

Asthma/Respiratory Distress Action Plan**Student Name:** _____ **DOB:** _____ **ID Number:** _____Parent/Guardian (*Padre/Tutor*) _____ Phone (*Teléfono*) _____Emergency Contact (*Contacto de Emergencia*) _____ Phone (*Teléfono*) _____**Parent/Guardian Consent to Administer Medications/Autorización de los padres/tutores para la administración de medicamentos**

I, the parent/guardian of the named student, request that this action plan be used to guide care for my child and consent to the administration of medications as prescribed by the physician. I agree to: (*Yo, el padre/tutor del estudiante nombrado, pido que este plan de acción sea utilizado para guiar el cuidado de mi hijo y doy mi autorización para la administración de medicamentos según lo recetado por el médico. Estoy de acuerdo con:*)

1. Provide necessary supplies, equipment, and medications. (*Proporcionar los materiales, el equipo y los medicamentos necesarios.*)
2. Notify the school nurse of any changes in the student 's health status and complete a new consent form if any changes in the orders are made from the physician. (*Informaré a la enfermera de la escuela de cualquier cambio en el estado de salud del estudiante y completaré un nuevo formulario de consentimiento si hay cambios en las órdenes del médico.*)
3. Authorize the school nurse to communicate verbally and in writing with the student 's health care provider about this condition and corresponding orders/action plans. (*Autorizar a la enfermera de la escuela para que se comuniquen verbalmente y por escrito con el proveedor de atención médica del estudiante sobre esta condición y las órdenes o planes de acción correspondientes.*)
4. School staff interacting directly with my child may be informed about his/her condition and corresponding medical needs while at school. (*El personal de la escuela que interactúa directamente con mi hijo puede ser informado sobre su condición y sus necesidades médicas correspondientes mientras está en la escuela.*)

Parent/Guardian Signature (*Firma del Padre/Tutor*) _____**Date (*Fecha*)** _____***To Be Completed by Physician*****Diagnosis:** _____**Symptoms Student May Exhibit (Please check all that apply)**

- | | | |
|--|---|---|
| ☐ Severe Cough | ☐ Blueness of Fingernails/Lips | ☐ Retractions (sucking in of chest wall) |
| ☐ Chest Tightness | ☐ Rapid/Labored Breathing | ☐ Difficulty Walking |
| ☐ Wheezing | ☐ Rapid/Shallow Breathing | ☐ Difficulty Talking |
| ☐ Shortness of Breath | ☐ Decreased or Loss of Consciousness | ☐ Other: _____ |

Physical Activity Restrictions: _____**Call 911 If:** _____

Medication (provided by parent/guardian)	Dose	Instructions

Oxygen Administration Orders	L/Min, Mode of Administration	Instructions
☐ Yes ☐ No ☐ N/A		

Pulse Oximetry Orders	Oximetry Parameters	Corresponding Interventions
☐ Yes ☐ No ☐ N/A	SpO2 > 95%	
	SpO2 = 90% -95%	
	SpO2 = 85%-90%	
	SpO2 < 85%	

For Inhaled Medications:

- ☐ It is my professional opinion that this student **should** carry his/her inhaled medication. He/she has been instructed in the proper use of this medication/inhaler.
- ☐ It is my professional opinion that this student **should not** carry his/her inhaled medication.

Physician Name (printed): _____ Phone number: _____

Physician Signature: _____ Date: _____

This plan is valid for current school year including summer school unless changes are made