



### WAGNER SOFTBALL

**Head Coach:** Justin Higginbotham  
jhigginboth@judsonisd.org

**Camps:** June 5th– 7th. Camp will be offered to 7th and 8th graders zoned for Wagner HS. Athletes are also encouraged to participate on a Select Softball team.

**Tryouts:** Open tryouts will be held in January.

**Teams:** The softball program consists of 2 teams. 1 JV team and 1 Varsity team.

**Season:** The softball season begins in February and district matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of April.

### WAGNER TRACK & FIELD

**Head Coach:** Meosha Crawford  
rmcrawford@judsonisd.org



**Camps:** Although there are no WHS track & field camps available athletes are encouraged to participate in Club Track &

Field.

**Tryouts:** Open tryouts will be held during November.

**Teams:** The track & field program consists of 2 teams. 1 JV team and 1 Varsity team.

**Season:** Track & Field meets are held on Wednesdays and Thursdays every week. The regular season concludes mid April.

## INDIVIDUAL SPORTS OFFERED:



### WAGNER TENNIS

**Head Coach:** Eric Mahler  
emahler@judsonisd.org

**Camp:** June 14th-16th. Camp will be offered to 7th and 8th graders zoned for Wagner HS.



### WAGNER GOLF

Contact Chris White  
cwhite736@judsonisd.org



### WAGNER SWIMMING

**Head Coach:** Diana Selwyn  
dselwyn@judsonisd.org



### WAGNER WRESTLING

**Head Coach:** Jarvis Wiggins  
jwiggins430@judsonisd.org



### WAGNER POWERLIFTING

**Head Coach:** Richard Gonzales  
rgonzales806@judsonisd.org

### ADDITIONAL CONTACT INFORMATION:

#### **Wagner HS Boys Athletic Coordinator:**

Jason Starin - jstarin@judsonisd.org  
210.662.5000

#### **Wagner HS Girls Athletic Coordinator:**

Annissa Jackson - ajackson@judsonisd.org  
210.662.5000

#### **Wagner HS Athletic Secretary:**

Laura Goins - lgoins@judsonisd.org  
210.662.5000 ext:17074



**WAGNER HIGH SCHOOL**

**GIRLS ATHLETICS**

3000 N. Foster Rd  
San Antonio, TX

School Phone:  
210.662.5000

## GIRLS ATHLETIC PROGRAMS

Thank you for your interest in athletics at Wagner High School. This is a special time for you as you enter high school and we want you to make the best choice possible as you continue your athletic career. We take pride in working hard on and off the court/field and in building relationships with our student athletes. Academics will come first as our coaching staff understands "you get paid for brains in the real world". With that said, most of the time, the best students go hand in hand with the best athletes. We are excited for your arrival at Judson HS and look forward to working with you!

**LETS GO TBIRDS!!!**



### FIRST THINGS FIRST



#### ATHLETIC TRAINERS

**Trainer:** Leyna Flores  
cgriffing@judsonisd.org  
**Trainer:** Phillip Muzquiz  
pmuzquiz@judsonisd.org  
210.662.5000

All athletes must have a completed physical on a Judson ISD Approved form. NO OTHER forms will be accepted. JISD requires all athletes to have an annual physical for participation. Forms are available through the athletic training room. Completed physicals need to be returned to the athletic trainers and not to a coach. Without a completed physical, NO student will be permitted to tryout or will be scheduled in the athletic period. For any further questions or concerns please contact Judson HS Athletic Trainers.



#### WAGNER CROSS COUNTRY

**Head Coach:** Meosha Crawford  
mcrawford@judsonisd.org

**Camps:** Although there are no WHS Cross Country camps available athletes are encouraged to run throughout the summer.

**Tryouts:** Will begin before school starts in August. Cross Country is a three-mile race which is run on different terrains and in different venues every week.

**Teams:** The top Seven runners will compete at the Varsity level and all other runners will be eligible to compete at the JV level each week.

**Season:** The competitive season begins in August and runs through the end of October.



#### WAGNER VOLLEYBALL

**Head Coach:** Annissa Jackson  
ajackson@judsonisd.org

**Camps:** Middle School Camp will be July 17th -19th. Camp will be offered for incoming 7th and 8th graders who attend a middle school zoned for Wagner HS. Varsity and Underclassmen camp will be held July 24th-26th. Athletes are also encouraged to participate in Club Volleyball.

**Tryouts:** Open tryouts will begin August 1st,

**Teams:** The volleyball program consists of 3 teams. 1 Freshman team, 1 JV team, and 1 Varsity team.

**Season:** The volleyball season begins before school starts in August! As many as 8-10 matches will be played before the first day of school. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of October.



#### WAGNER BASKETBALL

**Head Coach:** Annissa Jackson  
ajackson@judsonisd.org

**Camps:** Middle School Camp will be June 5th-7th for 7th & 8th graders who attend a middle school zoned for Wagner HS. Athletes are also encouraged to participate in AAU basketball.

**Tryouts:** Open tryouts will be held in October.

**Teams:** The basketball program consists of 3 teams. 1 Freshman team, 1 JV team and 1 Varsity team.

**Season:** The basketball season begins in October. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the beginning of February.

#### WAGNER SOCCER

**Head Coach:** Christina Phinney  
cphinney@judsonisd.org



**Camps:** June 12th-14th.

Athletes are encouraged to participate in Club Soccer.

**Tryouts:** Open tryouts will be held in December.

**Teams:** The soccer program consists of 2 teams. 1 JV team and 1 Varsity team.

**Season:** The soccer season begins January. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of March.

#### STRENGTH&CONDITIONING

**Coach:** Howard Jackson  
hjackson@judsonisd.org

Strength and Conditioning Camp is for boys and girls athletics. Workouts typically last two hours with one hour focusing on strength training and one hour focused on speed training.

The camp will run for 4-6 weeks in the summer. Workouts consist of Weightlifting, Conditioning, Speed training, plyometrics, and flexibility. Athletes will learn the basics of squats, bench press, cleans, deadlifts, and shoulder press.