



### **JUDSON SOFTBALL**

**Head Coach:** Theresa Urbanovsky  
turbanovsky@judsonisd.org

**Camps:** June 1st-3rd from 9am-noon. Camp will be offered to 1st-9th graders who will be attending a middle school zoned for Judson High School. The cost is \$50. Athletes are encouraged to participate in a Select Softball program or Little League program.

**Tryouts:** Open tryouts will be held in January (it is ideal to be a part of the Fall off-season program in the Athletic period)

**Teams:** The softball program consists of 2 teams, 1-JV team (12-20 athletes), and 1-Varsity team (10-15 athletes)

**Season:** The softball season begins in February. District matches are played on Tuesday's and Friday's every week. The regular season concludes at the end of April.

### **JUDSON TRACK & FIELD**

**Head Coach:** Christina Holland  
cholland942@judsonisd.org



**Camps:** Although there are no JHS track & field camps available athletes are encouraged to participate in Club Track & Field. Specialized speed training is incorporated with the High School Strength & Conditioning Camp.

**Tryouts:** Open tryouts will be held during December.

**Teams:** The track & field program consists of 2 teams. 1 JV team (20-30 athletes), and 1 Varsity team (30-40 athletes).

**Season:** The track & Field season begins at the beginning of February. The regular season concludes mid April.

### **JUDSON TENNIS**

**Head Coach:** Natorre Cole  
ncole@judsonisd.org



**Camp:** Middle School Skills Camp is from June 30-July 2, 2026 from 10:00 am-Noon at the Judson HS Tennis Courts. Camp cost is \$30.

### **JUDSON SWIMMING & DIVING**

**Head Coach:** Ryan Murphy  
rmurphy@judsonisd.org



**SportsYou:** X8WR-5G05

**Camps:** June 1st– 26th from 1PM-4PM, Monday through Thursday. Camp will be offered for students ages 6-15 (for incoming 7th-9th graders, they must have attended a middle school zoned for JHS). Cost of the camp is \$80. Athletes are encouraged to participate in Club Swimming or Summer League.

**Tryouts:** 1st tryout- May 2nd from 1-2pm. The 2nd tryout is Aug. 22nd from 1-2pm. No need to attend both.

**Teams:** Swimming/Diving program consists of 1 JV team (20-30 athletes), and 1 Varsity (18-22 Athletes).

**Season:** Practice begins at the beginning of August, with competition beginning in Oct and ending in Feb.

### **JUDSON WRESTLING**



**Head Coach:** Katy Figueroa  
kfigueroaga@judsonisd.org

**SportsYou:** BXRW-T2XB

**Camps:** Any K-8th grade students from June 15-June 18 from 8:30-10:30am in the Mat Room. Cost of the camp is \$30. Athletes are encouraged to participate in Club Wrestling during summer. Open Mat Days will be posted on Sports You.

**Teams:** 1 Boys JV team, 1 Boys Varsity team & 1 Girls Varsity team consisting of 60 Boys 25 Girls

### **JUDSON STRENGTH & CONDITIONING**

**Head Coach:** Jacob Ramos  
jramos@judsonisd.org

**Camps:** Middle School Strength & Conditioning Camp is every Monday through Thursday in June from 7:00-8:00am. High School Strength & Conditioning Camp is from 8:00-9:30am.

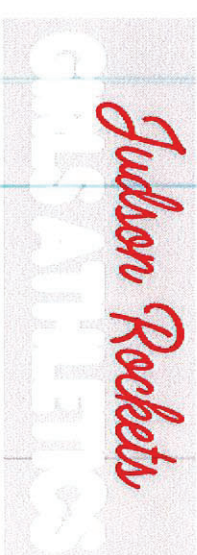
**Cost:** FREE

**Judson Girls Athletic Coordinator**

Christina Holland —cholland942@judsonisd.org  
210.945.1100 \*19220

**Judson HS Athletic Secretary**

Jessica Mendez—jmendez@judsonisd.org



9142 FM 78 Converse, TX 78109

210-945-1100

## GIRLS ATHLETIC PROGRAMS

Thank you for your interest in athletics at Judson High School. This is a special time for you as you enter high school and we want you to make the best choice possible as you continue your athletic career. We take pride in working hard on and off the court/field and in building relationships with our student athletes. Academics will come first as our coaching staff understands "you get paid for brains in the real world". With that said, most of the time, the best students go hand in hand with the best athletes. We are excited for your arrival at Judson HS and look forward to working with you!

### GO ROCKETS!!!



#### ATHLETIC TRAINERS

**Trainer:** David Sticklebault  
dstickelbault@judsonisd.org  
**Trainer:** Adrian Guerrero  
aguertero260@judsonisd.org



All athletes must have a completed physical on a ULL Ap-proved form. NO OTHER forms will be accepted, including out of state physicals. JISD requires all athletes to have an annual physical for participation. Physicals are available through the athletic trainers. Completed physicals need to be returned to the athletic trainers and not to a coach. Without a completed physical, NO student will be permitted to tryout or will be scheduled in the athletic period.

If you have a passion for sports medicine or wish to be a part of a group dedicated to helping others, the Judson athletic training staff is always looking for new athletic training student aids to assist with day-to-day athletic operations. This is a great opportunity to become part of a team and learn about medicine. In order to participate in athletic training, you will need to interview with the athletic training staff, be passing all your classes with a 70 or higher and be on good standings with the school. For any further questions or concerns please contact Judson HS Athletic Trainers.



#### JUDSON CROSS COUNTRY

**Head Coach:** Deyanira Gonzalez  
dgonzalez335@judsonisd.org

**Camps:** JHS Cross Country camp June 2-4, 2026 and summer team training 3-4 days a week throughout the summer.  
**Tryouts:** Team tryouts begin before school starts in late June and a make-up tryout will be the 1st week of school. Cross Country is a 3.1 mile race which is run on different terrains and in different venues every week.  
**Teams:** The top Seven runners will compete at the Varsity level and all other runners will be eligible to compete at the JV level each week.  
**Season:** The competitive season begins in August and runs through the end of October.

#### JUDSON VOLLEYBALL

**Head Coach:** Sarea Alexander  
salexander@judsonisd.org



**Camps:** July 27th - July 29th from 9-11am. Camp will be offered for 7th through 9th graders who attended a middle school zoned for Judson HS. The cost of the camp is \$40. Athletes are also encouraged to participate in Club Volleyball.  
**Tryouts:** Open tryouts will begin Saturday, August 1st all athletes are expected to tryout w/ physical and Rank One on hand.  
**Teams:** The volleyball program consists of 4 teams: 2 Freshman teams (20-25 athletes), 1 JV team (12-15 athletes), and 1 Varsity team (12-15 athletes).  
**Season:** The volleyball season begins before school starts! As many as 8-10 matches will be played before the first day of school. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of October.

#### JUDSON BASKETBALL

**Head Coach:** Tamara Torru  
ttorru@judsonisd.org



**Camps:** Looking for a fun, high-energy way to level up your basketball skills this summer? Join us for our LADY ROCKETS BASKETBALL CAMP. Camp will be June 1st-June 4th from 9:30am-11:30am. All 6th grade thru incoming 9th graders are welcome to attend. The cost of the camp is \$40. Wear appropriate gym attire and be sure to bring your own water bottle and basketball. Athletes are also encouraged to participate in AAU basketball as well as our summer skill workouts for incoming Freshman. Contact Coach Torru for more information.  
Ttorru@judsonisd.org  
**Tryouts:** Open tryouts will be held in October  
**Teams:** The basketball program consists of 4 teams: 2 Freshman teams (20-25 athletes), 1 JV team (10-15 athletes), and 1 Varsity team (10-15 athletes).  
**Season:** The basketball season begins October 21st. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the beginning of February.

#### JUDSON SOCCER

**Head Coach:** Abigail Rodriguez  
arodriguez20@judsonisd.org



**Camps:** Incoming 6th - 9th graders will be held on June 22nd-24 from 9:30am-11:30am for \$30.  
**Tryouts:** Open tryouts will be held the Monday we come back from Thanksgiving vacation.  
**Teams:** The soccer program consists of 1 JV team (20-25 athletes) and 1 Varsity team (20-22 athletes).  
**Season:** The soccer season begins in December. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of March.