your kid(s) and fill out their participation forms.



ATHLETIC DIRECTORS, COACHES & SCHOOL ADMINISTRATORS

- 1 Visit dragonflymax.com and click the 'Log In/Sign Up' button.
- 2 Click 'Sign Up for Free' to create your account with your school email address.
- 3 Verify your account with the verification ID sent to your email address.
- 4 Click the 'Get Started' button to select your role and search for your school.
- 5 After selecting your school, tap 'Join' to request access. You will see a list of administrators at your school who can approve your request. If you're the first person to request access to your school, a member of the DragonFly team will verify your role and approve your request.

PREFER TO DO THIS ON YOUR COMPUTER?

Visit dragonflymax.com and click 'Log In/Sign Up' to get started.