



WAGNER SOFTBALL

Head Coach: Monica Salmon
msalmon@judsonisd.org

Camps: June 3-5. \$25 Camp will be offered to 7th and 8th graders zoned for Wagner HS. Athletes are also encouraged to participate on a Select Softball team.

Tryouts: Open tryouts will be held in January.

Teams: The softball program consists of 2 teams. 1 JV team and 1 Varsity team.

Season: The softball season begins in February and district matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of April.



WAGNER TRACK & FIELD

Head Coach: Meosha Crawford
rmcrawford@judsonisd.org

Camps: June 3-5. \$25 Athletes are encouraged to participate in Club Track & Field.

Tryouts: Open tryouts will be held during November.

Teams: The track & field program consists of 2 teams. 1 JV team and 1 Varsity team.

Season: Track & Field meets are held on Wednesdays and Thursdays every week. The regular season concludes mid April.

STRENGTH&CONDITIONING

Coach: Howard Jackson

hjackson@judsonisd.org

Strength and Conditioning Camp June 3-27 8am—12pm is for boys and girls athletics.

Workouts typically last two hours with one hour focusing on strength training and one hour focused on speed training. The camp will run for 4-6 weeks in the summer. Workouts consist of Weightlifting, Conditioning, Speed training, plyometrics, and flexibility. Athletes will learn the basics of squats, bench press, cleans, deadlifts,

INDIVIDUAL SPORTS OFFERED:



WAGNER TENNIS

Head Coach: Eric Mahler

emahler@judsonisd.org

Camp: June 10-12. \$25 Camp will be offered to 7th and 8th graders zoned for Wagner HS.



WAGNER GOLF

Contact Nicholas Esquivel

nesquivel@judsonisd.org



WAGNER SWIMMING

Head Coach: Diana Selwyn

dselwyn@judsonisd.org

Camp: June 4-28. \$80



WAGNER WRESTLING

Head Coach: Jarvis Wiggins

jwiggins430@judsonisd.org

Camp: June 3-6. \$80



WAGNER POWERLIFTING

Head Coach: Richard Gonzales

rgonzales806@judsonisd.org

ADDITIONAL CONTACT INFORMATION:

Wagner HS Boys Athletic Coordinator:

Jason Starin - jstarin@judsonisd.org

210.662.5000

Wagner HS Girls Athletic Coordinator:

Annissa Jackson - ajackson@judsonisd.org

210.662.5000

Wagner HS Athletic Secretary:

Laura Goins - lgoins@judsonisd.org

210.662.5000 ext:17074



WAGNER HIGH SCHOOL

GIRLS ATHLETICS

3000 N. Foster Rd
San Antonio, TX

School Phone:
210.662.5000

GIRLS ATHLETIC PROGRAMS

Thank you for your interest in athletics at Wagner High School. This is a special time for you as you enter high school and we want you to make the best choice possible as you continue your athletic career. We take pride in working hard on and off the court/field and in building relationships with our student athletes. Academics will come first as our coaching staff understands "you get paid for brains in the real world". With that said, most of the time, the best students go hand in hand with the best athletes. We are excited for your arrival at Judson HS and look forward to working with you!

LETS GO TBIRDS!!!



FIRST THINGS FIRST



ATHLETIC TRAINERS

Trainer: Leyna Flores
cgriffing@judsonisd.org
Trainer: Phillip Muzquiz
pmuzquiz@judsonisd.org
210.662.5000

All athletes must have a completed physical on a Judson ISD Approved form. NO OTHER forms will be accepted. JISD requires all athletes to have an annual physical for participation. Forms are available through the athletic training room. Completed physicals need to be returned to the athletic trainers and not to a coach. Without a completed physical, NO student will be permitted to tryout or will be scheduled in the athletic period. For any further questions or concerns please contact Judson HS Athletic Trainers.



WAGNER CROSS COUNTRY

Head Coach: Meosha Crawford
mcrawford@judsonisd.org

Camps: Although there are no WHS Cross Country camps available athletes are encouraged to run throughout the summer.

Tryouts: Will begin before school starts in August. Cross Country is a three-mile race which is run on different terrains and in different venues every week.

Teams: The top Seven runners will compete at the Varsity level and all other runners will be eligible to compete at the JV level each week.

Season: The competitive season begins in August and runs through the end of October.



WAGNER VOLLEYBALL

Head Coach: Krystal Faison
kfaison@judsonisd.org

Camps: Camp will be July 15-17. \$25 Camp will be offered for incoming 7th and 8th graders who attend a middle school zoned for Wagner HS. Athletes are also encouraged to participate in Club Volleyball.

Tryouts: Open tryouts will begin August 1st,
Teams: The volleyball program consists of 3 teams. 1 Freshman team, 1 JV team, and 1 Varsity team.

Season: The volleyball season begins before school starts in August! As many as 8-10 matches will be played before the first day of school. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of October.



WAGNER BASKETBALL

Head Coach: Annessa Jackson
ajackson@judsonisd.org

Camps: Middle School Camp will be June 4th-6th \$25 for 7th & 8th graders who attend a middle school zoned for Wagner HS. Athletes are also encouraged to participate in AAU basketball.

Tryouts: Open tryouts will be held in October.
Teams: The basketball program consists of 3 teams. 1 Freshman team, 1 JV team and 1 Varsity team.

Season: The basketball season begins in October. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the beginning of February.



WAGNER SOCCER

Head Coach: Christina Phinney
cphinney@judsonisd.org

Camps: June 17-19 \$25

Athletes are encouraged to participate in Club Soccer.

Tryouts: Open tryouts will be held in December.
Teams: The soccer program consists of 2 teams. 1 JV team and 1 Varsity team.

Season: The soccer season begins January. District matches are played on Tuesdays and Fridays every week. The regular season concludes at the end of March.