



EMERGENCY ACTION PLAN

Heritage High School Athletics



In case of an emergency, personnel responsibilities, locations of emergency equipment, and other emergency information such as 911 call instructions, addresses/directions to the venue, and a chain of command with important phone numbers have been listed here.

TABLE OF CONTENTS

Overview.....	3
Chain of Command.....	8
Emergency Phone Numbers.....	9
Emergency Situation Order of Contact.....	10
AED Locations.....	11
Campus Map.....	12
Venue Specific Plans.....	14
David Gates Stadium/Track.....	14
Blackie Bond Field House.....	16
Heritage High School Turf Room.....	18
Heritage High School Tennis Courts.....	19
Competition Gym, Auxiliary Gym, Practice Gym, and Wrestling Room.....	22
Baseball/Softball Complex.....	24
Off campus facilities (Bowling, Golf, Swim, Vets).....	28
Hospital Locations.....	29
Recent Revisions.....	30
Approval and Verification Page.....	31
Coach Attestation.....	32

EMERGENCY ACTION PLAN FOR ATHLETICS

OVERVIEW

Introduction

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the best possible care to the athlete in the event of emergency and/or life- threatening conditions. The development and implementation of an emergency plan will help ensure that the best care will be provided.

As emergencies may occur at any time and during any activity, Heritage High School must be prepared. School districts have a duty to develop an emergency plan that may be implemented immediately when necessary and to provide appropriate standards of emergency care to all student athletes and those in attendance. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate medical personnel, and continuing education in the area of emergency care and planning. Hopefully, through pre-participation physical screenings, adequate medical coverage, safe practice and training techniques, and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team should enable each emergency situation to be managed appropriately.

These emergency action plans have been developed so that the coaches, administrators, and sports medicine team at Heritage High School will have a guideline as to what course of action should be taken in the event of a medical emergency. These are meant as guidelines, as not all situations or contingencies can be identified.

These guidelines will be reviewed before the start of each season by each head coach, administration, and the sports medicine team. Any questions or problems with the Emergency Action Plan should be directed toward one of the Athletic Trainers.

Components of the Emergency Action Plan

1. Emergency Plan Personnel
2. Emergency Communication
3. Emergency Equipment

4. Roles of Athletic Trainer(s), Student Athletic Trainers, Coaches, and Administrators
5. Venue Directions (Maps)

Emergency Plan Personnel

With athletic practice and competition, the first responder to an emergency situation is typically a coach or member of the sports medicine staff. A team physician may not always be present at every organized practice or competition. The type and degree of coverage for an athletic event may vary widely, based on such factors as the sport or activity, the setting, type of training or competition, and the available personnel. The role of the first responder will vary depending on the training he/she has. Certification in cardiopulmonary resuscitation (CPR), first aid, prevention of disease transmission, and emergency plan review is strongly recommended for all athletics personnel associated with practices, competitions, skills instruction, and strength and conditioning.

The development of an Emergency Action Plan cannot be complete without the formation of an emergency team. The emergency team may consist of a number of healthcare providers including physicians, emergency medical technicians, certified athletic trainers, student athletic trainers, coaches, parents, and possibly, other bystanders. All members of the emergency team must be familiar with the Emergency Action Plan. Roles of each of these individuals may vary depending on various factors such as the number of members of the team, athletic venue, or the preference of the Head Athletic Trainer. There are four basic roles within the emergency team. The first and most important role is establishing safety of the scene and immediate care of the athlete. Acute care in an emergency situation should be provided by the most qualified individual at the scene. In most instances, this role will be assumed by the Athletic Trainer, although if the team physician is present, he/she may be called in. Individuals with lower credentials should yield to those with more appropriate training. The second role, EMS activation, may be necessary in situations where emergency transportation is not already present at the sporting event. This should be done as soon as the situation is deemed an emergency or a life-threatening event. Time is the most critical factor under emergency conditions. Activating the EMS system may be done by anyone on the team. However, the person chosen for this duty should be someone who is calm under pressure and who communicates well over the telephone. This person should also be familiar with the location and address of the sporting event. Typically, the school resource officer is the best choice to fulfill this role. The third role, equipment retrieval, may be done by anyone on the emergency team who is familiar with the types and location of the specific equipment needed. Student athletic trainers and coaches are good choices for this role. The fourth role of the emergency team is that of directing

EMS to the scene. One member of the team should be responsible for meeting emergency medical personnel as they arrive at the site of the emergency. Depending on ease of access, this person should have keys to any locked gates or doors that may slow the arrival of medical personnel. A student athletic trainer, administrator, or coach may be appropriate for this role.

In forming the emergency team, it is important to adapt the team to each situation or sport. It may also be advantageous to have more than one individual assigned to each role. This allows the emergency team to function even though certain members may not always be present.

Emergency Communication

Communication is the key to quick emergency response. Administration, athletic trainers, coaches, and emergency medical personnel must work together to provide the best emergency response possible and should have information such as the emergency situation order of contact phone tree established as a part of pre-planning for emergency situations. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transportation is not available on site during a particular sporting event then direct communication with the emergency medical system at the time of injury or illness if necessary.

Access to a working telephone or other telecommunications device, whether fixed or mobile, should be assured. The communications system should be checked prior to each practice or competition to ensure proper working order. A back-up communication plan should be in effect should there be failure of the primary communication system. The most common method of communication is a personal cellular phone, however, a fixed telephone can be used in the event of cellular outage. At any athletic venue, whether home or away, it is important to have access to a charged cell phone.

Emergency Equipment

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operating condition, and personnel must be trained in advance to use it properly. Emergency equipment should be checked on a regular basis and its use rehearsed by emergency personnel. The emergency equipment available should be appropriate for the level of training for the emergency medical providers. Creating an equipment inspection log

book for continued inspection is strongly recommended. The school's Certified Athletic Trainers should be trained and responsible for the care of the medical equipment.

It is important to know the proper way to care for and store the equipment as well. Equipment should be stored in a clean and environmentally controlled area. It should be readily available when emergency situations arise.

Emergency medical equipment will be located with the Athletic Trainer on site, or in the nearest Athletic Training room on campus. Each member of the emergency team should be aware of all locations of emergency medical equipment and which is closest for each practice or contest.

Emergency equipment that will be with the Athletic Trainer at all times include an AED, Splint Bag, medical kit, and crutches.

Medical Emergency Transportation

Emphasis should be placed on having an ambulance on site at high risk sporting events. In the event that an ambulance is on site, there should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue. If an ambulance is not present at an event, entrance to the facility should be clearly marked and accessible. In the event of an emergency, 9-1-1 should be called to activate emergency transport.

In the medical emergency evaluation, the primary survey assists the emergency care provider in identifying emergencies requiring critical intervention and in determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate care. Emergency care providers should refrain from transporting unstable athletes in inappropriate vehicles. Care must be taken to ensure that the activity areas are supervised should the emergency care provider leave the site in transporting the athlete. Any emergency situations where there is impairment in, Level Of Consciousness (LOC), airway, breathing, or circulation (ABC) or there is neurovascular compromise should be considered a **“load and go”** situation and emphasis placed on rapid evaluation, treatment and transportation. In order to provide the best possible care for Heritage High School athletes, all emergency trauma transports are to be sent to the location of the parent or legal guardian's choice UNLESS it is a life threatening condition, in which case, the child will be sent to the nearest hospital with the highest trauma rating.

Non-Medical Emergencies

For the following non-medical emergencies: fire, bomb threats, severe weather and violent or criminal behavior, refer to the school district's crisis plan.

Conclusion

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency action plan by involving the athletic administration and sport coaches as well as the sports medicine personnel. The emergency plan should be reviewed at least once a year with all athletic personnel. Through development and implementation of the emergency action plan, Heritage High School helps ensure that the athlete will have the best care provided when an emergency situation does arise.

CHAIN OF COMMAND

The athletic trainer should always act as primary caregiver at the site of the injury or accident (when on-site) and should manage the situation according to the following rank:

1. Team Physician (if present)
2. Athletic Trainer
3. Athletic Training Student
4. Head Coach
5. School Resource Officer
6. Athletic Director/Assistant Athletic Director
7. Assistant Coach(es)
8. Other Athletes

In the event that a certified athletic trainer is not on-site at the time of injury the following chain of command would be used:

1. Head Coach
2. School Resource Officer
3. Athletic Director/Assistant Athletic Director
4. Assistant Coach(es)
5. Other Athletes

EMERGENCY PHONE NUMBERS

EMERGENCY MEDICAL SERVICES	9-1-1
Rogers Police (Non-Emergency)	479-621-1172
Rogers Fire Department	479-621-1179
Mark Haynes-Head Athletic Trainer	479-366-8281
Cabe Bynum- Athletic Trainer	479-208-1480
Noelle Fielder- Athletic Trainer	501-940-5437
Paul Wilson- RPS Athletic Director	479-636-3910
Chip Greenwell- Heritage Head Principal	816-305-2290
Matt Murray- Heritage Athletic Director	918-520-5065
Rogers Administration Building	479-636-3910
Heritage High School Main Office	479-631-3579

EMERGENCY SITUATION ORDER OF CONTACT



***Athletic Trainer may at their discretion contact physician for guidance*

EMERGENCY EQUIPMENT LOCATIONS

Emergency Equipment:

Athletic Training Kit, Emergency Splint bag, and crutches on site for all events covered by ATC

1. AED – 6 permanent and 1 mobile on campus

- a. Located with ATC for all covered events
- b. Additional AEDs located:
 - i. *Blackie Bond Athletic Complex- Football*
1322 S. 5th Street
Rogers, AR 72756
West door entrance
 - ii. *Blackie Bond Athletic Complex- Golf/Soccer/Track*
1320 S. 5th Street
Rogers, AR 72756
Room 102 just inside the west entrance
 - iii. *Heritage High School Athletic Training Room*
1114 South 5th Street
Rogers, AR 72756
South entrance by tennis courts- Room H010
 - iv. *Heritage High School Competition Gymnasium*
1114 South 5th Street
Rogers, AR 72756
North entrance, second floor
 - v. *Heritage High School Sports Complex*
1500 S 6th St
Rogers, AR 72756
Softball coaches' office
Baseball coaches' office

***Athletic Training Golf cart will have an AED on it at all times*

2. NEAREST PHONE

- a. All coaches are expected to carry a cell phone with them at all times. This will likely be the nearest phone in any emergency situation.
- b. All campus desk phones can be used to call off campus. Dial the entire 10 digit number (this includes area code) and wait for the phone to call out.

3. RESCUE INHALER

- a. All athletes that use rescue inhalers are required to carry their inhaler with them during practices and events. If the athlete or parent would prefer the coach or athletic trainer to carry the

inhaler, this may be arranged instead.

4. EPI-PEN

- a. All athletes that require an epi-pen are required to carry it with them during practices and events. If the athlete or parent would prefer the coach or athletic trainer to carry the epi-pen, this may be arranged instead.
- b. All athletes requiring an epi-pen are required to disclose this on their physical and should also inform their coach of this.

5. TREATMENTS FOR HYPOGLYCEMIA

- a. All athletes requiring treatment for hypoglycemia (such as the Type 1 Diabetic athlete) should carry necessary supplies for treatment with them at all times (i.e. glucagon, glucose tabs, glucose gels, etc). These supplies should be kept in a bag that is readily accessible for the athlete, coach, and athletic trainer.
- b. If the athlete or parent would prefer the coach or athletic trainer to carry the supplies provided by the athlete, this may be arranged instead.

6. SPLINTS/CRUTCHES

- a. Splint bag will be kept with the athletic trainer during practices and games.
- b. There will also be crutches and a splint bag in the athletic training room at all times.

7. COLD WATER IMMERSION TUBS

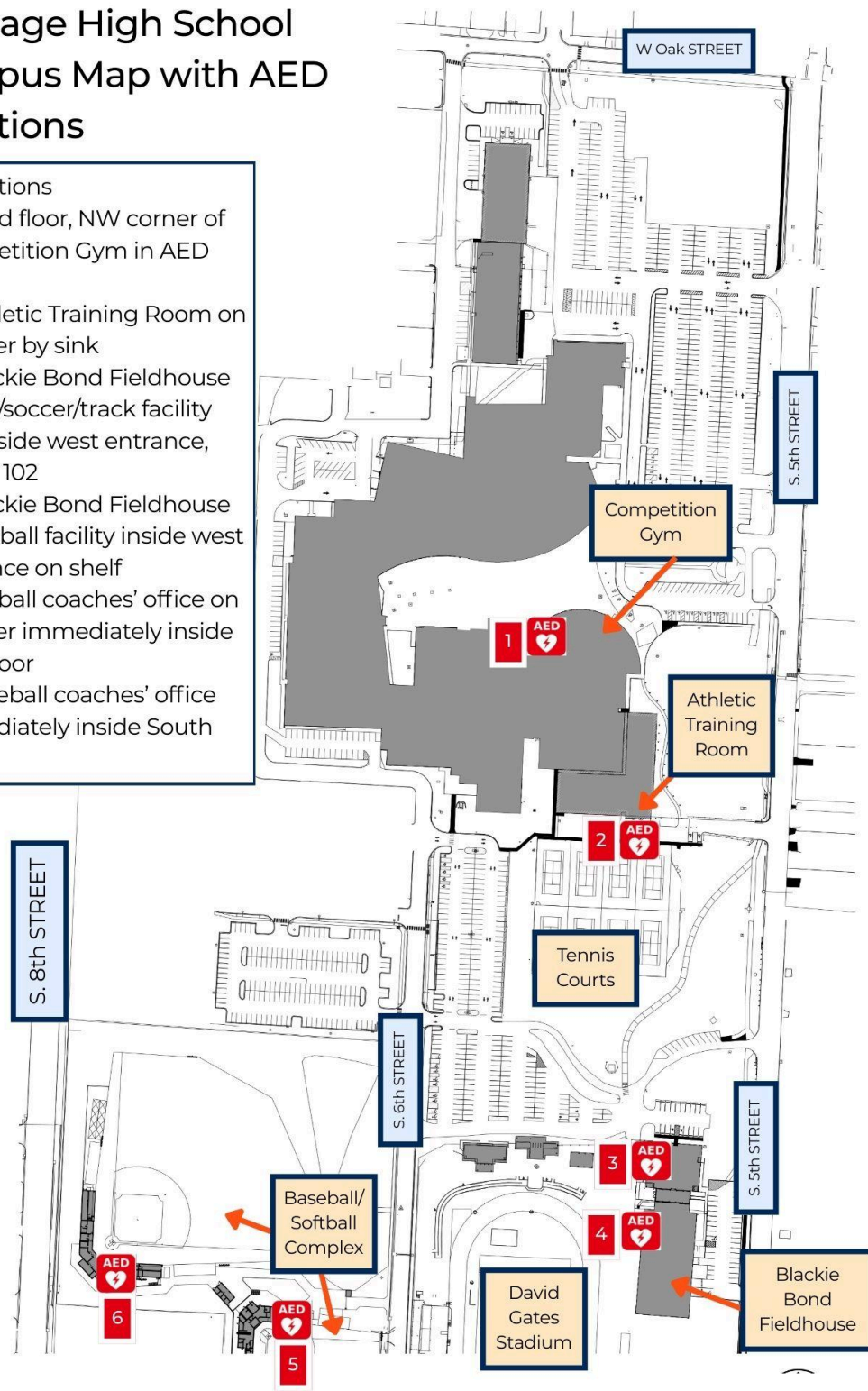
- a. Outdoor breezeway of turf room (during fall and spring sports)
- b. Inside school in athletic training room (available during all seasons)

CAMPUS MAP

Heritage High School Campus Map with AED Locations

AED Locations

1. Second floor, NW corner of Competition Gym in AED Box
2. In Athletic Training Room on counter by sink
3. In Blackie Bond Fieldhouse in golf/soccer/track facility just inside west entrance, Room 102
4. In Blackie Bond Fieldhouse in football facility inside west entrance on shelf
5. In softball coaches' office on counter immediately inside East door
6. In baseball coaches' office immediately inside South door



VENUE SPECIFIC EMERGENCY PLANS
DAVID GATES STADIUM

EMERGENCY ACTION PLAN

HERITAGE HIGH SCHOOL

DAVID GATES STADIUM

1516 South 5th Street, Rogers, AR 72756

NEAREST AED

Inside football fieldhouse west door
AND Inside golf/ soccer/ track facility,
Room 102



Nearest Cold Tub

In outdoor breezeway of Turf Room

Important Numbers

EMERGENCY: 9-1-1
Non-Emergency Police: 479-621-1172
School Main Office: 479-631-3579

Activating Emergency Protocol

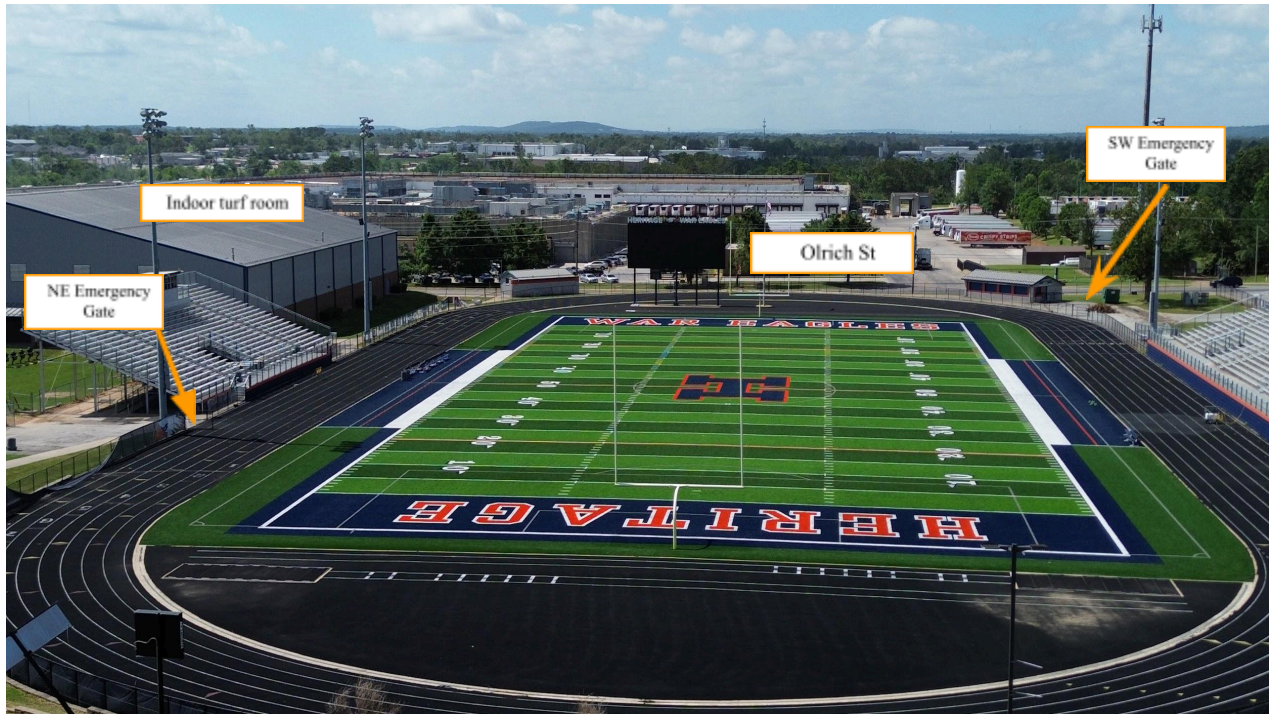
1. Contact athletic trainer / nearest coach, or call 911 if necessary
2. Ensure scene is safe
3. Do not move the injured person
4. Retrieve AED and splint bag
5. If EMS was called, designate an individual to meet and direct them to scene
6. Contact student's parent/guardian
7. If EMS was called, contact HHS AD or principal

Severe Weather

LIGHTNING: Spectators should seek shelter in their personal vehicles or the indoor Fieldhouse Facility SE Corner

TORNADO: Spectators should seek shelter in the HHS Main Competition Gymnasium North of the stadium. Enter via the main doors in the NE Corner then proceed to locker rooms.





Emergency Personnel:

Athletic Trainer, Athletic Training Students, Coaches, Administration, EMS*, and Team Physicians*

** Only during select events*

Emergency Equipment:

Located with the Athletic Trainer on the field or inside the Field House in the athletic training room.

1. AED
2. Splint bag (red with blue straps)
3. Crutches
4. Various wound care necessities, Ice packs, etc.
5. Cold tubs (in the breezeway outside turf room)

Venue Directions:

Heritage High School, David Gates Stadium, 1322 South 5th Street, Rogers, AR 72756

1. Emergency gates are located in the Southwest and Northeast corners of the stadium.
2. Access to the Southwest gate is off of Olrich Street to South 6th.
3. Access to the Northeast Gate is just North of Blackie Bond

Activating the Emergency Action Plan

Roles of First Responder:

- Establish scene safety
- Immediate care of the more seriously injured or ill student athlete(s)
- Activation of emergency medical system (EMS)
 - Call 911
 - Provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment provided, specific directions, and other information as requested.

- DO NOT hang up until told to do so
- Retrieve emergency equipment
- Designate individual(s) to meet EMS upon arrival and direct them to the scene
 - Ensure parking lot is clear and accessible to emergency personnel
 - Unlock and open any gates or doors used to access the emergency scene
 - Direct EMS personnel to the scene
- Scene control
 - Limit scene to sports medicine personnel and move bystanders (including players) away from the area.
- Contact the student-athlete's parent or guardian
- Contact Heritage High School Athletic Director if not on site.

BLACKIE BOND FIELDHOUSE

EMERGENCY ACTION PLAN

HERITAGE HIGH SCHOOL BLACKIE BOND FIELDHOUSE

1322 South 5th Street, Rogers, AR 72756

NEAREST AED

Inside football fieldhouse west door on shelf OR inside golf/ soccer/ track facility in Room 102



Nearest Cold Tub

In outdoor breezeway of turf room

Important Numbers

EMERGENCY: 9-1-1

Non-Emergency Police: 479-621-1172

School Main Office: 479-631-3579

Activating Emergency Protocol

1. Contact athletic trainer / nearest coach, or call 911 if necessary
2. Ensure scene is safe
3. Do not move the injured person
4. Retrieve AED and splint bag
5. If EMS was called, designate an individual to meet EMS and direct them to scene
6. Contact student's parent/guardian
7. If EMS was called, contact HHS AD or principal

Severe Weather

LIGHTNING: Spectators should seek shelter in their personal vehicles or the indoor Fieldhouse Facility SE Corner

TORNADO: Spectators should seek shelter in the HHS Main Competition Gymnasium North of the stadium. Enter via the main doors in the NE Corner then proceed to locker rooms.



Scan for full EAP



Emergency Personnel:

Athletic Trainer, Athletic Training Students, Coaches, and Administration.

Emergency Equipment:

Located with the Athletic Trainer on the field or inside the Field House in the athletic training room.

1. AED
2. Splint bag (red with blue straps)
3. Crutches
4. Various wound care necessities, Ice packs, etc.
5. Cold tubs (in the breezeway outside turf room)
 - a. Available during all preseason practices and any practice with WBGT greater than 80

Venue Directions:

Heritage High School Field House, 1322 South 5th Street, Rogers, AR 72756

1. Emergency access via the double doors located on the East side of Blackie Bond Field House.
2. Access is directly off of South 5th street, proceed into the HHS parking lot.

Activating the Emergency Action Plan

Roles of First Responder:

- Establish scene safety
- Immediate care of the more seriously injured or ill student athlete(s)
- Activation of emergency medical system (EMS)
 - Call 911
 - Provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment provided, specific directions, and other information as requested.
 - DO NOT hang up until told to do so
- Retrieve emergency equipment
- Designate individual(s) to meet EMS upon arrival and direct them to the scene
 - Ensure parking lot is clear and accessible to emergency personnel
 - Unlock and open any gates or doors used to access the emergency scene
 - Direct EMS personnel to the scene
- Scene control
 - Limit scene to sports medicine personnel and move bystanders (including players) away from the area.
- Contact the student-athlete's parent or guardian
- Contact Heritage High School Athletic Director if not on site.

HERITAGE HIGH SCHOOL TURF ROOM

Emergency Personnel:

Athletic Trainer, Athletic Training Students, Coaches, and Administration

Emergency Equipment:

Located with the Athletic Trainer on the field or inside the Field House in the athletic training room.

1. AED
2. Splint bag (red with blue straps)
3. Crutches
4. Various wound care necessities, Ice packs, etc.
5. Cold tubs (in the breezeway outside turf room)
 - a. Available during all preseason practices and any practice with WBGT greater than 80

Venue Directions:

Heritage High School Field House, 1322 South 5th Street, Rogers, AR 72756

1. Emergency access point via the double doors or garage doors located on the north side.
2. Access is directly off South 5th Street.
3. Enter access road in parking lot North of Blackie Bond Fieldhouse. Drive past the fieldhouse and onto the grass area North of Turf Room.

Activating the Emergency Action Plan

Roles of First Responder:

- Establish scene safety
- Immediate care of the more seriously injured or ill student athlete(s)
- Activation of emergency medical system (EMS)
 - Call 911
 - Provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment provided, specific directions, and other information as requested.
 - DO NOT hang up until told to do so
- Retrieve emergency equipment
- Designate individual(s) to meet EMS upon arrival and direct them to the scene
 - Ensure parking lot is clear and accessible to emergency personnel
 - Unlock and open any gates or doors used to access the emergency scene
 - Direct EMS personnel to the scene
- Scene control
 - Limit scene to sports medicine personnel and move bystanders (including players) away from the area.
- Contact the student-athlete's parent or guardian
- Contact Heritage High School Athletic Director if not on site.

HERITAGE HIGH SCHOOL TENNIS COURTS

EMERGENCY ACTION PLAN

HERITAGE HIGH SCHOOL TENNIS COURTS

1114 South 5th Street, Rogers, AR 72756

NEAREST AED

Inside school in athletic training room
on counter by sink



Nearest Cold Tub

Inside school in Athletic Training
Room

Important Numbers

EMERGENCY: 9-1-1

Non-Emergency Police: 479-621-1172

School Main Office: 479-631-3579

Activating Emergency Protocol

1. Contact athletic trainer / nearest coach, or call 911 if necessary
2. Ensure scene is safe
3. Do not move the injured person
4. Retrieve AED and splint bag
5. If EMS was called, designate an individual to meet EMS and direct them to scene
6. Contact student's parent/guardian
7. If EMS was called, contact HHS AD or principal

Severe Weather

LIGHTNING: Spectators should seek shelter in their personal vehicles
TORNADO: Spectators should seek shelter in the HHS Main Competition
Gymnasium North of the courts. Enter via the main doors in the NE
Corner then proceed to locker rooms.



Scan for full EAP





Emergency Personnel:

Athletic Trainer, Athletic Training Students, Coaches, and Administration

Emergency Equipment:

Located with the Athletic Trainer on the field or inside the Field House in the athletic training room.

1. AED
2. Splint bag (red with blue straps)
3. Crutches
4. Various wound care necessities, Ice packs, etc.
5. Cold tubs (in the Athletic Training Room)
 - a. Available during all preseason practices and any practice with WBGT greater than 80.

Venue Directions:

Heritage High School Tennis Court, 1114 South 5th Street, Rogers, AR 72756

1. Emergency access point is directly off of South 5th street, just south of the gymnasium
2. Gate with access to the courts is on the East end of the courts

Activating the Emergency Action Plan

Roles of First Responder:

- Establish scene safety
- Immediate care of the more seriously injured or ill student athlete(s)
- Activation of emergency medical system (EMS)
 - Call 911
 - Provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment provided, specific directions, and other information as requested.
 - DO NOT hang up until told to do so

- Retrieve emergency equipment
- Designate individual(s) to meet EMS upon arrival and direct them to the scene
 - Ensure parking lot is clear and accessible to emergency personnel
 - Unlock and open any gates or doors used to access the emergency scene
 - Direct EMS personnel to the scene
- Scene control
 - Limit scene to sports medicine personnel and move bystanders (including players) away from the area.
- Contact the student-athlete's parent or guardian
- Contact Heritage High School Athletic Director if not on site.

COMPETITION GYMNASIUM, AUXILIARY GYM, PRACTICE GYM, AND
WRESTLING ROOM

EMERGENCY ACTION PLAN

HERITAGE HIGH SCHOOL GYMNASIUM AND WRESTLING ROOM

1114 South 5th Street, Rogers, AR 72756

NEAREST AED

On second floor of gym in NW corner
OR in athletic training room on
counter by sink



Nearest Cold Tub

Inside school in Athletic Training
Room

Important Numbers

EMERGENCY: 9-1-1
Non-Emergency Police: 479-621-1172
School Main Office: 479-631-3579

Activating Emergency Protocol

1. Contact athletic trainer / nearest coach, or call 911 if necessary
2. Ensure scene is safe
3. Do not move the injured person
4. Retrieve AED and splint bag
5. If EMS was called, designate an individual to meet EMS and direct them to scene
6. Contact student's parent/guardian
7. If EMS was called, contact HHS AD or principal

Severe Weather

TORNADO: Spectators should seek shelter in the HHS Main Competition Gymnasium then proceed to locker rooms located in the corners of the gym.



Scan for full EAP



Emergency Personnel:

Athletic Trainer, Athletic Training Students, Coaches, and Administration

Emergency Equipment:

Located with the Athletic Trainer on the field or inside the Field House in the athletic training room.

1. AED
2. Splint bag (red with blue straps)
3. Crutches
4. Various wound care necessities, Ice packs, etc.
5. Cold tubs (in the Athletic Training Room)

Venue Directions:

Heritage High School Gym, 1114 South 5th Street, Rogers, AR 72756

1. Access into Heritage High School visitors parking lot, directly off of South 5th Street between the Main Office and Competition Gym.
2. Enter double doors on the Northeast side of the gym.
 - a. If emergency is located in the Wrestling Room, proceed to the Northeast corner of the Competition Gym and take the elevator to the second floor.
 - b. From there, take an immediate left and then walk South to the double doors of the Wrestling Room.

Activating the Emergency Action Plan

Roles of First Responder:

- Establish scene safety
- Immediate care of the more seriously injured or ill student athlete(s)
- Activation of emergency medical system (EMS)
 - Call 911
 - Provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment provided, specific directions, and other information as requested.
 - DO NOT hang up until told to do so
- Retrieve emergency equipment
- Designate individual(s) to meet EMS upon arrival and direct them to the scene
 - Ensure parking lot is clear and accessible to emergency personnel
 - Unlock and open any gates or doors used to access the emergency scene
 - Direct EMS personnel to the scene
- Scene control
 - Limit scene to sports medicine personnel and move bystanders (including players) away from the area.
- Contact the student-athlete's parent or guardian
- Contact Heritage High School Athletic Director if not on site.

EMERGENCY ACTION PLAN

HERITAGE HIGH SCHOOL BASEBALL FIELD

1500 South 6th Street, Rogers, AR 72756

NEAREST AED

Inside Baseball coaches' office on counter



Nearest Cold Tub

Inside school in athletic training room OR in outdoor breezeway of turf room

Important Numbers

EMERGENCY: 9-1-1

Non-Emergency Police: 479-621-1172

School Main Office: 479-631-3579

Activating Emergency Protocol

1. Contact athletic trainer / nearest coach, or call 911 if necessary
2. Ensure scene is safe
3. Do not move the injured person
4. Retrieve AED and splint bag
5. If EMS was called, designate an individual to meet EMS and direct them to scene
6. Contact student's parent/guardian
7. If EMS was called, contact HHS AD or principal

Severe Weather

LIGHTNING: Spectators should seek shelter in their personal vehicles

TORNADO: Spectators should seek shelter in the HHS Main Competition

Gymnasium then proceed to locker rooms located in the corners of the gym.



Scan for full EAP



EMERGENCY ACTION PLAN

HERITAGE HIGH SCHOOL SOFTBALL FIELD

1500 South 6th Street, Rogers, AR 72756

NEAREST AED

Inside softball coaches' office on counter



Nearest Cold Tub

Inside school in athletic training room OR in outdoor breezeway of turf room

Important Numbers

EMERGENCY: 9-1-1

Non-Emergency Police: 479-621-1172

School Main Office: 479-631-3579

Activating Emergency Protocol

1. Contact athletic trainer / nearest coach, or call 911 if necessary
2. Ensure scene is safe
3. Do not move the injured person
4. Retrieve AED and splint bag
5. If EMS was called, designate an individual to meet EMS and direct them to scene
6. Contact student's parent/guardian
7. If EMS was called, contact HHS AD or principal

Severe Weather

LIGHTNING: Spectators should seek shelter in their personal vehicles

TORNADO: Spectators should seek shelter in the HHS Main Competition

Gymnasium then proceed to locker rooms located in the corners of the gym.



Scan for full EAP





Emergency Personnel:

Athletic Trainer, Athletic Training Students, Coaches, and Administration

Emergency Equipment:

Located with the Athletic Trainer on the golf cart. AED is also located inside each baseball and softball coaches office.

1. AED
2. Splint bag (red with blue straps)
3. Crutches
4. Various wound care necessities, Ice packs, etc.
5. Cold tubs (in the Athletic Training Room)

Venue Directions:

Heritage High School Baseball/Softball 1500 S.6th Street

- Access is directly off 6th street through entrance gates.
 - Baseball Field: drive through entrance gates and up the ramp toward concessions.
 - Softball Field: drive through entrance gates and pull up to visitor dugout on the lefthand side.

Activating the Emergency Action Plan

Roles of First Responder:

- Establish scene safety
- Immediate care of the more seriously injured or ill student athlete(s)
- Activation of emergency medical system (EMS)
 - Call 911
 - Provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment provided, specific directions, and other information as requested.
 - DO NOT hang up until told to do so
- Retrieve emergency equipment
- Designate individual(s) to meet EMS upon arrival and direct them to the scene
 - Ensure parking lot is clear and accessible to emergency personnel
 - Unlock and open any gates or doors used to access the emergency scene
 - Direct EMS personnel to the scene
- Scene control
 - Limit scene to sports medicine personnel and move bystanders (including players) away from the area.
- Contact the student-athlete's parent or guardian
- Contact Heritage High School Athletic Director if not on site.

OFF CAMPUS FACILITIES

Addresses for Commonly Used Facilities and Locations

Rogers Bowling Center
3500 W Walnut St, Rogers, AR 72756

Blossom Way Golf Course- Club House
2808 S 28th Pl, Rogers, AR 72758

First Tee- Northwest Arkansas
715 E Monroe Ave, Lowell, AR 72745

Veterans Park
500 E Veterans Pkwy, Rogers, AR 72756

Jones Center- Swim
922 E. Emma Ave., Springdale, AR 72764

Bentonville Community Center- Swim
1101 SW Citizens Cir, Bentonville, AR 72712

Emergency Response Personnel:

1. Certified Athletic Trainer (on campus for practice and events)
2. Graduate Student Athletic Training Student (on campus for practice and events)
3. All Coaches are certified in basic first aid and CPR
4. Administration

Basic Emergency Response Team:

The most qualified individual on the scene should provide/direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.

Activating the Emergency Action Plan

Roles of First Responder:

- Establish scene safety
- Immediate care of the more seriously injured or ill student athlete(s)
- Activation of emergency medical system (EMS)
 - Call 911
 - Provide name, address, telephone number, number of individuals injured, condition of injured, first aid treatment provided, specific directions, and other information as requested.
 - DO NOT hang up until told to do so
- Retrieve emergency equipment such as AED if available
- Designate individual(s) to meet EMS upon arrival and direct them to the scene
- Scene control
 - Limit scene to sports medicine personnel and move bystanders (including players) away from the area.
- Contact the student-athlete's parent or guardian
- Contact the Athletic Trainer
- Contact Heritage High School Athletic Director

HOSPITAL AND WALK-IN CLINIC LOCATIONS

Practice and Game Locations

Heritage High School
1114 South 5th Street, Rogers, AR 72756
479-631-3579

Nearby Hospitals

Mercy Hospital
2710 Rife Medical Lane-Rogers, AR 72758
479-338-8000

Northwest Medical Center- Bentonville
3000 Medical Center Pkwy, Bentonville, AR 72712
479-553-1000

Arkansas Children's Northwest Hospital
2601 Gene George Blvd, Springdale, AR 72762
479-309-5391

Other Area Hospitals

Northwest Medical Center- Springdale
609 W Maple Ave, Springdale, AR 72764
479-751-5711

Washington Regional
3215 N Northhills Blvd, Fayetteville, AR 72703
479-463-1000

Orthopedic Walk-in Clinics

Ozark Orthopedic Walk-in Clinic
1800 SE Moberly Lane Bentonville, AR 72712
479-521-0091
HOURS: 8AM-8PM Mon-Fri

Mercy Orthopedic Walk-in Clinic
1000 South 52nd Street, Rogers, AR 72758
479-271-9607
HOURS: 8AM-11AM, 1-2:30PM Mon-Fri

****Parents reserve the right to choose which hospital they would prefer their child sent to UNLESS it is a life threatening condition. Then the child will be sent to the nearest hospital with the highest trauma rating.**

RECENT REVISIONS

Specific Changes Made	Pages Affected	Date
Creation of EAP	All	3/5/2026

APPROVAL AND VERIFICATION PAGE

This document has been read and revised by the Rogers Heritage High School athletic trainer, district athletic director, site athletic director, and principal.

Athletic Trainer: _____ Date: _____

Athletic Trainer: _____ Date: _____

Athletic Trainer: _____ Date: _____

District Athletic Director: _____ Date: _____

Site Athletic Director: _____ Date: _____

Principal: _____ Date: _____

COACH ATTESTATION PAGE

Coach Attestation

I _____ (print coach name) have read and understand the Emergency Action Plan for Heritage High School Athletics. I understand my roles and responsibility, both with an athletic trainer present and without an athletic trainer on site, should an emergency occur in my presence. I have been given the opportunity to ask all questions and have received the proper answers to my questions. I also understand that I must keep my CPR/AED and First Aid Certifications up to date and that it is my responsibility to ensure a lapse does not occur.

Coach Name (print) _____ Sport _____

Signature _____ Date _____